

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1		1	Heising, Carl Philip	00:40:21	1		LAV Bayer Uerdingen	1990	1	M	00:40:19	1
2		2	Kufferath, Moritz	00:40:28	1617		Laufmonster	1979	1	M35	00:40:26	2
3		3	Minke, Sebastian	00:40:30	364		ASC Rosellen-Neuss	1977	2	M35	00:40:28	3
4		4	Wilke, Richard	00:41:10	1569		Aachener TG	1992	2	M	00:41:08	4
5		5	Kuchendorf, Andreas	00:41:18	1148			1965	1	M50	00:41:17	5
6		6	Werth, Christian	00:41:34	1582		Remscheider SV	1985	1	M30	00:41:32	6
7		7	Claesges, Michael	00:41:37	1551		Drospa Sports Club	1964	2	M50	00:41:36	7
8		8	Skopnik, Manuel	00:41:46	822		Laufmonster	1972	1	M40	00:41:45	8
9		9	Ziemann, Jochen	00:42:17	334		Polizei Wuppertal	1979	3	M35	00:42:15	9
10		10	Elskamp, Gregor	00:42:32	1583		Central Team De	1971	2	M40	00:42:29	10
11		11	Kox, Jochen	00:42:41	891		DJK Kleinenbroich	1971	3	M40	00:42:37	11
12		12	Brinkmann, Thorsten	00:42:46	210		Ski Club Beckum	1972	4	M40	00:42:44	13
13		13	Gläßer, Harald	00:42:48	518		SG Zons	1968	1	M45	00:42:44	12
14		14	Joswig, Andreas	00:42:54	1558		Schwelmer Jungs	1965	3	M50	00:42:51	14
15		15	Czarnietzki, Bernd	00:43:11	1298		TG Neuss	1963	4	M50	00:43:08	15
16	W	1	Schwartz, Heidi	00:44:00	1570		Bunert-Der Kölner La	1989	1	W	00:43:59	1
17		16	Haupt, Dominik	00:44:31	611		Tus 82 opladen	1997	1	MJ U20	00:44:29	16
18		17	Thapa, Atuc	00:44:48	1510		Die Quäler	1968	2	M45	00:44:45	17
19		18	Dunkel, Marcus	00:44:54	1556		LAV Bayer Dormagen	1997	2	MJ U20	00:44:53	18
20	W	2	Spill, Tanja	00:44:54	1232		LAV Bayer Uerdingen	1995	2	W	00:44:53	2
21		19	Golder, Wolfgang	00:44:59	1405		FC Straberg	1957	1	M55	00:44:57	20
22		20	Lingk, Christoph	00:45:04	1604		TPSK Köln Triathlon	1966	3	M45	00:44:56	19
23		21	Kiehn, Uwe	00:45:06	1529		SF Ennepetal	1966	4	M45	00:45:02	21
24		22	Ehlert, Christian	00:45:21	1404		FC Straberg	1977	4	M35	00:45:17	22
25		23	Lonnes, Markus	00:45:37	397			1976	5	M35	00:45:26	23
26		24	Villalpando Zamora, Salva	00:45:44	1197			1969	5	M45	00:45:42	25
27		25	Sticker, Wolfgang	00:45:46	1065		DJK Rheinkraft Neuss	1967	6	M45	00:45:40	24
28	W	3	Bach, Daniela	00:45:53	394		1. FC Grevenbroich -	1975	1	W40	00:45:50	3
29		26	Lange, Alexander	00:45:56	1299		TG Neuss	1984	2	M30	00:45:52	27
30		27	Müller, Tobias	00:45:56	1066		Fysio Frings Cycle Te	1995	3	M	00:45:53	28
31		28	Wagner, Jörg	00:45:59	1612		Kunst-Wagner	1965	5	M50	00:45:49	26
32		29	Külgen, Sven	00:46:04	287			1990	4	M	00:46:01	30
33		30	Bonin, Uwe	00:46:08	1301		TG Neuss	1957	2	M55	00:46:05	32
34		31	Gebert, Jan	00:46:09	813		team bährenjagd	1988	5	M	00:46:01	29
35		32	Lang, Udo	00:46:11	668			1965	6	M50	00:46:02	31
36	W	4	Wagner, Asteria	00:46:16	1611		Kunst-Wagner	1973	2	W40	00:46:06	4
37		33	Kamper, Michael	00:46:33	808		DJK Kleinenbroich	1977	6	M35	00:46:30	33
38	W	5	Minke, Angela	00:46:54	363		ASC Rosellen-Neuss	1978	1	W35	00:46:50	5
39		34	Hannen, Markus	00:46:58	1586		Rommerskirchen	1968	7	M45	00:46:57	34
40		35	Schlattmann, Kai	00:47:02	670		Bayer CropScience	1972	5	M40	00:46:57	35
41		36	Mauter, Jörg	00:47:06	1371		Wiehtaler LC	1965	7	M50	00:47:01	36
42		37	Münch, Thomas	00:47:08	1157		Cross-LG Rhein	1968	8	M45	00:47:05	37
43		38	Fischer, Steffen	00:47:09	1295		TG Neuss	1970	9	M45	00:47:06	38
44		39	Schürlein, André	00:47:17	1033		Lauffrosch	1967	10	M45	00:47:13	40
45		40	Schäfer, Gerd	00:47:20	1784		TuS Köln rrh. 1874 E.	1969	11	M45	00:47:08	39
46		41	Kukovicic, Thorsten	00:47:25	718		Mario Party Crew	1986	6	M	00:47:17	41
47		42	Schmidt, Rene	00:47:29	1544		LG Schnecke Düsseldorf	1970	12	M45	00:47:27	42
48	W	6	Schmitz, Claudia	00:47:37	1616		ASC Rosellen/Neuss	1972	3	W40	00:47:33	6
49		43	Welling, Jörg	00:47:37	211		CR Team	1970	13	M45	00:47:29	43
50		44	Sieberger, Peter	00:47:39	169			1975	6	M40	00:47:30	44
51		45	Conradi, Oli	00:47:42	1475		Evonik Industries AG	1971	7	M40	00:47:37	46
52		46	Liening, Dominik	00:47:45	944		RC Sorpesee Tri Tea	1983	3	M30	00:47:36	45
53		47	Wilde, Udo	00:47:52	1099		LC Wuppertal	1956	3	M55	00:47:42	48
54		48	Matthiesen, Keld	00:48:00	570	DEN	LT Krefeld-Oppum	1964	8	M50	00:47:57	51
55		49	Gora, Stefan	00:48:00	1494		Meerbusch	1976	7	M35	00:47:46	50

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
56		50	Demoulin, Jean-Brice	00:48:01	1483		Thomas-Röttgen-Kön	1975	8	M40	00:47:45	49
57		51	Born, Boris	00:48:06	1738		Born To Swim	1996	3	MJ U20	00:47:37	47
58		52	Mannheim, Stephan	00:48:09	1026		LLG 80 Nordpark Köl	1975	9	M40	00:47:58	52
59		53	Euen, Tom	00:48:11	932		LT Alt-Erkrath	1967	14	M45	00:48:04	53
60		54	Halupka-Kuhn, Hanjo	00:48:15	1427		TG Neuss	1959	4	M55	00:48:12	56
61		55	Böhme, Constantin	00:48:19	1216		Warm Up Fitness	1996	4	MJ U20	00:48:08	54
62		56	Bokschi, Michael	00:48:23	1028		LLG 80 Nordpark Köl	1958	5	M55	00:48:11	55
63		57	Wenzel, Oliver	00:48:34	1058		TV Frisch auf Lennep	1984	4	M30	00:48:28	58
64		58	Schmitz, Willi	00:48:36	602		LT Krefeld-Oppum	1962	9	M50	00:48:25	57
65		59	Schott, Jens	00:48:38	692		Bayer CropScience	1976	8	M35	00:48:34	59
66		60	Cieslik, Thomas	00:48:46	1516			1989	7	M	00:48:37	60
67	W	7	Rentergent, Carola	00:48:46	2		SG Zons	1963	1	W50	00:48:42	7
68		61	Kräker, Thorsten	00:48:55	1531		Superpunk	1969	15	M45	00:48:42	62
69		62	Neimeke, Ralf	00:48:55	1559		Superpunk	1970	16	M45	00:48:42	63
70		63	Mika, Sven	00:49:03	1753		Köln	1971	10	M40	00:48:55	64
71		64	Erlenkötter, Dirk	00:49:08	1426		TG Neuss	1974	11	M40	00:48:40	61
72		65	Meinel, Heiko	00:49:15	1283		Team Rheinbach	1971	12	M40	00:48:56	65
73		66	Reiß, Björn	00:49:16	686		Bayer CropScience	1976	9	M35	00:49:05	66
74		67	Flasskamp, Michael	00:49:41	880			1978	10	M35	00:49:25	68
75		68	Zimmermann, Christof	00:49:41	881			1979	11	M35	00:49:25	67
76		69	Stula, Sebastian	00:49:51	1634		RunSquad CGN	1979	12	M35	00:49:45	71
77		70	Koch, Jörn	00:49:54	533		LT TuRa Brügggen 192	1979	13	M35	00:49:46	72
78		71	Sajitz, Olaf	00:49:55	1546		LAZ Puma Rhein-Sieg	1975	13	M40	00:49:53	73
79		72	Schmitte, Kai	00:49:55	172			1973	14	M40	00:49:43	69
80		73	Kronenberg, Edmund	00:50:00	828		LT Krefeld-Oppum	1955	1	M60	00:49:43	70
81		74	Schuster, Maik	00:50:13	362		Krefelder Kanu Klub	1971	15	M40	00:49:58	74
82		75	Schwalm, Heiko	00:50:13	805		Lauffreunde Hoisten	1964	10	M50	00:50:08	75
83		76	Schmitz, Thomas	00:50:16	1297		TG Neuss	1975	16	M40	00:50:12	77
84		77	Güttler, Axel	00:50:19	1390		FC Straberg	1969	17	M45	00:50:12	78
85		78	Kaminsky, Stefan	00:50:21	895			1970	18	M45	00:50:10	76
86		79	Sanden, Dirk	00:50:23	1300		TG Neuss	1971	17	M40	00:50:16	81
87		80	Bell, Mathieu	00:50:24	310			1984	5	M30	00:50:17	82
88		81	Klein, Marc	00:50:25	75		TSV Bayer Dormagen	1973	18	M40	00:50:21	83
89		82	Deja, Martin	00:50:33	1196			1983	6	M30	00:50:26	85
90	W	8	Lippert, Theresa	00:50:37	1296		TG Neuss	1986	3	W	00:50:27	8
91	W	9	Stahlmann, Enya	00:50:37	446		Gesamtschule an der	1999	1	WJ U18	00:50:29	9
92		83	Thälker, Carsten	00:50:43	909		SFP running	1974	19	M40	00:50:15	80
93		84	Krüger, Rainer	00:50:47	1090		LC Wuppertal	1962	11	M50	00:50:33	86
94		85	Nocon, Jörg	00:50:48	699		Bayer CropScience	1984	7	M30	00:50:25	84
95		86	Uysal, Mustafa	00:50:49	508			1977	14	M35	00:50:47	88
96		87	Schröder, Norbert	00:50:54	948		TK Grevenbroich	1963	12	M50	00:50:41	87
97		88	Schwitalla, Michel	00:50:55	1756		Vds Nievenheim	1998	1	MJ U18	00:50:15	79
98		89	Sergej, Demykin	00:51:06	1047		Laufftreff Bittermark	1964	13	M50	00:51:01	91
99		90	Mosmondor, Dean	00:51:06	1772		Balkanrunner	1972	20	M40	00:50:51	89
100	W	10	Wilde, Dagmar	00:51:08	1098		LC Wuppertal	1963	2	W50	00:50:47	10
101		91	Schaffarczyk, Bernd	00:51:12	239		1. FC Spich	1960	6	M55	00:51:03	95
102		92	Müller, Knut	00:51:13	256		LT Turbine Rheinfeld	1963	14	M50	00:51:02	93
103	W	11	Romahn, Vivien	00:51:16	468		Lauffreunde Hoisten	1996	1	WJ U20	00:51:10	11
104		93	Romahn, Norbert	00:51:16	467		Lauffreunde Hoisten	1964	15	M50	00:51:10	98
105		94	Ciruelos Ortega, Santiago	00:51:17	1524		TK Grevenbroich	1968	19	M45	00:50:57	90
106		95	Pachner, Stefan	00:51:18	1056		TV Frisch auf Lennep	1967	20	M45	00:51:09	96
107		96	Beivers, Norbert	00:51:21	213		Hot socks	1977	15	M35	00:51:09	97
108		97	Matas Nobis, José	00:51:22	365			1967	21	M45	00:51:14	100
109		98	Nickel, Carsten	00:51:23	1548		Hilden Nord	1972	21	M40	00:51:13	99
110	W	12	Korz, Sabine	00:51:29	377		LAZ Puma Rhein-Sieg	1980	2	W35	00:51:19	12

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
111		99	Mittasch, Markus	00:51:31	280		Langsam läuft am län	1968	22	M45	00:51:23	102
112		100	Buchkremer, Bernhard	00:51:33	1403		FC Straberg	1968	23	M45	00:51:27	104
113		101	Angres, Klaudius	00:51:37	1035		Alles aus Liebe	1963	16	M50	00:51:26	103
114	W	13	Klein, Nicole	00:51:47	71		TSV Bayer Dormagen	1976	3	W35	00:51:43	13
115		102	Lienemann, Julius	00:51:51	129			1981	8	M30	00:51:43	108
116		103	Böcker, Michael	00:51:53	1620		Heinen Gruppe	1977	16	M35	00:51:19	101
117		104	Rabeneck, Franz-Josef	00:51:56	472		HippeKuss	1970	24	M45	00:51:30	105
118		105	Hagedorn, Ulf	00:51:57	1279			1966	25	M45	00:51:01	92
119		106	Kohnen, Manfred	00:51:57	162		Skiclub Troisdorf-Sie	1970	26	M45	00:51:03	94
120		107	Resch, Kilian	00:51:58	1547		Troisdorfer LG	1961	17	M50	00:51:56	110
121		108	Schauch, Bastian	00:51:58	908		Rennschnecken 2000	1975	22	M40	00:51:34	106
122		109	Poschinski, Fred	00:52:03	296		SG Neukirchen-Hülch	1964	18	M50	00:51:50	109
123		110	Gräfinholt, Benedikt	00:52:10	584		HTB	1982	9	M30	00:51:59	112
124		111	Matschull, Frank	00:52:10	112		für meine Jungs	1967	27	M45	00:52:06	115
125		112	Sonnabend, Thorsten	00:52:11	1179			1983	10	M30	00:51:57	111
126		113	Eidens, Georg	00:52:15	873			1961	19	M50	00:51:41	107
127		114	Helmerstein, Guido	00:52:18	564		SG-Stern Wuppertal/	1966	28	M45	00:52:06	114
128		115	Pabst, Robert	00:52:26	383		Runners Point Run Cl	1988	8	M	00:52:20	118
129		116	Abel, Martin	00:52:28	691		Bayer CropScience	1959	7	M55	00:52:17	117
130		117	Jurczyk, Norbert	00:52:34	747		SV Glehn	1969	29	M45	00:52:12	116
131		118	Stahlmann, Frank	00:52:41	1294		TG Neuss	1965	20	M50	00:52:30	120
132		119	Scheffler, Michael	00:52:49	1041		SG Holzheim	1953	2	M60	00:52:45	123
133		120	Kyrion, Stephan	00:52:50	1502		Rommerskirchen	1970	30	M45	00:52:30	121
134		121	Schneider, Achim	00:52:53	1061		TV Frisch auf Lennep	1965	21	M50	00:52:46	124
135		122	Meves, Oliver	00:52:56	727		Borussia Mönchengla	1970	31	M45	00:52:38	122
136		123	Michael, Walter	00:53:00	1378		Die Nacktschneckenj	1967	32	M45	00:52:48	125
137	W	14	Negwer, Ulrike	00:53:05	1169			1972	4	W40	00:52:47	14
138		124	Pelko, Peter	00:53:07	677		Bayer CropScience	1969	33	M45	00:53:02	129
139		125	Kupke, Volker	00:53:12	48			1967	34	M45	00:52:58	127
140		126	Hille, Steffen	00:53:20	1134		Dormagen	1994	9	M	00:52:59	128
141		127	Troisch, Thomas	00:53:23	1477		DJK Hoisten	1959	8	M55	00:52:56	126
142		128	Grabowski, Bert	00:53:28	346		LT Friedrichsberg	1960	9	M55	00:53:11	130
143		129	Schubert, Peter	00:53:35	1195			1977	17	M35	00:53:29	137
144		130	Ohlert, Wilhelm	00:53:38	1744		Lauftreff Turbine Rhei	1962	22	M50	00:53:27	135
145		131	Zwick, Jürgen	00:53:38	90		Turbine Rheinfeld	1964	23	M50	00:53:27	136
146		132	Reintzsch, Ingo	00:53:41	810		Alfterer SC	1977	18	M35	00:53:22	132
147		133	Jandt, Oliver	00:53:48	1391		FC Straberg	1966	35	M45	00:53:43	142
148		134	Meuche, Thomas	00:53:52	277			1973	23	M40	00:53:25	134
149		135	Penski, Mike	00:53:54	1600		VDS Nievenheim	1991	10	M	00:52:00	113
150		136	Kleibert, Rainer	00:53:54	671		Bayer CropScience	1969	36	M45	00:53:46	144
151		137	Maubach, Sven	00:53:54	1517		Heinsberg	1974	24	M40	00:53:36	140
152		138	Ramge, Thomas	00:53:55	714		neuraxpharm Arznei	1971	25	M40	00:53:50	145
153		139	Eisermann, Stephan	00:54:01	1138		Team Erdinger Alkoh	1966	37	M45	00:53:52	146
154		140	Ermisch, Heinz-Werner	00:54:01	189		Happy Running Famil	1966	38	M45	00:53:29	138
155		141	Schwellinger, Lars	00:54:07	1220		Kanutouren-Rheinlan	1980	19	M35	00:53:45	143
156	W	15	Klemmer-Thomas, Corneli	00:54:08	1573		Coesfeld	1961	3	W50	00:53:47	16
157		142	Övermöhle, Matthias	00:54:11	546		congstar	1964	24	M50	00:53:43	141
158	W	16	Fischer, Katja	00:54:12	230		Köln	1968	1	W45	00:53:43	15
159		143	Gottowik, Uwe	00:54:15	579		VdS Nievenheim	1966	39	M45	00:53:56	147
160	W	17	Bornemann, Conny	00:54:16	588			1975	5	W40	00:54:06	18
161		144	Schlingen, Christoph	00:54:16	1580		VDS Nievenheim	1994	11	M	00:52:23	119
162		145	Müller, Ralf	00:54:21	1019		Schnaufgruppe	1956	10	M55	00:54:04	150
163	W	18	Wilke, Belinda	00:54:21	1305		TG Neuss	1960	1	W55	00:54:00	17
164		146	Schuln, Guido	00:54:26	1608		TuS Erkrath	1967	40	M45	00:53:24	133
165		147	Tiller, Mirko	00:54:26	333			1969	41	M45	00:54:12	151

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
166		148	Peterzelka, Nils	00:54:27	1167		Covestro	1970	42	M45	00:53:58	148
167		149	Zindler, Markus	00:54:35	1491			1969	43	M45	00:54:29	154
168		150	Schmitz, Stefan	00:54:39	163		HopperCycling Düssel	1974	26	M40	00:53:17	131
169	W	19	Mönning, Ulrike	00:54:42	313			1966	2	W45	00:54:23	19
170		151	Marzo, Danilo	00:54:43	1091		LC Wuppertal	1957	11	M55	00:54:21	152
171		152	Mohr, Heinz	00:54:47	1487		Laufen Macht Spaß	1978	20	M35	00:54:31	155
172		153	Joakimsson, Thor	00:54:52	1238		Trollmusic Running T	1976	21	M35	00:54:03	149
173		154	Mucha, Frank	00:54:56	1381		Dormagen	1970	44	M45	00:54:43	158
174		155	Schulten, Bernd	00:54:59	695		Bayer CropScience	1963	25	M50	00:54:43	157
175		156	Görres, Alexander	00:55:00	1581		Neuss	1992	12	M	00:53:34	139
176		157	Sobetzko, Martin	00:55:05	1052		TV Frisch auf Lennep	1958	12	M55	00:54:55	160
177		158	Gennermann, Dirk	00:55:06	457		TSV Bayer Dormagen	1969	45	M45	00:54:41	156
178	W	20	Coenen, Heike	00:55:09	1156		marathonteam-online	1969	3	W45	00:54:37	20
179		159	Jung, Christian	00:55:13	1402		FC Straberg	1965	26	M50	00:54:24	153
180		160	Föller, Torsten	00:55:14	705		Neuraxpharm Arznei	1980	22	M35	00:55:08	164
181		161	Cremer, Jürgen	00:55:19	1023		LLG 80 Nordpark Köl	1962	27	M50	00:55:10	166
182		162	Block, Christian	00:55:25	542			1978	23	M35	00:54:56	161
183		163	Ingrisch, Rainer	00:55:28	1530		TV Herkenrath	1966	46	M45	00:55:10	165
184		164	Zimmermann, Uwe	00:55:30	393		Luckauer Läuferbund	1981	11	M30	00:55:02	163
185	W	21	Verheyene, Karin	00:55:43	676		Bayer CropScience	1986	4	W	00:55:35	22
186		165	Rottmann, Dennis	00:55:49	1407		FC Straberg	1981	12	M30	00:55:00	162
187		166	Grün, Lukas	00:55:57	1755		Vds Nievenheim	1998	2	MJ U18	00:55:18	167
188		167	Lerch, Andreas	00:56:01	817		team bährenjagd	1981	13	M30	00:55:18	168
189		168	Van Balsfort, Tobias	00:56:03	11			1988	13	M	00:54:54	159
190		169	Böwer, Andreas	00:56:04	1555			1975	27	M40	00:55:49	172
191		170	Kappel, Dennis	00:56:05	1159		Cross-LG Rhein	1980	24	M35	00:55:52	173
192		171	Ebeling, Michael	00:56:07	715		neuraxpharm Arznei	1973	28	M40	00:56:01	179
193		172	Oßwald, Bernd	00:56:07	918		LT Alt-Erkrath	1961	28	M50	00:55:48	171
194		173	Meißner, Guido	00:56:14	275			1969	47	M45	00:56:05	180
195		174	Christ, Peter	00:56:14	1511		Stürzelberg	1975	29	M40	00:55:52	174
196		175	Eichstädt, Johannes	00:56:16	750		TSG Benrath	1983	14	M30	00:55:44	170
197		176	Metzinger, Jürgen	00:56:17	70		Chemion Logistik Gm	1967	48	M45	00:55:59	178
198		177	Nellessen, Andreas	00:56:19	1261		SG Neukirchen-Hülch	1963	29	M50	00:56:10	183
199		178	Siebertz, Ludger	00:56:20	481			1965	30	M50	00:55:55	176
200		179	Driesch, Markus	00:56:23	890		Team Kobolt	1963	31	M50	00:56:05	181
201		180	Thelen, Christian	00:56:26	83		1. FC VKBR	1968	49	M45	00:56:10	184
202		181	Clemens, Detlef	00:56:27	1397		FC Straberg	1957	13	M55	00:56:21	188
203		182	Kennedy, Marcus	00:56:28	196		Club CR	1971	30	M40	00:56:20	187
204	W	22	Grebe, Hristiyana	00:56:32	1315			1983	1	W30	00:56:05	23
205		183	Bauer, Christoph	00:56:32	125			1972	31	M40	00:55:40	169
206		184	Wagner, Johannes	00:56:32	911		LT Krefeld-Oppum	1950	1	M65	00:56:15	186
207		185	Hillermeier, Roman	00:56:40	208		CR Team	1970	50	M45	00:56:33	195
208		186	Kasek, Heinrich	00:56:44	1042		RTB Remscheid	1962	32	M50	00:55:58	177
209	W	23	Wilbrecht, Susanne	00:56:45	1050		TV Frisch auf Lennep	1969	4	W45	00:56:38	24
210		187	Endrijautzki, Gerd	00:56:47	906		LT Friedrichsberg Wu	1950	2	M65	00:56:28	190
211		188	Brügger, Lars	00:56:47	1230		Wuppertal	1977	25	M35	00:55:54	175
212	W	24	Balzer, Nadja	00:56:48	1208		Warm Up Fitness	1981	2	W30	00:55:05	21
213		189	Stempel, Thomas	00:56:48	501		DSD Düsseldorf	1956	14	M55	00:56:35	197
214		190	Kuhstoss, Andreas	00:56:48	1051		TV Frisch auf Lennep	1970	51	M45	00:56:40	202
215		191	Lentz, Markus	00:56:50	1262		SG Neukirchen-Hülch	1967	52	M45	00:56:40	203
216		192	Houben, Rudolf	00:56:51	1024		LLG 80 Nordpark Köl	1955	3	M60	00:56:39	200
217		193	Holz, Roland	00:56:53	745			1966	53	M45	00:56:32	194
218		194	Sablorny, Roman	00:56:55	633		Rennschnecken 2000	1972	32	M40	00:56:32	192
219		195	Latoska, Waldemar	00:56:58	1337		TECTRION GmbH	1962	33	M50	00:56:32	193
220		196	Theisen, Egbert	00:56:58	922		LT Alt-Erkrath	1963	34	M50	00:56:12	185

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
221		197	Fausser, Sascha	00:57:03	1418			1970	54	M45	00:56:24	189
222	W	25	Aust, Carmen	00:57:04	777		TURA Brüggen	1979	4	W35	00:56:54	28
223	W	26	Gumpert, Christina	00:57:04	899		Lauftreff Tura Brügge	1984	3	W30	00:56:55	29
224		198	Ley, Thomas	00:57:04	796		Lt Rösratherstraße	1965	35	M50	00:56:35	196
225	W	27	Frohn, Sandra	00:57:11	1485		Laufen Gegen Leiden	1982	4	W30	00:56:41	25
226		199	Jessen, Thomas	00:57:11	345			1970	55	M45	00:56:45	204
227		200	Bodynek, Jürgen	00:57:14	1200		SG Zons	1967	56	M45	00:56:36	199
228		201	Tokarski, Frank	00:57:17	62			1973	33	M40	00:56:49	208
229	W	28	Scharbatke, Veronika	00:57:22	1095		LC Wuppertal	1950	1	W65	00:56:48	27
230	W	29	Wiefhoff, Daniela	00:57:24	1256		LAV Bayer Uerdingen	1994	5	W	00:57:18	31
231	W	30	Mucha, Andrea	00:57:25	1382		Dormagen	1970	5	W45	00:57:12	30
232		202	Wenzel, Frederik	00:57:26	1244		FC Zons	1996	5	MJ U20	00:56:47	205
233		203	Ballas, Detlef	00:57:27	250		HSV Dormagen-Süd	1961	36	M50	00:57:10	217
234		204	Trapp, Patrick	00:57:29	241			1983	15	M30	00:57:04	215
235		205	Zander, Maik	00:57:29	896			1968	57	M45	00:56:58	214
236		206	Payenberg, Dirk	00:57:29	771			1964	37	M50	00:56:30	191
237		207	Miller, Mike	00:57:31	807		TUS Quettingen	1964	38	M50	00:56:49	207
238		208	Reiners, Frank	00:57:33	142		Waiblingen	1967	58	M45	00:56:47	206
239	W	31	Hanten, Ulrike	00:57:34	931		LT Alt-Erkrath	1968	6	W45	00:56:47	26
240		209	Petrovic, Daniel	00:57:35	1437		Team Raphaelshaus	2000	1	MJ U16	00:56:07	182
241		211	Wingenbach, Michael	00:57:36	1363		allways3 - Laufen in	1964	39	M50	00:56:54	212
242		212	Döring, Stephan	00:57:36	1428		allways3 - Laufen in	1963	40	M50	00:56:51	210
243		210	Beitzer, Arnd	00:57:36	1505		Allways 3 Laufen In R	1969	59	M45	00:56:55	213
244		213	Wenkemann, Dirk	00:57:40	914		LT Alt-Erkrath	1963	41	M50	00:56:53	211
245		214	Golf, Stefan	00:57:41	674		Bayer CropScience	1972	34	M40	00:57:33	223
246		215	Illiebe, Bern	00:57:41	1739			1975	35	M40	00:56:40	201
247		216	Götte, Marco	00:57:42	608			1980	26	M35	00:57:18	218
248		217	Mai, Harald	00:57:42	1585		Karst	1964	42	M50	00:57:30	221
249	W	32	Schulz, Anja	00:57:49	793		SC Bayer 05 Uerding	1979	5	W35	00:57:19	32
250		218	Vogt, Josef	00:57:53	1057		TV Frisch auf Lennep	1952	4	M60	00:57:33	222
251		219	Clauß, Sven	00:57:55	1549		WSC Bayer Dormage	1966	60	M45	00:57:37	224
252		220	Böckmann, Carsten	00:58:07	1781		LC Duisburg	1970	61	M45	00:57:08	216
253		221	Polzin, Sebastian	00:58:10	381			1998	3	MJ U18	00:57:29	220
254	W	33	Menciotti, Christiane	00:58:13	1401		FC Straberg	1969	7	W45	00:58:02	36
255		222	Fester, Hubert	00:58:14	1349			1965	43	M50	00:56:35	198
256		223	Will, Daniel	00:58:19	1145		FC Lennestadt	1972	36	M40	00:58:04	231
257		224	Reiss, Stephan	00:58:22	1579		Margarethenhof Dor	1971	37	M40	00:58:04	232
258		225	Stoll, Oliver	00:58:27	1587		Neuss	1974	38	M40	00:58:18	238
259		226	Wrotny, Heinz-Werner	00:58:27	1509		Staubwolke Dormage	1967	62	M45	00:57:41	227
260		227	Struck, Hans-Martin	00:58:29	1314			1962	44	M50	00:56:50	209
261	W	34	Baikowski, Laura	00:58:31	1170		WSC Dormagen	1999	2	WJ U18	00:57:41	33
262		228	Coenen, Martin	00:58:31	424			1970	63	M45	00:57:59	230
263	W	35	Wieners, Daniela	00:58:32	323			1970	8	W45	00:58:02	37
264		229	Bolten, Stephan	00:58:32	1532			1969	64	M45	00:58:10	233
265		230	May, Marius	00:58:33	781			1993	14	M	00:57:56	229
266		231	Abs, Stefan	00:58:35	51		LV Stommeln	1975	39	M40	00:57:38	226
267	W	36	Eschmann, Gabi	00:58:40	665		LV Stommeln	1970	9	W45	00:57:45	35
268		232	Rathke, Gerhard	00:58:42	874			1964	45	M50	00:58:13	234
269		233	Koch, Jürgen	00:58:44	1141		LC Wuppertal	1961	46	M50	00:58:41	247
270		234	Schiffer, Rainer	00:58:44	635			1968	65	M45	00:58:25	242
271	W	37	Totzke, Linda	00:58:46	1154			1989	6	W	00:58:30	39
272		235	Neufeind, Stefan	00:58:48	373		SpeedPartner	1979	27	M35	00:58:27	243
273		236	Neumann, Olaf	00:58:49	1540		Lauffreunde Niers Mö	1964	47	M50	00:58:19	240
274		237	Pelzer, Kai	00:58:50	1155			1982	16	M30	00:58:34	244
275		238	Hartlieb, Mathias	00:58:50	544		HippeKuss	1962	48	M50	00:58:24	241

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
276		239	Schäfer, Markus	00:58:50	1526			1985	17	M30	00:57:28	219
277		240	Weirich, Jan Hendrik	00:58:51	667			1988	15	M	00:58:16	237
278	W	38	Gaens, Brigitte	00:58:52	297		SG Neukirchen-Hülch	1960	2	W55	00:58:39	41
279		241	Fleige, Heiko	00:58:56	328		SG Kaarst	1974	40	M40	00:58:35	245
280		242	Fischer, Bernd	00:58:56	433			1964	49	M50	00:58:18	239
281		243	Funk, Kay	00:59:00	1493		Köln Lläuft	1970	66	M45	00:58:44	248
282		244	Pust-Beaupoil, Frank	00:59:00	1100		3XERCISE	1961	50	M50	00:57:37	225
283		245	Engel, Peter	00:59:05	1049		3XERCISE	1966	67	M45	00:57:42	228
284	W	39	Ohse-Kramer, Karin	00:59:07	288			1964	4	W50	00:58:44	42
285		246	Raatz, Michael	00:59:10	369		SV Schnellenbach 19	1981	18	M30	00:58:52	252
286		247	Gallina, Pasqualino	00:59:11	324			1979	28	M35	00:58:52	254
287		248	Herkenrath, André	00:59:11	1307		TG Neuss	1969	68	M45	00:58:44	249
288		249	Moroz, Thomas	00:59:12	1419			1973	41	M40	00:59:06	260
289		250	Bals, Gregor	00:59:14	217		Team Maxmo	1966	69	M45	00:58:55	255
290		251	Sokolowski, Ralf	00:59:16	1276			1979	29	M35	00:58:14	235
291		252	Kamphausen, Michael	00:59:16	905		Team Otto	1968	70	M45	00:58:15	236
292		253	Krause, Ralf	00:59:20	1146		Kaarst	1972	42	M40	00:58:59	256
293		254	Pick, Tobias	00:59:23	117		Allerheiligen Hood	1976	30	M35	00:59:15	265
294	W	40	Harbold, Charlotte	00:59:25	1464		LAV Bayer Dormagen	1995	7	W	00:59:19	50
295		255	Hüllhorst, Fabian	00:59:25	1482		LAV Bayer Dormagen	1992	16	M	00:59:19	267
296	W	41	Lenhart, Anke	00:59:28	340		TTC Wuppertal	1976	6	W35	00:58:20	38
297	W	42	Ertz, Kathrin	00:59:35	690		Bayer CropScience	1967	10	W45	00:59:02	46
298	W	43	Wildensee, Marion	00:59:36	1282		Team Rheinbach	1961	5	W50	00:58:57	44
299		256	Dittscheid, Andreas	00:59:36	1280		Team rheinbach	1968	71	M45	00:58:59	257
300	W	44	Dittscheid, Sandra	00:59:36	1281		Team Rheinbach	1972	6	W40	00:58:58	45
301	W	45	Welter, Kristina	00:59:36	902		FC Straberg	1994	8	W	00:57:41	34
302		257	Rosen, Thomas	00:59:38	935		LT Alt-Erkrath	1973	43	M40	00:58:52	253
303		258	Schlebrowski, Dietmar	00:59:38	443			1962	51	M50	00:59:23	271
304		259	Callejon-Cespedes, Antoni	00:59:38	642	ESP		1958	15	M55	00:59:24	272
305	W	46	Lehmann, Sarah	00:59:40	461		coeo Runners	1983	5	W30	00:59:24	52
306		260	Schöllgen, Dirk	00:59:41	463		coeo Runners	1960	16	M55	00:59:23	270
307		261	Preussner, Ralf	00:59:44	897			1969	72	M45	00:59:22	269
308	W	47	Bussmann, Kerstin	00:59:44	898			1971	7	W40	00:59:22	51
309		262	Kreyer, Jonas	00:59:47	1287			1999	4	MJ U18	00:59:07	261
310		263	Mertens, Jan	00:59:48	550		Flatland Runners	1982	19	M30	00:59:13	263
311		264	Sonnberg, Holger	00:59:49	1535			1987	17	M	00:59:35	275
312	W	48	Kramer, Yasmin	00:59:53	349			1991	9	W	00:59:15	48
313		265	vorn Hüls, Christian	00:59:53	254			1986	18	M	00:58:50	251
314		266	Doege, Holger	00:59:57	847		LT Angertal	1964	52	M50	00:58:38	246
315	W	49	Weiffen, Klara-Sofie	00:59:57	600		buffetzauber.de	1999	3	WJ U18	00:59:27	54
316		267	Lindenblatt, Denis	00:59:59	161			1977	31	M35	00:59:14	264
317		268	Lambert, Dietmar	01:00:03	32		TSV Bayer Dormagen	1956	17	M55	00:59:08	262
318	W	50	Dietzschold, Beate	01:00:04	484		Marathon-Projekt Re	1964	6	W50	00:58:37	40
319		269	Sroka, Miroslaw	01:00:05	610			1974	44	M40	00:59:02	259
320		270	Ritterbach, Florian	01:00:06	851			1987	19	M	00:59:30	273
321	W	51	Müller, Inka	01:00:07	637			1982	6	W30	00:59:53	56
322		271	Rosenau, Fynn	01:00:07	180			1982	20	M30	00:59:51	284
323	W	52	Lehmann, Anke	01:00:10	664		LV Stommeln	1971	8	W40	00:59:10	47
324		272	Melisa, David	01:00:10	69		Chemion Logistik Gm	1987	20	M	00:59:38	276
325	W	53	Otto, Sarah	01:00:10	1554		Ennepetal	1991	10	W	00:59:57	57
326		273	Jeschak, Patrick	01:00:10	350		Brooks Run Happy Te	1986	21	M	00:59:56	288
327	W	54	Reinhardt, Claudia	01:00:10	1325		1. FC Grevenbroich-S	1966	11	W45	01:00:05	58
328		274	Piontek, Jeffrey	01:00:11	1201		WSC Dormagen	1985	21	M30	00:59:20	268
329	W	55	Sperlich, Nicole	01:00:15	223		BEOC Expert in Empl	1970	12	W45	00:58:49	43
330		275	Schreiber, Rudolf	01:00:15	1242		Skiclub Waldshut	1962	53	M50	00:59:01	258

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
331		276	Persicke, Armin	01:00:16	1456		Neuss	1962	54	M50	00:59:58	289
332	W	56	Müller, Sonja	01:00:16	354			1976	7	W35	00:59:26	53
333		277	Werner, Jörn	01:00:20	1097		LC Wuppertal	1967	73	M45	00:59:44	281
334	W	57	Düppers, Nina	01:00:20	253			1983	7	W30	00:59:18	49
335		278	Schumacher, Lutz	01:00:26	1352		Skiclub Remscheid	1961	55	M50	00:59:42	279
336	W	58	Kirchhoff, Sabine	01:00:29	1173			1970	13	W45	00:59:50	55
337		279	Przewloka, Joachim	01:00:30	1308		TG Neuss	1962	56	M50	01:00:04	293
338		280	Weiffen, Dennis	01:00:31	599		buffetzauber.de	1976	32	M35	01:00:01	290
339		281	Thöler, Heiko	01:00:33	29			1971	45	M40	00:59:40	278
340		282	Balzer, Daniel	01:00:34	1219		Warm Up Fitness	1979	33	M35	00:58:50	250
341		283	Hendricks, Claus Peter	01:00:35	480			1969	74	M45	00:59:34	274
342		284	Doening, Helmut-Joerg	01:00:36	688		Bayer CropScience	1969	75	M45	01:00:09	295
343		285	Slembeck, Dirk	01:00:36	1094		LC Wuppertal	1957	18	M55	01:00:02	291
344		286	Daschke, Eddy	01:00:41	862		SG Worringen	1967	76	M45	00:59:55	286
345		287	Kenter, Sebastian	01:00:43	1171			1960	19	M55	01:00:23	301
346		288	Klüm, Willi	01:00:46	1462		TVK Essen	1972	46	M40	01:00:44	313
347		289	Baikowski, Christian	01:00:48	1533		TGS WSC	1967	77	M45	01:00:27	303
348		290	Ebert, Eckhard	01:00:48	132			1964	57	M50	00:59:49	282
349		291	Muscara, Martino	01:00:49	685		Bayer CropScience	1976	34	M35	00:59:40	277
350		292	Schlaefke, Dieter	01:00:51	596		DJK Adler 07 Bottrop	1948	3	M65	01:00:17	299
351		293	Bruchholz, Marian	01:00:55	95		Dünnwalder TV	1982	22	M30	01:00:54	316
352		294	Pietzsch, Hans-Ulrich	01:00:56	1565			1963	58	M50	01:00:06	294
353		295	Rahmel, Michael	01:00:57	675		Bayer CropScience	1976	35	M35	01:00:27	304
354	W	59	Müller, Kristina	01:00:58	1783		Dormagen	1991	11	W	01:00:32	61
355		296	Liebl, Martin	01:00:59	1545			1971	47	M40	01:00:19	300
356		297	Helle, Patrik	01:01:00	462		coeo Runners	1990	22	M	01:00:43	312
357	W	60	Totzke, Dagmar	01:01:00	1377		Sg Zons	1964	7	W50	01:00:45	63
358		298	Engelhardt, Andreas	01:01:03	1082		Just for Fun	1965	59	M50	00:59:55	287
359		299	Schmitz, Ralf	01:01:04	1251			1971	48	M40	01:00:04	292
360		300	Lukas, Jan	01:01:05	612			1962	60	M50	01:00:33	307
361	W	61	Schäfer, Karin	01:01:08	595		SFD 75	1961	8	W50	01:00:18	59
362		301	Zeisig, Holger	01:01:13	809			1973	49	M40	00:59:18	266
363		302	Dörr, Heiko	01:01:14	641			1969	78	M45	01:00:29	305
364	W	62	Kaulich, Kerstin	01:01:15	1174		SV Rosellen	1972	9	W40	01:00:42	62
365		303	Wolff, Hans Peter	01:01:15	1175		TSV Bayer Dormagen	1969	79	M45	01:00:42	309
366		304	Floßdorf, Tom	01:01:16	1210		Warm Up Fitness	1970	80	M45	01:00:49	315
367		305	Jaitner, Georg	01:01:18	1168		LG Himmelgeist	1961	61	M50	01:00:58	318
368		306	Marek, Waldemar	01:01:22	1470		Für Hürth	1974	50	M40	01:00:43	311
369		307	Boldt, Patrick	01:01:22	858			1989	23	M	01:00:14	298
370	W	63	Lukaszewska, Ola	01:01:24	1406		FC Straberg	1979	8	W35	01:00:24	60
371		308	Baumhoer, Michael	01:01:25	1369		It-run4fun.de	1964	62	M50	01:00:33	306
372		309	Gardemann, Jürgen	01:01:27	471		TV Germania Nordhe	1960	20	M55	01:01:04	323
373		310	Oesterwind, Tim	01:01:27	1395		FC Straberg	1999	5	MJ U18	01:00:24	302
374		311	Schmauser, Michael	01:01:28	1336		TECTRION GmbH	1965	63	M50	01:01:01	321
375		312	Wuellenweber, Ulrich	01:01:29	616		Skibobclub Remschei	1961	64	M50	01:01:04	322
376		313	Pfeiffer, Thomas	01:01:30	1442		Team Raphaelshaus	1983	23	M30	00:59:44	280
377	W	64	Schroeder, Anne	01:01:30	835			1976	9	W35	01:01:07	66
378		314	Faßbender, Jan - peter	01:01:30	302		Kölner OL - Team	1984	24	M30	01:00:47	314
379		315	Misch, Christian	01:01:31	782		Quirinus Runners	1970	81	M45	01:00:43	310
380		316	Plücker, Marco	01:01:39	526		Arena Laufftreff	1965	65	M50	01:00:09	296
381		317	Hilden, Jörg	01:01:40	1347			1970	82	M45	00:59:55	285
382	W	65	Sander, Tanja	01:01:40	1425		TG Neuss	1971	10	W40	01:01:21	68
383	W	66	Lückerath, Evelin	01:01:43	1286		It-run4fun.de	1975	11	W40	01:00:50	64
384		318	Sonnwald, Thomas	01:01:43	651		Team Aroma Ahoi	1985	25	M30	00:59:49	283
385	W	67	Sieberger, Sarah	01:01:47	168			1982	8	W30	01:01:36	74

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
386	W	68	Haas, Nadine	01:01:47	164			1980	10	W35	01:01:36	75
387		319	Reinecke, Arndt	01:01:48	689		Bayer CropScience	1969	83	M45	01:01:38	334
388	W	69	Reinecke, Ariane	01:01:48	1376		Haaner TV	1999	4	WJ U18	01:01:38	76
389		320	Krumm, Tobias	01:01:49	799			1995	24	M	01:00:58	317
390	W	70	Misch, Christina	01:01:49	783		Quirinus Runners	1997	2	WJ U20	01:01:01	65
391		321	Helbing, Christian	01:01:53	947		TuS 05 Quettingen	1978	36	M35	01:00:13	297
392		322	Breuer, Frank	01:01:53	505			1965	66	M50	01:01:47	341
393	W	71	Poth-Thadewald, Anja	01:01:56	1303		TG Neuss	1970	14	W45	01:01:35	73
394		323	Giesen, Franz	01:01:58	1447		Team Handels Hof	1948	4	M65	01:01:18	328
395	W	72	Beckmann, Edith	01:02:01	679		Bayer CropScience	1976	11	W35	01:01:24	71
396		324	Hanefl, Dirk	01:02:02	331		LT Fersengold	1963	67	M50	01:01:00	320
397		325	Schäfer, Wilhelm	01:02:03	655		SFD75	1957	21	M55	01:01:11	326
398		326	Schaul, Markus	01:02:05	1542		SG Team Kox 5699 R	1980	37	M35	01:01:22	330
399		327	Lunau, Frank	01:02:08	100		Lauftreff Gruiten-Nea	1965	68	M50	01:01:36	332
400		328	Wunder, Ulrich	01:02:08	594			1961	69	M50	01:00:36	308
401		329	Born, Martin	01:02:09	206			1985	26	M30	01:01:58	346
402	W	73	Krywalsky, Petra	01:02:13	912		ASC Düsseldorf	1966	15	W45	01:01:19	67
403		330	Bebber, Jörg	01:02:17	131			1965	70	M50	01:01:15	327
404	W	74	Dücker, Daniela	01:02:19	1543		Herdörper Lauffründe	1971	12	W40	01:01:22	69
405	W	75	Dornhaus- Schenk, Bettin	01:02:20	1537		Heldörper Lauffründe	1968	16	W45	01:01:23	70
406		331	Uhlenbrauck, Kai Felix	01:02:22	1394		FC Straberg	1999	6	MJ U18	01:01:19	329
407		332	Piotrowski-Bölt, Bernhard	01:02:23	16		Genießer	1970	84	M45	01:01:39	335
408	W	76	Born, Dorothea	01:02:24	198			1983	9	W30	01:02:13	83
409		333	Rey, Manfred	01:02:24	831		Kempener TV	1968	85	M45	01:00:59	319
410		334	Breitmar, Bruno	01:02:25	325			1965	71	M50	01:02:02	349
411		335	Kleinschmidt, Tim	01:02:28	545			1985	27	M30	01:01:41	338
412	W	77	Ruß, Alexandra	01:02:29	14			1983	10	W30	01:02:17	84
413		336	Röhrkasten, Axel	01:02:30	327			1955	5	M60	01:01:59	347
414	W	78	Stich, Karin	01:02:31	1622		TUS 82 Opladen	1965	9	W50	01:01:42	77
415		337	Stich, Joachim	01:02:31	1621		Lauftreff Tus 82 Opla	1962	72	M50	01:01:42	339
416		338	Schmitz-Buhl, Mario	01:02:34	514			1960	22	M55	01:01:56	343
417	W	79	Ritgens, Christiane	01:02:38	149			1964	10	W50	01:02:26	90
418		339	Jackels, Ralf	01:02:38	910		SFP running	1981	28	M30	01:01:38	333
419		340	Grotzke, Martin	01:02:43	1373			1974	51	M40	01:02:08	354
420	W	80	Trebels, Daniela	01:02:43	1423			1990	12	W	01:02:06	79
421	W	81	Ishag, Tina	01:02:44	53		Cool runnings	1971	13	W40	01:02:39	95
422	W	82	Prenger, Iwona	01:02:44	437			1973	14	W40	01:02:39	96
423	W	83	Gorselink, Rosa	01:02:45	1059		TV Frisch auf Lennep	1969	17	W45	01:02:25	89
424	W	84	Stratmann, Aleksandra	01:02:46	148			1975	15	W40	01:02:29	91
425		342	Heringhaus, Jens	01:02:50	1484			1968	87	M45	01:01:08	325
426		341	Steinbach, Günther	01:02:50	1310			1969	86	M45	01:02:15	360
427		343	Terasa, Udo	01:02:50	605			1958	23	M55	01:01:57	345
428		344	Stauch, Volker	01:02:56	358			1971	52	M40	01:01:22	331
429		345	Reske, Dirk	01:02:57	537		LVR Klinik Köln	1971	53	M40	01:02:18	363
430	W	85	Klingen, Marine	01:02:58	1794		Zons	1994	13	W	01:01:26	72
431		346	Monsma, Jan	01:02:58	832		Dynamo Ölberg Elber	1953	6	M60	01:01:59	348
432		347	Brosza, Karl	01:02:59	816		team bährenjagd	1987	25	M	01:02:19	364
433		348	Neisius, Joachim	01:02:59	52			1970	88	M45	01:02:30	371
434	W	86	Zaum, Caroline	01:02:59	1628		Born-To-Swim	2000	1	WJ U16	01:02:18	86
435		349	Wuesten, Christian	01:03:00	301		LT Gruiten-Neanderta	1972	54	M40	01:02:13	358
436		350	Pütz, Rolf	01:03:02	826			1967	89	M45	01:02:14	359
437		351	Peters, Piet	01:03:03	601		piet spiet tiem	1956	24	M55	01:02:23	365
438		352	Schmidt, Markus	01:03:04	721		Team Aroma Ahoi	1968	90	M45	01:01:07	324
439		353	Schmidt, René	01:03:04	306			1990	26	M	01:02:27	368
440	W	87	Skrzydlo, Sabrina	01:03:05	1015		Meditrain crosslauf	1992	14	W	01:02:01	78

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
441		354	Külgen, Frank	01:03:06	286			1964	73	M50	01:02:05	353
442		355	Beyer, Rüdiger	01:03:09	837		GZ Beyer	1964	74	M50	01:02:05	351
443		356	Prosch, Jürgen	01:03:09	836			1965	75	M50	01:02:05	352
444		357	Mispelkamp, Wendel	01:03:10	1022		LLG 80 Nordpark Köl	1951	7	M60	01:02:09	355
445		358	Bollig, Klaus	01:03:11	986		LG RWE POWER	1964	76	M50	01:02:16	361
446		359	Gaebel, Uwe	01:03:13	1130		Saturn Leverkusen	1963	77	M50	01:02:58	392
447	W	88	Müller, Mira	01:03:13	1480			1998	5	WJ U18	01:02:33	93
448		360	Seedorf, Uwe	01:03:13	1519		Mondscheinrunner Po	1970	91	M45	01:02:17	362
449		361	Altendorf, Oskar	01:03:13	1495		TV Refrath	1951	8	M60	01:02:56	389
450		362	de Graeve, Marcel	01:03:14	746			1981	29	M30	01:02:24	366
451	W	89	Klause, Ute	01:03:14	1615		Mondscheinrunner Po	1969	18	W45	01:02:18	85
452		363	Els, Jürgen	01:03:17	382		BSG Rheinenergie	1969	92	M45	01:01:40	337
453		364	Heilmann, Dirk	01:03:17	748			1965	78	M50	01:02:34	378
454		365	Werner, Christoph	01:03:18	378			1965	79	M50	01:01:40	336
455	W	90	Konrad, Ute	01:03:30	625		WSC Bayer Dormage	1971	16	W40	01:02:07	80
456	W	91	Lingk, Iris	01:03:30	1584		Tus 82 Opladen	1974	17	W40	01:02:21	87
457		366	Hunecke, Otto	01:03:32	886		Otto Team	1948	5	M65	01:02:34	376
458	W	92	Conrads, Agnes	01:03:32	885		Otto Team	1975	18	W40	01:02:35	94
459	W	93	van de Flierdt, Marina	01:03:33	888			1988	15	W	01:03:08	101
460	W	94	Hein, Andrea	01:03:33	889			1976	12	W35	01:03:09	102
461		367	Gaßmüller, Dirk	01:03:34	1258		Multisportsfriends Br	1961	80	M50	01:02:57	391
462		368	Göbgen, Rolf	01:03:34	1324		LT Schlickrutscher	1957	25	M55	01:02:57	390
463		369	Rüther, Daniel	01:03:34	237			1976	38	M35	01:02:03	350
464		370	Alders, Thomas	01:03:36	1630		Lauftreff Sterkrade N	1968	93	M45	01:02:24	367
465		371	Grosser-Klumb, Stefan	01:03:37	794			1965	81	M50	01:02:32	374
466	W	95	Porath, Susanne	01:03:38	202		Lauftreff Gruiten Nea	1973	19	W40	01:03:06	99
467		372	Sfragara, Filippo	01:03:38	887	ITA		1992	27	M	01:02:31	372
468	W	96	Geigle, Marleen	01:03:39	871			1992	16	W	01:02:31	92
469		373	Huber, Thomas	01:03:40	113		City Runner 2015	1963	82	M50	01:02:32	373
470	W	97	Seidel, Heike	01:03:41	1370			1978	13	W35	01:03:08	100
471		374	Echle, Jürgen	01:03:42	696		Bayer CropScience	1960	26	M55	01:01:44	340
472		375	van Holt, Guido	01:03:43	1609			1966	94	M45	01:03:12	404
473	W	98	Ranios, Alexandra	01:03:43	1610		Leverkusen	1968	19	W45	01:03:12	105
474		376	Brimmers, Stefan	01:03:44	1592		Dormagen Margareth	1964	83	M50	01:03:27	408
475	W	99	Stephan, Hannah	01:03:44	279			1985	11	W30	01:02:23	88
476	W	100	Bucher, Monika	01:03:46	827		LT Krefeld-Oppum	1959	3	W55	01:02:48	97
477		377	Binias, Jürgen	01:03:47	195		LC Duisburg	1960	27	M55	01:02:51	385
478		378	Beyer, Michael	01:03:47	1360			1963	84	M50	01:03:09	401
479		379	Brandt, Enrico	01:03:49	312			1974	55	M40	01:02:47	381
480	W	101	Rusche, Patrizia	01:03:50	88		Spaßläufer	1967	20	W45	01:03:20	108
481	W	102	Gese, Jana	01:03:50	300			1988	17	W	01:02:12	82
482	W	103	Dahm, Sabine	01:03:50	87		Spaßläufer	1968	21	W45	01:03:20	109
483	W	104	Reichert, Daniela	01:03:53	519		SG Zons	1971	20	W40	01:03:18	107
484		380	Hassenberg, Sascha	01:03:53	1243		LT Angertal	1972	56	M40	01:02:34	375
485	W	105	Pollerberg, Annette	01:03:54	1140		LC Wuppertal	1959	4	W55	01:03:25	111
486		381	Papalexandrou, Georg	01:03:56	683		Bayer CropScience	1969	95	M45	01:03:19	406
487		382	Voigt, Marc Oliver	01:03:56	867			1972	57	M40	01:02:52	386
488		383	Müller, Alexander	01:03:57	1213		Warm Up Fitness	1973	58	M40	01:02:10	356
489	W	106	Nesseler, Katharina	01:03:57	1207		Warm Up Fitness	1987	18	W	01:02:09	81
490		384	Schmitz, Axel	01:03:58	1206		Warm Up Fitness	1977	39	M35	01:02:11	357
491		385	Langer, Thomas	01:03:58	183		HippeKuss	1969	96	M45	01:02:38	379
492		386	Schmitt, Stefan	01:03:58	1639		LT MG-Volksgarten	1968	97	M45	01:01:57	344
493	W	107	Kasek, Aline	01:03:59	1044			1992	19	W	01:03:10	103
494		387	Voll, Harald	01:03:59	768		Diabetes Programm	1959	28	M55	01:01:50	342
495	W	108	Rentergent, Sabine	01:04:00	1152			1967	22	W45	01:03:29	112

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
496		388	Winkler, Moritz	01:04:06	449		Destination Anywher	1980	40	M35	01:03:00	394
497		389	Send, Felix	01:04:07	451		Destination Anywher	1981	30	M30	01:03:00	395
498		390	Heider, Christoph	01:04:10	1566		Zons	1961	85	M50	01:02:53	387
499		391	Torres, Didier	01:04:11	307	FR		1964	86	M50	01:02:29	369
500		392	Messing, Mark	01:04:11	425			1971	59	M40	01:02:30	370
501		393	Keck, Tobias	01:04:12	515			1982	31	M30	01:02:48	383
502		394	Schwebig, Rene	01:04:12	517			1971	60	M40	01:02:47	382
503		395	Kaspers, Oliver	01:04:13	227			1964	87	M50	01:03:10	402
504	W	109	Bethke, Daniela	01:04:13	742			1979	14	W35	01:03:50	119
505	W	110	Cersowsky, Manuela	01:04:13	1187		Impuls-Lauftreff Kerp	1967	23	W45	01:03:39	116
506	W	111	Görtz, Tatjana	01:04:13	741			1983	12	W30	01:03:49	118
507		396	Schröder, Michael	01:04:14	386			1964	88	M50	01:02:54	388
508		397	König, Dirk	01:04:23	240			1968	98	M45	01:03:12	403
509		398	Steinke, Gerhard	01:04:23	1385		Köln	1942	1	M70	01:03:53	416
510		399	Wilhelm, Patrick	01:04:23	447		Destination Anywher	1978	41	M35	01:03:18	405
511	W	112	Burka, Anke	01:04:24	1031		marathonteam-online	1962	11	W50	01:03:44	117
512		400	Burka, Klaus	01:04:24	1030		marathonteam-online	1954	9	M60	01:03:44	412
513		401	Schmidt, Torsten	01:04:24	1092		LC Wuppertal	1965	89	M50	01:03:07	398
514		402	Eich, Sascha	01:04:25	772			1985	32	M30	01:03:08	399
515		403	Gregor, Michael	01:04:25	15			1965	90	M50	01:03:41	410
516	W	113	Goldschmidt, Anja	01:04:26	500		DSD Düsseldorf	1971	21	W40	01:03:39	115
517		404	Scholz, Detlef	01:04:27	118		TV Germania Wevelin	1957	29	M55	01:03:30	409
518		405	Zaremba, Roland	01:04:27	109			1974	61	M40	01:03:43	411
519	W	114	Jeckel, Maria	01:04:28	776		Die Optimisten	1964	12	W50	01:02:58	98
520		406	Bornemann, Pascal	01:04:36	740		Reinshagener TB	1999	7	MJ U18	01:03:03	397
521		407	Heuckmann, Markus	01:04:38	1177			1967	99	M45	01:02:46	380
522	W	115	Fieser, Michaela	01:04:38	21		Team Rölfies	1969	24	W45	01:03:14	106
523		408	Aus Der Wiesche, Maximil	01:04:39	157			1992	28	M	01:03:45	414
524		409	Förster, Jörg	01:04:40	28		VSC Grevenbroich 88	1966	100	M45	01:02:59	393
525		410	Wunder, Andreas	01:04:40	548		TG Neuss	1962	91	M50	01:03:09	400
526	W	116	Bittner, Carolina	01:04:41	105			1987	20	W	01:03:30	113
527	W	117	Reimann, Klara	01:04:41	617			1988	21	W	01:03:11	104
528	W	118	Bals, Kathrin	01:04:43	216		Team Maxmo	1976	15	W35	01:04:24	123
529		411	Riemann, Peter	01:04:45	348		Diabetes Programm	1965	92	M50	01:02:34	377
530	W	119	Freund, Emily	01:04:47	1306		TG Neuss	1953	1	W60	01:04:23	122
531	W	120	Geratz, Uta	01:04:47	10		SG Bayer Dormagen	1990	22	W	01:04:40	129
532		412	Ferreira, Claudio	01:04:48	293			1978	42	M35	01:04:41	427
533		413	Wehrhahn, Erne	01:04:49	939		LT Alt-Erkrath	1948	6	M65	01:02:49	384
534		414	Günzel, Torsten	01:04:50	473			1975	62	M40	01:03:59	417
535	W	121	Schüler, Angelika	01:04:52	490		Lt TuS Mondorf	1962	13	W50	01:03:25	110
536		415	Oehme, Karsten	01:04:52	892		Lt Tus Mondorf	1967	101	M45	01:03:25	407
537		416	Kreuchen, Volker	01:04:53	483		CurrObi	1964	93	M50	01:03:01	396
538		417	Schmitz, Kevin	01:05:03	1221			1995	29	M	01:04:42	428
539	W	122	Kaldewey, Meike	01:05:04	343			1983	13	W30	01:04:38	127
540		418	Droeger, Norbert	01:05:06	673		Bayer CropScience	1970	102	M45	01:05:00	436
541	W	123	Poensgen, Kelly	01:05:06	725		Tierheim Troisdorf	1966	25	W45	01:04:35	126
542		419	Dartsch, Tom	01:05:06	1036		Tierheim Troisdorf	1961	94	M50	01:04:35	424
543	W	124	Furch, Doris	01:05:07	1192		SSV Strümp - Fondist	1957	5	W55	01:04:33	124
544		420	Klahre, Ralf	01:05:09	1433		Kempener TV	1965	95	M50	01:03:45	413
545	W	125	Möller, Tanja	01:05:11	640		TV Frisch Auf Lennep	1971	22	W40	01:04:49	131
546		421	Schulz, Günther	01:05:16	444			1952	10	M60	01:03:48	415
547	W	126	Beushausen, Katharina	01:05:20	815		team bährenjagd	1980	16	W35	01:04:39	128
548		422	Göricke, Jan	01:05:20	814		team bährenjagd	1985	33	M30	01:04:40	426
549		423	Senkler, Wolfgang	01:05:22	1093		LC Wuppertal	1955	11	M60	01:04:14	420
550		424	Behne, Björn	01:05:25	486		Kanu Club Hilden	1978	43	M35	01:04:32	423

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
551	W	127	Hille, Sinja	01:05:26	1424		Dormagen	1991	23	W	01:04:49	130
552		425	Evang, Johannes	01:05:27	126			1959	30	M55	01:04:39	425
553		426	Mannheim, Michael	01:05:27	1021		LLG 80 Nordpark Köl	1946	7	M65	01:04:18	422
554	W	128	Kalter, Kristin	01:05:27	1176			1965	14	W50	01:03:35	114
555		427	Westerheide, Max	01:05:28	583		HTB	1992	30	M	01:05:15	439
556		428	Bartolomey, Michael	01:05:29	1380		TSV Bayer Dormagen	1962	96	M50	01:04:55	431
557		429	Offers, Hugo	01:05:30	678		Bayer CropScience	1964	97	M50	01:04:54	430
558		430	Bohle, Frank	01:05:30	941		LT Alt-Erkrath	1958	31	M55	01:04:15	421
559	W	129	Lubenow, Patrizia	01:05:31	921		LT Alt-Erkrath	1977	17	W35	01:04:17	121
560		431	Golombek, Jörg	01:05:34	680		Bayer CropScience	1960	32	M55	01:05:12	438
561		432	Brucksch-Ape, Ralph	01:05:36	744			1968	103	M45	01:04:13	419
562	W	130	Meyer, Birgit	01:05:40	347			1968	26	W45	01:05:11	137
563	W	131	Ruthe, Martina	01:05:49	260			1972	23	W40	01:05:16	138
564	W	132	Pyschny, Hannah	01:05:50	573		Family Run	1991	24	W	01:04:10	120
565		433	Reiß, Andreas	01:05:54	497			1963	98	M50	01:05:11	437
566		434	Drockenmüller, Roberto	01:05:55	528		Lauftreff Fische	1962	99	M50	01:05:00	434
567		435	Schorn, Ralf	01:05:55	669			1964	100	M50	01:05:00	433
568	W	133	Lindenau, Birgit	01:05:56	833		Dynamo Ölberg Elber	1967	27	W45	01:04:57	134
569		436	Zimmermann, Dirk	01:05:57	259			1973	63	M40	01:05:30	446
570		437	Wagner, Helmut	01:05:59	578			1956	33	M55	01:04:54	429
571	W	134	Kaven, Nela	01:06:02	1578			1966	28	W45	01:05:38	148
572		438	Dünnebacke, Martin	01:06:04	1372		SSG Ronsdorf	1960	34	M55	01:04:59	432
573	W	135	Clauß, Sara	01:06:06	819			1994	25	W	01:04:59	135
574		439	Andre, Alfred	01:06:07	1795		SG Worringen	1949	8	M65	01:05:20	440
575		440	Biederbick, René	01:06:07	63			1970	104	M45	01:05:23	443
576	W	137	Leisten, Nadja	01:06:09	284		CR Team	1977	18	W35	01:05:22	140
577	W	136	Küppers, Silke	01:06:09	493			1974	24	W40	01:05:24	144
578	W	138	Kalkbrenner, Petra	01:06:09	492		LT MG-Volksgarten	1976	19	W35	01:05:24	143
579	W	139	Rimmel, Miriam	01:06:11	145	USA		1989	26	W	01:04:35	125
580		441	Zickler, Frank	01:06:12	1431		Röntgen Sport Club R	1964	101	M50	01:04:11	418
581	W	140	Herder, Kerstin	01:06:14	1054		TV Frisch auf Lennep	1966	29	W45	01:05:53	154
582	W	141	Erpenbach- Phillip, Marlis	01:06:15	1797		SG Worringen	1954	2	W60	01:05:28	145
583	W	142	Wollgarten, Vera	01:06:15	272		Kölner OL-Team	1988	27	W	01:05:31	147
584		442	Wollgarten, Hermann	01:06:15	274		Kölner OL-Team	1950	9	M65	01:05:33	447
585		443	Boelke, Edwin	01:06:18	1359		LTrun4fun	1963	102	M50	01:05:22	442
586	W	143	Luberichs- Fauser, Janina	01:06:19	1564		DJK-Rheinkraft Neuss	1971	25	W40	01:05:39	149
587		444	Choinowski, Rene	01:06:24	181		Rock the road	1971	64	M40	01:05:57	455
588		445	Bergemann, Udo	01:06:27	577		Reinshagener TB	1950	10	M65	01:05:51	454
589		446	Schillings, Sascha	01:06:29	258			1972	65	M40	01:06:07	461
590	W	144	Pyschny, Anke	01:06:31	571		Family Run	1968	30	W45	01:04:51	132
591	W	145	Brod, Julia	01:06:31	1328			1987	28	W	01:05:16	139
592	W	146	Zaum, Stefanie	01:06:33	1737		Born To Swim	2000	2	WJ U16	01:05:52	153
593	W	147	Delker, Mareike	01:06:33	298			1989	29	W	01:04:55	133
594		447	Lohmann, Dietrich	01:06:33	1513		TUS BZ Opladen	1962	103	M50	01:05:00	435
595		448	Stanic, Ivica	01:06:34	575	CRO		1969	105	M45	01:05:44	450
596	W	148	Schillings, Monika	01:06:34	257			1974	26	W40	01:06:10	159
597		449	Bublitz, Roland	01:06:36	1562			1971	66	M40	01:05:57	457
598	W	149	Böhme, Hannah	01:06:38	1215		Warm Up Fitness	1996	3	WJ U20	01:06:18	162
599	W	150	Kamper, Barbara	01:06:40	1290		funlaufen.de	1977	20	W35	01:06:03	156
600	W	151	Symalla, Melanie	01:06:46	749			1976	21	W35	01:06:06	157
601	W	152	Groß, Helgard	01:06:47	1055		TV Frisch auf Lennep	1968	31	W45	01:06:24	164
602	W	153	Klein, Wiki	01:06:47	1789		LT Düsseldorf-Süd	1961	15	W50	01:05:23	141
603	W	154	Brandt, Doro	01:06:48	1205		Warm Up Fitness	1961	16	W50	01:05:02	136
604		450	Löhrmann, Ingo	01:06:52	400		Schabrackentapir	1960	35	M55	01:05:45	453
605		451	Doering, Uwe	01:06:53	1027		LLG 80 Nordpark Köl	1958	36	M55	01:05:45	452

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
606	W	155	Frischauf, Heike	01:06:54	523			1966	32	W45	01:05:23	142
607		452	Arentz, Wolfgang	01:06:54	981		FC Zons AH	1968	106	M45	01:05:59	459
608		453	Block, Marco	01:06:54	33		CR Runners	1967	107	M45	01:06:23	468
609	W	156	Binsfeld, Lydia	01:06:56	1778			1972	27	W40	01:05:42	150
610		454	Frerking, Jürgen	01:06:57	1361		Kempener TV	1961	104	M50	01:05:30	445
611		455	Stanisch, Christian	01:06:57	534			1981	34	M30	01:05:28	444
612	W	157	Rosendo Firminio, Anke	01:06:57	535			1977	22	W35	01:05:28	146
613		456	Kirchhoff, Wilhelm	01:07:05	1172			1969	108	M45	01:06:26	471
614	W	158	Warnemünde, Birgit	01:07:11	120			1969	33	W45	01:06:44	171
615	W	159	Deicke, Martina	01:07:11	119			1964	17	W50	01:06:45	174
616		457	Sureth, Christian	01:07:12	77			1971	67	M40	01:06:15	464
617	W	160	Sureth, Emilia	01:07:12	76			2001	3	WJ U16	01:06:15	160
618		458	Pallgen, Michael	01:07:14	304		LV Stommeln	1964	105	M50	01:06:13	463
619	W	161	Pallgen, Claudia	01:07:14	305		LV- Stommeln	1973	28	W40	01:06:17	161
620	W	162	Hüller, Ulrike	01:07:17	536			1972	29	W40	01:06:28	166
621		459	Happe, Christopher	01:07:17	1089		LC Wuppertal	1996	6	MJ U20	01:06:02	460
622	W	163	Plücker, Heike	01:07:17	379			1971	30	W40	01:06:28	168
623	W	164	Wahl, Susanne	01:07:19	435		Team Rosa Socke	1968	34	W45	01:05:43	151
624	W	165	Christoffel, Karin	01:07:19	429		ERGO-Sports Team R	1967	35	W45	01:05:45	152
625		460	Schmitz, Christian-Moritz	01:07:20	591			1985	35	M30	01:05:44	451
626	W	166	Menssen, Tanja	01:07:20	1553		Wuppertal	1974	31	W40	01:06:28	167
627		461	Rudolph, Oskar	01:07:22	884			1963	106	M50	01:06:13	462
628		462	Schäfer, Michael	01:07:25	485		CurrObi	1964	107	M50	01:05:34	448
629		463	Gale, Daniel	01:07:26	790		SCB Horrem	1977	44	M35	01:06:19	465
630	W	167	Hopp, Carina	01:07:27	1366			1990	30	W	01:06:10	158
631		464	Hottenbacher, Hans-Erich	01:07:28	267		LG Füreinander	1952	12	M60	01:06:26	470
632	W	168	Volkmandt, Gabi	01:07:28	270		LG Füreinander	1962	18	W50	01:06:26	165
633		465	Ruzicka, Andreas	01:07:29	647			1965	108	M50	01:06:53	479
634		466	Groth, Torsten	01:07:29	1525		Lanxess Roadrunners	1957	37	M55	01:06:35	472
635		467	Baader, Marc	01:07:30	173			1969	109	M45	01:05:57	456
636		468	Wölm, Carsten	01:07:34	1178		ERGO sports / Erding	1975	68	M40	01:05:43	449
637		469	Scharbatke, Kurt	01:07:34	1096		LC Wuppertal	1950	11	M65	01:06:20	466
638		470	Bücker, Theodor	01:07:37	937		LT Alt-Erkrath	1953	13	M60	01:05:22	441
639		471	May, Volker	01:07:39	1563		Marathon Finanz AG	1960	38	M55	01:06:24	469
640	W	169	Meißner, Katharina	01:07:43	351			1996	4	WJ U20	01:07:33	183
641	W	170	Stoffel, Heike	01:07:46	339		TTC Wuppertal	1970	36	W45	01:06:37	170
642		472	Rüsel, Michael	01:07:52	1161			1965	109	M50	01:05:57	458
643	W	171	Möller, Geli	01:07:56	1199		LSH Elsdorf	1964	19	W50	01:05:59	155
644		473	Rehwald, Uli	01:08:01	1577		Rennschnecken 2000	1955	14	M60	01:07:10	484
645		474	Wollny, Johannes	01:08:02	38		Die Erdmännchen	1964	110	M50	01:06:37	474
646	W	172	Wollny, Katrin	01:08:02	39		Die Erdmännchen	1978	23	W35	01:06:36	169
647	W	173	Kemmerling, Gudrun	01:08:04	42		SC Bayer 05	1966	37	W45	01:06:22	163
648	W	174	Theodorian, Elmi	01:08:05	1589		SFD 75 Düsseldorf	1975	32	W40	01:07:13	177
649		475	Krause, Jan	01:08:05	1045			1978	45	M35	01:07:38	493
650		476	Teusch, Thomas	01:08:07	209		Laufen gegen Leiden	1971	69	M40	01:07:47	494
651	W	175	Patkowski, Steffi	01:08:07	158		Laufen gegen Leiden	1978	24	W35	01:07:48	189
652		477	Garbe-Immel, Jan	01:08:08	1039			1968	110	M45	01:07:01	483
653	W	176	Ziarek, Lorena	01:08:08	478		Wüstenrennmäuse	1990	31	W	01:07:42	185
654	W	177	Ziarek, Kathrin	01:08:08	477		Wüstenrennmäuse	1965	20	W50	01:07:41	184
655		478	Puzicha, Gisbert	01:08:10	585		HTB	1957	39	M55	01:06:47	478
656		479	Paust, Roman	01:08:11	1158		Cross-LG Rhein	1981	36	M30	01:07:57	495
657		480	Schmitz, Raoul	01:08:12	590		MTV Mülheim 1850	1957	40	M55	01:06:36	473
658		481	Oberlack, Klaus	01:08:14	512			1972	70	M40	01:06:21	467
659	W	178	Düsenberg, Susanne	01:08:14	337		run4fun	1969	38	W45	01:06:59	176
660		482	Kielmann, Roland	01:08:14	338		run4fun	1965	111	M50	01:07:00	482

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
661		483	Stöter, Dominik	01:08:15	229		Elbseehelden	1986	31	M	01:07:22	489
662		484	Pausch, Armin	01:08:16	1150		Dormagen	1958	41	M55	01:06:46	477
663		485	Vogt, Torben	01:08:18	729			1991	32	M	01:06:44	476
664	W	179	Fischer, Isabel	01:08:19	730			1994	32	W	01:06:44	172
665	W	180	Offer, Laura	01:08:22	299			1989	33	W	01:06:45	173
666		486	Mengeringhaus, Philipp	01:08:26	193			1982	37	M30	01:06:58	480
667		487	Becker, Walter	01:08:27	1025		LLG 80 Nordpark Köl	1944	2	M70	01:07:18	488
668	W	181	Kleuskens, Iris	01:08:29	717			1965	21	W50	01:07:56	191
669		488	Richrath, Martin	01:08:29	282			1972	71	M40	01:07:31	492
670		489	Wohler, Stephan	01:08:29	106		TSV Treia	1967	111	M45	01:07:31	491
671		490	Minnich, Holger	01:08:30	190		Team Erdinger Alkoh	1969	112	M45	01:07:12	486
672	W	182	Ritterbach, Sabrina	01:08:31	681		Bayer CropScience	1985	14	W30	01:08:06	195
673		491	Wilden, Willi	01:08:32	1182		Impuls-Lauftreff Kerp	1955	15	M60	01:07:58	497
674	W	183	Netto, Ellen	01:08:33	916		LT Alt-Erkrath	1967	39	W45	01:07:22	179
675	W	184	Wiegand, Ulla	01:08:33	1633		Lauftreff Sterkrade N	1961	22	W50	01:07:22	180
676		492	Netto, Roberto	01:08:33	915		LT Alt-Erkrath	1965	112	M50	01:07:23	490
677	W	185	Hucklenbroich, Nicole	01:08:33	923		LT Alt-Erkrath	1973	33	W40	01:07:24	181
678		493	Tomasczyk, Matthias	01:08:37	385			1965	113	M50	01:07:17	487
679	W	186	Bornemann, Catrin	01:08:39	1142		LC Wuppertal	1966	40	W45	01:08:09	198
680		494	Schaffmeister, Ulrich	01:08:40	924		LT Alt-Erkrath	1958	42	M55	01:06:37	475
681		495	Wohlgemutz, Jürgen	01:08:42	1567		LG Gummersbach	1958	43	M55	01:08:08	502
682	W	187	Olschowsky, Anke	01:08:42	1520		Monscheinrunner Po	1969	41	W45	01:08:19	200
683	W	188	Rögels, Tanja	01:08:42	1518		Monscheinrunner Po	1974	34	W40	01:08:19	201
684	W	189	Bittner, Christina	01:08:43	391			1967	42	W45	01:08:07	197
685	W	190	Susane, Pausch	01:08:44	1149		Dormagen	1962	23	W50	01:07:14	178
686	W	191	Stolz, Sabine	01:08:50	697		Bayer CropScience	1981	15	W30	01:06:52	175
687	W	192	Dick, Erika	01:08:50	1476			1941	1	W70	01:07:46	188
688		496	Zychon, Siegfried	01:08:53	1560		FC Tannenhof	1951	16	M60	01:06:59	481
689		497	Bauske, Dominik	01:08:54	23		Team Raphaelshaus	2000	2	MJ U16	01:07:11	485
690	W	193	Schäfer, Carmen	01:08:58	917		LT Alt-Erkrath	1970	43	W45	01:07:44	186
691	W	194	Frings, Connie	01:08:58	761		die Rennschnecken	1972	35	W40	01:07:58	192
692	W	195	Dahlhaus-Weitz, Christina	01:08:58	920		LT Alt-Erkrath	1965	24	W50	01:07:45	187
693	W	196	Gundlach, Vanessa	01:08:59	985			1991	34	W	01:07:30	182
694		498	Barth, Alexander	01:09:00	85			1980	46	M35	01:08:18	507
695		499	Lapp, Jan	01:09:01	1389			1989	33	M	01:08:02	498
696		500	Flatau, Martin	01:09:01	84			1985	38	M30	01:08:19	508
697	W	197	Hostell, Jennifer	01:09:01	1387			1990	35	W	01:08:07	196
698		501	Bücheler, Fabian	01:09:01	1386			1990	34	M	01:08:04	500
699	W	198	Kölbel, Carolin	01:09:01	1388			1991	36	W	01:08:04	193
700	W	199	Uhlig, Anja	01:09:05	1629		Lauftreff Sterkrade N	1971	36	W40	01:07:55	190
701	W	200	Krause, Monika	01:09:12	606		lt-run4fun.de	1964	25	W50	01:08:17	199
702		502	Sondermann, Axel	01:09:12	607		lt-run4fun.de	1963	114	M50	01:08:16	506
703		503	Krämer, Dirk	01:09:14	49		LV Stommeln	1971	72	M40	01:08:14	504
704	W	201	Bruchholz, Roswitha	01:09:16	96			1952	3	W60	01:09:13	217
705		504	Kremer, Ralf	01:09:19	1273		Just for fun	1961	115	M50	01:08:05	501
706	W	202	Lohoff, Nicola	01:09:22	1069			1964	26	W50	01:08:57	210
707		505	Plicht, Oliver	01:09:22	900			1966	113	M45	01:08:56	516
708		506	Majcenic, Zdravko	01:09:23	1561			1969	114	M45	01:07:58	496
709		507	Köhn, Fred	01:09:26	731			1958	44	M55	01:08:51	513
710		508	Cobbers, Christian	01:09:29	1590			1972	73	M40	01:08:41	511
711		509	Can, Asim	01:09:31	724		slc lauftreff	1973	74	M40	01:09:13	524
712	W	203	Dziggel, Simone	01:09:35	791		Meditrain Crosslauf	1964	27	W50	01:08:30	203
713	W	204	Schley, Maria	01:09:40	1777			1971	37	W40	01:08:27	202
714	W	205	Kemper, Beate	01:09:50	1635		Lauftreff Sterkrade N	1962	28	W50	01:08:38	205
715	W	206	Berger, Claudia	01:09:51	903		Team Otto	1972	38	W40	01:08:50	208

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
716	W	207	Schmitz, Claudia	01:09:51	904		Team Otto	1970	44	W45	01:08:52	209
717	W	208	Hilden, Ute	01:09:53	1348			1970	45	W45	01:08:04	194
718	W	209	Lippmann, Petra	01:09:57	31			1968	46	W45	01:08:40	206
719		510	Kümmel, Thomas	01:09:57	30			1967	115	M45	01:08:39	510
720		511	Röse, Nils	01:10:03	1048			1982	39	M30	01:08:03	499
721		512	Zobel, Dietmar	01:10:06	1636		Lauftreff Sterkrade N	1943	3	M70	01:08:54	514
722		513	Schmidt, Jens	01:10:06	1572		FC Jogger	1971	75	M40	01:08:56	515
723		514	Everts, Frank	01:10:11	1143			1959	45	M55	01:08:10	503
724		515	Karras, Sven	01:10:12	860			1977	47	M35	01:09:05	517
725		516	Wollenweber, Olaf	01:10:13	811			1968	116	M45	01:08:15	505
726	W	210	Kampka, Nina	01:10:15	236			1985	16	W30	01:08:45	207
727	W	211	Pfeiffer, Miriam	01:10:15	1443		Team Raphaelshaus	1985	17	W30	01:10:07	233
728	W	212	Zuhl, Manuela	01:10:16	1289		SG Zons Abteilung Te	1968	47	W45	01:09:41	221
729		517	Sander, Frank	01:10:17	371			1968	117	M45	01:09:35	528
730		518	Vollberg, Matthias	01:10:18	1515		TUS 82 Opladen	1959	46	M55	01:08:45	512
731		519	Meyerling, Bernd	01:10:18	372			1961	116	M50	01:09:38	530
732	W	213	Heinen, Angela	01:10:19	316		SG Worringen	1963	29	W50	01:08:34	204
733	W	214	Krüll, Rebecca	01:10:21	336		TTC Wuppertal	1993	37	W	01:09:12	216
734	W	215	Steffens, Cornelia	01:10:24	352		Tus Quettingen	1975	39	W40	01:09:40	220
735	W	216	Vissel, Ines	01:10:25	370			1976	25	W35	01:09:41	222
736		520	Ritter, Klaus	01:10:26	845			1960	47	M55	01:09:06	518
737		521	Volk, Dr. Gerrit	01:10:26	1757		Köln	1958	48	M55	01:09:39	531
738		522	Hutsch, Dennis	01:10:28	1574			1986	35	M	01:09:10	519
739	W	217	Dietzschold, Anna	01:10:29	802			1989	38	W	01:09:02	212
740		523	Raeburn, Brian	01:10:33	1316		SG Zons	1983	40	M30	01:09:10	520
741	W	218	Streich, Ulrike	01:10:34	326			1978	26	W35	01:09:58	229
742		524	Wurda, Werner	01:10:37	653		Diabetes Programm -	1960	49	M55	01:08:26	509
743	W	219	Baginski, Jutta	01:10:37	1163		LG Gummersbach	1962	30	W50	01:10:03	232
744		525	Geissel, Guido	01:10:37	878		EuWagen GmbH	1993	36	M	01:09:12	522
745	W	220	Licata, Anja	01:10:37	1793		SG Zons	1982	18	W30	01:09:04	214
746		526	Baginski, Peter	01:10:37	1514		LG Gummersbach	1959	50	M55	01:10:04	538
747	W	221	Breitrück, Petra	01:10:39	1275		TUS 82 Opladen	1958	6	W55	01:09:55	227
748		527	Geldmacher, Jonathan	01:10:41	295			1985	41	M30	01:09:12	523
749	W	222	Hemb, Sabine	01:10:41	252			1971	40	W40	01:09:47	224
750	W	223	Caspers-Sabel, Angelika	01:10:42	1046		City Runner 2014	1955	4	W60	01:09:53	226
751		528	Herbst, Eduard	01:10:43	430		GTV	1948	12	M65	01:09:36	529
752	W	224	Friedel, Jenny	01:10:45	1618			1986	39	W	01:09:03	213
753	W	225	Groeger, Beate	01:10:48	1011		LG Gummersbach	1965	31	W50	01:10:16	236
754		529	Noll, Norbert	01:10:54	1557			1958	51	M55	01:10:26	545
755	W	226	Mosebach, Vera	01:10:59	801		Pulheimer SC	1985	19	W30	01:10:15	235
756		530	Mach, Jonas	01:10:59	1439		Team Raphaelshaus	2000	3	MJ U16	01:09:31	527
757	W	227	Radünz, Ann-Kathrin	01:11:02	1212		Warm Up Fitness	1990	40	W	01:10:34	240
758	W	228	Lohmann, Daniela	01:11:02	1211		Warm Up Fitness	1967	48	W45	01:10:35	241
759	W	229	Sobieray, Miriam	01:11:03	982		Running Elements	1986	41	W	01:09:11	215
760		531	Smets, Daniel	01:11:03	983		Running Elements	1991	37	M	01:09:11	521
761	W	230	Szuka, Sabine	01:11:04	167			1970	49	W45	01:08:59	211
762		532	Rösler, Manfred	01:11:06	894		TV Dünnwald	1959	52	M55	01:09:25	526
763	W	231	Peppersack-Weber, Marti	01:11:08	723		slc lauftreff	1960	7	W55	01:10:55	246
764	W	232	Hänsch, Simone	01:11:08	728		Tus 82 Opladen	1970	50	W45	01:10:25	237
765		533	Missbach, Peter	01:11:10	1400		FC Straberg	1957	53	M55	01:10:05	539
766		534	Thyssen, Lothar	01:11:10	1631		Lauftreff Sterkrade N	1946	13	M65	01:09:59	534
767		535	Wiegand, Bernd	01:11:11	1632		Lauftreff Sterkrade N	1959	54	M55	01:10:00	537
768	W	233	Magnus, Antje	01:11:12	1139			1965	32	W50	01:09:56	228
769	W	234	Rohr, Swantje	01:11:15	58		Pulchra-Amphora e.V	1966	51	W45	01:09:49	225
770		536	Renner, Oliver	01:11:15	763		Die Renners	1999	8	MJ U18	01:10:11	541

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
771		537	Happe, Stephan	01:11:15	1088		LC Wuppertal	1966	118	M45	01:10:00	536
772	W	235	Happe, Nicola	01:11:15	1087		LC Wuppertal	1971	41	W40	01:10:00	231
773		538	Hughes, Bastian	01:11:16	1422			1985	42	M30	01:09:18	525
774		539	Hutsch, David	01:11:18	1575		Düsseldorf	1983	43	M30	01:09:59	535
775	W	236	Mpalaskas, Katharina	01:11:21	309			1986	42	W	01:09:36	218
776	W	237	Rüber, Tatjana	01:11:22	311			1984	20	W30	01:09:37	219
777	W	238	Kobecke-Martin, Murielle	01:11:26	1322		TG Neuss	1951	5	W60	01:11:13	257
778	W	239	Brod, Melanie	01:11:29	1166			1985	21	W30	01:10:13	234
779	W	240	Cönen, Nina	01:11:37	632		Heiter Bis Sportlich	1967	52	W45	01:10:44	244
780		540	Wagner, Thomas	01:11:39	321			1977	48	M35	01:09:52	533
781	W	241	Hanefl, Nicole	01:11:39	332		LT Fersengold	1968	53	W45	01:10:37	243
782	W	242	Voigt, Jaroslava	01:11:41	866			1975	42	W40	01:09:59	230
783		541	Escher, Christoph	01:11:42	901		Marathonteam-Rating	1966	119	M45	01:10:20	544
784		542	Rother, Peter	01:11:43	1521		Brühl	1952	17	M60	01:10:12	542
785		543	Funk, Kay	01:11:43	1008		Köln läuft	1970	120	M45	01:10:12	543
786		544	Schäfer, Daniel	01:11:44	1508		Velbert	1977	49	M35	01:09:48	532
787	W	243	Mölders, Ulrike	01:11:44	1507		Team Aroma Ahoi	1980	27	W35	01:09:47	223
788		545	Pötsch, Achim	01:11:45	1467		Marathonteam-Online	1962	117	M50	01:10:57	548
789	W	244	Krüppel, Martina	01:11:45	1468		Marathonteam-Online	1965	33	W50	01:10:56	247
790		546	Drewitz, Helmut	01:11:46	271		marathonteam-online	1952	18	M60	01:10:59	552
791	W	245	Irmeler, Gudi	01:11:56	954		LG Gummersbach	1968	54	W45	01:11:23	260
792		547	Hardt, Georg	01:11:56	436		LG Gummersbach	1966	121	M45	01:11:22	561
793		548	Klumb, Martin	01:11:56	1334		TECTRION GmbH	1969	122	M45	01:10:50	547
794	W	246	Nieslony, Anna	01:12:01	242			1980	28	W35	01:11:30	262
795	W	247	Veiser, Anika	01:12:06	150		Glehner TV	1975	43	W40	01:11:43	265
796	W	248	Pieterrek, Michaela	01:12:08	147			1973	44	W40	01:11:53	268
797	W	249	Popp, Anke	01:12:09	556		Active Ladies	1982	22	W30	01:10:47	245
798		549	Kaysers, Michael	01:12:10	930		LT Alt-Erkrath	1960	55	M55	01:10:09	540
799		550	Liese, Hermann	01:12:10	1253		Glück auf Sportskam	1950	14	M65	01:10:58	551
800		551	Kuypers, Klaus	01:12:10	1233			1953	19	M60	01:10:58	550
801	W	250	Clauß, Birgit	01:12:11	1416		FC Straberg	1967	55	W45	01:11:05	253
802		552	Dewies, Dieter	01:12:13	1469		Marathonteam-Online	1954	20	M60	01:11:22	562
803		553	Hurtz, Guido	01:12:13	1466			1962	118	M50	01:11:23	563
804	W	251	Böhme, Ina	01:12:13	1214		Warm Up Fitness	1963	34	W50	01:10:29	238
805	W	252	Hessenbruch, Ingeburg	01:12:14	734		Reinshagener TB	1953	6	W60	01:10:37	242
806		554	Hessenbruch, Herbert	01:12:14	733		Reinshagener TB	1950	15	M65	01:10:37	546
807	W	253	Jandt, Claudia	01:12:17	1398		FC Straberg	1962	35	W50	01:11:11	255
808	W	254	Glym, Ilona	01:12:17	1527			1974	45	W40	01:11:01	248
809		555	Ulrich, Wilfried	01:12:18	1528			1963	119	M50	01:11:01	553
810		556	Berners, Guido	01:12:18	54			1971	76	M40	01:11:17	559
811		557	Burkhardt, Marco	01:12:18	235			1982	44	M30	01:10:58	549
812	W	255	Holtermann, Anja	01:12:28	726		TuS Opladen	1970	56	W45	01:11:45	267
813	W	256	Rössel, Claudia	01:12:30	829			1970	57	W45	01:10:34	239
814	W	257	Leers, Claudia	01:12:32	639		TV Frisch Auf Lennep	1960	8	W55	01:12:06	273
815		558	Küppers, Rolf	01:12:37	428		Team Rosa Socke	1966	123	M45	01:11:03	555
816		559	Grüning, Christoph	01:12:37	416		Team Rosa Socke	1959	56	M55	01:11:02	554
817	W	258	Prüß, Helga	01:12:37	989		Team Rosa Socke	1963	36	W50	01:11:04	252
818	W	259	Grüning, Elisabeth	01:12:37	417		Team Rosa Socke	1960	9	W55	01:11:02	249
819		560	Noiron, Maik	01:12:38	1438		Team Raphaelshaus	2000	4	MJ U16	01:11:10	558
820		561	Puzicha, Gergely	01:12:41	582		HTB	1989	38	M	01:11:19	560
821		562	Leygraf, Mario	01:12:42	204			1976	50	M35	01:11:09	557
822	W	260	de Bruin, Jennifer	01:12:42	203			1986	43	W	01:11:09	254
823	W	261	Lenzhölzer, Birgitt	01:12:42	538		TuS 05 Quettingen	1963	37	W50	01:11:13	256
824	W	262	Miggelbrink, Monika	01:12:43	907			1961	38	W50	01:12:03	270
825		563	Parisi, Can	01:12:48	1440		Team Raphaelshaus	2001	5	MJ U16	01:11:04	556

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
826	W	263	Müns, Christina	01:12:50	46			1969	58	W45	01:11:02	251
827	W	264	Rupnik, Ramona	01:12:50	597			1978	29	W35	01:11:02	250
828		564	Zdzieblik, Waldemar	01:12:50	547			1967	124	M45	01:12:00	573
829		565	Palm, Markus	01:12:51	543			1968	125	M45	01:11:27	565
830		566	Bindels, Stephan	01:12:51	498		BSV Eynatten	1966	126	M45	01:11:27	566
831	W	265	Schlombach, Nadine	01:12:59	558		Active Ladies	1985	23	W30	01:11:34	263
832	W	266	Kölzer, Naomi	01:12:59	1194		Laufen gegen Leiden	1989	44	W	01:12:16	275
833	W	267	Lützenkirchen, Regina	01:12:59	375		ASPC	1972	46	W40	01:11:38	264
834		567	Busse, Michael	01:12:59	374		ASPC	1970	127	M45	01:11:39	567
835	W	268	Pfeiffer, Marianne	01:13:00	1465		Zons	1957	10	W55	01:12:51	288
836		568	Saurwein, Herbert	01:13:05	581	AUT		1952	21	M60	01:12:51	578
837	W	269	Nieber, Frank	01:13:06	1217		Warm Up Fitness	1968	59	W45	01:11:22	258
838	W	270	Reiche, Dorit	01:13:06	1218		Warm Up Fitness	1970	60	W45	01:11:22	259
839		569	Eberhardt, Uwe	01:13:10	215		City Runner 2013	1956	57	M55	01:11:56	572
840	W	271	Oliveira, Annabella	01:13:13	399	POR		1964	39	W50	01:12:00	269
841		570	Boeckel, John	01:13:13	398		SC Unterbach	1966	128	M45	01:12:00	574
842		571	Klasen, Frank	01:13:13	524			1963	120	M50	01:11:23	564
843	W	272	Potreck, Michaela	01:13:15	1776		PSV Brühl Triathlon T	1974	47	W40	01:12:35	279
844		572	Potreck, Frank	01:13:15	1775		PSV Brühl Triathlon T	1971	77	M40	01:12:33	577
845	W	273	Schmitz, Maike	01:13:18	758		die Rennschnecken	1988	45	W	01:11:25	261
846	W	274	Straub, Claudia	01:13:20	849	SUI		1968	61	W45	01:11:44	266
847		573	Billert, Frank	01:13:20	823			1965	121	M50	01:11:55	571
848		574	Merda, Dieter	01:13:21	850			1960	58	M55	01:11:44	569
849	W	275	Steinheuer, Daniela	01:13:37	1231		Wuppertal	1978	30	W35	01:12:44	283
850		575	Werner, Andreas	01:13:42	43			1971	78	M40	01:12:57	581
851		576	Schacht, Marius	01:13:43	854			1983	45	M30	01:11:47	570
852		577	Engels, Uwe	01:13:45	1421		TSV Bayer Leverkusen	1965	122	M50	01:12:25	576
853	W	276	Wüstermann, Sandra	01:13:45	1338			1969	62	W45	01:12:25	277
854	W	277	Hoffmann, Klarissa	01:13:48	720			1992	46	W	01:12:45	284
855	W	278	Gierth, Susanne	01:13:48	879			1971	48	W40	01:12:37	280
856	W	279	Guhleemann, Ingrid	01:13:50	928		LT Alt-Erkrath	1950	2	W65	01:12:37	281
857	W	280	Mandt, Angelika	01:13:51	557		Active Ladies	1960	11	W55	01:12:07	274
858	W	281	Heß- Knauf, Frauke	01:13:53	1594		LT Gruiten Neanderta	1970	63	W45	01:12:26	278
859	W	282	Bisanz, Judith	01:13:55	55			1973	49	W40	01:12:04	272
860	W	283	Braitsch, Angela	01:13:55	56			1974	50	W40	01:12:04	271
861		578	Neubert, Eddi	01:13:56	182			1970	129	M45	01:13:40	589
862	W	284	Bewersdorf, Ulrike	01:13:57	1614		FC Straberg	1965	40	W50	01:12:21	276
863		579	Todtenhöfer, Klaus	01:13:58	1571			1963	123	M50	01:11:40	568
864		580	Vrba, Andreas	01:14:08	984			1963	124	M50	01:12:05	575
865	W	285	Üffing, Janette	01:14:13	1053		TV Frisch auf Lennep	1973	51	W40	01:13:10	294
866	W	286	Fesser, Ines	01:14:14	82			1968	64	W45	01:12:47	285
867	W	287	Reuling, Katja	01:14:14	81			1973	52	W40	01:12:47	286
868	W	288	Haarer, Britta	01:14:17	303			1971	53	W40	01:12:39	282
869	W	289	Jörges, Sabine	01:14:19	589			1971	54	W40	01:13:46	304
870		581	Schermann, Manfred	01:14:20	1536			1943	4	M70	01:14:03	593
871	W	290	Ruhrmann, Gitti	01:14:20	218		Team Maxmo	1960	12	W55	01:14:00	305
872	W	291	Hottenbacher, Ruth	01:14:28	268		LG Füreinander	1954	7	W60	01:12:50	287
873		582	Gedig, Christian	01:14:30	797			1992	39	M	01:13:39	588
874	W	292	Fruhn, Monika	01:14:30	1486		Pulheim	1952	8	W60	01:13:28	298
875		583	Pyschny, Jonas	01:14:31	572		Family Run	1995	40	M	01:12:52	579
876	W	293	Pyschny, Tabita	01:14:34	574		Family Run	1998	6	WJ U18	01:12:54	290
877		584	Lachnitt, Jörg	01:14:34	1222			1968	130	M45	01:13:23	586
878	W	294	Senff-Lachnitt, Kirsten	01:14:35	661		Active Ladies	1970	65	W45	01:13:23	297
879	W	295	Koelln, Silke	01:14:36	1034			1973	55	W40	01:13:31	299
880	W	296	Wiegand, Melanie	01:14:36	1032			1982	24	W30	01:13:31	300

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
881		585	Renner, Michael	01:14:37	762		Die Renners	1964	125	M50	01:13:33	587
882	W	297	Renner, Julia	01:14:37	764		Die Renners	1996	5	WJ U20	01:13:32	302
883	W	298	Söker-Ocklenburg, Rilana	01:14:42	513			1975	56	W40	01:14:27	311
884	W	299	Neumann, Isabelle	01:14:43	757		die Rennschnecken	1972	57	W40	01:12:52	289
885	W	300	Röder, Katrin	01:14:46	22		Team Rölfies	1971	58	W40	01:13:22	296
886	W	301	Rosenthal, Michaela	01:14:46	1619			1968	66	W45	01:13:04	292
887		586	Denü, Uwe	01:14:49	420		Run For Run	1952	22	M60	01:14:46	607
888	W	302	von Pollah, Ulla	01:14:50	1596		Lauffreunde Niers	1962	41	W50	01:13:09	293
889		587	Erkelenz, Ralf	01:14:50	1598		Lauffreunde Niers	1962	126	M50	01:13:10	582
890		588	Göbels, Hans	01:14:51	1252		DJK VfL Forstwald	1938	1	M75	01:14:33	602
891		589	Pries, Dominique	01:14:51	1625		Düsseldorf	1985	46	M30	01:12:54	580
892	W	303	Grasmück, Sonja	01:14:52	1624		Düsseldorf	1982	25	W30	01:12:54	291
893	W	304	Tiedtke, Antje	01:14:52	736		Reinshagener TB	1966	67	W45	01:13:15	295
894	W	305	Becker, Bianka	01:14:54	634		TUS82 Opladen	1974	59	W40	01:14:12	307
895		590	Kling, Ralf	01:14:54	281			1968	131	M45	01:13:15	584
896		591	Tillmann, Hans-Josef	01:14:55	1758		Overath	1961	127	M50	01:13:42	590
897		592	Pfeiffer, Dirk	01:15:06	1311		TSV Norf	1964	128	M50	01:13:18	585
898		593	Tontsch, Rüdiger	01:15:06	643		LC Weilerswist	1960	59	M55	01:13:12	583
899		594	Bartsch, Klaus	01:15:23	927		LT Alt-Erkrath	1955	23	M60	01:14:10	595
900	W	306	Mcdevitt, Helen	01:15:24	261	IRL		1979	31	W35	01:14:22	310
901		595	Rübenhagen, Arnd Joachi	01:15:25	877			1950	16	M65	01:14:25	599
902	W	307	Elle, Regina	01:15:25	760		die Rennschnecken	1963	42	W50	01:13:32	301
903		596	Brock, Reiner	01:15:31	848		Pulheimer SC	1953	24	M60	01:14:46	606
904	W	308	Görtz, Eva	01:15:31	666			1975	60	W40	01:14:49	316
905		597	Hein, Manfred	01:15:31	1512		Pulheimer SC	1947	17	M65	01:14:48	608
906	W	309	Seidler, Brigitte	01:15:32	663		Pulheimer SC	1954	9	W60	01:14:49	317
907	W	310	Mostert, Christina	01:15:33	759		die Rennschnecken	1988	47	W	01:13:41	303
908	W	311	Teichmann, Christine	01:15:41	133			1959	13	W55	01:15:08	324
909		598	Liptau, Patrick	01:15:41	1497		Remscheinberg	1995	41	M	01:13:53	592
910		599	Teilnehmer, Unbekannt	01:15:41	1496			1995	42	M	01:13:53	591
911	W	312	Stöter, Elvira	01:15:47	1605		Reinshagener TB	1974	61	W40	01:14:09	306
912	W	313	Möcklinghoff, Nina	01:15:49	926		LT Alt-Erkrath	1975	62	W40	01:14:29	312
913	W	314	Höfker, Brigitte	01:15:49	1164		Kempen	1962	43	W50	01:14:22	309
914		600	Reuter, Armin	01:15:49	1040		Kempener TV	1964	129	M50	01:14:22	598
915	W	315	Müller, Marianne	01:15:50	176		LTV Remscheid	1951	10	W60	01:15:03	321
916		601	Kosack, Reimar	01:15:51	868			1976	51	M35	01:14:09	594
917		602	Schaffrath, Henry	01:15:52	413		Team Turbo	1975	79	M40	01:14:19	597
918	W	316	Frommo, Susan	01:15:58	587		LT Neandertal Gruite	1973	63	W40	01:15:24	328
919	W	317	Bronkalla, Michaele	01:15:59	654		Randys Road Runner	1967	68	W45	01:14:37	315
920		603	Voges, Matthias	01:15:59	1588		Gast Randys Road Ru	1975	80	M40	01:14:38	604
921		604	Ardalan, Markus	01:15:59	586		Randys Road Runner	1967	132	M45	01:14:38	605
922		605	Lindemann, Michael	01:16:00	392			1972	81	M40	01:15:10	615
923		606	Hengstebeck, Ralf	01:16:01	18			1961	130	M50	01:15:03	612
924	W	318	Hengstebeck, Bettina	01:16:01	19			1967	69	W45	01:15:03	322
925	W	319	Reissel, Carina	01:16:06	694		Bayer CropScience	1963	44	W50	01:14:20	308
926	W	320	Jochims, Birgitt	01:16:07	919		LT Alt-Erkrath	1961	45	W50	01:14:54	318
927		607	Wirtz, Kai	01:16:13	116		Pink Flönz	1970	133	M45	01:14:26	600
928		608	Jambor, Ernst	01:16:14	743			1956	60	M55	01:14:11	596
929		609	Scharf, Erich	01:16:18	1062		TV Frisch auf Lennep	1951	25	M60	01:14:34	603
930	W	321	Saalfeld, Susanne	01:16:20	1541		Lauffreunde Niers Mö	1961	46	W50	01:14:31	313
931	W	322	Bader, Claudia	01:16:21	716			1967	70	W45	01:14:32	314
932		610	Kross, Olaf	01:16:22	289			1962	131	M50	01:15:43	622
933		611	Kaska, Veno	01:16:23	1147			1967	134	M45	01:14:28	601
934		612	Preisendörfer, Günter	01:16:33	1333		TECTRION GmbH	1963	132	M50	01:15:09	614
935	W	323	Kamp, Susanne	01:16:38	735		Reinshagener TB	1964	47	W50	01:15:01	320

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
936		613	Volkmer, Hans Peter	01:16:38	738		Reinshagener TB	1945	5	M70	01:15:00	610
937		614	Kuhstoss, Norman	01:16:39	1060		TV Frisch auf Lennep	1948	18	M65	01:14:55	609
938		615	Sudmeyer, Ulrich	01:16:48	192		1. FC Spich Lauftreff	1949	19	M65	01:15:05	613
939	W	324	Meid, Carla	01:16:48	205		1. FC Spich	1985	26	W30	01:15:05	323
940	W	325	Müller, Sylvia	01:16:53	1012			1980	32	W35	01:15:01	319
941		616	Werner, Uwe	01:16:53	1013			1960	61	M55	01:15:01	611
942	W	326	Schaffmeister, Nicole	01:16:55	925		LT Alt-Erkrath	1964	48	W50	01:15:08	325
943	W	327	Momo, Pensel	01:17:00	110			1970	71	W45	01:15:39	330
944		617	Spickernagel, Marc	01:17:00	111			1964	133	M50	01:15:39	620
945		618	Nijmeijer, Marten	01:17:03	987		LT Dünwalder TV	1958	62	M55	01:15:23	617
946	W	328	Fausten, Michelle	01:17:05	1771		Düsseldorf	1989	48	W	01:15:43	331
947		619	Kramer, Christian	01:17:08	766		Danger Team Anstel	1993	43	M	01:15:23	618
948		620	Kramer, Norbert	01:17:08	765		Danger Seeker Anstel	1964	134	M50	01:15:23	619
949		621	Fischer, Marc	01:17:10	698		Bayer CropScience	1970	135	M45	01:16:02	624
950	W	329	Waschke, Jennifer	01:17:10	200			1988	49	W	01:15:59	335
951	W	330	Boldt, Carina	01:17:10	857			1987	50	W	01:15:59	336
952	W	331	Gahtow, Regina	01:17:17	317		SG Worringen	1965	49	W50	01:15:32	329
953		622	Zielony, Kurt	01:17:18	269		LG Füreinander	1939	2	M75	01:15:39	621
954		623	Caputo, Giuseppe	01:17:19	1506			1965	135	M50	01:16:51	635
955		624	Dribusch, Matthias	01:17:19	130			1983	47	M30	01:16:11	628
956	W	332	Sauer, Corinna	01:17:22	1005			1997	6	WJ U20	01:16:46	346
957		625	Schwabe, Michael	01:17:23	672		Bayer CropScience	1969	136	M45	01:16:37	631
958	W	333	Welter, Stephanie	01:17:23	842			1988	51	W	01:15:18	327
959	W	334	Peltzer, Constanze	01:17:23	843			1989	52	W	01:15:17	326
960		626	Storz, Ulrich	01:17:23	1603		Dormagen	1969	137	M45	01:15:17	616
961		627	Mitschke, Tobias	01:17:24	419			1986	44	M	01:16:05	625
962	W	335	Mitschke, Stefanie	01:17:25	418			1985	27	W30	01:16:05	337
963	W	336	Förster, Conny	01:17:28	93		LT Gruiten-Neanderta	1968	72	W45	01:16:36	342
964	W	337	Wallborn, Petra	01:17:33	94		LT Gruiten-Neanderta	1964	50	W50	01:16:41	345
965	W	338	Stauch, Kathrin	01:17:34	357		1. FC Spich	1973	64	W40	01:15:51	333
966	W	339	Reese, Annika	01:17:39	1020			1995	53	W	01:16:07	339
967		628	Reese, Frank	01:17:39	234		Moerser TV	1965	136	M50	01:16:07	627
968	W	340	Hille, Ulrike	01:17:40	1135		Dormagen	1957	14	W55	01:16:06	338
969	W	341	Palmer, Bettina	01:17:43	872		Düsseldorf	1969	73	W45	01:15:44	332
970		629	Egerland, Wilfried	01:17:43	1488		Röntgenknacker	1942	6	M70	01:16:40	632
971		630	Machado, Anton	01:17:44	1474		LT Alt-Erkrath	1949	20	M65	01:15:57	623
972	W	342	Rebernik, Christiane	01:17:44	938		LT Alt-Erkrath	1964	51	W50	01:15:56	334
973	W	343	Busse, Iris	01:17:46	1607		Running Mommies	1971	65	W40	01:16:19	340
974		631	Becker, Helmut	01:17:49	719			1966	138	M45	01:16:46	634
975	W	344	Schumacher, Petra	01:17:51	1351		Skiclub Remscheid	1964	52	W50	01:16:36	343
976	W	345	Döring, Nele	01:17:51	1430		LG Remscheid	1998	7	WJ U18	01:16:35	341
977		632	Hamann, Frank	01:17:53	20			1970	139	M45	01:16:06	626
978		633	Bender, Stefan	01:17:57	1010			1960	63	M55	01:16:28	630
979		634	Maier, Roland	01:18:04	1064		TV Frisch auf Lennep	1939	3	M75	01:16:20	629
980	W	346	Ullosat, Ruth	01:18:10	387			1961	53	W50	01:16:52	348
981		635	Mallmann, Torsten	01:18:11	1198			1974	82	M40	01:17:42	642
982		636	Rasselnberg, Daniel	01:18:12	1472		Zons SG FC	1983	48	M30	01:17:42	641
983	W	347	Wolter, Christiane	01:18:39	1191			1975	66	W40	01:16:41	344
984		637	Osthues, Andreas	01:18:39	1016		Marathon Ibbenbüren	1967	140	M45	01:16:40	633
985	W	348	Claesges, Jill	01:18:42	1550		Laufteam Cinedom	1973	67	W40	01:17:10	349
986	W	349	Kather, Monika	01:18:42	752		die Rennschnecken	1971	68	W40	01:16:51	347
987	W	350	Wetzel, Katja	01:18:47	800			1970	74	W45	01:17:38	354
988		638	Leismann, Manfred	01:18:49	806		TV Witzhelden	1947	21	M65	01:17:39	639
989	W	351	Niemann, Kerstin	01:18:54	1067		SV Rosellen	1963	54	W50	01:17:25	351
990		639	Heinrichs, Carsten	01:18:58	45		SV Dormagen Höhen	1983	49	M30	01:17:42	640

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
991	W	352	Schmittner, Anne	01:18:58	44		SV Dormagen Höhen	1991	54	W	01:17:42	355
992		640	Kampmeier, Raphael	01:19:03	1593			1971	83	M40	01:17:02	636
993		641	Seeber, Gerd	01:19:04	1576			1958	64	M55	01:17:03	637
994	W	353	Perschke, Helga	01:19:07	603		LT Dünwald TV	1963	55	W50	01:17:24	350
995	W	354	Bergner-Döring, Anja	01:19:07	1429		always3 - Laufen in	1966	75	W45	01:17:51	356
996		642	Zarembowicz, Matthias	01:19:24	197			1982	50	M30	01:17:57	648
997		643	Makselon, Mischek	01:19:24	361			1984	51	M30	01:17:56	647
998	W	355	Schlattmann, Alexandra	01:19:25	751		die Rennschnecken	1971	69	W40	01:17:33	352
999	W	356	Brix, Yvonne	01:19:25	756		die Rennschnecken	1970	76	W45	01:17:35	353
1000		644	Gabriel, David	01:19:30	86		Chemion Logistik Gm	1985	52	M30	01:17:34	638
1001		645	Schultes, Johannes	01:19:39	1613		FC Straberg	1964	137	M50	01:18:03	649
1002	W	357	Koopmann, Anke	01:19:40	646			1967	77	W45	01:18:48	367
1003	W	358	Kress, Angelika	01:19:40	645			1966	78	W45	01:18:48	366
1004		646	Schmitz, Peter	01:19:42	1602		LG FSUE Düsseldorf	1946	22	M65	01:18:19	650
1005		647	Proenen, Karl-Heinz	01:19:43	1420		LC Weilerswist	1959	65	M55	01:17:48	643
1006		648	Kasek, Patrick	01:19:44	1043			1987	45	M	01:18:54	656
1007	W	359	Leithäuser, Ulrike	01:19:45	934		LT Alt-Erkrath	1980	33	W35	01:17:59	358
1008	W	360	Mirbach, Petra	01:19:46	940		LT Alt-Erkrath	1967	79	W45	01:18:00	359
1009	W	361	Schuster, Brandi	01:19:47	789	USA		1978	34	W35	01:18:50	368
1010		649	Weber, Guido	01:19:47	456			1968	141	M45	01:17:54	644
1011	W	362	Stilling, Anne	01:19:48	454			1969	80	W45	01:17:56	357
1012		650	Spangenberg, Stefan	01:19:48	455			1967	142	M45	01:17:54	646
1013		651	Sternkopf, Jan	01:19:49	1436		Team Raphaelshaus	2000	6	MJ U16	01:18:20	651
1014		652	Gründgens, Gregor	01:19:49	453			1969	143	M45	01:17:54	645
1015	W	363	Wollgarten, Bianca	01:19:53	273		Kölner OL-Team	1952	11	W60	01:18:13	360
1016	W	364	Glagow, Nina	01:20:08	266		Deutsche Rheuma-Li	1979	35	W35	01:19:14	371
1017		653	Broich, Ralph	01:20:09	265		Ford FCSD	1970	144	M45	01:19:14	658
1018		654	Kemmerling, Frank	01:20:13	41		SC Bayer 05	1968	145	M45	01:18:30	652
1019	W	365	Wingenbach, Andrea	01:20:13	1364		always3 - Laufen in	1964	56	W50	01:18:58	369
1020	W	366	Niemeier, Sabine	01:20:17	166			1973	70	W40	01:18:43	364
1021		655	Klager, Stefan	01:20:17	165			1961	138	M50	01:18:43	654
1022	W	367	Berghoff, Sabrina	01:20:17	507			1980	36	W35	01:18:32	363
1023		656	Döhne, Lars	01:20:17	506			1975	84	M40	01:18:34	653
1024	W	368	Schlangen, Beate	01:20:20	1326		Städt. GGS Kleinenbr	1968	81	W45	01:18:24	361
1025	W	369	Schlangen, Astrid	01:20:21	1327		Städt. GGS Kleinenbr	1975	71	W40	01:18:25	362
1026		657	Persé, Jürgen	01:20:39	1014		RTC Frechen 80	1956	66	M55	01:18:44	655
1027	W	370	Edeling, Marion	01:20:42	821		BvS Dormagen	1968	82	W45	01:18:47	365
1028	W	371	Bornemann, Kerstin	01:20:46	739		Reinshagener TB	1969	83	W45	01:19:10	370
1029		658	Kragt, Wilfried	01:20:56	1601			1957	67	M55	01:19:10	657
1030	W	372	Johnen-Cremer, Monika	01:20:57	460			1968	84	W45	01:20:02	372
1031		659	Förster, Karsten	01:21:29	798		Karate-Do-Dormagen	1968	146	M45	01:20:13	661
1032		660	Stinnesbeck, Simon	01:21:30	1534		Neukirchen	1984	53	M30	01:19:58	659
1033	W	373	Ricarda, Marcus	01:21:32	422		Reinshagener TB	1957	15	W55	01:20:14	373
1034	W	374	May, Simone	01:21:41	1415		FC Straberg	1968	85	W45	01:20:35	374
1035	W	375	Busowitz Wüllenweber, Bi	01:22:02	615		BSG Stadt Remscheid	1961	57	W50	01:20:38	375
1036	W	376	Fiedler, Susanne	01:22:02	624		Röntgen Sport Club R	1952	12	W60	01:20:38	376
1037		661	Riedl, Michael	01:22:03	613			1963	139	M50	01:20:03	660
1038	W	377	Buse, Andrea	01:22:20	576		Skiclub Remscheid	1964	58	W50	01:21:03	377
1039	W	378	Bertram, Ina	01:22:45	423		Reinshagener TB	1964	59	W50	01:21:28	379
1040	W	379	Vetter, Dagmar	01:23:02	737		Reinshagener TB	1962	60	W50	01:21:24	378
1041	W	380	Stölting, Elke	01:23:18	883			1975	72	W40	01:21:30	380
1042		662	New, Rolf	01:23:18	1063		TV Frisch auf Lennep	1946	23	M65	01:21:13	662
1043	W	381	Renner, Melanie	01:23:50	103			1977	37	W35	01:22:38	386
1044		663	Kleideiter, Ralf	01:23:51	99			1967	147	M45	01:23:19	664
1045	W	382	Müller, Birgit	01:23:53	952		Goldenberger TV Re	1949	3	W65	01:23:05	388

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1046	W	383	Schmitte, Nicole	01:23:57	108		DJK Kleinenbroich Vol	1976	38	W35	01:22:29	383
1047		664	Kolberg, Reiner	01:23:57	1037			1966	148	M45	01:22:27	663
1048	W	384	Ameis, Christiane	01:23:57	1038			1975	73	W40	01:22:27	382
1049	W	385	Rosen, Nadine	01:24:03	936		LT Alt-Erkrath	1977	39	W35	01:22:17	381
1050	W	386	Havemann, Birgit	01:24:15	191		Team Erdinger Alkoh	1971	74	W40	01:22:43	387
1051	W	387	Dorn, Petra	01:24:18	255		Lauftreff- Alt- Erkrath	1950	4	W65	01:22:32	385
1052	W	388	Graf, Viktoria	01:24:18	942		LT Alt-Erkrath	1991	55	W	01:22:32	384
1053	W	389	Tilly, Sandra	01:25:19	946		TuS 05 Quettingen	1983	28	W30	01:23:39	389
1054	W	390	Lentes, Barbara	01:25:42	232			1978	40	W35	01:24:00	390
1055	W	391	Werner, Marion	01:26:32	614		DTV 1847 EV	1965	61	W50	01:24:32	391
1056		665	Gabriel, Andreas	01:28:49	80			1965	140	M50	01:26:52	665
1057		666	Nello, Simeone	01:29:10	933		LT Alt-Erkrath	1946	24	M65	01:27:49	666
1058		667	Becher, Heinz	01:30:46	1597		Lauffreunde Niers	1956	68	M55	01:29:06	667
1059	W	392	Becher, Sabine	01:30:46	1595		Lauffreunde Niers	1966	86	W45	01:29:06	392
1060		668	Ständer, Friedhelm	01:31:16	452		Destination Anywher	1945	7	M70	01:30:10	668
1061		669	Beisheim, Gerd	01:32:30	1568		Margarethenhof	1954	26	M60	01:30:40	670
1062	W	393	Brimmers, Kristi	01:32:30	1591		Margarethenhof	1964	62	W50	01:30:40	393
1063		670	Otulak, Holger	01:32:30	1599		Margarethenhof Dor	1973	85	M40	01:30:40	669
1064	W	394	Frick, Jacqueline	01:34:15	104			1979	41	W35	01:32:57	394
1065		672	Scheid, Samuel	01:35:25	1441		Team Raphaelshaus	2001	7	MJ U16	01:33:41	671
1066		671	Houtermann, Michael	01:35:25	684		Bayer CropScience	1970	149	M45	01:34:36	672
1067	W	395	Jung, Anne	01:38:47	658		Active Ladies	1976	42	W35	01:37:11	395
1068	W	396	Bühning, Katrin	01:43:38	660		Active Ladies	1976	43	W35	01:42:03	396
1069	W	397	Küller, Julia	01:45:30	659		Active Ladies	1970	87	W45	01:43:54	398
1070	W	398	Sturm-Platz, Britta	01:45:53	1151			1962	63	W50	01:43:50	397
1071		673	Vitt, Hubert	01:45:53	1153			1954	27	M60	01:43:52	673
1072	W	399	Fuchs, Christa	01:47:53	1254			1956	16	W55	01:45:55	399