

Ergebnisliste AK 7 Meilen - Lauf

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|----------------|----------|-----------------------|--------|-------|------------------------------|---------|
| 1. | 1055 | Dobler, Anna | 1997 | w | LT Rennhamster | 1:39:00 |
| Schülerinnen A | | | | | | |
| 1. | 1209 | Müller, Annika | 1992 | w | SVD Tria Essen | 0:56:19 |
| 2. | 1246 | Klugewitz, Anna-Lena | 1992 | w | | 1:03:59 |
| 3. | 1243 | Schumacher, Katrin | 1992 | w | SC Bayer Leverkusen | 1:04:25 |
| 4. | 928 | Oeser, Anna | 1992 | w | LT Dünwalder-TV | 1:21:00 |
| w. Jugend B | | | | | | |
| 1. | 989 | Gonsior, Julia | 1989 | w | DJK Kleinenbroich | 1:00:01 |
| 2. | 919 | Vortmann, Verena | 1989 | w | (Schermbek) | 1:16:12 |
| 2. | 916 | Dempewolf, Eva | 1989 | w | (Dorsten) | 1:16:12 |
| 4. | 570 | Schwarte, Alexandra | 1989 | w | (Hilden) | 1:25:24 |
| w. Jugend A | | | | | | |
| 1. | 581 | Seidler, Irene | 1987 | w | (Neuss) | 0:49:08 |
| 2. | 381 | Marzo, Elisa | 1988 | w | (Wuppertal) | 1:04:14 |
| 3. | 418 | Odendahl, Heike | 1987 | w | (Leverkusen) | 1:11:52 |
| 4. | 1215 | Klüppel, Nicole | 1987 | w | (Dormagen) | 1:23:27 |
| Frauen | | | | | | |
| 1. | 891 | Schlegtendal, Rosa | 1984 | w | sportvorort.com | 0:48:41 |
| 2. | 168 | Bueb, Christina | 1981 | w | (Aachen) | 0:50:04 |
| 3. | 1029 | Polanz, Meike | 1980 | w | Triandertaler Mettmann Sport | 0:51:20 |
| 4. | 941 | Schieck, Annika | 1983 | w | colognerunners | 0:51:57 |
| 5. | 1008 | Werner, Verena | 1981 | w | (Oberhausen) | 1:00:26 |
| 6. | 712 | Emundts, Michaela | 1978 | w | (Leverkusen) | 1:00:33 |
| 7. | 289 | Leicht, Sandra | 1986 | w | (Neuss) | 1:04:37 |
| 8. | 424 | Gust, Daniela | 1984 | w | (Duisburg) | 1:04:46 |
| 9. | 1074 | Ebel, Veronique | 1977 | w | TSV Bayer 04- Laufftreff | 1:05:34 |
| 10. | 306 | Becker, Sigrid | 1979 | w | RTC Hamm | 1:08:04 |
| 11. | 793 | Molzberger, Verena | 1978 | w | SG Neukirchen-Hülchrath | 1:08:47 |
| 12. | 35 | Gerresheim, Nina | 1979 | w | Risk Runners | 1:10:06 |
| 13. | 1088 | Mölders, Ulrike | 1980 | w | Team-Aroma Ahoi | 1:10:22 |
| 14. | 717 | Barnscheidt, Stefanie | 1980 | w | BP Running Team | 1:10:43 |
| 15. | 1291 | Geilenberg, Silke | 1977 | w | | 1:13:03 |
| 16. | 271 | Kowsky, Tatjana | 1983 | w | (Dormagen) | 1:13:20 |
| 17. | 949 | Terwedow, Melanie | 1985 | w | TLV Germania-Überruhr 1901 | 1:15:02 |
| 18. | 951 | Schäffer, Anne | 1984 | w | TLV Germania-Überruhr 1901 | 1:15:03 |
| 19. | 1371 | Holt, Sabine | 1977 | w | (Düsseldorf) | 1:15:35 |
| 20. | 917 | Steinbach, Saskia | 1986 | w | (Düsseldorf) | 1:15:43 |
| 21. | 1263 | Janssen, Karin | 1982 | w | | 1:16:18 |
| 22. | 622 | Ludewig, Mareen | 1982 | w | (Dormagen) | 1:16:19 |
| 23. | 1299 | Giesen, Renate | 1980 | w | BSG DKV Langlauf | 1:19:26 |
| 24. | 1188 | Kaufmann, Heike | 1977 | w | (Datteln) | 1:22:22 |
| 24. | 1286 | Wiedemeier, Melanie | 1977 | w | | 1:22:22 |
| 26. | 1105 | Lang, Stefanie | 1981 | w | | 1:23:42 |
| 27. | 1359 | Diwald, Ulrike | 1977 | w | | 1:24:26 |
| 28. | 1187 | Kruska, Stefanie | 1977 | w | TK Grevenbroich | 1:25:06 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|------------|----------|---------------------------|--------|-------|-----------------------------------|---------|
| W30 | | | | | | |
| 1. | 235 | Keeney, Kirstin | 1973 | w | (Leverkusen) | 0:54:35 |
| 2. | 254 | Plein, Bianca | 1973 | w | LCK Ronsdorf | 0:55:06 |
| 3. | 372 | Bartels, Katja | 1976 | w | (Bonn) | 0:58:35 |
| 4. | 592 | Bückmann, Ulrike | 1976 | w | BSG Allianz | 0:58:45 |
| 5. | 743 | Kuberski, Monika | 1974 | w | (Leverkusen) | 0:59:45 |
| 6. | 722 | Hensel, Simone | 1976 | w | Styrumer TV | 1:00:32 |
| 7. | 431 | Schön, Gabriele | 1974 | w | (Köln) | 1:00:49 |
| 8. | 1057 | Dobler, Ulrike | 1972 | w | LT Rennhamster | 1:01:50 |
| 9. | 838 | Buch, Lola | 1974 | w | kein Verein | 1:04:20 |
| 10. | 171 | Wolodko, Yvonne | 1974 | w | (Dormagen) | 1:05:29 |
| 11. | 735 | Heller, Sandra Leonessa | 1972 | w | I Leoni del Lago | 1:06:20 |
| 12. | 893 | Köstler, Doreen | 1972 | w | Rennschnecken 2000 | 1:07:08 |
| 13. | 1048 | Schreiner, Katrin | 1975 | w | | 1:08:19 |
| 14. | 1022 | Dragati, Elena | 1972 | w | (Velbert) | 1:09:33 |
| 15. | 560 | Maringer, Sabine | 1975 | w | (Köln) | 1:10:10 |
| 16. | 1206 | Lützenkirchen, Regina | 1972 | w | | 1:10:23 |
| 17. | 881 | von Der Wippel, Michaela | 1975 | w | (Meerbusch) | 1:11:02 |
| 18. | 601 | Siesler, Tanja | 1975 | w | kein Verein, sondern Privat (Adr. | 1:11:13 |
| 19. | 1137 | Münz, Irena | 1976 | w | | 1:11:27 |
| 20. | 194 | Olligschläger, Stephanie | 1975 | w | www.altstadtwache-zons.de | 1:11:29 |
| 21. | 982 | Kneffel, Anja | 1973 | w | (Wuppertal) | 1:12:07 |
| 22. | 453 | Fikus, Michaela | 1973 | w | (Grevenbroich) | 1:13:15 |
| 23. | 37 | Heimchen, Maike | 1973 | w | Crocodile Runners | 1:13:19 |
| 24. | 455 | Weber, Nadine | 1976 | w | (Meckenheim) | 1:15:41 |
| 25. | 493 | Kolberg, Christina | 1972 | w | LG Grubenwehr | 1:17:39 |
| 26. | 984 | Kölbl, Katja | 1972 | w | Brigitte Dunsbergen | 1:18:45 |
| 27. | 833 | Wintermeyer, Jill-Chantal | 1973 | w | LT-Kemperdick | 1:31:58 |

| | | | | | | |
|------------|------|-----------------------------|------|---|--------------------------------|---------|
| W35 | | | | | | |
| 1. | 1165 | Brenner, Anke | 1970 | w | TG Neuss | 0:45:44 |
| 2. | 729 | Geiken, Annette | 1967 | w | LG RWE Power | 0:46:29 |
| 3. | 1182 | Ameline, Eva | 1969 | w | (Köln) | 0:53:03 |
| 4. | 764 | Diekmann, Tatjana | 1967 | w | LTC-STOLPERHEXEN | 0:57:07 |
| 5. | 138 | Schinköthe, Petra | 1968 | w | kein Verein | 0:58:49 |
| 6. | 695 | Siegel, Heike | 1967 | w | Rennschnecken 2000 | 0:59:48 |
| 7. | 243 | Flessler, Fiona | 1971 | w | Solinger LC | 1:01:57 |
| 8. | 662 | Holzhausen, Astrid | 1969 | w | LT Rennhamster | 1:02:10 |
| 9. | 111 | Guntermann, Andrea | 1967 | w | Platanenrunner | 1:02:22 |
| 10. | 1214 | Düsing, Sandra | 1969 | w | (Dormagen) | 1:02:47 |
| 11. | 488 | Pacholski, Tanja | 1971 | w | ASC Düsseldorf | 1:03:33 |
| 12. | 772 | Seipp, Andrea | 1970 | w | LTC-STOLPERHEXEN | 1:04:09 |
| 13. | 403 | Konrad, Ute | 1971 | w | (Dormagen) | 1:04:31 |
| 14. | 616 | Riemer, Karin | 1967 | w | TV Unterbach | 1:04:41 |
| 15. | 290 | Lütten-Nettekoven, Gabriele | 1967 | w | Bergziegen | 1:05:07 |
| 16. | 998 | Flessner, Christina | 1971 | w | LT Gruiten-Neandertal e. V. | 1:05:22 |
| 17. | 477 | Krieger, Manuela | 1967 | w | (Dormagen) | 1:05:27 |
| 18. | 665 | Metz, Bärbel | 1970 | w | (Wuppertal) | 1:06:09 |
| 19. | 746 | Jorzik, Eveline | 1967 | w | TuS 82 Opladen | 1:06:27 |
| 20. | 1118 | Heisterhagen, Petra | 1968 | w | SV Bezirksregierung Düsseldorf | 1:06:31 |
| 21. | 428 | Marckmann, Simone | 1968 | w | (Wuppertal) | 1:06:46 |
| 22. | 291 | Unger, Corinna | 1968 | w | Bergziegen | 1:07:04 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|---------------------------|--------|-------|-----------------------------------|---------|
| 23. | 1175 | Ludwig, Sandra | 1970 | w | | 1:07:05 |
| 24. | 62 | Schneider, Petra | 1971 | w | Köln | 1:07:31 |
| 25. | 1006 | Becker, Gabi | 1969 | w | TV-Witzhelden | 1:07:58 |
| 26. | 1014 | Lützenkirchen, Jutta | 1969 | w | (Leverkusen) | 1:09:29 |
| 27. | 1224 | Martin, Ursula | 1968 | w | LT Rennhamster | 1:10:02 |
| 28. | 720 | Esser, Petra | 1969 | w | (Wuppertal) | 1:10:42 |
| 29. | 699 | Limberg-Jaich, Anke | 1968 | w | LT Dönberg | 1:11:01 |
| 30. | 600 | Jehn, Kerstin | 1971 | w | kein Verein, sondern Privat (Adr. | 1:11:13 |
| 31. | 1016 | Westphal, Karin | 1968 | w | TK Grevenbroich | 1:11:38 |
| 32. | 672 | Weber, Sabine | 1968 | w | (Dormagen) | 1:12:41 |
| 33. | 877 | Weise, Silke | 1969 | w | (Köln) | 1:13:06 |
| 34. | 878 | Meyer, Alaexancha | 1971 | w | (Köln) | 1:13:11 |
| 35. | 714 | Fleischmann, Heike | 1969 | w | LT Düsseldorf-Süd | 1:13:18 |
| 36. | 36 | Ebeling, Stefanie | 1971 | w | Crocodile Runners | 1:13:19 |
| 37. | 50 | Stockmann, Simone | 1968 | w | | 1:13:52 |
| 38. | 491 | Delbressine, Silvia | 1970 | w | LG Temposchnecken | 1:14:03 |
| 39. | 463 | Bausch, Marion | 1968 | w | (Neuss) | 1:16:29 |
| 40. | 78 | Nicklich, Gabriele | 1968 | w | | 1:16:43 |
| 41. | 359 | Kautz-Kerazopoulos, Beate | 1969 | w | Bergziegen | 1:16:48 |
| 42. | 283 | Scheckler, Susanne | 1971 | w | SG Langenfeld | 1:17:21 |
| 43. | 187 | Arendt, Sandra | 1970 | w | SG Worringen | 1:17:33 |
| 44. | 737 | Hahmann, Beate | 1968 | w | TuS 82 Opladen | 1:18:21 |
| 45. | 449 | Köster, Elke | 1967 | w | (Xanten) | 1:19:57 |
| 46. | 51 | Engländer, Sandra | 1969 | w | | 1:20:42 |
| 47. | 927 | Serafinowski, Elke | 1970 | w | LT Dünwaldener-TV | 1:21:05 |
| 48. | 1244 | Heinrichs, Andrea | 1970 | w | | 1:21:21 |
| 49. | 518 | Mehlmann, Marion | 1970 | w | (Dormagen) | 1:21:59 |
| 50. | 1269 | Cordioli, Vincenza | 1969 | w | | 1:25:07 |
| 51. | 803 | Frank, Kerstin | 1971 | w | LT-Kemperdick | 1:33:27 |

W40

| | | | | | | |
|-----|------|--------------------|------|---|-------------------------|---------|
| 1. | 866 | Methner, Annette | 1966 | w | Kerpen Runners | 0:47:01 |
| 2. | 992 | Bröer, Renate | 1964 | w | ASC Düsseldorf | 0:49:49 |
| 3. | 1192 | Rentergent, Carola | 1963 | w | SG Zons | 0:52:09 |
| 4. | 44 | Stodola, Heike | 1962 | w | SG Neukirchen-Hülchrath | 0:53:27 |
| 5. | 486 | Mönning, Ulrike | 1966 | w | (Köln) | 0:54:00 |
| 6. | 639 | Bremme, Martina | 1966 | w | LC Wuppertal | 0:56:24 |
| 7. | 479 | Kuper, Christine | 1965 | w | TSV Bayer 04 Leverkusen | 0:57:25 |
| 8. | 1200 | Sprafke, Silke | 1965 | w | | 0:58:02 |
| 9. | 593 | Bamberg, Ursula | 1963 | w | ESV Gremberghoven | 0:58:19 |
| 10. | 1247 | Krywalsky, Petra | 1966 | w | ASC Düsseldorf | 0:58:31 |
| 11. | 504 | Kramer, Karin | 1964 | w | (Dormagen) | 0:58:40 |
| 12. | 862 | Dilger, Marion | 1965 | w | TG Neuss | 0:58:54 |
| 13. | 686 | Grotjan, Birgit | 1962 | w | TUS 05 Quettingen | 0:59:43 |
| 14. | 640 | Bauer, Martina | 1964 | w | LC Wuppertal | 0:59:45 |
| 15. | 758 | Hübl, Heike | 1962 | w | TuS 82 Opladen | 0:59:59 |
| 16. | 605 | Wennemar, Anne | 1964 | w | (Dormagen) | 1:00:03 |
| 17. | 1169 | Etchegoin, Nicole | 1964 | w | LT Rennhamster | 1:00:12 |
| 18. | 874 | Mayer, Marlene | 1962 | w | LG Stolberg | 1:02:04 |
| 19. | 232 | Röhrig, Martina | 1965 | w | BSG DKV LANGLAUF | 1:02:41 |
| 20. | 705 | Jungbluth, Birgit | 1962 | w | LG Rhein-Erft 1996 e.V. | 1:02:43 |
| 21. | 788 | Merker, Kirsten | 1962 | w | (Langenfeld) | 1:02:49 |
| 22. | 740 | Krautmacher, Elke | 1963 | w | TuS 82 Opladen | 1:03:09 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-----------------------|--------|-------|-------------------------------|---------|
| 23. | 811 | Groß - Selbeck, Petra | 1963 | w | LT-Kemperdick | 1:03:42 |
| 24. | 536 | Hildebrandt, Bettina | 1966 | w | TuS Homberg | 1:04:14 |
| 25. | 1 | Salomon, Andrea | 1964 | w | Perlon-Monofil GmbH | 1:04:27 |
| 26. | 745 | Stich, Karin | 1965 | w | TuS 82 Opladen | 1:04:47 |
| 27. | 1066 | Otten, Britta | 1966 | w | SC Hürth | 1:05:24 |
| 28. | 407 | Pawlowsky, Sigrid | 1963 | w | (Düsseldorf) | 1:05:37 |
| 29. | 679 | Nussmann, Michaela | 1964 | w | Pulheimer SC Abt. Radsport | 1:05:39 |
| 30. | 357 | Strehl, Gaby | 1966 | w | RMC-Spree, Roller u. Motorrad | 1:06:00 |
| 31. | 46 | Braun, Elke | 1962 | w | | 1:06:31 |
| 32. | 1273 | Selich-Wynen, Beate | 1963 | w | | 1:06:44 |
| 33. | 1249 | Roggendorf, Agnes | 1962 | w | ESV - Gremberghoven | 1:06:45 |
| 34. | 361 | Arendt, Annerose | 1966 | w | Novesia Waldgurken | 1:06:49 |
| 35. | 676 | Köhnen, Birgit | 1965 | w | (Hilden) | 1:07:30 |
| 36. | 668 | Neudecker, Pamela | 1962 | w | (Haan) | 1:07:34 |
| 37. | 786 | Heider, Monika | 1965 | w | (Langenfeld) | 1:07:39 |
| 38. | 460 | Greenwood, Ulrike | 1962 | w | (siegburg) | 1:07:48 |
| 39. | 839 | Kantel, Martina | 1964 | w | TVU Unterbach | 1:08:18 |
| 40. | 911 | König, Stefanie | 1963 | w | TV-Witzhelden | 1:08:18 |
| 41. | 1127 | Grube, Claudia | 1963 | w | | 1:08:39 |
| 42. | 1012 | Raddatz-Bick, Ulrike | 1965 | w | Laufftreff Bayer Leverkusen | 1:08:46 |
| 43. | 1185 | Naseband, Ute | 1964 | w | | 1:09:04 |
| 44. | 528 | Leopold, Beate | 1965 | w | Spissigradus | 1:09:24 |
| 45. | 912 | Heß, Beate | 1965 | w | TV-Witzhelden | 1:09:57 |
| 46. | 586 | Heß, Marion | 1963 | w | LC Weilerswist | 1:10:32 |
| 47. | 443 | Kuckhoff, Petra | 1965 | w | (Erkelenz) | 1:11:01 |
| 48. | 785 | Primke-Rauen, Susanne | 1963 | w | LG Dönberg | 1:11:01 |
| 49. | 641 | Braun, Regine | 1964 | w | LC Wuppertal | 1:11:10 |
| 50. | 125 | Stienen, Christa | 1966 | w | (Domagen) | 1:11:23 |
| 51. | 842 | Redl-Kobbe, Verena | 1964 | w | SG Neukirchen-Hülchrath | 1:11:29 |
| 52. | 60 | Herrmann, Susanne | 1963 | w | | 1:11:47 |
| 53. | 58 | Rüter, Brigitte | 1964 | w | | 1:11:50 |
| 54. | 642 | Krüger, Gabi | 1963 | w | LC Wuppertal | 1:11:52 |
| 55. | 598 | Frühlingsdorf, Ulla | 1962 | w | LT Saaler Mühle | 1:11:53 |
| 56. | 596 | Lehmann, Gabi | 1963 | w | Kaarst | 1:12:43 |
| 57. | 597 | Forger, Benita | 1963 | w | Kaarst | 1:12:44 |
| 58. | 181 | Propheter, Ute | 1964 | w | (Köln) | 1:12:45 |
| 59. | 182 | Jakobi, Marion | 1964 | w | (Köln) | 1:12:46 |
| 60. | 499 | Meisen, Gaby | 1965 | w | (Dormagen) | 1:12:54 |
| 61. | 1052 | Henkst, Sabine | 1963 | w | (Düsseldorf) | 1:13:18 |
| 62. | 120 | Tils, Annette | 1966 | w | ohne | 1:13:22 |
| 63. | 472 | Thies, Margot | 1964 | w | kein | 1:14:45 |
| 64. | 926 | Oeser, Christa | 1965 | w | LT Dünwalder-TV | 1:14:53 |
| 65. | 721 | Beck, Andrea | 1965 | w | (Wuppertal) | 1:15:47 |
| 66. | 144 | Schmitt, Susanne | 1966 | w | (Neuss) | 1:16:15 |
| 67. | 589 | Störig, Petra | 1964 | w | VFL-Hidesen/Detmold | 1:16:22 |
| 68. | 294 | Frings, Elke | 1962 | w | Bergziegen | 1:16:48 |
| 69. | 495 | Schäfer, Daniela | 1966 | w | LG Grubenwehr | 1:17:40 |
| 70. | 769 | Haus, Martina | 1965 | w | LTC-STOLPERHEXEN | 1:18:34 |
| 71. | 1191 | Gerhards, Angela | 1965 | w | | 1:18:45 |
| 72. | 210 | Dorobeck, Karin | 1962 | w | (Düsseldorf) | 1:18:46 |
| 73. | 568 | Schott, Heidi | 1964 | w | Langenfeld Runners | 1:19:08 |
| 74. | 1205 | Friedberger, Andrea | 1962 | w | Solinger LC | 1:19:41 |

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|-------|----------|---------------------|--------|-------|-------------------------|---------|
| 75. | 471 | Scheibel, Martina | 1965 | w | (Leverkusen) | 1:20:22 |
| 76. | 470 | Mertens, Andrea | 1964 | w | (Leverkusen) | 1:20:23 |
| 77. | 483 | Pilgrim, Cornelia | 1965 | w | LLG Haan-Hilden | 1:21:13 |
| 78. | 925 | Zundel, Petra | 1963 | w | LT Dünwaldler-TV | 1:21:14 |
| 79. | 986 | Dunsbergen, Biggi | 1965 | w | Brigitte Dunsbergen | 1:21:15 |
| 80. | 255 | Schmidt, Sonja | 1964 | w | LLG Haan-Hilden | 1:23:15 |
| 81. | 965 | Le Bourhis, Valerie | 1965 | w | RCI Banque Running-Team | 1:29:41 |
| 82. | 809 | Tansley, Angelika | 1963 | w | LT-Kemperdick | 1:30:43 |
| 83. | 822 | GlasiK, Sabine | 1962 | w | LT-Kemperdick | 1:31:59 |

W45

| | | | | | | |
|-----|------|------------------------------|------|---|--------------------------------|---------|
| 1. | 1157 | Frösler, Brigitte | 1958 | w | | 0:53:56 |
| 2. | 1367 | Geratz, Hedda | 1961 | w | (Dormagen) | 0:57:27 |
| 3. | 1153 | Schäfer, Karin | 1961 | w | | 0:57:55 |
| 4. | 1017 | Schlüter, Sabine | 1961 | w | TK Grevenbroich | 0:58:12 |
| 5. | 643 | Hellmich, Vera | 1959 | w | LC Wuppertal | 0:58:43 |
| 6. | 575 | Lubosch, Eva-Maria | 1957 | w | (Leverkusen) | 0:59:05 |
| 7. | 468 | Weber-Höller, Claudia | 1960 | w | dauerrenner | 1:00:48 |
| 8. | 1034 | Becker-Niederacher, Marianne | 1958 | w | TG Neuss | 1:02:14 |
| 9. | 284 | Wilden, Brigitte | 1958 | w | BSG DEVK Köln | 1:02:44 |
| 10. | 14 | Holländer, Sylvia | 1958 | w | LT Spissigradus | 1:03:12 |
| 11. | 798 | Witwer, Elisabeth | 1961 | w | LT-Kemperdick | 1:03:57 |
| 12. | 293 | Wöhlert, Andrea | 1959 | w | Bergziegen | 1:05:01 |
| 13. | 1217 | Klüppel, Estelle | 1958 | w | (Dormagen) | 1:05:34 |
| 14. | 606 | Wingerter, Susanne | 1960 | w | (Düsseldorf) | 1:05:36 |
| 15. | 430 | Mertens, Susanne | 1961 | w | (Wuppertal) | 1:05:56 |
| 16. | 262 | Wickfeld, Monika | 1960 | w | Dormagen | 1:06:05 |
| 17. | 429 | Tepling, Heike | 1961 | w | (Wuppertal) | 1:06:51 |
| 18. | 1149 | Hamann, Miriam | 1961 | w | | 1:06:58 |
| 19. | 1010 | Beckmann, Christiane | 1960 | w | (Köln) | 1:07:20 |
| 20. | 827 | Fette, Karin | 1959 | w | LT-Kemperdick | 1:07:22 |
| 21. | 666 | Heidemann, Brigitte | 1958 | w | (Haan) | 1:07:26 |
| 22. | 738 | Herrmann, Marita | 1958 | w | TuS 82 Opladen | 1:07:49 |
| 23. | 1266 | Reingen, Petra | 1957 | w | | 1:08:24 |
| 24. | 969 | Suhr, Elisabeth | 1958 | w | Glehner TV | 1:08:55 |
| 25. | 818 | Freimann, Gabriela | 1960 | w | LT-Kemperdick | 1:09:09 |
| 26. | 897 | Pfeiffer, Marianne | 1957 | w | (Dormagen) | 1:09:25 |
| 27. | 680 | Wadenpohl, Claudia | 1957 | w | It himmelgeist | 1:09:37 |
| 28. | 1211 | Helmke, Angelika | 1958 | w | SV Bezirksregierung Düsseldorf | 1:11:36 |
| 29. | 551 | Beckers, Manuela | 1961 | w | CSV Marathon 1910 | 1:11:37 |
| 30. | 1107 | Stiens, Maria | 1958 | w | Merlot Monheim | 1:12:56 |
| 31. | 715 | Galonske, Marion | 1960 | w | LT Düsseldorf-Süd | 1:13:17 |
| 32. | 253 | Görner, Brigitte | 1960 | w | (Dormagen) | 1:13:22 |
| 33. | 947 | Struwe, Susanne | 1960 | w | TLV Germania-Überruhr 1901 | 1:13:33 |
| 34. | 783 | Czajka, Martina | 1960 | w | LT Himmelgeist | 1:13:36 |
| 35. | 473 | Marnette, Ulrike | 1959 | w | kein | 1:14:45 |
| 36. | 126 | August, Marita | 1959 | w | (Hürth) | 1:14:48 |
| 37. | 292 | Böcker, Birgit | 1960 | w | Bergziegen | 1:15:46 |
| 38. | 795 | Ahsbahs, Cornelia | 1961 | w | LT-Kemperdick | 1:16:11 |
| 39. | 1100 | Pauli, Monika | 1959 | w | (Düsseldorf) | 1:16:27 |
| 40. | 826 | Pick, Monika | 1958 | w | LT-Kemperdick | 1:18:40 |
| 41. | 825 | Bode, Birgit | 1961 | w | LT-Kemperdick | 1:18:44 |
| 42. | 1190 | Radke, Martina | 1961 | w | | 1:18:45 |

Ergebnisliste AK 7 Meilen - Lauf

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|--------------------------|--------|-------|--------------------|---------|
| 43. | 821 | Ritterbach, Dagmar | 1960 | w | LT-Kemperdick | 1:19:09 |
| 44. | 797 | Saiz, Monika | 1958 | w | LT-Kemperdick | 1:19:09 |
| 45. | 924 | Herschel, Heidi | 1961 | w | LT Dünwalder-TV | 1:21:15 |
| 46. | 1150 | Griesbach-Schmitz, Heide | 1957 | w | TC Grün-Weiss | 1:23:36 |
| 47. | 923 | Lempke-Nijmeijer, Ulrike | 1960 | w | LT Dünwalder-TV | 1:25:15 |
| 48. | 392 | Müller, Birgit | 1961 | w | Tria Delphin Essen | 1:25:53 |
| 49. | 580 | Jurkschat, Andrea | 1960 | w | (Xanten) | 1:31:14 |
| 50. | 582 | Hinnemann, Eva | 1957 | w | (Xanten) | 1:31:14 |

W50

| | | | | | | |
|-----|------|--------------------------|------|---|-----------------------------|---------|
| 1. | 781 | Schönfels, Ilona | 1954 | w | LTC-STOLPERHEXEN | 0:56:51 |
| 2. | 1123 | Henschek, Katharina | 1952 | w | Dauerlaufschule Köln | 0:58:59 |
| 3. | 76 | Küllmann, Angelika | 1956 | w | Mettmann | 0:59:35 |
| 4. | 644 | Black, Birgit | 1954 | w | LC Wuppertal | 0:59:47 |
| 5. | 409 | Reulecke, Helga | 1956 | w | (Kempen) | 1:02:17 |
| 6. | 184 | Baust, Barbara | 1952 | w | (Wuppertal) | 1:04:11 |
| 7. | 816 | Lindenau, Petra | 1955 | w | LT-Kemperdick | 1:04:17 |
| 8. | 832 | Thomas, Cornelia | 1952 | w | LT-Kemperdick | 1:04:22 |
| 9. | 870 | Motter, Sigrid | 1953 | w | LG Stolberg | 1:04:33 |
| 10. | 423 | Völker, Thekla | 1956 | w | CSV Marathon | 1:04:46 |
| 11. | 411 | Reulecke, Brigitte | 1956 | w | (Kempen) | 1:05:26 |
| 12. | 953 | Ettelt, Elfi | 1953 | w | TLV Germania-Überruhr 1901 | 1:05:58 |
| 13. | 894 | Gerling, Gabriele | 1953 | w | LLG haan-hilden | 1:06:11 |
| 14. | 873 | Voss, Marlene | 1953 | w | LG Stolberg | 1:06:14 |
| 15. | 1018 | Weihmann, Ellen | 1954 | w | TK Grevenbroich | 1:06:32 |
| 16. | 251 | Moseke, Sabine | 1954 | w | Solinger LC | 1:07:02 |
| 17. | 718 | Swierczynski-Schulz, Ute | 1954 | w | BSG Gerling | 1:07:03 |
| 18. | 155 | Gompert, Monika | 1955 | w | LT Wiho Köln | 1:08:14 |
| 19. | 63 | Zimmermann, Erika | 1952 | w | Hürth | 1:08:41 |
| 20. | 736 | Lange, Ute | 1952 | w | TuS 82 Opladen | 1:10:19 |
| 21. | 993 | Lamberty, Gaby | 1954 | w | LT Gruiten-Neandertal e. V. | 1:10:48 |
| 22. | 249 | Schütz, Silvia | 1956 | w | Solinger LC | 1:11:43 |
| 23. | 845 | Schmidt-König, Barbara | 1954 | w | SFD 75 Düsseldorf | 1:12:06 |
| 24. | 760 | Deppe, Barbara | 1955 | w | TuS 82 Opladen | 1:12:25 |
| 25. | 1068 | Wiesmann, Helga | 1952 | w | Aktisiva | 1:13:17 |
| 26. | 485 | Pudeler, Christel | 1955 | w | (Korschenbroich) | 1:13:48 |
| 27. | 257 | Hatalak, Danuta | 1954 | w | RSC Stolberg | 1:14:08 |
| 28. | 996 | Schmitz, Brigitte | 1955 | w | LT Gruiten-Neandertal e. V. | 1:15:39 |
| 29. | 91 | Wirtz, Gabriele | 1954 | w | Global Runner | 1:20:09 |
| 30. | 569 | Schwarte, Christel | 1952 | w | (hilden) | 1:26:32 |

W55

| | | | | | | |
|-----|------|--------------------------|------|---|-----------------|---------|
| 1. | 1028 | Polanz, Dorothe | 1949 | w | (Mettmann) | 0:51:31 |
| 2. | 646 | Scharbatke, Veronika | 1950 | w | LC Wuppertal | 0:52:07 |
| 3. | 517 | Oberhäuser, Angelika | 1950 | w | Solinger LC | 0:58:34 |
| 4. | 701 | Hertel, Carlota | 1951 | w | LT Dünwalder TV | 0:59:14 |
| 5. | 591 | Feldhaus, Doris | 1948 | w | Colognerunners | 0:59:19 |
| 6. | 246 | Kaiser-Brücken, Angelika | 1951 | w | Solinger LC | 0:59:28 |
| 7. | 875 | Henk, Beate | 1950 | w | LG Stolberg | 1:04:26 |
| 8. | 871 | Quadflieg, Inge | 1949 | w | LG Stolberg | 1:08:51 |
| 9. | 71 | Middeldorf-Görgen, Karin | 1951 | w | Hardliner | 1:09:15 |
| 10. | 64 | Ritter, Martha | 1947 | w | Köln | 1:11:15 |
| 11. | 377 | Lindlahr, Doris | 1949 | w | TV Refrath | 1:11:49 |

Ergebnisliste AK 7 Meilen - Lauf

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|---------------------|--------|-------|----------------------------|---------|
| 12. | 946 | Behrendt, Ursula | 1947 | w | TLV Germania-Überruhr 1901 | 1:13:47 |
| 13. | 922 | Balzuweit, Steffie | 1948 | w | LT Dünwalder-TV | 1:14:52 |
| 14. | 767 | Filipczyk, Monika | 1947 | w | LTC-STOLPERHEXEN | 1:16:08 |
| 15. | 645 | Kiel, Gerlinde | 1951 | w | LC Wuppertal | 1:17:56 |
| 16. | 983 | Peschel, Heidi | 1951 | w | Brigitte Dunsbergen | 1:21:12 |
| 17. | 621 | Drathen, Heide | 1947 | w | TC Bayer Dormagen | 1:22:48 |
| 18. | 81 | Voigt, Ina | 1950 | w | Neuss | 1:31:41 |
| 19. | 94 | Krüger, Monika | 1951 | w | SSK Kerpen | 1:31:48 |
| 20. | 802 | Schmidt, Renate | 1948 | w | LT-Kemperdick | 1:32:12 |
| 21. | 800 | Dziubanek, Brigitte | 1951 | w | LT-Kemperdick | 1:32:13 |

W60

| | | | | | | |
|----|------|--------------------|------|---|----------------------------|---------|
| 1. | 1195 | Tolksdorf, Ursula | 1943 | w | ASV Köln | 0:58:37 |
| 2. | 1197 | Wassermé, Thea | 1944 | w | SG-Neukirchen-Hülchrath | 1:08:17 |
| 3. | 943 | Birwe, Margrit | 1943 | w | TLV Germania-Überruhr 1901 | 1:10:46 |
| 4. | 1079 | Brennert, Waltraud | 1944 | w | (Dormagen) | 1:13:21 |
| 5. | 1129 | Bünnagel, Edelgard | 1944 | w | LT Gruiten Neandertal | 1:15:39 |
| 6. | 921 | Schneider, Bärbel | 1946 | w | LT Dünwalder-TV | 1:16:23 |

W65

| | | | | | | |
|----|-----|------------------|------|---|-----------------------------|---------|
| 1. | 248 | Berghaus, Bärbel | 1940 | w | Solinger LC | 0:54:50 |
| 2. | 995 | Laag, Irmgard | 1941 | w | LT Gruiten-Neandertal e. V. | 1:05:28 |
| 3. | 910 | Wolf, Waltraud | 1941 | w | TV-Witzhelden | 1:05:57 |
| 4. | 945 | Götz, Heidi | 1939 | w | TLV Germania-Überruhr 1901 | 1:07:14 |
| 5. | 373 | Born, Margor | 1939 | w | TV Refrath | 1:17:02 |
| 6. | 920 | Vogel, Emilia | 1941 | w | LT Dünwalder-TV | 1:23:54 |

W70

| | | | | | | |
|----|-----|---------------|------|---|----------|---------|
| 1. | 97 | Lepper, Ellen | 1934 | w | Dormagen | 1:09:26 |
| 2. | 304 | Linn, Helga | 1936 | w | DJK Löwe | 1:28:03 |

| | | | | | | |
|----|------|-----------------------------|--|--|--|---------|
| 1. | 9941 | Teilnehmer ohne Startnummer | | | | 1:05:34 |
|----|------|-----------------------------|--|--|--|---------|

Schüler A

| | | | | | | |
|-----|------|--------------------------|------|---|--------------------|---------|
| 1. | 1234 | Hüllhorst, Fabian | 1992 | m | TSV Bayer Dormagen | 0:49:43 |
| 2. | 731 | Bex, Simon | 1991 | m | VFL Sürth | 0:50:35 |
| 3. | 608 | Thongtao, Suttiwat | 1991 | m | (Duisburg) | 0:50:40 |
| 4. | 447 | Winkens, Thomas | 1991 | m | Klumpen Porselen | 0:54:57 |
| 5. | 1140 | Halver, Tim | 1991 | m | | 0:55:00 |
| 6. | 703 | Mittelstraß, Raphael | 1991 | m | LT Dünwalder TV | 0:55:01 |
| 6. | 685 | Ruddies, Thomas | 1991 | m | Vereinslos | 0:55:01 |
| 8. | 789 | Wienands, Marcel | 1991 | m | (Grevenbroich) | 0:56:54 |
| 9. | 497 | Boeken, Martin | 1992 | m | LG 47 Viersen | 0:56:55 |
| 10. | 1141 | Von der Dovenmühle, Anno | 1991 | m | | 0:58:11 |
| 11. | 1142 | Schaffner, Jan | 1991 | m | | 0:58:14 |
| 12. | 647 | Bauer, Janis | 1992 | m | LC Wuppertal | 0:59:50 |
| 13. | 549 | Dornemann, Marius | 1992 | m | Erkrath | 1:02:02 |
| 14. | 548 | Herberg, Alexander | 1992 | m | Erkrath | 1:02:34 |
| 15. | 1038 | Tomaz Lopez, Manuel | 1992 | m | Team Raphael | 1:05:19 |
| 16. | 633 | Gaspar, Christian | 1991 | m | kein Verein | 1:06:44 |

m. Jugend B

| | | | | | | |
|----|-----|----------------------|------|---|------------------------------|---------|
| 1. | 259 | Heising, Carl Philip | 1990 | m | LAV Bayer Dormagen/Uerdingen | 0:45:19 |
|----|-----|----------------------|------|---|------------------------------|---------|

Ergebnisliste AK 7 Meilen - Lauf

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-------------------|--------|-------|-------------------|---------|
| 2. | 1277 | Mei, Julian | 1990 | m | | 0:50:29 |
| 3. | 1132 | Külgen, Sven | 1990 | m | DJK Kleinenbroich | 0:51:52 |
| 4. | 1274 | Sommerfeld, Mirko | 1989 | m | | 0:52:51 |
| 5. | 1035 | Bürks, Pascal | 1990 | m | Team Raphael | 0:53:26 |
| 6. | 72 | Görgen, Marvin | 1989 | m | Hardliner | 0:53:55 |
| 7. | 1130 | Kulow, Christian | 1990 | m | DJK Kleinenbroich | 0:55:25 |
| 8. | 1117 | Braus, Jan | 1990 | m | FC Zons | 1:02:11 |
| 9. | 1024 | Stein, Dominik | 1989 | m | Fc Zons | 1:02:11 |
| 10. | 1039 | Roth, Stefan | 1989 | m | Team Raphael | 1:04:00 |

m. Jugend A

| | | | | | | |
|-----|------|---------------------|------|---|----------------------------|---------|
| 1. | 719 | Müller, Patrick | 1987 | m | (Dormagen) | 0:47:13 |
| 2. | 1216 | Ajez, Saleman | 1988 | m | (Köln) | 0:49:00 |
| 3. | 521 | Mackeprang, Philipp | 1988 | m | TuS Köln rrh | 0:49:13 |
| 4. | 979 | Roth, Manuel | 1987 | m | (Dormagen) | 0:51:44 |
| 5. | 533 | Sieberth, Till | 1988 | m | (Remscheid) | 0:52:48 |
| 6. | 90 | Berghausen, Martin | 1987 | m | | 0:53:49 |
| 7. | 1218 | Kruse, Nils-Johann | 1987 | m | | 0:54:14 |
| 8. | 682 | Nussmann, Sebastian | 1987 | m | Pulheimer SC Abt. Radsport | 0:54:20 |
| 9. | 390 | Müller, Sebastian | 1988 | m | Tria Delphin Essen | 0:56:09 |
| 10. | 421 | Stinnesbeck, Thilo | 1988 | m | (Grevenbroich) | 0:56:10 |
| 11. | 1025 | Clemens, Rene | 1988 | m | fc zons | 0:59:27 |
| 11. | 1168 | Hybraczek, Dennis | 1988 | m | FC Zons | 0:59:27 |
| 13. | 1219 | Solf, Lukas | 1988 | m | | 1:03:15 |
| 14. | 1145 | Reich, Christian | 1987 | m | | 1:05:28 |

Männer

| | | | | | | |
|-----|------|----------------------|------|---|----------------------------------|---------|
| 1. | 590 | Wilhelm, Patric | 1983 | m | TSV Bayer 04 Leverkusen | 0:37:33 |
| 2. | 837 | Gatzweiler, Johannes | 1984 | m | LAZ PUMA Troisdorf Siegburg | 0:37:50 |
| 3. | 779 | Kuss, Nicolas | 1982 | m | LTC-STOLPERHEXEN | 0:39:09 |
| 4. | 393 | Seewald, Jan | 1984 | m | Tria Delphin Essen | 0:43:33 |
| 5. | 1033 | Lüpertz, Stephan | 1982 | m | DJK Novesia Neuss | 0:47:17 |
| 6. | 915 | Barth, Andreas | 1977 | m | Die weißen Kenianer aus Solingen | 0:47:51 |
| 7. | 133 | Evermann, Mark | 1979 | m | (Mülheim an der Ruhr) | 0:48:04 |
| 8. | 389 | Hoffmann, Tobias | 1985 | m | Tria Delphin Essen | 0:48:23 |
| 9. | 898 | Pfeiffer, Tom | 1983 | m | (Köln) | 0:50:15 |
| 10. | 1280 | Tauber, Max | 1985 | m | TGS | 0:50:20 |
| 11. | 896 | Kleinheuer, Markus | 1983 | m | TV Bedburg | 0:50:23 |
| 12. | 724 | Ide, Tetsuya | 1980 | m | (Köln) | 0:50:32 |
| 13. | 726 | Getz, Jan Alexandre | 1982 | m | (Dormagen) | 0:51:12 |
| 14. | 1114 | Walter, Max | 1979 | m | | 0:51:31 |
| 15. | 571 | Naumann, Benjamin | 1977 | m | Die-Bergischen-Jungs | 0:51:50 |
| 16. | 6 | Märtl, Bernhard | 1978 | m | Risk Runners | 0:52:36 |
| 17. | 207 | Tuchel, Sebastian | 1982 | m | Dynamit Nobel | 0:52:57 |
| 18. | 532 | Sieberth, Lukas | 1986 | m | Australien | 0:54:05 |
| 19. | 227 | Jungk, David | 1985 | m | Butterkäse | 0:54:17 |
| 20. | 1099 | Kreuse, Jan Erik | 1983 | m | (Dormagen) | 0:54:34 |
| 21. | 978 | Kruse, Fynn Lauritz | 1986 | m | (Dormagen) | 0:54:36 |
| 22. | 1204 | Schäfer, Markus | 1985 | m | DJK Kleinenbroich | 0:54:38 |
| 23. | 1202 | Altmann, Tim | 1986 | m | DJK Kleinenbroich | 0:54:53 |
| 24. | 1226 | Husmann, Andre | 1978 | m | | 0:54:55 |
| 25. | 1330 | Gluditz, Oliver | 1981 | m | (Grevenbroich) | 0:55:16 |
| 26. | 684 | Walendy, Andreas | 1982 | m | (Hilden) | 0:55:24 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|--------------------------|--------|-------|------------------------------|---------|
| 27. | 975 | Falkenau, Lars | 1980 | m | (Dormagen) | 0:55:40 |
| 28. | 918 | Arnold, Christian | 1982 | m | (Grevenbroich) | 0:56:02 |
| 29. | 464 | Brod, Thomas | 1978 | m | Leo` s Rennschnecken | 0:56:26 |
| 30. | 967 | Meuter, Tobias | 1978 | m | DJK Hoeningen | 0:56:36 |
| 31. | 1287 | Gauls, Kai | 1979 | m | | 0:56:42 |
| 32. | 683 | Stahl, Maik | 1978 | m | (Düsseldorf) | 0:56:50 |
| 33. | 791 | Thesing, Holger | 1978 | m | (Neuss) | 0:56:52 |
| 34. | 286 | Hoffiller, Sascha | 1981 | m | Dormagen | 0:57:09 |
| 35. | 1259 | Kokoloylannis, Theodoros | 1978 | m | (Düsseldorf) | 0:57:47 |
| 36. | 624 | Willms, Michael | 1978 | m | (Düsseldorf) | 0:58:09 |
| 37. | 205 | Mohnstein, Carsten | 1978 | m | Dynamit Nobel | 0:59:04 |
| 38. | 337 | Wallrafen, Dirk | 1977 | m | Bayer CropScience IOP | 1:00:46 |
| 39. | 342 | Duda, Darius | 1983 | m | Bayer CropScience IOP | 1:01:35 |
| 40. | 577 | Mickan, Markus | 1980 | m | (Gelsenkirchen) | 1:02:25 |
| 41. | 623 | Klaus, Alexander | 1982 | m | (Düsseldorf) | 1:02:26 |
| 42. | 968 | Thieltges, Daniel | 1979 | m | DJK Hoeningen | 1:02:50 |
| 43. | 1220 | Krautstein, Thomas | 1983 | m | BG Dormagen ´62 | 1:03:15 |
| 44. | 32 | Sommer, Gabriel | 1980 | m | IRF Dragon 03 | 1:04:08 |
| 45. | 583 | Apel, Georg | 1978 | m | (Leverkusen) | 1:04:16 |
| 46. | 317 | Homrighausen, Pierre | 1978 | m | (Solingen) | 1:04:19 |
| 47. | 1364 | Detmer, Andreas | 1977 | m | (Dormagen) | 1:05:49 |
| 48. | 615 | Wendling, Daniel | 1978 | m | (Haan) | 1:07:22 |
| 49. | 67 | Reichel, Volker | 1978 | m | (Wuppertal) | 1:07:32 |
| 50. | 1116 | Clemens, Thomas | 1980 | m | SG Zons | 1:07:57 |
| 51. | 414 | Heitland, Michael | 1979 | m | (bottrop) | 1:08:15 |
| 52. | 603 | Zahorodni, Kevin | 1980 | m | Triathlon-Schnecke | 1:08:17 |
| 53. | 398 | Handke, Steffen | 1978 | m | Team Aroma Ahoi | 1:08:20 |
| 54. | 669 | Koch, Jörn | 1979 | m | TTV ZONS | 1:08:36 |
| 55. | 1237 | Lahoda, Stefan | 1979 | m | Richter + Frenzel Ravensburg | 1:09:05 |
| 56. | 939 | Schneider, Christian | 1978 | m | LT Dünwald-TV | 1:09:19 |
| 57. | 559 | Havig, Niels | 1978 | m | (Köln) | 1:10:11 |
| 58. | 664 | Schäfer, Daniel | 1977 | m | Team Aroma Ahoi | 1:10:22 |
| 59. | 1084 | Stubbe, Sven | 1983 | m | (Dormagen) | 1:11:09 |
| 60. | 303 | Behr, Andreas | 1977 | m | (Rommerskirchen) | 1:11:17 |
| 61. | 419 | Schorn, Thorsten | 1986 | m | (Leverkusen) | 1:11:52 |
| 62. | 1225 | Soffner, Patrick | 1980 | m | | 1:12:48 |
| 63. | 950 | Terwedow, Daniel | 1982 | m | TLV Germania-Überruhr 1901 | 1:13:04 |
| 64. | 422 | Stinnesbeck, Simon | 1984 | m | (Grevenbroich) | 1:15:26 |
| 65. | 1298 | Giesen, Peter | 1980 | m | BSG DKV Köln | 1:19:27 |

M30

| | | | | | | |
|-----|------|------------------|------|---|--------------------------------|---------|
| 1. | 1180 | Borrmann, David | 1976 | m | MIZUNO Racing Team | 0:40:59 |
| 2. | 160 | Skopnik, Manuel | 1972 | m | Rennschnecken 2000 | 0:41:10 |
| 3. | 1642 | Nowak, Christian | 1972 | m | SG-Stern | 0:43:19 |
| 4. | 990 | Marx, Thomas | 1972 | m | PUR RunningTeam | 0:43:58 |
| 5. | 1083 | Förster, Franco | 1973 | m | | 0:44:21 |
| 6. | 1062 | Gatzen, Harald | 1975 | m | Central-Team | 0:44:36 |
| 7. | 1186 | Kruska, Marco | 1974 | m | Triathlon Team TK Grevenbroich | 0:45:57 |
| 8. | 1290 | Geilenberg, Mark | 1976 | m | ETG 47 Wuppertal | 0:46:28 |
| 9. | 557 | Ziegler, Andreas | 1975 | m | EVL-Lauftreff | 0:46:52 |
| 10. | 856 | Prenzel, Georg | 1972 | m | TG Neuss | 0:47:50 |
| 11. | 677 | Kissel, Thomas | 1974 | m | Rennschnecken 2000 | 0:48:01 |
| 12. | 1167 | Willpütz, Ingo | 1972 | m | TG Neuss | 0:48:09 |

Ergebnisliste AK 7 Meilen - Lauf

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|------------------------|--------|-------|-----------------------------------|---------|
| 13. | 653 | Schau, Christoph | 1972 | m | LC Wuppertal | 0:48:14 |
| 14. | 170 | Pütz, Dirk | 1974 | m | (Mönchengladbach) | 0:48:55 |
| 15. | 1300 | Kulle, Marcus | 1972 | m | (Köln) | 0:48:56 |
| 16. | 432 | Hippe, Karsten | 1973 | m | Felix Fründe Running Team | 0:49:18 |
| 17. | 1230 | Hamidi, Abdul-Walid | 1975 | m | Sunrise running team wuppertal | 0:49:51 |
| 18. | 895 | Lack, Thomas | 1975 | m | TV Bedburg | 0:50:24 |
| 19. | 135 | Schechinger, Markus | 1972 | m | LT Düsseldorf -Süd | 0:51:11 |
| 20. | 755 | Kühbach, Carsten | 1972 | m | TuS 82 Opladen | 0:51:27 |
| 21. | 1077 | Wucherpennig, Sven | 1972 | m | TG Neuss | 0:52:17 |
| 22. | 694 | Schneider, Carsten | 1972 | m | Ski Club Cronenberg | 0:52:44 |
| 23. | 576 | Fermer, David | 1973 | m | - | 0:53:12 |
| 24. | 1085 | Schauch, Bastian | 1975 | m | Rennschnecken 2000 | 0:53:28 |
| 25. | 206 | Rambow, Ralf | 1976 | m | Dynamit Nobel | 0:53:38 |
| 26. | 102 | Krause, Ralf | 1972 | m | | 0:53:39 |
| 27. | 86 | Bauer, Christoph | 1972 | m | | 0:53:51 |
| 28. | 541 | Antropius, Alesch | 1973 | m | FC Crosslauf | 0:54:13 |
| 29. | 121 | Mende, Markus | 1976 | m | Die wilden Deppen | 0:54:14 |
| 30. | 404 | Konrad, Stephan | 1972 | m | (Dormagen) | 0:54:26 |
| 31. | 1158 | Prömpfer, Marcel | 1973 | m | Sportfreunde Anstel | 0:54:33 |
| 32. | 954 | Beran, Carsten | 1973 | m | FC Straberg | 0:54:36 |
| 33. | 70 | Hanisch, Jörg | 1975 | m | (Wuppertal) | 0:54:43 |
| 34. | 169 | Steigels, Dirk | 1972 | m | (Mönchengladbach) | 0:54:56 |
| 35. | 1370 | Müller, Michael | 1972 | m | (Mülheim) | 0:55:02 |
| 36. | 341 | Schlattmann, Kai | 1972 | m | Bayer CropScience IOP | 0:57:06 |
| 37. | 977 | Radon, Frank | 1975 | m | (Leverkusen) | 0:57:54 |
| 38. | 1011 | Faulhaber, Matthias | 1972 | m | Unterwegs im Auftrag des Herrn | 0:58:06 |
| 39. | 344 | Clemens, Jörg | 1973 | m | Bayer CropScience IOP | 0:58:07 |
| 40. | 1091 | Marpe, Stefan | 1972 | m | Erler-Sportgemeinschaft | 0:58:30 |
| 41. | 636 | Hartmann, Torsten | 1972 | m | (Mettmann) | 0:58:54 |
| 42. | 178 | Porzberg, Frank | 1973 | m | Leverkusen | 0:59:41 |
| 43. | 191 | Leitz, Sascha | 1974 | m | www.altstadtwache-zons.de | 1:00:25 |
| 44. | 241 | Maziul, Carsten | 1974 | m | - | 1:01:00 |
| 45. | 39 | Toborg, Stefan | 1972 | m | | 1:01:21 |
| 46. | 971 | Wieland, Lars | 1974 | m | (Frechen) | 1:01:33 |
| 47. | 140 | Langwald, Robert | 1973 | m | (Dormagen) | 1:04:19 |
| 48. | 847 | Eckers, Guido | 1976 | m | RWTH Aachen | 1:04:26 |
| 49. | 127 | Ischebeck, Christoph | 1975 | m | (Bergisch Gladbach) | 1:04:36 |
| 50. | 1041 | Baum, Theo | 1973 | m | Team Raphael | 1:04:50 |
| 51. | 678 | Schmitt-Biegel, Daniel | 1975 | m | Rennschnecken 2000 | 1:05:07 |
| 52. | 108 | Mendritzki, Martin | 1972 | m | kein Verein | 1:05:27 |
| 53. | 1115 | Chassoglou, Charalabos | 1975 | m | | 1:05:39 |
| 54. | 273 | Doro, Peter | 1976 | m | (Neuss) | 1:06:02 |
| 55. | 1262 | Schulz, Björn | 1975 | m | | 1:06:19 |
| 56. | 105 | Grabis, Frank | 1973 | m | | 1:06:43 |
| 57. | 609 | Krichel, Daniel | 1972 | m | (Solingen) | 1:07:23 |
| 58. | 602 | Göppel, Andreas | 1975 | m | kein Verein, sondern Privat (Adr. | 1:07:27 |
| 59. | 1329 | Sponk, Andreas | 1976 | m | (Geldern) | 1:08:21 |
| 60. | 1236 | Frunzke, Jan | 1973 | m | Bayer Business Services | 1:08:53 |
| 61. | 1023 | Lueg, Sebastian | 1976 | m | (Düsseldorf) | 1:09:33 |
| 62. | 1294 | Jambor, Stefan | 1973 | m | | 1:14:41 |
| 63. | 353 | Barth, Ingo | 1976 | m | Bayer CropScience IOP | 1:15:52 |
| 64. | 1086 | Königsfeld, Michael | 1973 | m | verdi-bub | 1:19:12 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-----------------|--------|-------|-----------------------|---------|
| 65. | 338 | Schünke, Stefan | 1974 | m | Bayer CropScience IOP | 1:22:43 |
| 66. | 903 | Berka, Thorsten | 1974 | m | ohne Verein | 1:23:43 |
| 67. | 706 | Margies, Daniel | 1972 | m | ZONS | 1:28:28 |

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| | | | | | | |
|-----|------|-----------------------|------|---|----------------------------|---------|
| 1. | 1178 | Denzer | 1969 | m | Rönsahl | 0:40:00 |
| 2. | 1026 | Heimann, Göрге | 1968 | m | TRIFUN | 0:40:32 |
| 3. | 1089 | Meier, Dirk | 1967 | m | LG Wuppertal | 0:41:19 |
| 4. | 1058 | Eckelmann, Stephan | 1968 | m | Pulheimer SC Triathlon | 0:41:40 |
| 5. | 508 | Dreis, Christoph | 1967 | m | LN Nütterden | 0:42:33 |
| 6. | 546 | Plett, Christian | 1971 | m | - | 0:42:35 |
| 7. | 1061 | Elskamp, Gregor | 1971 | m | Central-Team | 0:43:23 |
| 8. | 509 | Bach, Matthias | 1968 | m | (Grevenbroich) | 0:43:23 |
| 9. | 1063 | Ley, Jürgen | 1971 | m | Central-Team | 0:43:31 |
| 10. | 1049 | Mertes, Norbert | 1967 | m | Henkel-Lauf-Löwen | 0:43:35 |
| 11. | 991 | Krüger, Peter | 1971 | m | ohne | 0:43:43 |
| 12. | 859 | Wachter, Eric | 1968 | m | TG Neuss | 0:44:08 |
| 13. | 702 | Stassen, René | 1970 | m | TV Huchem-Stammeln | 0:44:45 |
| 14. | 319 | Schimion, Jürgen | 1967 | m | Bayer CropScience IOP | 0:45:16 |
| 15. | 136 | Rudolph, Heiko | 1971 | m | Hobby-Läufer | 0:45:18 |
| 16. | 96 | Bergstein, Stefan | 1967 | m | TG Neuss | 0:45:20 |
| 17. | 1121 | Maiwald, Holger | 1970 | m | LT Rennhamster | 0:46:06 |
| 18. | 388 | Guthe, René | 1969 | m | BTC-Ratingen | 0:47:13 |
| 19. | 1161 | Eppink, Ralf | 1968 | m | TuS Breitscheid | 0:47:35 |
| 20. | 396 | Büngener, Achim | 1971 | m | (Leverkusen) | 0:48:24 |
| 21. | 1081 | Haak, Holger | 1968 | m | Pirate Triathlon Team | 0:48:32 |
| 22. | 973 | Mähner, Klaus | 1968 | m | SG Holzheim | 0:49:01 |
| 23. | 1177 | Wobisch, Tobias | 1968 | m | FS Düsseldorf | 0:49:26 |
| 24. | 440 | Teuber, Michael | 1967 | m | (Dormagen) | 0:49:41 |
| 25. | 1363 | Hengels, Erik | 1969 | m | TK Grevenbroich | 0:49:56 |
| 26. | 502 | Knümann, Andreas | 1967 | m | Lustiger -Schleicher Essen | 0:50:43 |
| 27. | 1183 | Krings, Michael | 1968 | m | (Langenfeld) | 0:51:21 |
| 28. | 1276 | Oepen, Reiner | 1968 | m | TV Arnoldsweiler | 0:51:35 |
| 29. | 330 | Dönig, Helmut | 1969 | m | Bayer CropScience IOP | 0:51:51 |
| 30. | 186 | Blumenfeld, Frank | 1967 | m | LTD Köln-Dellbrück | 0:52:14 |
| 31. | 506 | Schouten, Peter | 1967 | m | --- | 0:52:15 |
| 32. | 333 | Freier, Klaus | 1968 | m | Bayer CropScience IOP | 0:52:19 |
| 33. | 369 | Kellers, Ralf | 1969 | m | Sportfreunde Neersbroich | 0:52:29 |
| 34. | 1159 | Mittasch, Markus | 1968 | m | (Duisburg) | 0:52:39 |
| 35. | 492 | Peterzelka, Nils | 1970 | m | PUR Running Team | 0:52:40 |
| 36. | 1148 | Werner, Andreas | 1971 | m | SV Glehn | 0:53:11 |
| 37. | 318 | Eppmann, Dirk | 1969 | m | TSV Bayer 04 Leverkusen | 0:53:14 |
| 38. | 716 | Detert, Ralf | 1970 | m | BP Running Team | 0:53:16 |
| 39. | 74 | Hindermann, Frank | 1968 | m | | 0:53:19 |
| 40. | 459 | Daniel, Oliver | 1967 | m | SV Willich Tri-Team | 0:53:44 |
| 41. | 107 | Topp, Frank | 1968 | m | Stief Boschte Oekoven | 0:53:47 |
| 42. | 401 | Pranjes, Dragan | 1968 | m | PUR Running Team | 0:54:14 |
| 43. | 850 | Kantel, Pierre | 1967 | m | Rennschnecken 2000 | 0:54:19 |
| 44. | 474 | Franke, Thomas | 1969 | m | (Veibert) | 0:54:24 |
| 45. | 618 | Kolczykiewicz, Thomas | 1967 | m | --- | 0:54:25 |
| 46. | 237 | Ackermann, Detlev | 1970 | m | www.laufen-in-koeln.de | 0:54:35 |
| 47. | 958 | Klamp, Gunther | 1967 | m | FC Straberg | 0:54:44 |
| 48. | 41 | Hütz, Jan Peter | 1970 | m | Team Nuckelpinne | 0:54:59 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-----------------------|--------|-------|-----------------------------|---------|
| 49. | 38 | Grasmehr, Frank | 1968 | m | Team Erkelenz | 0:55:36 |
| 50. | 40 | Gogarn, Oliver | 1970 | m | Team Nuckelpinne | 0:55:38 |
| 51. | 851 | Schmidt, Ralf | 1967 | m | Okinawa Running Fighters | 0:55:54 |
| 52. | 607 | Eickvonder, Guido | 1971 | m | LC Duisburg | 0:56:07 |
| 53. | 1238 | Jedlitzke, Uli | 1969 | m | LT Hubertushof | 0:56:20 |
| 54. | 490 | Cangini, Maurice | 1970 | m | foreveryoung98 | 0:56:25 |
| 55. | 883 | Lorenz, Klaus | 1967 | m | - | 0:56:43 |
| 56. | 1093 | Winter, Thomas | 1970 | m | Gute-Beine.de | 0:56:46 |
| 57. | 1080 | Georg, Michael | 1969 | m | FC Zons | 0:56:54 |
| 58. | 987 | Kircher, Rainer | 1968 | m | Rheinfeld | 0:56:58 |
| 59. | 165 | Pauli, Frank | 1968 | m | (Dormagen) | 0:56:59 |
| 60. | 692 | Ventker, Andre | 1971 | m | (Haan) | 0:57:08 |
| 61. | 980 | Armbrust, Ralph | 1967 | m | (Dormagen) | 0:57:17 |
| 62. | 307 | Deleonardis, Michele | 1968 | m | (Grevenbroich) | 0:57:18 |
| 63. | 773 | Meeske, Jens-O. | 1967 | m | LTC-STOLPERHEXEN | 0:57:22 |
| 64. | 959 | Güttler, Axel | 1969 | m | FC Straberg | 0:57:27 |
| 65. | 233 | Röhrig, Jörg | 1970 | m | (Bergheim) | 0:57:45 |
| 66. | 305 | Stöhr, Thomas | 1968 | m | (Monschau) | 0:58:05 |
| 67. | 1092 | Hiepel, Markus | 1968 | m | Erler-Sportgemeinschaft | 0:58:08 |
| 68. | 85 | Stuber, Holger | 1969 | m | | 0:58:38 |
| 69. | 852 | Schützen, Peter | 1967 | m | SV Rheinhausen 1913 eV | 0:58:43 |
| 70. | 42 | Philipp, Manfred | 1971 | m | | 0:58:49 |
| 71. | 371 | Hermann, Volker | 1969 | m | Rennschnecken 2000 | 0:58:55 |
| 72. | 638 | Schlasza, Adrian | 1967 | m | (Neuss) | 0:58:58 |
| 73. | 1227 | Buschheuser, Rainer | 1970 | m | | 0:59:10 |
| 74. | 436 | Welk, Thomas | 1968 | m | (Leverkusen) | 0:59:10 |
| 75. | 280 | Behler, Andreas | 1971 | m | (Schwelm) | 0:59:12 |
| 76. | 211 | Krauß, Matthias | 1967 | m | (Krefeld) | 0:59:14 |
| 77. | 565 | Fetz, Falko Alexander | 1970 | m | (Solingen) | 0:59:17 |
| 78. | 520 | Barden, Uwe | 1970 | m | Rennschnecken 2000 | 0:59:24 |
| 79. | 467 | Ellbracht, Stefan | 1970 | m | TV Jahn 06 Kapellen | 0:59:41 |
| 80. | 751 | Wolfrath, Dirk | 1967 | m | TuS 82 Opladen | 0:59:46 |
| 81. | 1155 | Breunig, Chris | 1971 | m | foreveryoung98 | 1:00:01 |
| 82. | 380 | Volk, Burkhard | 1967 | m | Mexx | 1:00:14 |
| 83. | 466 | Baikowski, Christian | 1967 | m | (Dormagen) | 1:00:16 |
| 84. | 514 | Nertinger, Frank | 1968 | m | --- | 1:00:22 |
| 85. | 999 | Flessner, Timo | 1970 | m | LT Gruiten-Neandertal e. V. | 1:00:31 |
| 86. | 197 | Chevalier, Joerg | 1968 | m | Dynamit Nobel | 1:00:33 |
| 87. | 561 | Hiegemann, Stephan | 1969 | m | TSV Bayer04-Lauftreff | 1:00:37 |
| 88. | 405 | Hörter, Jörg | 1970 | m | (Velbert) | 1:00:46 |
| 89. | 614 | Theisen, Peter | 1968 | m | (Willich) | 1:01:10 |
| 90. | 219 | Meyer, Cord | 1971 | m | (Mettmann) | 1:01:41 |
| 91. | 960 | Bongartz, René | 1969 | m | LT Grüne Oberberg | 1:01:41 |
| 92. | 710 | Dobernecker, Juergen | 1967 | m | SV Rheinwacht Stuerzelberg | 1:01:51 |
| 93. | 98 | Lazogga, Udo | 1971 | m | | 1:02:19 |
| 94. | 110 | Bubak, Andreas | 1969 | m | Platanenrunner | 1:02:23 |
| 95. | 1040 | Winkler, Stephan | 1970 | m | Team Raphael | 1:02:30 |
| 96. | 450 | Fischer, Steffen | 1970 | m | (Grevenbroich) | 1:02:35 |
| 97. | 976 | Schmitt, Lars | 1971 | m | (Langenfeld) | 1:02:38 |
| 98. | 301 | Strauß, Gunther | 1967 | m | Arthrose Laufclub Wuppertal | 1:02:45 |
| 99. | 988 | Kaminsky, Stefan | 1970 | m | Rheinfeld | 1:02:52 |
| 100. | 697 | Jaich, Robert | 1967 | m | LT Dönerg | 1:03:06 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|------------------------|--------|-------|------------------------------------|---------|
| 101. | 673 | Garbe, Henry | 1967 | m | LG Dönberg | 1:03:07 |
| 102. | 130 | von Berg, Jos | 1967 | m | Ausdauer-Team MKH | 1:03:20 |
| 103. | 671 | Weber, Ralf | 1967 | m | (Dormagen) | 1:03:32 |
| 104. | 1087 | Schläger, Martin | 1969 | m | (Düsseldorf) | 1:03:45 |
| 105. | 784 | Hillen, Marc | 1970 | m | Schlicherum Runners-Team | 1:03:46 |
| 106. | 461 | Löhrwald, Alexander | 1969 | m | (Burscheid) | 1:04:06 |
| 107. | 696 | Lukosch, Andreas | 1968 | m | (Solingen) | 1:04:19 |
| 108. | 1042 | Wenke, Patrik | 1969 | m | | 1:04:25 |
| 109. | 204 | Leyendecker, Marcel | 1968 | m | Dynamit Nobel | 1:04:32 |
| 110. | 733 | Kremer, Andreas | 1967 | m | I Leoni del Lago | 1:05:02 |
| 111. | 122 | Haskamp, Ludger | 1967 | m | Fc Zons | 1:05:36 |
| 112. | 203 | Kumsal, Fatih | 1971 | m | Dynamit Nobel | 1:05:59 |
| 113. | 413 | Zitoun, Farid | 1968 | m | naturheilzentrum bottrop | 1:06:00 |
| 114. | 261 | Block, Peter-Christoph | 1968 | m | Dormagen | 1:06:07 |
| 115. | 1154 | Ott, Thorsten | 1969 | m | | 1:07:26 |
| 116. | 627 | Kortüm, Ralf | 1967 | m | Lauftreff Friedrichsberg Wuppertal | 1:08:07 |
| 117. | 435 | Hürth, Andreas | 1971 | m | (Düsseldorf) | 1:08:21 |
| 118. | 634 | Galle, Christian | 1971 | m | Team Aroma Ahoi | 1:08:28 |
| 119. | 345 | Suchlich, Ralf | 1967 | m | Bayer CropScience IOP | 1:09:32 |
| 120. | 11 | Bisping, Michael | 1970 | m | | 1:09:36 |
| 121. | 1331 | Rochefeld, Dirk | 1968 | m | (Leverkusen) | 1:10:03 |
| 122. | 1207 | Hoffmann, Michael | 1967 | m | | 1:10:24 |
| 123. | 157 | Wegmann, Oliver | 1970 | m | (Dormagen-Zons) | 1:10:52 |
| 124. | 1232 | Berger, Uwe | 1971 | m | FFO | 1:10:55 |
| 125. | 880 | Gruber, Michael | 1970 | m | (Meerbusch) | 1:11:03 |
| 126. | 202 | Jovanov, Dragan | 1970 | m | Dynamit Nobel | 1:11:14 |
| 127. | 1138 | Salomone, Salvatore | 1970 | m | | 1:11:26 |
| 128. | 193 | Olligschläger, Stefan | 1967 | m | www.altstadtwache-zons.de | 1:11:29 |
| 129. | 268 | Schemmert, Michael | 1967 | m | (Dormagen) | 1:11:57 |
| 130. | 236 | Herweg, Stefan | 1969 | m | (Düsseldorf) | 1:12:23 |
| 131. | 328 | Jager, Edmund | 1970 | m | Bayer CropScience IOP | 1:12:38 |
| 132. | 711 | Salamon, Hubert | 1967 | m | (Köln) | 1:14:01 |
| 133. | 725 | Eichler, Harald | 1969 | m | (Dormagen) | 1:14:25 |
| 134. | 1372 | Ricer, Michael | 1969 | m | (Ratingen) | 1:15:36 |
| 135. | 1108 | Zuniga, Fernando | 1968 | m | Merlot Monheim | 1:16:04 |
| 136. | 674 | Ralf, Wenzel | 1967 | m | (Monheim) | 1:16:06 |
| 137. | 675 | Scheerhans, Dirk | 1967 | m | (Monheim) | 1:16:07 |
| 138. | 52 | Engländer, Marcel | 1970 | m | | 1:20:42 |
| 139. | 834 | Ludwig, Ralf | 1967 | m | (Mönchengladbach) | 1:22:38 |
| 140. | 902 | Lang, Steffen | 1971 | m | ohne Verein | 1:23:44 |
| 141. | 1360 | Lehmann, Mirko | 1969 | m | | 1:24:26 |

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| | | | | | | |
|-----|------|---------------------|------|---|---------------------|---------|
| 1. | 1181 | Dienert, Sven | 1966 | m | Bunert Running Team | 0:37:51 |
| 2. | 1126 | Kümpel, Jochen | 1966 | m | SV Blau-Gelb Dernau | 0:39:34 |
| 3. | 1176 | Schirmer, Rüdiger | 1965 | m | ART Düsseldorf | 0:39:56 |
| 4. | 854 | Czarnietzki, Bernd | 1963 | m | TG Neuss | 0:40:14 |
| 5. | 285 | Claesges, Michael | 1964 | m | TSV Hochdahl | 0:40:47 |
| 6. | 287 | Kuchendorf, Andreas | 1965 | m | --- | 0:42:29 |
| 7. | 1060 | Asgenmacher, Peter | 1965 | m | LG RWE Power | 0:42:45 |
| 8. | 970 | Mauter, Jörg | 1965 | m | Wiehltaler LC | 0:43:00 |
| 9. | 500 | Duch, Ludwig | 1963 | m | D & D Hilden | 0:43:16 |
| 10. | 442 | Fischell, Ulrich | 1962 | m | LC Duisburg | 0:43:24 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|----------------------|--------|-------|--------------------------------|---------|
| 11. | 853 | Lange, Ralf | 1966 | m | Homberger TV | 0:44:13 |
| 12. | 1166 | Schönen, Frank | 1962 | m | TG Neuss | 0:45:14 |
| 13. | 1229 | Schmitz, Jürgen | 1963 | m | Sunrise running team wuppertal | 0:45:38 |
| 14. | 558 | Reiser, Jürgen | 1963 | m | LG RWE Power | 0:46:31 |
| 15. | 770 | Kiehn, Uwe | 1966 | m | LTC-STOLPERHEXEN | 0:46:43 |
| 16. | 1125 | Graf, Bernhard | 1965 | m | LTC Stolperhexen | 0:47:21 |
| 17. | 1362 | Patt, Ulrich | 1965 | m | LT Schöllerhof | 0:47:42 |
| 18. | 174 | Jeppel, Peter | 1962 | m | (Dormagen) | 0:48:42 |
| 19. | 1059 | Bradi, Volker | 1964 | m | LG Marlon | 0:48:49 |
| 20. | 382 | Thies, Dirk | 1965 | m | ohne | 0:48:50 |
| 21. | 841 | Blüml, Manfred | 1962 | m | (Düsseldorf) | 0:48:56 |
| 22. | 1102 | Purat, Joerg | 1964 | m | LGO Bochum | 0:49:00 |
| 23. | 611 | Peerenboom, Klaus | 1963 | m | Schlicherum Runners-Team | 0:49:05 |
| 24. | 588 | Störig, Armin | 1962 | m | VFL-Hidesen/Detmold | 0:49:48 |
| 25. | 231 | Tietz, Stefan | 1965 | m | Baumberger Freizeitläufer | 0:49:55 |
| 26. | 901 | Beyer, Rüdiger | 1964 | m | ASC Düsseldorf | 0:49:56 |
| 27. | 137 | Düsberg, Volker | 1963 | m | kein Verein | 0:50:01 |
| 28. | 655 | Krüger, Rainer | 1962 | m | LC Wuppertal | 0:50:20 |
| 29. | 1015 | Schaber, Frank | 1962 | m | (Voelklingen) | 0:50:36 |
| 30. | 434 | Osbahr, Sven | 1966 | m | Felix' Fründe | 0:50:37 |
| 31. | 116 | Ley, Thomas | 1965 | m | Lg Röbratherstrasse | 0:50:39 |
| 32. | 612 | Schönberg, Siegfried | 1966 | m | Blindgänger Wuppertal | 0:50:51 |
| 33. | 796 | Wacker, Andre | 1966 | m | LT-Kemperdick | 0:50:57 |
| 34. | 13 | Wohak, Matthias | 1964 | m | PUR Running Team | 0:51:02 |
| 35. | 651 | Muschkiet, Peter | 1964 | m | LC Wuppertal | 0:51:06 |
| 36. | 1279 | Schaffrath, Andreas | 1964 | m | ASV Süchteln | 0:51:17 |
| 37. | 117 | Reudenbach, Peter | 1963 | m | Lg Röbratherstrasse | 0:51:18 |
| 38. | 1044 | Malcus, Burkhard | 1962 | m | Turbo-Schnecken Lüdenscheid | 0:51:48 |
| 39. | 358 | Poßberg, Roland | 1966 | m | RMC-Spree, Roller u. Motorrad | 0:52:06 |
| 40. | 667 | Neudecker, Georg | 1962 | m | (Haan) | 0:52:09 |
| 41. | 753 | Leicht, Günter | 1962 | m | TuS 82 Opladen | 0:52:17 |
| 42. | 220 | Kantel, André | 1965 | m | Rennschnecken 2000 | 0:52:23 |
| 42. | 25 | Schiedmayer, Axel | 1965 | m | | 0:52:23 |
| 44. | 24 | Heinrichs, Alexander | 1966 | m | Trialex | 0:52:45 |
| 45. | 229 | Krumm, Thomas | 1966 | m | IG Zons | 0:52:53 |
| 46. | 302 | Schall, Thomas | 1964 | m | TV-Anrath | 0:53:13 |
| 47. | 613 | Buetehorn, Jan | 1966 | m | (Montabaur) | 0:53:18 |
| 48. | 1222 | Trier, Martin | 1962 | m | TSV Dieringhausen | 0:53:29 |
| 49. | 782 | Wolff, Walter | 1965 | m | LTV-Wuppertal | 0:53:30 |
| 50. | 1203 | Gaspers, Klaus | 1966 | m | DJK Kleinenbroich | 0:53:32 |
| 51. | 840 | Spanka, Juergen | 1964 | m | (Bergisch Gladbach) | 0:53:39 |
| 52. | 887 | Post, Rainer | 1965 | m | (Essen) | 0:54:00 |
| 53. | 1164 | Schneeweiß, Ulrich | 1963 | m | (Dormagen) | 0:54:03 |
| 54. | 73 | Middeldorf, Dirk | 1964 | m | Hardliner | 0:54:06 |
| 55. | 1119 | Barth, Ralf | 1962 | m | Lauftreff Düsseldorf-Süd | 0:54:33 |
| 56. | 628 | Mennicken, Helmut | 1963 | m | ohne | 0:55:13 |
| 57. | 937 | Graeske, Rainer | 1962 | m | LT Dünnwalder-TV | 0:55:14 |
| 58. | 836 | Woelke, Dirk | 1963 | m | Bayern Power Bonn | 0:55:24 |
| 59. | 315 | Lass, Hartmud | 1965 | m | Adler -Nierst Komm lot jon | 0:55:31 |
| 60. | 26 | Otte, Ralf | 1965 | m | | 0:55:32 |
| 61. | 400 | Toepfer, Bernd | 1962 | m | PUR Running Team | 0:55:33 |
| 62. | 1090 | Kappler, Stefan | 1962 | m | Gute-Beine.de | 0:55:40 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-------------------------|--------|-------|--------------------------------|---------|
| 63. | 260 | Heymig, Michael | 1965 | m | (wuppertal) | 0:55:43 |
| 64. | 445 | Jentgens, Helmut | 1962 | m | Klumpen Porselen | 0:55:47 |
| 65. | 352 | Schloemer, Hans-Dieter | 1965 | m | Bayer CropScience IOP | 0:55:49 |
| 66. | 690 | Andersen, Volker | 1964 | m | TUS 05 Quettingen | 0:55:58 |
| 67. | 399 | Manske, Norbert | 1963 | m | Aktiv Grevenbroich | 0:56:07 |
| 68. | 482 | Rapita, Frank | 1963 | m | LT MG-Volksgarten | 0:56:21 |
| 69. | 33 | Roeing, Frank | 1963 | m | IRF Dragon 03 | 0:56:23 |
| 70. | 744 | Stich, Joachim | 1962 | m | TuS 82 Opladen | 0:56:33 |
| 71. | 476 | Nellessen, Andreas | 1963 | m | SG Neukirchen-Hülchrath | 0:56:45 |
| 72. | 913 | Edelmann, Volker | 1965 | m | (Düsseldorf) | 0:56:57 |
| 73. | 308 | Matheja, Roman | 1964 | m | (Grevenbroich) | 0:57:03 |
| 74. | 604 | Pötter, Thorsten | 1963 | m | (Dormagen) | 0:57:05 |
| 75. | 863 | Eickholt, Frank | 1966 | m | TSV Hochdahl | 0:57:08 |
| 76. | 730 | Müller, Andreas | 1965 | m | TV Donrath | 0:57:32 |
| 77. | 30 | Erler, Thomas | 1962 | m | IRF Dragon 03 | 0:57:43 |
| 78. | 402 | Heidrich, Juergen | 1964 | m | PUR Running Team | 0:57:48 |
| 79. | 526 | Kuhl, Peter | 1962 | m | PUR Running Team | 0:57:51 |
| 80. | 1082 | Pietzsch, Hans-Ulrich | 1963 | m | SV Uedesheim | 0:57:56 |
| 81. | 277 | Benten, Helmut | 1964 | m | Einzig Art(w)ick | 0:58:06 |
| 82. | 263 | Kiveris, Joerg | 1965 | m | Arthrose Laufclub Wuppertal | 0:58:16 |
| 83. | 522 | Panek, Wolfgang | 1966 | m | Feuerwehr Neuss LZ Holzheim | 0:58:17 |
| 84. | 810 | Becker, Ralf | 1963 | m | LT-Kemperdick | 0:58:19 |
| 85. | 49 | Eilrich, Georg | 1965 | m | RSC Nievenheim | 0:58:22 |
| 86. | 652 | Schreglmann, Rainer | 1964 | m | LC Wuppertal | 0:58:38 |
| 87. | 1250 | Sablowski, Detlef | 1966 | m | PUR Running Team | 0:58:41 |
| 88. | 1233 | Spannhoff, Stefan | 1965 | m | Sunrise running team wuppertal | 0:58:51 |
| 89. | 185 | Harnacke, Stefan | 1964 | m | EVL-Lauftreff | 0:58:52 |
| 90. | 4 | Förster, Jörg | 1966 | m | DJK Rheinkraft Neuss | 0:58:54 |
| 91. | 938 | Oeser, Johannes | 1965 | m | LT Dünnwalder-TV | 0:59:15 |
| 92. | 1293 | Verleger, Achim | 1965 | m | TVG Kaiserau | 0:59:16 |
| 93. | 124 | Müller, Knut | 1963 | m | Dormagen | 0:59:17 |
| 94. | 513 | Drexelius, Wolfgang | 1964 | m | (Düsseldorf) | 0:59:18 |
| 95. | 511 | Herrmann, Ekkehard | 1963 | m | Profil Institut für | 0:59:19 |
| 96. | 523 | Sikorra, Ralf | 1966 | m | Feuerwehr Neuss LZ Holzheim | 0:59:23 |
| 97. | 17 | Disteldorf, Stephan | 1965 | m | | 0:59:23 |
| 98. | 296 | Lövenich, Michael | 1966 | m | Leo`s Rennschnecken | 0:59:25 |
| 99. | 340 | Dresen, Günther | 1965 | m | Bayer CropScience IOP | 0:59:36 |
| 100. | 299 | Wächter, Joachim | 1964 | m | (Köln) | 0:59:37 |
| 101. | 830 | Langensiepen, Christian | 1964 | m | LT-Kemperdick | 0:59:38 |
| 102. | 238 | Leopold, Thomas | 1962 | m | (Koeln) | 0:59:39 |
| 103. | 1231 | Münzer, Josef | 1966 | m | | 0:59:41 |
| 104. | 670 | Fuchs, André | 1965 | m | Rennschnecken 2000 | 0:59:42 |
| 105. | 889 | Bauer, Andreas | 1963 | m | Rennschnecken 2000 | 0:59:52 |
| 106. | 324 | Freisinger, Dirk | 1962 | m | Bayer CropScience IOP | 1:00:23 |
| 107. | 1131 | Jüngel, Dirk | 1965 | m | | 1:00:34 |
| 108. | 510 | Lehmann, Hans | 1964 | m | Profil Institut für | 1:00:35 |
| 109. | 723 | Pickhard, Dr. Frank | 1963 | m | Styrumer TV | 1:00:35 |
| 110. | 689 | Morawietz, Jürgen | 1964 | m | TUS 05 Quettingen | 1:00:44 |
| 111. | 1046 | Schmegner, Martin | 1963 | m | | 1:00:53 |
| 112. | 331 | Dominik, Ingo | 1966 | m | Bayer CropScience IOP | 1:01:22 |
| 113. | 888 | Rathke, Gerhard | 1963 | m | (Dormagen) | 1:01:22 |
| 114. | 209 | Mewes, Holger | 1964 | m | Solinger LC | 1:01:24 |

Ergebnisliste AK 7 Meilen - Lauf

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|----------------------|--------|-------|-----------------------------|---------|
| 115. | 524 | Stump, Markus | 1965 | m | Feuerwehr Neuss LZ Holzheim | 1:01:39 |
| 115. | 649 | Braun, Andreas | 1965 | m | LC Wuppertal | 1:01:39 |
| 117. | 1054 | Bergrath, Klaus | 1963 | m | (Schermbek-Gahlen) | 1:01:47 |
| 118. | 637 | Guffler, Frank | 1965 | m | Schwabenpfeil Rott | 1:01:48 |
| 119. | 1013 | Hartmann, Hubertus | 1964 | m | (Dormagen) | 1:01:56 |
| 120. | 128 | Zwick, Jürgen | 1964 | m | TSV Bayer Dormagen Handball | 1:02:04 |
| 121. | 146 | Volke, Frank | 1964 | m | (Neuss) | 1:02:37 |
| 122. | 650 | Stenchly, Frank | 1964 | m | LC Wuppertal | 1:02:54 |
| 123. | 397 | Scholz, Jürgen | 1963 | m | Kath. Kirche | 1:02:57 |
| 124. | 908 | Gave, Reinhard | 1963 | m | TV-Witzhelden | 1:03:21 |
| 125. | 489 | Steffens, Dirk | 1962 | m | ASC Düsseldorf | 1:03:34 |
| 126. | 1162 | Dieter, Rene | 1964 | m | (Dormagen) | 1:03:53 |
| 127. | 131 | Zwick, Horst | 1963 | m | (Dormagen) | 1:03:57 |
| 128. | 87 | Wirtz, Jürgen | 1965 | m | | 1:03:58 |
| 129. | 741 | Lohmann, Dietrich | 1962 | m | TuS 82 Opladen | 1:04:16 |
| 130. | 1242 | Schumacher, Manfred | 1966 | m | Skiclub Bayer LEV e.V. | 1:04:26 |
| 131. | 1075 | Coenen, Johannes | 1965 | m | Düsseldorfer Rennschnecken | 1:04:30 |
| 132. | 617 | Riemer, Alexander | 1965 | m | (Düsseldorf) | 1:04:41 |
| 133. | 698 | Draber, Jürgen | 1965 | m | Feuerwehr Neuss LZ Holzheim | 1:04:43 |
| 134. | 567 | Schott, Ferdinand | 1963 | m | Langenfeld Runners | 1:04:43 |
| 135. | 1326 | Leisten, Willi | 1962 | m | LT Untermaubach | 1:04:44 |
| 136. | 849 | Neas, Ralf | 1964 | m | Ein-Mann-LT "Der Eremit" | 1:04:49 |
| 137. | 1239 | Rogge, Andreas | 1962 | m | (Mülheim) | 1:05:21 |
| 138. | 1171 | Nitschke, Thomas | 1963 | m | (Düsseldorf) | 1:05:35 |
| 139. | 1094 | Schulze, Horst | 1964 | m | TV Kalkum Wittlaer | 1:05:42 |
| 140. | 573 | Lederer, Joachim | 1963 | m | (Neuss) | 1:05:47 |
| 141. | 1096 | Guse, Hans | 1964 | m | TV Kalkum Wittlaer | 1:05:51 |
| 142. | 815 | Petersen, Holger | 1964 | m | LT-Kemperdick | 1:06:08 |
| 143. | 1111 | Wennemann, Uwe | 1963 | m | | 1:06:26 |
| 144. | 162 | Bicker, Stefan | 1965 | m | (Kerpen) | 1:06:47 |
| 145. | 362 | Arendt, Hubert | 1963 | m | (Neuss) | 1:06:49 |
| 146. | 1283 | Smit, Johannes | 1962 | m | (Dormagen) | 1:06:50 |
| 147. | 1076 | Teschner, Rainer | 1964 | m | Düsseldorfer Rennschnecken | 1:06:54 |
| 148. | 1174 | Kollmann, Stephan | 1963 | m | | 1:07:03 |
| 149. | 335 | Ebenau, Uwe | 1963 | m | Bayer CropScience IOP | 1:07:22 |
| 150. | 1071 | Manitz, Stephan | 1962 | m | SV Rheinwacht | 1:07:38 |
| 151. | 787 | Heider, Thomas | 1966 | m | (Langenfeld) | 1:07:40 |
| 152. | 1325 | Wollziefer, Günter | 1966 | m | LT Maubach | 1:07:50 |
| 153. | 309 | Caputo, Giuseppe | 1965 | m | (Grevenbroich) | 1:07:53 |
| 154. | 161 | Meyer, Andreas | 1965 | m | (Kerpen) | 1:07:55 |
| 155. | 1069 | Terborg, Uwe | 1963 | m | | 1:08:06 |
| 156. | 1193 | Bocklage, Hans-Peter | 1962 | m | | 1:08:27 |
| 157. | 1027 | Philipp, Wilfried | 1962 | m | TRIFUN | 1:08:39 |
| 158. | 1248 | Hofmann, Joachim | 1963 | m | | 1:08:47 |
| 159. | 1375 | Sommer, Dirk | 1964 | m | TG Stürzelberg | 1:08:51 |
| 160. | 416 | Lauschke, Michael | 1963 | m | Mettmann | 1:08:58 |
| 161. | 367 | Milz, Thomas | 1964 | m | Hilden | 1:09:28 |
| 162. | 579 | Jurkschat, Christoph | 1963 | m | (Xanten) | 1:09:34 |
| 163. | 451 | Schuster, Thomas | 1966 | m | Laufftreff Vynen | 1:09:35 |
| 164. | 498 | Meisen, Ralf | 1964 | m | (Dormagen) | 1:10:14 |
| 165. | 587 | Heß, Richard | 1962 | m | LC Weilerswist | 1:10:34 |
| 166. | 503 | Varutti, Michael | 1964 | m | TSV Bayer 04 Leverkusen | 1:10:43 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|--------------------------|--------|-------|-------------------------------|---------|
| 167. | 356 | Kluczka, Andreas | 1963 | m | RMC-Spree, Roller u. Motorrad | 1:10:53 |
| 168. | 1104 | Tietz, Gerald | 1965 | m | | 1:11:05 |
| 169. | 905 | Schwiegerhaus, Horst | 1965 | m | TV-Witzhelden | 1:11:18 |
| 170. | 225 | Thiel-Briesen, Christian | 1965 | m | (Dormagen) | 1:11:23 |
| 171. | 59 | Rüter, Gerd | 1962 | m | | 1:11:30 |
| 172. | 336 | Kopania, Ullrich | 1964 | m | Bayer CropScience IOP | 1:11:34 |
| 173. | 763 | Brocksieper, Andre | 1965 | m | LTC-STOLPERHEXEN | 1:12:09 |
| 174. | 320 | Gorriti, Alex | 1965 | m | Bayer CropScience IOP | 1:12:18 |
| 175. | 892 | Schlegtendal, Kai | 1966 | m | sportvorort.com | 1:12:26 |
| 176. | 147 | Lauer, Michael | 1963 | m | (Remscheid) | 1:12:30 |
| 177. | 454 | Kannenwischer, Michael | 1964 | m | SG Neukirchen-Hülchrath | 1:13:15 |
| 178. | 360 | Henkst, Oliver | 1964 | m | (Düsseldorf) | 1:13:17 |
| 179. | 543 | Rüsel, Michael | 1965 | m | (Dormagen) | 1:13:20 |
| 180. | 408 | Pawlowsky, Rolf | 1962 | m | (Düsseldorf) | 1:13:20 |
| 181. | 1324 | Hoffmann, Uwe | 1964 | m | Rennschnecken 2000 | 1:14:05 |
| 182. | 433 | Lueg, Andreas | 1963 | m | sturm hombruch | 1:14:21 |
| 183. | 334 | Arendt, Bodo | 1964 | m | Bayer CropScience IOP | 1:17:34 |
| 184. | 496 | Schäfer, Dirk | 1965 | m | LG Grubenwehr | 1:17:41 |
| 185. | 985 | Jakobs, Eddy | 1963 | m | Brigitte Dunsbergen | 1:17:44 |
| 186. | 1189 | Scheuer, Jürgen | 1963 | m | | 1:18:46 |
| 187. | 66 | Bungter, Martin | 1964 | m | (Wuppertal) | 1:18:50 |
| 188. | 1368 | Stimpel, Frank | 1962 | m | (Oberhausen) | 1:19:17 |
| 189. | 92 | Tillmanns, Wilfried | 1966 | m | LGH Düsseldorf | 1:20:10 |
| 190. | 1361 | Marklewitz, Dirk | 1966 | m | | 1:24:28 |

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| | | | | | | |
|-----|------|------------------------|------|---|------------------------------|---------|
| 1. | 1271 | Pakmohr, Andreas | 1960 | m | LG Wuppertal | 0:41:06 |
| 2. | 620 | Manske, Wilfried | 1957 | m | LT Alt Erkrath | 0:45:11 |
| 3. | 858 | Diestler, Gerd | 1959 | m | TG Neuss | 0:45:31 |
| 4. | 224 | Krampe, Thomas | 1961 | m | TV Hemer 1865 | 0:45:53 |
| 5. | 201 | Herweg, Willi | 1957 | m | Dynamit Nobel | 0:47:00 |
| 6. | 981 | Röttgers, Bernd | 1961 | m | USC Bochum | 0:47:02 |
| 7. | 12 | Rüther, Udo | 1960 | m | Wuppertal | 0:47:29 |
| 8. | 848 | Ritter, Ronald | 1960 | m | LT Schöllerhof | 0:47:44 |
| 9. | 1201 | Käsbach, Henri | 1960 | m | TJK Novesia Neuss | 0:47:59 |
| 10. | 654 | Black, Andreas | 1959 | m | LC Wuppertal | 0:48:18 |
| 11. | 860 | Boenisch, Winfried | 1959 | m | TG Neuss | 0:48:21 |
| 12. | 957 | Rentergent, Heiner | 1957 | m | FC Straberg | 0:48:40 |
| 13. | 1098 | Sieberath, Peter | 1961 | m | Bayer Werkfeuerwehr Dormagen | 0:49:11 |
| 14. | 501 | May, Volker | 1960 | m | TG Stürzelberg | 0:50:41 |
| 15. | 693 | Böhnke, Dirk | 1958 | m | Ski Club Cronenberg | 0:50:47 |
| 16. | 1292 | Podzus, Horst | 1961 | m | (Overath) | 0:51:00 |
| 17. | 1112 | Spill, Udo | 1961 | m | PUR Running Team | 0:51:01 |
| 18. | 410 | Reulecke, Bernhard | 1957 | m | VT-Kempen | 0:51:15 |
| 19. | 1213 | Bornemann, Thomas | 1958 | m | SG E.On Ruhrgas | 0:51:16 |
| 20. | 223 | Frai, Christian | 1960 | m | TV Hemer 1865 | 0:51:30 |
| 21. | 835 | Dr. Schnitzler, Thomas | 1958 | m | SG Holzheim | 0:51:46 |
| 22. | 630 | Grosch, Jürgen | 1960 | m | LT Gescher | 0:51:59 |
| 23. | 425 | Stilez, Christian | 1961 | m | TSV Bayer 04 Leverkusen | 0:52:13 |
| 24. | 1245 | Stoffel, Norbert | 1959 | m | ASC Düsseldorf | 0:52:20 |
| 25. | 550 | Polte, Ralf | 1959 | m | Haan | 0:53:06 |
| 26. | 625 | Bieger, Jörg | 1961 | m | It mg-volksgarten | 0:53:10 |
| 27. | 452 | Bieker, Christoph | 1961 | m | Lustiger -Schleicher Essen | 0:53:15 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|--------------------------|--------|-------|--------------------------------|---------|
| 28. | 349 | Schön, Karl-Heinz | 1960 | m | Bayer CropScience IOP | 0:53:22 |
| 29. | 752 | Kubeth, Andreas | 1958 | m | TuS 82 Opladen | 0:53:34 |
| 30. | 1152 | Schäfer, Wilhelm | 1957 | m | | 0:53:39 |
| 31. | 886 | Buchheister, Frank | 1961 | m | (Essen) | 0:53:55 |
| 32. | 444 | Kemnitz, Juergen | 1960 | m | Klumpen Porselen | 0:54:12 |
| 33. | 1007 | Wirtz, Harald | 1961 | m | (Düsseldorf) | 0:54:25 |
| 34. | 366 | Schlüter, Rainer | 1960 | m | Vitz-Federn | 0:54:29 |
| 35. | 234 | Voges, Harry | 1960 | m | (Leverkusen) | 0:54:38 |
| 36. | 1043 | Ratajczak, Lukasz | 1959 | m | | 0:54:54 |
| 37. | 189 | Baron, Ingo | 1960 | m | Flotter Rotter Wupertal | 0:55:07 |
| 38. | 314 | Azadi, Jamshid | 1959 | m | Adler -Nierst Komm lot jon | 0:55:37 |
| 39. | 190 | Loers, Dieter | 1961 | m | (Dormagen) | 0:55:45 |
| 40. | 864 | Ries, Reiner | 1960 | m | (Leverkusen) | 0:55:51 |
| 41. | 1045 | Gross, Jörg | 1959 | m | | 0:56:12 |
| 42. | 215 | Hoffmann, Rüdiger | 1958 | m | SV Delphin Tria Kettwig | 0:56:17 |
| 43. | 355 | Kluczka, Thomas | 1961 | m | RMC-Spree, Roller u. Motorrad | 0:56:18 |
| 44. | 61 | Meisenberg, Thomas | 1960 | m | SG Worringen | 0:56:20 |
| 45. | 391 | Müller, Jörg | 1960 | m | Tria Delphin Essen | 0:56:29 |
| 46. | 469 | König, Joachim | 1958 | m | LT Rennhamster | 0:57:01 |
| 46. | 1156 | Wermes, Ralf | 1958 | m | | 0:57:01 |
| 48. | 214 | Knorr, Heinz | 1961 | m | PUR Running Team | 0:57:05 |
| 49. | 132 | Engemann, Dieter | 1958 | m | (Jüchen) | 0:57:07 |
| 50. | 250 | Haringer, Heiko | 1960 | m | Solinger LC | 0:57:08 |
| 51. | 1366 | Better, Matthias | 1960 | m | (Rommerskirchen) | 0:57:24 |
| 52. | 480 | Kuper, Klaus | 1957 | m | TSV Bayer 04 Leverkusen | 0:57:25 |
| 53. | 457 | Daken, Rolf | 1960 | m | (Pulheim) | 0:57:29 |
| 54. | 1288 | Kivust, Ulrich | 1958 | m | | 0:57:38 |
| 55. | 351 | Dr. Dörpinghaus, Norbert | 1958 | m | Bayer CropScience IOP | 0:57:44 |
| 56. | 1264 | Lehmann, Lutz | 1961 | m | | 0:57:47 |
| 57. | 93 | Koch, Bernd | 1960 | m | Ineos | 0:57:53 |
| 58. | 578 | Seelbach, Wolfgang | 1958 | m | (Korschenbroich) | 0:58:04 |
| 59. | 221 | Linnenkamp, Jörg | 1961 | m | TV Hemer 1865 | 0:58:23 |
| 60. | 378 | Schiefer, Ferdinand | 1957 | m | Kronos Live | 0:58:29 |
| 61. | 1376 | Henkel, Mathias | 1961 | m | SG Zons | 0:58:39 |
| 62. | 713 | Zdrojewski, Wojciech | 1961 | m | (Köln) | 0:58:44 |
| 63. | 363 | Plöhn, Ralf | 1958 | m | Polizei-SV Düsseldorf | 0:58:46 |
| 64. | 167 | Hildebrandt, Oliver | 1961 | m | LT Leidenhausen Porz | 0:58:48 |
| 65. | 1278 | Weiger, Michael | 1957 | m | Sunrise running team wuppertal | 0:58:52 |
| 66. | 691 | Klein, Stephan | 1961 | m | Laufftreff Monheim am Rhein | 0:59:09 |
| 67. | 487 | Weber, Holger | 1958 | m | (Köln) | 0:59:13 |
| 68. | 288 | Leicht, Helmut | 1958 | m | ohne | 0:59:20 |
| 68. | 438 | Hellendahl, Dieter | 1958 | m | ohne | 0:59:20 |
| 70. | 350 | Dr. Zurmühlen, Frank | 1960 | m | Bayer CropScience IOP | 0:59:22 |
| 71. | 1139 | Schaffner, Ulrich | 1961 | m | | 0:59:33 |
| 72. | 379 | Uhlhorn, Kurt | 1961 | m | Kronos Live | 0:59:55 |
| 73. | 439 | Schulte, Manfred | 1957 | m | - | 1:00:15 |
| 74. | 192 | Kolbert, Jürgen | 1960 | m | www.altstadtwache-zons.de | 1:00:20 |
| 75. | 1272 | Wynen, Michael | 1959 | m | (Rommerskirchen) | 1:00:21 |
| 76. | 327 | Birkenbihl, Walter | 1957 | m | Bayer CropScience IOP | 1:00:50 |
| 77. | 631 | Noll, Gerhard | 1957 | m | BTV | 1:00:55 |
| 78. | 505 | Pausch, Armin | 1958 | m | (Dormagen) | 1:00:56 |
| 79. | 1163 | Lukac, Oliver | 1961 | m | FC Straberg | 1:01:12 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|----------------------|--------|-------|--------------------------------|---------|
| 80. | 868 | Schnorbach, Michael | 1959 | m | FFO | 1:01:13 |
| 81. | 1365 | Mermet, Andreas | 1959 | m | STV Siegburg | 1:01:14 |
| 82. | 775 | Seils, Klaus | 1957 | m | LTC-STOLPERHEXEN | 1:01:21 |
| 83. | 1113 | Bohne, Detlef | 1957 | m | | 1:01:27 |
| 84. | 885 | Krämer, Axel | 1959 | m | TSV Bayer04-Lauftreff | 1:01:37 |
| 85. | 594 | Bamberg, Volker | 1957 | m | ESV Gremberghoven | 1:01:45 |
| 86. | 142 | Gey, Detlev | 1961 | m | (Neuss) | 1:02:36 |
| 87. | 143 | Schneider, Benedikt | 1960 | m | (Neuss) | 1:02:37 |
| 88. | 704 | Jungbluth, Michael | 1960 | m | LG Rhein-Erft 1996 e.V. | 1:02:45 |
| 89. | 198 | Cohnen, Frank | 1960 | m | Dynamit Nobel | 1:03:10 |
| 90. | 1270 | Blumenthal, H. Peter | 1960 | m | Feuerwehr Hürth | 1:03:17 |
| 91. | 329 | Dieckmann, Thomas | 1961 | m | Bayer CropScience IOP | 1:03:35 |
| 92. | 844 | Krautwurst, Markus | 1961 | m | PUR Running Team | 1:03:36 |
| 93. | 843 | Küpper, Heribert | 1958 | m | (Neuss) | 1:03:38 |
| 94. | 545 | Wagner, Ralf | 1960 | m | Düsseldorf | 1:03:41 |
| 95. | 339 | Gocht, Falko | 1960 | m | Bayer CropScience IOP | 1:03:52 |
| 96. | 1173 | Bode, Claus | 1961 | m | (Düsseldorf) | 1:03:55 |
| 97. | 34 | Wurda, Werner | 1960 | m | SC Fortuna Köln | 1:03:59 |
| 98. | 274 | Simmat, Rainer | 1960 | m | Wuppertal | 1:04:20 |
| 99. | 370 | Nix, Georg | 1957 | m | ohne | 1:04:20 |
| 100. | 456 | Henneborn, Roland | 1961 | m | (Pulheim) | 1:04:22 |
| 101. | 1268 | Meier, Rolf | 1958 | m | | 1:04:30 |
| 102. | 175 | Jaschkowski, Kurt | 1958 | m | (Bornheim) | 1:04:53 |
| 103. | 228 | Press, Volker | 1958 | m | 1. November | 1:04:55 |
| 104. | 774 | Langner, Michael | 1961 | m | LTC-STOLPERHEXEN | 1:04:56 |
| 105. | 734 | Erkens, Sigggi | 1961 | m | I Leoni del Lago | 1:05:05 |
| 106. | 948 | Terwedow, Ulrich | 1957 | m | TLV Germania-Überruhr 1901 | 1:05:06 |
| 107. | 538 | Petroschke, Peter | 1960 | m | Osterather TV | 1:05:13 |
| 108. | 1053 | Friedberger, Jürgen | 1957 | m | Solinger LC | 1:05:21 |
| 109. | 1235 | Hüllhorst, Ulrich | 1958 | m | | 1:05:31 |
| 110. | 1374 | Derendorf, Ralf | 1961 | m | TG Stürzelberg | 1:05:41 |
| 111. | 1103 | Hennecke, Rainer | 1957 | m | Korschenbroich | 1:06:00 |
| 112. | 552 | Beckers, Rolf | 1957 | m | CSV Marathon 1910 | 1:06:03 |
| 113. | 217 | Lenz, Uwe | 1960 | m | FC Straberg | 1:06:12 |
| 114. | 45 | Braun, Jürgen | 1960 | m | | 1:06:31 |
| 115. | 18 | Bödeker, Uwe | 1959 | m | | 1:06:47 |
| 116. | 1147 | Hamann, Frank | 1961 | m | | 1:06:58 |
| 117. | 525 | Röschmann, Felix | 1960 | m | (Dormagen) | 1:06:59 |
| 118. | 1097 | Dawn, Hayden Wyatt | 1959 | m | TV Kalkum Wittlaer | 1:07:03 |
| 119. | 1282 | Noll, Norbert | 1958 | m | (Dormagen) | 1:07:08 |
| 120. | 1047 | Jäger, Roland | 1959 | m | LLG Haan-Hilden | 1:07:28 |
| 121. | 1221 | Reinhardt, Armin | 1961 | m | SV Bezirksregierung Düsseldorf | 1:07:29 |
| 122. | 687 | Grotjan, Thomas | 1961 | m | TUS 05 Quettingen | 1:07:54 |
| 123. | 1172 | Dr. Kux, Michael | 1957 | m | (Düsseldorf) | 1:08:04 |
| 124. | 1070 | Koch, Peter | 1957 | m | RWE Power AG | 1:08:07 |
| 125. | 813 | Marsall, Jörg | 1961 | m | LT-Kemperdick | 1:08:35 |
| 126. | 1285 | Borgmann, Heribert | 1959 | m | | 1:08:48 |
| 127. | 806 | Funke, Helmut | 1961 | m | LT-Kemperdick | 1:09:48 |
| 128. | 462 | Tillmann, Hans-Josef | 1961 | m | MV | 1:10:09 |
| 129. | 556 | Braunsberger, Jürgen | 1957 | m | (Neuss) | 1:11:04 |
| 130. | 437 | Steiner, Manfred | 1960 | m | FC Straberg | 1:11:18 |
| 131. | 553 | Hoffmann, Werner | 1957 | m | CSV Marathon 1910 | 1:11:38 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-----------------------|--------|-------|-----------------------|---------|
| 132. | 109 | Kuchenbecker, Michael | 1960 | m | | 1:12:20 |
| 133. | 384 | Scheller, Reinhard | 1957 | m | Kaobs oK | 1:12:34 |
| 134. | 1295 | Erkelenz, Herbert | 1958 | m | | 1:13:49 |
| 135. | 1275 | Wycisk, Wolfgang | 1960 | m | Rennschnecken 2000 | 1:14:02 |
| 136. | 347 | August, Christian | 1957 | m | Bayer CropScience IOP | 1:14:48 |
| 137. | 20 | Winter, Martin | 1959 | m | TuS Neumühl | 1:15:04 |
| 138. | 1179 | Mettner, Klaus | 1957 | m | | 1:15:45 |
| 139. | 1109 | Zuniga, Olaf | 1958 | m | Merlot Monheim | 1:16:04 |
| 140. | 709 | Geusen, Ulrich | 1957 | m | ohne | 1:17:03 |
| 141. | 829 | Lange, Klaus | 1960 | m | LT-Kemperdick | 1:18:40 |
| 142. | 819 | Bader, Hartmut | 1960 | m | LT-Kemperdick | 1:18:41 |
| 143. | 539 | Heck, Franz - Josef | 1958 | m | (Mönchengladbach) | 1:22:41 |
| 144. | 936 | Nijmeijer, Marten | 1958 | m | LT Dünwalder-TV | 1:25:14 |
| 145. | 817 | Rothhausen, Michael | 1957 | m | LT-Kemperdick | 1:30:47 |

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| | | | | | | |
|-----|------|------------------------|------|---|--------------------------------|---------|
| 1. | 857 | Hymmen, Werner | 1953 | m | TG Neuss | 0:42:49 |
| 2. | 1327 | Schwarz, Manfred | 1956 | m | | 0:43:29 |
| 3. | 861 | Walden, Udo | 1955 | m | TG Neuss | 0:45:17 |
| 4. | 1160 | Loosen, Klaus | 1952 | m | TV Korschenbroich | 0:46:50 |
| 5. | 387 | Klein, Heinz-Georg | 1956 | m | TV Huchem-Stammeln | 0:47:03 |
| 6. | 1228 | Gottschalk, Dirk | 1955 | m | Sunrise running team wuppertal | 0:47:31 |
| 7. | 855 | Peter, Jürgen | 1952 | m | TG Neuss | 0:48:15 |
| 8. | 963 | Houben, Rudolf | 1955 | m | RCI Banque Running-Team | 0:48:57 |
| 9. | 742 | Schmelter, Albert | 1956 | m | TuS 82 Opladen | 0:50:02 |
| 10. | 297 | Adler, Burkhart | 1953 | m | Dauerlaufschule Köln | 0:50:06 |
| 11. | 754 | Schall, Manfred | 1955 | m | TuS 82 Opladen | 0:51:25 |
| 12. | 1208 | Kreis, Uwe | 1955 | m | LCK Ronsdorf | 0:52:18 |
| 13. | 446 | Winkens, Werner | 1956 | m | Klumpen Porselen | 0:53:30 |
| 14. | 150 | Senkler, Wolfgang | 1955 | m | (Wuppertal) | 0:53:40 |
| 15. | 316 | Stammen, Heiner | 1954 | m | Adler -Nierst Komm lot jon | 0:53:48 |
| 16. | 935 | Klein, Harald | 1955 | m | LT Dünwalder-TV | 0:54:28 |
| 17. | 1051 | Kolberg, Ralf | 1956 | m | | 0:54:29 |
| 18. | 1050 | Wadenpohl, Axel | 1954 | m | LT Himmelgeist | 0:55:29 |
| 19. | 867 | Dalinghoff, Heinz | 1952 | m | LG Eifel Runners | 0:55:56 |
| 20. | 1198 | Verfürth, Peter G. | 1954 | m | TUS Neumühl | 0:56:11 |
| 21. | 118 | Steinmann, Karl-Josef | 1956 | m | Lg Rößratherstrasse | 0:56:56 |
| 22. | 831 | Thomas, Jürgen | 1955 | m | LT-Kemperdick | 0:56:58 |
| 23. | 972 | Bünemann, Dieter | 1956 | m | LT Metzkausen | 0:57:03 |
| 24. | 516 | Miletitsch, Heinz | 1955 | m | Solinger LC | 0:57:42 |
| 25. | 756 | Plück, Martin | 1956 | m | TuS 82 Opladen | 0:57:46 |
| 26. | 1281 | Kerber, Alfred | 1955 | m | (Dormagen) | 0:58:03 |
| 27. | 276 | Granderath, Karl-Heinz | 1955 | m | Einzig Art(w)ick | 0:58:15 |
| 28. | 247 | Piotrowski, René | 1953 | m | Solinger LC | 0:58:56 |
| 29. | 1067 | Wiesmann, Rolf | 1952 | m | CST Köln | 0:59:13 |
| 30. | 974 | Klaube, Michael | 1954 | m | TV Hoffnungsthal | 0:59:51 |
| 31. | 325 | Lubosch, Johannes | 1956 | m | Bayer CropScience IOP | 1:00:06 |
| 32. | 208 | Willwacher, Peter | 1955 | m | Dynamit Nobel | 1:00:18 |
| 33. | 465 | Kendziora, Leo | 1952 | m | Leo`s Rennschnecken | 1:00:24 |
| 34. | 134 | Schmidt, Detlev | 1952 | m | ver.di-bub | 1:00:55 |
| 35. | 281 | Janthur, Martin | 1956 | m | (Wuppertal) | 1:00:57 |
| 36. | 1144 | Holland, Manfred | 1954 | m | Dünwalder Laufftreff | 1:01:28 |
| 37. | 1146 | Reich, Joachim | 1956 | m | | 1:01:30 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|----------------------|--------|-------|--------------------------------|---------|
| 38. | 1143 | Ständer, Roland | 1952 | m | Dünnwalder Laufftreff | 1:01:53 |
| 39. | 112 | Wagner, Helmut | 1956 | m | vereinslos | 1:01:58 |
| 40. | 326 | Haß, Lothar | 1955 | m | Bayer CropScience IOP | 1:02:14 |
| 41. | 183 | Struck, Bertold | 1954 | m | (Duesseldorf) | 1:02:23 |
| 42. | 547 | Herberg, Achim | 1956 | m | Erkrath | 1:02:34 |
| 43. | 534 | Czeschla, Rainer | 1953 | m | TuS Homberg | 1:02:40 |
| 44. | 448 | Schmidt, Dieter | 1956 | m | SV Bayer/Uerdingen | 1:03:29 |
| 45. | 619 | Böll, Martin | 1953 | m | bfai - laufen weltweit | 1:03:43 |
| 46. | 1003 | Fischer, Arno | 1956 | m | LT Gruiten-Neandertal e. V. | 1:03:56 |
| 47. | 997 | Schmitz, Ralf | 1952 | m | LT Gruiten-Neandertal e. V. | 1:03:59 |
| 48. | 778 | Becker, Wilfried | 1952 | m | LTC-STOLPERHEXEN | 1:04:16 |
| 49. | 226 | Jungk, Berthold | 1955 | m | BV Worringen | 1:04:26 |
| 50. | 1133 | Schnitzler, Walther | 1952 | m | | 1:04:27 |
| 51. | 629 | Rehwald, Uli | 1955 | m | Rennschnecken 2000 | 1:04:33 |
| 52. | 348 | Engels, Hans | 1952 | m | Bayer CropScience IOP | 1:04:34 |
| 53. | 375 | Tausch, Martin | 1955 | m | TV Refrath | 1:04:40 |
| 54. | 1073 | Dr. Poppe, Michael | 1953 | m | (Remscheid) | 1:05:03 |
| 55. | 747 | Meyer, Peter | 1953 | m | TuS 82 Opladen | 1:05:05 |
| 56. | 1241 | Doerr, Reinhard | 1953 | m | (Dormagen) | 1:05:58 |
| 57. | 1284 | Laux, Klaus-Peter | 1953 | m | Sportpark Leverkusen | 1:06:05 |
| 58. | 279 | Theißen, Herbert | 1956 | m | Einzig Art(w)ick | 1:06:15 |
| 59. | 1212 | Köster, Kalle | 1954 | m | SV Bezirksregierung Düsseldorf | 1:07:17 |
| 60. | 807 | Schira, Herbert | 1952 | m | LT-Kemperdick | 1:07:42 |
| 61. | 1223 | Misere, Klaus-Walter | 1953 | m | TSV Dieringhausen | 1:07:59 |
| 62. | 154 | Gompert, Klaus | 1952 | m | LT Wiho Köln | 1:08:15 |
| 63. | 53 | Siewert, Ulrich | 1952 | m | von 0 auf 42 | 1:08:19 |
| 64. | 163 | Welter, Michael | 1956 | m | (Kerpen) | 1:08:29 |
| 65. | 799 | von Lück, Norbert | 1956 | m | LT-Kemperdick | 1:08:30 |
| 66. | 900 | Schacht, Norbert | 1956 | m | (Düsseldorf) | 1:08:37 |
| 67. | 1240 | Bongartz, Peter | 1956 | m | TG Stürzelberg | 1:08:51 |
| 68. | 310 | Freihals, Manfred | 1955 | m | BSG DEVK | 1:09:31 |
| 69. | 3 | Achinger, Klaus | 1954 | m | | 1:09:52 |
| 70. | 1328 | Perse, Jürgen | 1956 | m | RTC Frechen 80 | 1:11:01 |
| 71. | 278 | Pohlmann, Helmut | 1956 | m | Einzig Art(w)ick | 1:11:40 |
| 72. | 420 | Schorn, Lothar | 1952 | m | (Leverkusen) | 1:11:50 |
| 73. | 599 | Jansen, Guido Maria | 1954 | m | PSV Brühl | 1:11:53 |
| 74. | 1260 | Boden, Gerd | 1954 | m | TSV Dormagen | 1:12:13 |
| 75. | 156 | Lange, Peter | 1953 | m | - | 1:13:12 |
| 76. | 732 | Wismann, Uly | 1954 | m | I Leoni del Lago | 1:13:19 |
| 77. | 700 | Kallweit, Harry | 1952 | m | LT Düsseldorf -Süd | 1:13:19 |
| 78. | 1296 | Jambor, Ernst | 1956 | m | | 1:13:49 |
| 79. | 1106 | Behrendt, Ulrich | 1956 | m | Merlot Monheim | 1:15:22 |
| 80. | 899 | Saße, Ulrich | 1954 | m | (Düsseldorf) | 1:15:33 |
| 81. | 572 | Naumann, Axel | 1953 | m | Die-Bergischen-Jungs | 1:16:06 |
| 82. | 239 | Buddelmeyer, Heiner | 1954 | m | LLG Haan-Hilden | 1:20:33 |
| 83. | 519 | Mehlmann, Volker | 1956 | m | (Dormagen) | 1:20:59 |
| 84. | 934 | Haas, Fritz | 1952 | m | LT Dünnwalder-TV | 1:25:16 |
| 85. | 56 | Perse, Ralf | 1954 | m | Scuba Libre | 1:26:41 |
| 86. | 962 | Neiß, Wolfgang | 1956 | m | RCI Banque Running-Team | 1:29:42 |
| 87. | 1056 | Windemuth, Lothar | 1956 | m | LT Rennhamster | 1:39:01 |

M55

| | | | | | | |
|----|----|----------------------|------|---|----------|---------|
| 1. | 19 | van Nahmen, Heinrich | 1950 | m | LG Alpen | 0:45:42 |
|----|----|----------------------|------|---|----------|---------|

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-------------------------|--------|-------|-----------------------------|---------|
| 2. | 771 | Wendel, Nikolaus | 1948 | m | LTC-STOLPERHEXEN | 0:46:47 |
| 3. | 1267 | Beuth, Josef | 1949 | m | TG Neuss | 0:47:26 |
| 4. | 792 | Juckel, Dr. Bernd | 1950 | m | SG Neukirchen-Hülchrath | 0:48:10 |
| 5. | 656 | Dunger, Eberhard | 1951 | m | LC Wuppertal | 0:49:32 |
| 6. | 298 | Kunkel, Helmut | 1951 | m | (Köln) | 0:50:22 |
| 7. | 1095 | Altendorf, Oskar | 1951 | m | TV Refrath | 0:50:30 |
| 8. | 872 | Quadflieg, Hubert | 1947 | m | LG Stolberg | 0:51:14 |
| 9. | 180 | Barnscheidt, Karl-Heinz | 1950 | m | SV-Lembeck | 0:51:17 |
| 10. | 657 | Garze, Friedhelm | 1948 | m | LC Wuppertal | 0:51:22 |
| 11. | 869 | Motter, Hans-Gerd | 1950 | m | LG Stolberg | 0:52:52 |
| 12. | 1128 | Schoon, Karl-Heinz | 1948 | m | LT Kemperdick | 0:53:39 |
| 13. | 940 | Hartmann, Klaus | 1950 | m | (Solingen) | 0:54:08 |
| 14. | 148 | Gawlick, Harry | 1948 | m | ohne | 0:54:15 |
| 15. | 1170 | Zur, Peter | 1947 | m | (Düsseldorf) | 0:55:04 |
| 16. | 1065 | Stevens, Heinz | 1949 | m | LT -MG Volksgarten | 0:55:17 |
| 17. | 386 | Schlaefke, Dieter | 1948 | m | DJK Adler 07 Bottrop | 0:55:57 |
| 18. | 507 | Klimke, Rüdiger | 1951 | m | LN Nütterden | 0:56:03 |
| 19. | 1373 | Schwenke, Gerhard | 1950 | m | (Essen) | 0:56:22 |
| 20. | 635 | Lincke, Fred | 1950 | m | (Wermelkirchen) | 0:56:28 |
| 21. | 780 | Schönfels, Manfred | 1950 | m | LTC-STOLPERHEXEN | 0:56:53 |
| 22. | 95 | Krüger, Willi | 1947 | m | SSK Kerpen | 0:57:16 |
| 23. | 141 | von Der Hocht, Fritz | 1947 | m | LG RWE POWER | 0:57:23 |
| 24. | 1124 | Nolte, Andreas | 1949 | m | (Köln) | 0:57:55 |
| 25. | 1110 | Swara, Burkhard | 1947 | m | BSG Düssel-Runner | 0:58:01 |
| 26. | 1122 | Andernach, Helmut | 1950 | m | LT TUS Mondorf | 0:59:12 |
| 27. | 952 | Ettelt, Hermann | 1951 | m | TLV Germania-Überruhr 1901 | 0:59:20 |
| 28. | 663 | Reinartz, Peter | 1951 | m | (Wuppertal) | 0:59:21 |
| 29. | 149 | Reuther, Karl-Josef | 1951 | m | - | 1:00:22 |
| 30. | 153 | Papmahl, Mario | 1949 | m | - | 1:00:25 |
| 31. | 484 | Pudeler, Heinz | 1949 | m | Lauftreff Korschenbroich | 1:00:38 |
| 32. | 267 | Langenberg, Armin | 1951 | m | (Hueckeswagen) | 1:00:47 |
| 33. | 7 | Hoch, Ferdinand | 1949 | m | Köln | 1:01:40 |
| 34. | 808 | Liesenjohann, Wolfgang | 1949 | m | LT-Kemperdick | 1:03:00 |
| 35. | 1000 | Kollakowski, Klaus | 1949 | m | LT Gruiten-Neandertal e. V. | 1:03:33 |
| 36. | 1120 | Kemo, Jusufovic | 1947 | m | LT Düsseldorf Süd | 1:03:39 |
| 37. | 906 | Jäger, Harry | 1951 | m | TV-Witzhelden | 1:04:52 |
| 38. | 172 | Lücker, Jürgen | 1949 | m | LT Himmelgeist | 1:06:24 |
| 39. | 1289 | Wartig, Dieter | 1948 | m | Skiclub Bayer LEV e.V. | 1:06:43 |
| 40. | 364 | Mertes, Wolfgang | 1950 | m | Rennschnecken 2000 | 1:07:07 |
| 41. | 458 | Marmetschke, Walter | 1951 | m | (Erkrath) | 1:07:18 |
| 42. | 1009 | Hanspach, Willi | 1950 | m | (Köln) | 1:07:21 |
| 43. | 376 | Lindlahr, Horst | 1947 | m | TV Refrath | 1:07:45 |
| 44. | 365 | Farrenschon, Jochen | 1947 | m | (Neuss) | 1:07:56 |
| 45. | 766 | Filipczik, Klaus | 1948 | m | LTC-STOLPERHEXEN | 1:08:34 |
| 46. | 801 | Dziubanek, Harald | 1949 | m | LT-Kemperdick | 1:09:17 |
| 47. | 176 | Probst, Wolfgang | 1949 | m | (Köln) | 1:10:50 |
| 48. | 574 | Fischer, Jochen | 1951 | m | BSG Sparkasse Mülheim | 1:10:58 |
| 49. | 441 | Timmermanns, Rolf | 1951 | m | (Erkrath) | 1:11:08 |
| 50. | 256 | Schampanis, Detlef | 1951 | m | Brander Turnverein | 1:14:14 |
| 51. | 22 | Plückelmann, Willi | 1948 | m | TuS Neumühl | 1:15:38 |
| 52. | 812 | Anft, Wolfgang | 1947 | m | LT-Kemperdick | 1:16:02 |
| 53. | 805 | Burmeister, Karl | 1950 | m | LT-Kemperdick | 1:16:17 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|----------------------|--------|-------|------------------|---------|
| 54. | 1194 | Dürhager, Jochen | 1949 | m | | 1:16:56 |
| 55. | 515 | Lumetzberger, Franzl | 1947 | m | LG Grubenwehr | 1:17:42 |
| 56. | 761 | Hammermeister, Uwe | 1950 | m | LTC-STOLPERHEXEN | 1:18:32 |
| 57. | 828 | Hof, Peter | 1947 | m | LT-Kemperdick | 1:33:28 |

M60

| | | | | | | |
|-----|------|-------------------|------|---|------------------------------|---------|
| 1. | 658 | Keller, Adolf | 1944 | m | LC Wuppertal | 0:45:28 |
| 2. | 1196 | Jasch, Ingolf | 1946 | m | (Solingen) | 0:52:04 |
| 3. | 1265 | Zenker, Herbert | 1942 | m | | 0:55:41 |
| 4. | 904 | Mesel, Dietrich | 1942 | m | TV-Witzhelden | 0:55:46 |
| 5. | 1199 | Nüse, Siegfried | 1946 | m | TUS Neumühl | 0:57:18 |
| 6. | 311 | Schöbel, Heinz | 1946 | m | (Wuppertal) | 0:57:55 |
| 7. | 1297 | Steinke, Gerhard | 1942 | m | (Köln) | 0:58:05 |
| 8. | 1184 | Pützkuhl, Dieter | 1945 | m | (Langenfeld) | 0:59:22 |
| 9. | 1005 | Früh, Diethelm | 1945 | m | TV-Witzhelden | 0:59:35 |
| 10. | 907 | Dorweiler, Dieter | 1943 | m | TV-Witzhelden | 0:59:37 |
| 11. | 566 | Felter, Reinhard | 1943 | m | Schwimmverein Horrem-Sindorf | 1:00:17 |
| 12. | 659 | Heinrichs, Volker | 1944 | m | LC Wuppertal | 1:02:20 |
| 13. | 15 | Nötges, Bernward | 1946 | m | | 1:03:00 |
| 14. | 1210 | Scherfius, Alfred | 1943 | m | | 1:03:27 |
| 15. | 1002 | Bünnagel, Klaus | 1944 | m | LT Gruiten-Neandertal e. V. | 1:04:11 |
| 16. | 846 | Buch, Volker | 1945 | m | keiner | 1:04:21 |
| 17. | 544 | Keimer, Manfred | 1946 | m | LC Duisburg | 1:05:15 |
| 18. | 1134 | Gathor, Rolf | 1943 | m | Platt-Fuss | 1:06:50 |
| 19. | 244 | Richartz, Hartmut | 1943 | m | Solinger LC | 1:08:06 |
| 20. | 1136 | Bay, Rainer | 1943 | m | (Brühl) | 1:08:12 |
| 21. | 1078 | Brennert, Kurt | 1945 | m | (Dormagen) | 1:13:21 |
| 22. | 930 | König, Hans | 1942 | m | LT Dünwald-TV | 1:16:16 |
| 23. | 374 | Born, Günter | 1943 | m | TV Refrath | 1:17:02 |
| 24. | 1001 | Lipfert, Wolfgang | 1943 | m | LT Gruiten-Neandertal e. V. | 1:17:32 |
| 25. | 933 | Maus, Helmut | 1946 | m | LT Dünwald-TV | 1:23:53 |

M65

| | | | | | | |
|-----|------|----------------------|------|---|-----------------------------|---------|
| 1. | 824 | Tappert, Heinz | 1940 | m | LT-Kemperdick | 0:54:47 |
| 2. | 75 | Rösner, Karl-Ernst | 1938 | m | TSV Hochdahl | 0:58:00 |
| 3. | 1101 | Rittmeyer, Gerhard | 1939 | m | LT Dünwald TV | 0:58:36 |
| 4. | 555 | Göbels, Hans | 1938 | m | CSV Marathon 1910 | 0:58:42 |
| 5. | 1020 | Giersberg, Wolfgang | 1938 | m | TK Grevenbroich | 0:59:43 |
| 6. | 820 | Flach, Horst | 1939 | m | LT-Kemperdick | 1:02:18 |
| 7. | 994 | Laag, Klaus | 1939 | m | LT Gruiten-Neandertal e. V. | 1:04:20 |
| 8. | 1072 | Ebben, Heiner | 1940 | m | Solinger LC | 1:04:25 |
| 9. | 101 | John, Gerd | 1938 | m | Marathon-Team KVB | 1:05:53 |
| 10. | 942 | Birwe, Rüdiger | 1941 | m | TLV Germania-Überruhr 1901 | 1:05:58 |
| 11. | 944 | Flöther, Klaus | 1939 | m | TLV Germania-Überruhr 1901 | 1:06:18 |
| 12. | 47 | Braun, Josef | 1937 | m | | 1:06:21 |
| 13. | 876 | Ebner, Wolfgang | 1941 | m | Nein | 1:07:46 |
| 14. | 929 | Vogel, Micha | 1940 | m | LT Dünwald-TV | 1:09:20 |
| 15. | 417 | Prüfer, Günther | 1938 | m | TV Refrath | 1:09:27 |
| 16. | 585 | Budde, Paul | 1940 | m | LC Weilerswist | 1:10:30 |
| 17. | 537 | Bertram, Hans Dieter | 1937 | m | TuS Homberg | 1:11:34 |
| 18. | 494 | Kolberg, Horst | 1941 | m | LG Grubenwehr | 1:17:42 |
| 19. | 804 | Gawehn, Dieter | 1939 | m | LT-Kemperdick | 1:18:56 |
| 20. | 1135 | Friedrich, Erwin | 1937 | m | | 1:30:31 |

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| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|---------------------|--------|-------|-----------------|---------|
| M70 | | | | | | |
| 1. | 660 | Beecker, Werner | 1932 | m | LC Wuppertal | 0:51:09 |
| 2. | 242 | Dzengel, Johann | 1932 | m | (Haan) | 0:52:27 |
| 3. | 1021 | Schmitz, Theo | 1936 | m | TK Grevenbroich | 0:59:43 |
| 4. | 535 | Hildebrandt, Lothar | 1932 | m | TuS Homberg | 1:13:05 |
| 5. | 931 | Stremmel, Fritz | 1935 | m | LT Dünwalder-TV | 1:25:13 |
| M75 | | | | | | |
| 1. | 1261 | Vossen, Alfred | 1931 | m | TSV Dormagen | 1:12:14 |
| 2. | 1004 | Koloska, Günter | 1930 | m | TV-Witzhelden | 1:12:16 |

Anzahl: 1162