

7 Meilen von Zons



7 Meilen

So. 26. September 2014

SG Zons 1971 e.V.

TEAMSOFT-SPORTZEIT.DE

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1		1	Lenz, Wolfgang	00:38:42	1674		Rhein-Marathon Düss	1967	1	M45	00:38:40	1
2		2	Gossmann, Alexander	00:38:50	1630		SFD 75 Düsseldorf	1985	1	M	00:38:47	2
3		3	Heising, Carl Philip	00:39:28	1594		LAV Bayer Dormagen	1994	2	M	00:39:25	3
4		4	Wilke, Richard	00:39:56	1637		Aachener TG	1992	3	M	00:39:53	4
5		5	Kaminski, Damian	00:40:43	1631		Flinke Füchse	1989	4	M	00:40:41	6
6		6	Stevens, André	00:40:43	1662		Mönchengladbacher	1985	5	M	00:40:41	5
7		7	Rück, Matthias	00:41:11	1336		TG Neuss	1982	1	M30	00:41:08	8
8		8	Schröder, Frank	00:41:11	1639		Sportlerherz Personal	1968	2	M45	00:41:08	7
9		9	Reiß, Björn	00:41:38	626		LSF Münster	1976	1	M35	00:41:34	9
10		10	Knipping, Andreas	00:41:44	1629		SFD 75 Düsseldorf	1990	6	M	00:41:40	10
11		11	Matke, Jan	00:41:51	1611		LAV Bayer Uerdingen	1993	7	M	00:41:48	11
12		12	Cronin, Ger	00:42:02	1136	IRL	Pulheim SC Triathlon	1969	3	M45	00:41:59	12
13	W	1	Ojstersek, Svenja	00:42:04	1626		SFD 75 Düsseldorf	1994	1	W	00:42:01	1
14		13	Scheithauer, Uwe	00:42:53	604		DJK Rheinkraft Neuss	1969	4	M45	00:42:50	13
15		14	Kurth, Jürgen	00:43:24	1614		Puhlheimer SC	1963	1	M50	00:43:21	14
16		15	Sieberger, Gero	00:43:43	410		Spiridon Frankfurt	1973	1	M40	00:43:36	15
17		16	Gläßer, Harald	00:43:43	624		SG Zons	1968	5	M45	00:43:39	16
18		17	Esser, Björn	00:43:48	1191		Veggie Athletes	1980	2	M30	00:43:45	17
19		18	Czarnietzki, Bernd	00:44:00	1082		TG Neuss	1963	2	M50	00:43:56	18
20		19	Nigius, Joshua	00:44:05	1595		TSV Bayer Dormagen	1997	1	MJ U18	00:44:01	20
21		20	Schmitz, Axel	00:44:12	965		Warm Up Fitness	1977	2	M35	00:44:01	19
22		21	Exner, Leonhard	00:44:42	515			1994	8	M	00:44:35	21
23	W	2	Maak, Petra	00:44:44	1241		TSV Bayer Dormagen	1964	1	W50	00:44:40	2
24		22	Geilenberg, Mark	00:44:51	1712		Hildener AT Triathlon	1976	3	M35	00:44:47	23
25		23	Dunkel, Marcus	00:44:51	1564		TSV Bayer Dormagen	1997	2	MJ U18	00:44:46	22
26		24	Roszinsky, Simon	00:44:55	882		ASC Rosellen/Neuss	1982	3	M30	00:44:52	24
27		25	Kox, Jochen	00:45:04	1143		DJK Kleinenbroich	1971	2	M40	00:44:58	25
28		26	Sindern, Jörn	00:45:11	1560		Meerbusch	1967	6	M45	00:45:00	26
29		27	Kirbach, Peter	00:45:19	1129		SG Holzheim	1969	7	M45	00:45:14	27
30		28	Siebertz, Jan	00:45:24	768			1981	4	M30	00:45:15	28
31		29	Hannen, Markus	00:45:35	1671			1968	8	M45	00:45:32	29
32		30	Thapa, Atul	00:45:44	1139		DJK Kleinenbroich	1968	9	M45	00:45:36	30
33		31	Stichler, Karsten	00:46:02	782		ASV Köln Triathlon	1980	5	M30	00:45:42	31
34		32	Juckel, Dr. Bernd	00:46:17	1194		SG Neukirchen-Hülch	1950	1	M60	00:46:12	32
35		33	Metzler-Nesbeda, Thomas	00:46:24	700		TSV Bayer 04 Laufre	1968	10	M45	00:46:12	33
36		34	Fischer, Steffen	00:46:32	1077		TG Neuss	1970	3	M40	00:46:25	34
37		35	Fiekers, Stefan	00:46:38	1141		DJK Kleinenbroich	1980	6	M30	00:46:31	35
38		36	Ballmann, Kai	00:46:41	1138		DJK Kleinenbroich	1989	9	M	00:46:36	36
39		37	Hüren, Andreas	00:46:46	1374		ASV Duisburg	1969	11	M45	00:46:40	37
40		38	Conradi, Oliver	00:46:47	1242		Evonik Industries AG	1971	4	M40	00:46:41	38
41		39	Decker, Andreas	00:46:54	452		Flupo	1967	12	M45	00:46:49	39
42		40	Münch, Thomas	00:47:06	614		Cross-LG Rhein	1968	13	M45	00:47:00	40
43	W	3	Bach, Daniela	00:47:11	573		SG Neukirchen-Hülch	1975	1	W35	00:47:08	3
44		41	Kloss, Mehmet	00:47:22	861		Pulheimer SC Triathl	1969	14	M45	00:47:11	41
45		42	Schmitz, Rüdiger	00:47:39	142		RS Running Team	1967	15	M45	00:47:37	42
46		43	Schmidt, Rene	00:47:52	1588		LG Schnecke Düsseld	1970	5	M40	00:47:47	43
47		44	Przewloka, Joachim	00:47:56	1088		TG Neuss	1962	3	M50	00:47:49	44
48		45	Lüpertz, Stephan	00:47:56	1115		SG Holzheim	1982	7	M30	00:47:51	45
49		46	Tups, Thomas	00:48:00	1478		TG Neuss	1971	6	M40	00:47:53	46
50		47	Fischermann, Thorsten	00:48:03	1142		DJK Kleinenbroich	1972	7	M40	00:47:53	47
51		48	Birkhahn, Mike	00:48:09	351			1974	8	M40	00:48:01	48
52		49	Mannheim, Stephan	00:48:11	995		LLG 80 Nordpark Köl	1975	4	M35	00:48:07	50
53		50	Püll, Stephan	00:48:11	1151			1975	5	M35	00:48:04	49
54		51	Schlattmann, Kai	00:48:40	731		Bayer CropScience	1972	9	M40	00:48:36	52
55		52	Lang, Udo	00:48:46	1384			1965	16	M45	00:48:38	53
56		53	Werthmüller, Philipp	00:48:47	398		LG Sylter Nordlicht	1979	6	M35	00:48:21	51
57	W	4	Riethausen, Carola	00:48:49	1094			1998	1	WJ U18	00:48:37	4
58		54	Jagnow, Dirk	00:48:51	1376		Puli barátok	1970	10	M40	00:48:41	54

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
59		55	Koch, Jörn	00:48:54	510		TuRa Brügggen 1923	1979	7	M35	00:48:45	55
60		56	Wolters, Frank	00:48:56	1337		TG Neuss	1968	17	M45	00:48:49	56
61		57	Mlody, Joseph	00:49:08	877		EL Randkanal	1997	3	MJ U18	00:48:59	58
62		58	Bäker, Thomas	00:49:09	1604		Köln	1964	4	M50	00:49:02	59
63		59	Bärenfänger, Bastian	00:49:10	1010			1981	8	M30	00:49:03	60
64		60	Heilig, Christian	00:49:13	1556		Mönchengladbach	1971	11	M40	00:49:07	61
65		61	Pakusa, Björn	00:49:17	1011			1981	9	M30	00:49:09	62
66		62	Marek, Adrian	00:49:18	1593		Für Hürth	1972	12	M40	00:48:54	57
67		63	Hebmüller, Jörg	00:49:30	1081		TG Neuss	1965	18	M45	00:49:23	63
68		64	Lemke, Gordon	00:49:38	1558		Tri Club Wuppertal	1981	10	M30	00:49:30	68
69		65	Helfenstein, Willy	00:49:40	1196		SG Neukirchen-Hülch	1958	1	M55	00:49:30	67
70		66	Neimeke, Ralf	00:49:43	1636		Superpunk	1970	13	M40	00:49:32	69
71		67	Mika, Sven	00:49:47	1613		RAD Mika	1971	14	M40	00:49:38	70
72		68	Schneider, Carsten	00:49:48	1576		Ski Club Cronenberg	1972	15	M40	00:49:29	66
73		69	Schillings, Hubert	00:49:50	1563		Synchrodent Team D	1962	5	M50	00:49:41	71
74	W	5	Schmitz, Claudia	00:50:03	638		ASC Rosellen/Neuss	1972	1	W40	00:49:59	5
75		70	Gora, Stefan	00:50:06	1551		Grün Weiß Rot Büder	1976	8	M35	00:49:53	73
76		71	Flaßkamp, Michael	00:50:08	692			1978	9	M35	00:49:24	64
77		72	Zimmermann, Christof	00:50:08	1410			1979	10	M35	00:49:25	65
78		73	Fetten, Heijo	00:50:08	1048		LLG 80 Nordpark Köl	1952	2	M60	00:50:04	75
79		74	Stoll, Konstantin	00:50:09	723		neuraxpharm Arznei	1975	11	M35	00:50:05	76
80		75	Schaffarczyk, Bernd	00:50:10	147		LSV Porz	1960	6	M50	00:49:50	72
81		76	Mittasch, Markus	00:50:11	1275		Langsam läuft am län	1968	19	M45	00:49:57	74
82	W	6	Korz, Sabine	00:50:16	1452		LAZ Puma Rhein-Sieg	1980	1	W30	00:50:10	6
83		77	Rottmann, Dennis	00:50:20	1425		FC Straberg	1981	11	M30	00:50:14	78
84	W	7	Wilke, Belinda	00:50:27	1087		TG Neuss	1960	2	W50	00:50:22	7
85		78	Dömlt, Christian	00:50:31	1193		SG Neukirchen-Hülch	1959	2	M55	00:50:18	79
86		79	Kukovicic, Thorsten	00:50:33	1330			1986	10	M	00:50:12	77
87		80	Meyer, Oliver	00:50:35	830		DJK Ommerborn San	1970	16	M40	00:50:22	80
88	W	8	Jäkel, Merle	00:50:36	1635			1975	2	W35	00:50:25	9
89	W	9	Krämer, Alexandra	00:50:38	1641		SV 09 35 Wermelskir	1990	2	W	00:50:22	8
90		81	Kamper, Michael	00:50:43	1144		DJK Kleinenbroich	1977	12	M35	00:50:35	82
91		82	Schürlein, André	00:51:04	640			1967	20	M45	00:50:47	83
92	W	10	Strunk, Katharina	00:51:06	1627		SFD 75 Düsseldorf	1991	3	W	00:50:53	10
93		83	Doil, Carsten	00:51:08	1036		TS 79 Bergisch Gladb	1966	21	M45	00:50:50	85
94		84	Peters, Joachim	00:51:12	261		Blitz Brothers	1974	17	M40	00:50:58	88
95		85	Schott, Jens	00:51:12	750		Bayer CropScience	1976	13	M35	00:51:02	89
96		86	Broichmann, Martin	00:51:16	1274		Karate-Do-Dormagen	1975	14	M35	00:51:08	92
97		87	Fink, Alexander	00:51:17	252			1981	12	M30	00:51:05	91
98		88	Rath, Frank	00:51:18	1607		TV Hochneukirch	1961	7	M50	00:50:57	87
99		89	Göricke, Jens	00:51:21	1267		bährenjagd	1985	11	M	00:50:50	86
100		90	Soethout, Guido	00:51:25	1460	NED	Laufmonster	1955	3	M55	00:51:04	90
101		91	Zurheide, Stephan	00:51:26	866			1981	13	M30	00:51:18	95
102		92	Walter, Michael	00:51:29	1616		Nacktschneckenjäger	1967	22	M45	00:51:13	94
103		93	Melzer, Frank	00:51:32	749		Bayer CropScience	1964	8	M50	00:51:22	97
104		94	Grabowski, Bert	00:51:36	963		LT Friedrichsberg	1960	9	M50	00:51:12	93
105		95	Böhme, Constantin	00:51:40	978		Warm Up Fitness	1996	1	MJ U20	00:51:25	98
106		96	Eckstein, Raik	00:51:42	878		EL Randkanal	1974	18	M40	00:51:32	100
107		97	Mock, Stephan	00:51:44	1092		TFV Straberg	1964	10	M50	00:51:35	101
108	W	11	Medici, Francesca	00:51:47	1628		SFD 75 Düsseldorf	1989	4	W	00:51:33	11
109		98	Gaschler, Achim	00:51:47	295		Jung Welmot 1995	1979	15	M35	00:50:31	81
110		99	Tiller, Mirko	00:51:48	372			1969	23	M45	00:51:41	107
111		100	Percic, Stefan	00:51:48	1383		ESC Preußen Essen 0	1960	11	M50	00:51:41	106
112		101	Paulini, Bernd	00:51:49	592			1978	16	M35	00:51:37	104
113		102	Morawitz, Urban	00:51:49	771		Rücken, Hüfte & and	1970	19	M40	00:50:47	84
114		103	Funke, Nils	00:51:50	1351		TSV Norf	1972	20	M40	00:51:28	99
115		104	Lattke, Andreas	00:51:54	185		photalo	1977	17	M35	00:51:43	108
116		105	Wilde, Udo	00:51:55	1234		LC Wuppertal	1956	4	M55	00:51:35	102



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
117		106	Müller, Ingemar	00:51:57	801		TriCologne	1978	18	M35	00:51:35	103
118		107	Zimmermann, Uwe	00:51:58	1263		Luckauer Läuferbund	1981	14	M30	00:51:49	111
119		108	Schwalm, Heiko	00:52:06	886		Lauffreunde Hoisten	1964	12	M50	00:52:02	113
120		109	Romahn, Norbert	00:52:06	777		Lauffreunde Hoisten	1964	13	M50	00:52:02	115
121		110	Pachner, Stefan	00:52:07	687		TV Frisch Auf Lennep	1967	24	M45	00:51:43	109
122		111	Neudecker, Georg	00:52:08	1380		Gruiten	1962	14	M50	00:52:02	116
123	W	12	Specht, Sabine	00:52:12	563		TG Neuss	1972	2	W40	00:52:05	12
124		112	Welk, Thomas	00:52:16	1572		Kronos Aktiv	1968	25	M45	00:51:19	96
125		113	Beivers, Norbert	00:52:18	22		Hot Socks	1977	19	M35	00:51:53	112
126		114	Kortmann, Volker	00:52:20	813			1969	26	M45	00:52:11	122
127		115	Malhofer, Thorsten	00:52:21	553		SG Neukirchen-Hülch	1977	20	M35	00:52:10	121
128		116	Matschull, Frank	00:52:22	13		für meine Jungs	1967	27	M45	00:52:12	123
129		117	Krüger, Rainer	00:52:26	1232		LC Wuppertal	1962	15	M50	00:51:38	105
130		118	Lünendonk, Lothar	00:52:32	416		Team Crazyluenis Ko	1952	3	M60	00:52:23	125
131		119	van Balsfort, Tobias	00:52:32	338			1988	12	M	00:52:03	117
132		120	Depta, Karsten	00:52:32	1353		TSV Norf	1964	16	M50	00:52:10	119
133		121	Rabeneck, Franz-Josef	00:52:35	288		HippeKuss	1970	21	M40	00:52:02	114
134		122	Atamtürk, Hüseyin	00:52:40	1105		SG Zons/ FC Post	1966	28	M45	00:52:29	128
135		123	Kees, Harald	00:52:44	1266		bährenjagd	1969	29	M45	00:52:14	124
136		124	Poschinski, Fred	00:52:44	1058		SG-Neukirchen Hülch	1964	17	M50	00:52:27	127
137		125	Jurczyk, Norbert	00:52:49	600		SV Glehn	1969	30	M45	00:52:24	126
138		126	Driesch, Markus	00:52:51	1119			1963	18	M50	00:52:42	133
139	W	13	Hark, Andrea	00:52:51	1246		Pulheimer SC	1960	3	W50	00:52:33	13
140		127	Lienemann, Julius	00:52:53	618			1981	15	M30	00:52:38	130
141		128	Röhrich, Raimund	00:52:58	1669		TV Jahn Kapellen-Erft	1944	1	M70	00:52:43	134
142		129	Schäfer, Markus	00:53:00	1557		Medi Gym	1985	13	M	00:52:49	137
143	W	14	Lippert, Theresa	00:53:03	1335		TG Neuss	1986	5	W	00:52:50	14
144		130	Güttler, Axel	00:53:05	1419		FC Straberg	1969	31	M45	00:52:52	138
145		131	Mucha, Frank	00:53:06	1316		Dormagen	1970	22	M40	00:52:59	140
146		132	Cieslik, Thomas	00:53:06	1603		SG Zons	1989	14	M	00:52:44	135
147		133	Boesch, Rudolf	00:53:09	1617		DJK Kleinenbroich	1968	32	M45	00:52:59	139
148		134	Disteldorf, Stephan	00:53:12	603			1965	33	M45	00:53:04	143
149		135	Schoofs, Günther	00:53:14	121		Chemion Logistik Gm	1961	19	M50	00:52:45	136
150		136	Uhde, Florian	00:53:16	1555		SV Germania Greifrat	1985	15	M	00:51:44	110
151	W	15	Müller, Miriam	00:53:18	800		Laufen gegen Leiden	1982	2	W30	00:52:55	15
152		137	Kieper, Ralf	00:53:18	561			1961	20	M50	00:52:41	132
153		138	Pietzsch, Hans-Ulrich	00:53:20	622			1963	21	M50	00:53:10	146
154		139	Meves, Oliver	00:53:24	309		Borussia Mönchengla	1970	23	M40	00:53:04	142
155		140	Jeschak, Patrick	00:53:26	411			1986	16	M	00:52:32	129
156		141	Bednorz, Thorsten	00:53:28	1331			1987	17	M	00:52:08	118
157		142	Rütten, Ingo	00:53:30	896			1980	16	M30	00:53:26	150
158		143	Weiss, Stephan	00:53:32	189			1977	21	M35	00:52:39	131
159		144	Iey, Oliver	00:53:33	787			1975	22	M35	00:53:24	149
160		145	Mosmondor, Dean	00:53:38	1652		Zons	1972	24	M40	00:53:32	153
161		146	Rugies, Daniel	00:53:40	990		TriCologne	1982	17	M30	00:53:19	148
162		147	Rödingen, Jürgen	00:53:41	1328		ASC Rosellen/Neuss	1959	5	M55	00:53:32	152
163		148	Jordan, Frank	00:53:43	364			1969	34	M45	00:52:10	120
164		149	Berning, Peter	00:53:47	451		Erkrather Schleichkat	1973	25	M40	00:53:03	141
165		150	Klingen, Reinhard	00:53:49	1446		Laufmonster	1966	35	M45	00:53:28	151
166		151	Hörter, Martin	00:53:51	350		TV Kleinwiedenest	1967	36	M45	00:53:10	145
167		152	Levy, Julien	00:53:56	1238		LC Wuppertal	1985	18	M	00:53:08	144
168	W	16	Fischer, Ilonka	00:54:05	213		Pulheimer SC	1966	1	W45	00:53:54	16
169		153	Wingenbach, Michael	00:54:06	838		allways3 - Laufen in	1964	22	M50	00:53:42	154
170		154	Nickenig, Mike	00:54:06	683		Caritas Duisburg	1978	23	M35	00:53:44	156
171		155	Laufenberg, Jörn	00:54:11	774			1967	37	M45	00:53:43	155
172		156	Hünseler, Holger	00:54:11	207		Team Erdinger Alkoh	1971	26	M40	00:53:47	157
173		157	Dresbach, Frank	00:54:14	543		Cologne Allblacks	1967	38	M45	00:53:53	158
174		158	Rayermann, Andreas	00:54:16	1314		Equipe Kölsche Klüng	1963	23	M50	00:54:06	161

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
175		159	Freier, Klaus	00:54:16	747		Bayer CropScience	1968	39	M45	00:54:02	160
176		160	Bredlow, Alexander	00:54:21	770		Rücken, Hüfte & and	1968	40	M45	00:53:17	147
177		161	Teusch, Thomas	00:54:21	31		Laufen gegen Leiden	1971	27	M40	00:54:17	167
178		162	Kupke, Volker	00:54:23	4			1967	41	M45	00:54:00	159
179		163	Nolte, Jonas	00:54:26	1417		TSV Dieringhausen	1997	4	MJ U18	00:54:10	162
180		164	Fitzlaff, Sven	00:54:29	230		Hülser Lauftreff	1966	42	M45	00:54:18	168
181		165	Drockenmüller, Roberto	00:54:33	939			1962	24	M50	00:54:14	165
182		166	Spoerer, Mike	00:54:35	486		ASV Süchteln	1994	19	M	00:54:26	170
183		167	Stummen, Markus	00:54:35	675		TS 79 Bergisch Gladb	1967	43	M45	00:54:16	166
184		168	von der Ahe, Henning	00:54:36	1610		Hildener AT Triathlon	1966	44	M45	00:54:31	176
185		169	Coupette, Clemens	00:54:40	1373		BigZ	1969	45	M45	00:54:28	174
186		170	Ramge, Thomas	00:54:50	722		neuraxpharm Arznei	1971	28	M40	00:54:46	182
187		171	Gräfinholt, Benedikt	00:54:54	775		HTB	1982	18	M30	00:54:30	175
188		172	Eisermann, Stephan	00:54:54	225		Team Erdinger Alkoh	1966	46	M45	00:54:36	180
189		173	Stahlmann, Frank	00:54:54	1076		TG Neuss	1965	47	M45	00:54:28	173
190		174	Karthaus, Jürgen	00:54:54	1140		DJK Kleinenbroich	1963	25	M50	00:54:27	172
191		175	Heinrichs, Carsten	00:54:55	85		TSV Bayer Dormagen	1983	19	M30	00:54:43	181
192		176	Beitzer, Arnd	00:54:56	1677		Always3 Laufen In R	1969	48	M45	00:54:31	177
193	W	17	Negwer, Ulrike	00:54:57	1338			1972	3	W40	00:54:21	17
194		177	Döring, Stephan	00:54:59	1098		allways3 - Laufen in	1963	26	M50	00:54:35	179
195		178	Demykin, Sergej	00:55:00	1059			1964	27	M50	00:54:55	193
196		179	Stübben, Niko	00:55:02	1691		GV Neukirchen	1988	20	M	00:54:20	169
197		180	Nolte, Rüdiger	00:55:02	1675		TSV Dieringhausen	1960	28	M50	00:54:47	183
198		181	Gennermann, Dirk	00:55:05	347		TSV Dormagen	1969	49	M45	00:54:53	189
199		182	Itzwerth, Mathias	00:55:07	1713		TUS 82 Opladen	1973	29	M40	00:54:54	191
200	W	18	Küttner, Christiane	00:55:08	1253		Laufmonster	1967	2	W45	00:54:49	18
201	W	19	Kuhn, Christin	00:55:08	883		Rülzheim	1985	6	W	00:55:01	19
202		183	Roesberg, Kevin	00:55:14	1148			1988	21	M	00:54:33	178
203		184	Lückerath, Volker	00:55:19	262		Rommerskirchen-Ans	1964	29	M50	00:54:54	190
204		185	Ritterbach, Martin	00:55:20	754		Bayer CropScience	1981	20	M30	00:54:48	184
205	W	20	Romahn, Vivien	00:55:20	778		Lauffreunde Hoisten	1996	1	WJ U20	00:55:16	22
206		186	Czabanski, Ralf	00:55:23	670		TV Frisch Auf Lennep	1963	30	M50	00:55:07	201
207	W	21	Fischer, Sabine	00:55:24	863		Laufmonster	1961	4	W50	00:55:05	21
208		187	Heier, Torsten	00:55:25	673		TV Frisch Auf Lennep	1965	50	M45	00:55:10	202
209		188	Marek, Waldemar	00:55:26	1592		Für Hürth	1974	30	M40	00:55:01	195
210		189	Boelter, Thomas	00:55:27	1476		LLG 80 Nordpark Köl	1963	31	M50	00:55:14	204
211		190	Fischer, Bernd	00:55:27	35		Rote Husaren II	1964	32	M50	00:55:06	198
212		191	Krins, Moritz	00:55:28	423		SG Zons	1996	2	MJ U20	00:55:22	208
213	W	22	Wilde, Dagmar	00:55:29	1235		LC Wuppertal	1963	5	W50	00:55:03	20
214		192	Glashagen, Elmar	00:55:31	1329			1986	22	M	00:54:11	164
215		193	Goch, Nikolai	00:55:32	540			1969	51	M45	00:54:53	188
216		194	Oßwald, Bernd	00:55:33	568		LT Alt-Erkrath	1961	33	M50	00:55:07	200
217	W	23	Podleschka, Carmen	00:55:38	1260		Funlaufen.de	1991	7	W	00:55:21	23
218		195	Iey, Thomas	00:55:38	518		LT Rösratherstraße	1965	52	M45	00:55:30	211
219		196	Holz, Roland	00:55:44	406			1966	53	M45	00:55:28	210
220	W	24	Tepel, Heike	00:55:46	1243		Running Team Grafe	1964	6	W50	00:55:29	24
221		197	Schnitzler, Wilfried	00:55:47	516		SG Zons	1958	6	M55	00:55:31	214
222		198	Schorn, Ralf	00:55:49	1156			1964	34	M50	00:55:30	213
223		199	Winkler, Moritz	00:55:49	278		Destination Anywher	1980	21	M30	00:55:16	205
224		200	Dernerth, Marcus	00:55:50	1486		Futterkonzept.de	1971	31	M40	00:54:52	187
225		201	Krause, Ralf	00:55:51	665			1972	32	M40	00:55:37	216
226	W	25	Schmitz, Marion	00:55:51	1173		Funlaufen.de	1965	3	W45	00:55:35	26
227		202	Pelzer, Björn	00:55:52	291		Jung Welmot 1995	1979	24	M35	00:54:50	186
228		203	Kreß, Lothar	00:55:54	1182		ASC Rosellen/Neuss	1958	7	M55	00:55:45	221
229	W	26	Dahm, Sabine	00:55:55	1412		Spaßläufer	1968	4	W45	00:55:34	25
230		204	Houben, Rudolf	00:55:55	1128		LLG 80 Nordpark Köl	1955	8	M55	00:55:45	220
231		205	Quandt, Michael	00:55:55	669			1973	33	M40	00:55:22	207
232		206	Brozy, Frederic	00:55:57	319		Guapos	1983	22	M30	00:54:57	194

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
233		207	Jandt, Oliver	00:55:57	1427		FC Straberg	1966	54	M45	00:55:21	206
234	W	27	Kroggel, Nicole	00:55:58	1000		LLG 80 Nordpark Köl	1966	5	W45	00:55:46	27
235		208	Peterzelka, Nils Dhará	00:55:59	519		TSG Eppstein	1970	34	M40	00:55:39	217
236		209	Hoh, Maximilian	00:56:00	1321			1989	23	M	00:55:06	199
237	W	28	Lang, Maïke	00:56:01	1394		SG-Kaarst	1997	2	WJ U18	00:55:48	28
238		210	Schwirz, Thomas	00:56:03	218		Laufgruppe Corro	1966	55	M45	00:54:11	163
239		211	Siebertz, Ludger	00:56:05	357			1965	56	M45	00:55:41	218
240		212	Iey, Sebastian	00:56:11	663			1985	24	M	00:55:30	212
241		213	Morawietz, Jürgen	00:56:11	594		TuS 05 Quettingen	1964	35	M50	00:55:59	225
242		214	Buchkremer, Bernhard	00:56:12	1428		FC Straberg	1966	57	M45	00:55:34	215
243		215	Dittrich, Winfried	00:56:16	1125		SCB Horrem	1960	36	M50	00:55:05	197
244		216	Blümel, Sven	00:56:16	1015		Micros Runs	1970	35	M40	00:54:55	192
245		217	Ripp, Dieter	00:56:17	848		VTC Köln	1956	9	M55	00:56:06	228
246		218	Kyriakopoulos, Nikolaus	00:56:18	231		Hülser Lauftreff	1966	58	M45	00:56:06	229
247		219	Engel, Peter	00:56:19	199		Laufgruppe Corro	1966	59	M45	00:54:27	171
248		220	Breidenbach, Sascha	00:56:22	1195		SG Neukirchen-Hülch	1973	36	M40	00:55:23	209
249		221	Rockenfeld, Dirk	00:56:25	1653		Kronos-Aktiv	1968	60	M45	00:55:12	203
250		222	Breitmar, Sascha	00:56:26	738		Bayer CropScience	1977	25	M35	00:55:48	223
251		223	Kolbe, Holger	00:56:31	656		Fanta 4	1970	37	M40	00:55:59	226
252		224	Kirberg, Tobias	00:56:32	153			1981	23	M30	00:56:00	227
253		225	Matas Nobis, José	00:56:34	571			1967	61	M45	00:56:08	230
254		226	Sohr Monte, Jorge	00:56:39	684		Wermelskirchen	1963	37	M50	00:55:51	224
255		227	Kunzmann, Marco	00:56:39	26		Hot Socks	1988	25	M	00:56:13	231
256		228	Studzinski, Georg	00:56:42	1095		LT Friedrichsberg/Wu	1952	4	M60	00:56:16	232
257		229	Gottowik, Uwe	00:56:43	555		VdS Nievenheim	1966	62	M45	00:56:38	240
258	W	29	Zins, Claudia	00:56:46	227			1984	3	W30	00:56:31	29
259		230	Hermann, Volker	00:56:46	650		Rennschnecken 2000	1969	63	M45	00:56:27	236
260		231	Salata, Dieter	00:56:46	1280		Rennschnecken 2000	1969	64	M45	00:56:27	237
261		232	Kappes, Ralf	00:56:48	273			1983	24	M30	00:55:05	196
262		233	Nix, Guido	00:56:49	1052		BSG Sparkasse Neus	1983	25	M30	00:56:27	235
263	W	30	Brünger, Elke	00:56:49	1681		Freiburg	1967	6	W45	00:56:35	31
264		234	Grothues, Alexander	00:56:49	1248		Dünnwalder TV	1979	26	M35	00:56:26	234
265		235	Kiveris, Jörg	00:56:49	889		Arthrose Lauf Club W	1965	65	M45	00:56:31	238
266		236	Vogt, Josef	00:56:50	681		TV Frisch Auf Lennep	1952	5	M60	00:56:34	239
267		237	Opitz, Raphael	00:56:55	418		DUC Düsseldorf	1985	26	M	00:56:22	233
268	W	31	Klaue, Ute	00:56:59	572			1969	7	W45	00:56:33	30
269	W	32	von Gerhardt Weber, Anj	00:57:03	764			1976	3	W35	00:57:01	34
270		238	Kannenwischer, Michael	00:57:04	1729		Ergotherapie Amann	1994	27	M	00:56:50	245
271	W	33	Holbein, Petra	00:57:06	942		Pulheimer SC	1964	7	W50	00:56:45	32
272		239	Callejon-Céspedes, Anton	00:57:07	1093	ESP		1958	10	M55	00:57:02	249
273		240	Metzinger, Jürgen	00:57:09	117		Chemion Logistik Gm	1967	66	M45	00:56:47	244
274		241	Schumacher, Patrick	00:57:10	1467		SG Holzheim	1964	38	M50	00:54:49	185
275	W	34	Elle, Nicole	00:57:11	1375		ASV Duisburg	1974	4	W40	00:57:00	33
276		242	Föller, Torsten	00:57:16	725		neuraxpharm Arznei	1980	26	M30	00:56:45	242
277		243	Kappel, Dennis	00:57:20	617		Cross-LG Rhein	1980	27	M30	00:56:58	246
278	W	35	Scharbatke, Veronika	00:57:23	1239		LC Wuppertal	1950	1	W60	00:57:04	35
279		244	Pelzer, Klaus	00:57:28	1218		Therapiezentrum Dor	1969	67	M45	00:57:22	259
280		245	Barth, Alexander	00:57:32	51			1980	28	M30	00:57:13	253
281		246	Jaitner, Georg	00:57:36	1339		LG Himmelgeist	1961	39	M50	00:57:00	247
282		247	Salecker, Jaime	00:57:37	487			1979	27	M35	00:57:32	268
283		248	Wippler, Andreas	00:57:37	721		neuraxpharm Arznei	1975	28	M35	00:57:32	269
284		249	Rehaag, Dirk	00:57:38	208		Laufgruppe Corro	1964	40	M50	00:55:47	222
285		250	Kather, Theo	00:57:42	528		die Rennschnecken	1966	68	M45	00:57:11	252
286	W	36	Klingen, Marine	00:57:47	827			1994	8	W	00:57:32	39
287		251	Hoyer, Thomas	00:57:47	216		Aktion Lichtblicke	1964	41	M50	00:57:21	257
288		252	Hille, Steffen	00:57:49	1219			1994	28	M	00:57:07	250
289	W	37	Krywalsky, Petra	00:57:50	1047		ASC Düsseldorf	1966	8	W45	00:57:34	40
290	W	38	Totzke, Linda	00:57:51	522			1989	9	W	00:57:17	36

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
291		253	Hetscher, Detlef	00:57:51	1567		Dormagem	1969	69	M45	00:57:16	254
292	W	39	Schulz, Anja	00:57:52	472		SC Bayer 05 Uerding	1979	4	W35	00:57:22	37
293	W	40	Lukaszewska, Ola	00:57:53	1420		FC Straberg	1979	5	W35	00:57:40	41
294		254	Funk, Kay	00:57:54	1679		Köln Lläuft	1970	38	M40	00:57:39	272
295	W	41	Gaens, Brigitte	00:57:58	1060		SG-Neukirchen Hülch	1960	8	W50	00:57:26	38
296		255	Busch, Andreas	00:57:58	1622		TriCologne	1968	70	M45	00:57:26	261
297		256	Grolík, Roland	00:57:59	34			1984	29	M30	00:57:26	262
298		257	Paul, Uwe	00:58:01	1687		TuS Erkrath	1974	39	M40	00:57:02	248
299		258	Bronny, Oliver	00:58:01	1659		Bronny.de Team	1966	71	M45	00:57:29	267
300	W	42	Wiefhoff, Daniela	00:58:03	514		LAV Bayer Uerdingen	1994	10	W	00:57:56	43
301		259	Gaul, Patrick	00:58:03	1640			1986	29	M	00:57:28	264
302		260	Hannen, Mark	00:58:04	184			1985	30	M	00:57:56	279
303		261	Schnabel, Thomas	00:58:09	689			1962	42	M50	00:57:22	258
304		262	Schwellinger, Lars	00:58:10	74		Kanutouren Rheinlan	1980	30	M30	00:55:42	219
305		263	Dingel, Wolfgang	00:58:11	1186		Rennschnecken 2000	1951	6	M60	00:57:28	265
306	W	43	Bode, Laura	00:58:12	726		neuraxpharm Arznei	1958	1	W55	00:58:07	47
307		264	Hecker, Marcel	00:58:13	266			1972	40	M40	00:57:19	256
308		265	Fleuth, Ulrich	00:58:13	267		Vodafone Runners	1963	43	M50	00:57:18	255
309		266	Wingenbach, Thomas	00:58:15	39		One Unit Remscheid	1972	41	M40	00:57:26	263
310		267	Stich, Jo	00:58:15	1715		Lauftreff Tus 82 Opla	1962	44	M50	00:58:03	283
311		268	Kieper, Klaus	00:58:16	467		Lauftreff Gruiten-Nea	1955	11	M55	00:57:39	271
312		269	Bruchholz, Marian	00:58:17	219			1982	31	M30	00:58:13	292
313	W	44	Semenchenko, Maria	00:58:17	1120	UKR		1982	4	W30	00:57:59	44
314		270	de Haas, Mario	00:58:18	286		SG Worringen	1967	72	M45	00:57:23	260
315		271	Gaspers, Klaus	00:58:20	1137		DJK Kleinenbroich	1966	73	M45	00:58:10	290
316		272	Schmitz, Patrick	00:58:21	969		Warm Up Fitness	1988	31	M	00:57:35	270
317		273	Schmidt, Niels	00:58:21	967		Warm Up Fitness	1979	29	M35	00:57:11	251
318		274	Göppert, Georg	00:58:22	136			1977	30	M35	00:57:29	266
319		275	Rapita, Rappi	00:58:22	1121		LT MG-Volksgarten	1963	45	M50	00:57:47	276
320	W	45	Sperlich, Nicole	00:58:23	282		Running Mummies	1970	5	W40	00:57:49	42
321		276	Hütz, Volker	00:58:24	1493		Hildener AT	1965	74	M45	00:58:04	284
322		277	Bornack, Steve	00:58:27	300			1981	32	M30	00:56:43	241
323	W	46	Pütz, Andrea	00:58:32	1621		TriCologne	1974	6	W40	00:58:01	45
324		278	Baikowski, Christian	00:58:33	1682		TG Stürzelberg	1967	75	M45	00:58:19	293
325		279	Bodynek, Jürgen	00:58:34	1657		SG Zons	1967	76	M45	00:57:42	274
326	W	47	Wieners, Daniela	00:58:34	495		City Runner 2014	1970	7	W40	00:58:09	48
327		280	Goch, Nikita	00:58:35	539			1998	5	MJ U18	00:57:55	278
328		281	Schmitz, Frank	00:58:35	1042		Schmitzens	1963	46	M50	00:58:05	285
329		282	Geier, Stefan	00:58:41	1135			1977	31	M35	00:56:46	243
330		283	Giesen, Franz	00:58:43	952		Team Handelshof	1948	1	M65	00:58:30	305
331		284	Haas, Markus	00:58:46	77		Die Laufburschen	1968	77	M45	00:58:22	296
332	W	48	Müller, Inka	00:58:47	1421		FC Straberg	1982	5	W30	00:58:34	50
333		285	Turnsek, Jens	00:58:49	1473			1963	47	M50	00:58:08	289
334		286	Lambert, Dietmar	00:58:50	791		TSV Bayer dormagen	1956	12	M55	00:58:08	288
335		287	Brinkmann, Lukas	00:58:50	1600			1991	32	M	00:58:00	281
336		288	Riedl, Jonathan	00:58:51	56		Düsseldorf	1982	33	M30	00:57:43	275
337		289	Bleibtreu, Lars	00:58:51	131			1976	32	M35	00:57:58	280
338		290	Kröber, Stefan	00:58:51	887			1963	48	M50	00:58:24	299
339		291	Maino, Andreas	00:58:51	1503		SG Rommerskirchen	1966	78	M45	00:57:55	277
340		292	Bolten, Stephan	00:58:53	1676			1969	79	M45	00:58:38	309
341		293	Pfister, Wilfried	00:58:54	1672		LT MG Volksgarten	1953	7	M60	00:58:08	287
342		294	Sturm, Thomas	00:58:55	1085		TG Neuss	1965	80	M45	00:58:33	307
343		295	Bunge, Mathias	00:58:55	500		Tri Team FS Düsseld	1981	34	M30	00:57:42	273
344		296	Azemi, Avdullah	00:58:56	1255		Kaefer Construction	1977	33	M35	00:58:27	302
345	W	49	Mucha, Andrea	00:58:56	1317		Dormagen	1970	8	W40	00:58:50	52
346		297	Monsma, Jan	00:58:57	1179			1953	8	M60	00:58:20	295
347	W	50	Preuschoff, Petra	00:59:00	974		Warm Up Fitness	1966	9	W45	00:58:42	51
348		298	Thole, Peter	00:59:04	815			1961	49	M50	00:58:19	294

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
349		299	Hoffmann, Alexander	00:59:07	1466			1971	42	M40	00:58:22	297
350	W	51	von Contzen, Laura	00:59:07	257		LG Mönchengladbach	1998	3	WJ U18	00:58:53	53
351		300	von Contzen, Bernd	00:59:07	256		LG Mönchengladbach	1966	81	M45	00:58:53	317
352		301	Schüren, Tobias	00:59:08	1477		Flinke Füchschen	1993	33	M	00:58:00	282
353		302	Groß, Lothar	00:59:08	1068		Kerken	1956	13	M55	00:58:40	311
354		303	Schwenner, Oliver	00:59:08	221			1973	43	M40	00:58:41	312
355		304	Endrijautzki, Gerd	00:59:10	799		LT Friedrichsberg/Wu	1950	9	M60	00:58:46	315
356		306	Mannheim, Michael	00:59:13	993		LLG 80 Nordpark Köl	1946	2	M65	00:59:00	319
357	W	52	Spitzenberg, Carina	00:59:13	816			1987	11	W	00:58:06	46
358		305	Hemb, Uwe	00:59:13	1624		Fümmen9Zisch Ole	1968	82	M45	00:58:23	298
359		307	Stinnesbeck, Thilo	00:59:15	1147			1988	34	M	00:58:33	308
360		308	Hesse, Ralf	00:59:17	1357		TSV Norf	1966	83	M45	00:59:03	322
361		309	Johannes, Ulrich	00:59:18	298			1966	84	M45	00:58:06	286
362		310	Hartlieb, Mathias	00:59:20	167		HippeKuss	1962	50	M50	00:58:44	314
363	W	53	Wick, Susanne	00:59:21	490			1970	9	W40	00:58:32	49
364		311	Siegel, Florian	00:59:26	183			1985	35	M	00:59:18	329
365		312	Lüdtke, Tom	00:59:26	793			1967	85	M45	00:59:23	333
366		313	Plötsch, Joachim	00:59:32	1633		Marathonteam Online	1962	51	M50	00:59:27	339
367		314	Katz, Alexander	00:59:32	671			1961	52	M50	00:58:27	301
368		315	Heinen, Uwe	00:59:33	1658		Mönchengladbach	1977	34	M35	00:58:28	303
369		316	Fühser, Carsten	00:59:36	968		Warm Up Fitness	1977	35	M35	00:58:39	310
370		317	Hesse, Yannik	00:59:37	1299		LG Monheim Baumbe	1999	1	MJ U16	00:59:33	346
371		318	Holthoff, Carsten	00:59:38	1300		LG Monheim Baumbe	1976	36	M35	00:59:33	347
372		319	Oberembt, Peter	00:59:39	217			1981	35	M30	00:59:25	337
373		320	Robben, Volker	00:59:43	17		Hot Socks	1971	44	M40	00:59:18	330
374		321	Ferreira Magalhaes, Nelso	00:59:45	1278			1980	36	M30	00:58:28	304
375		322	Worrings, Marco	00:59:47	1287		BTC Laufgemeinschaft	1989	36	M	00:59:30	342
376	W	54	Totzke, Dagmar	00:59:47	521		SG Zons	1964	9	W50	00:59:13	55
377		323	Clemens, Thomas	00:59:48	1309		SG Zons	1969	86	M45	00:59:13	328
378		324	Klein, Willi	00:59:49	1464			1972	45	M40	00:59:04	324
379	W	55	Gorselink, Rosa	00:59:49	672		TV Frisch Auf Lennep	1969	10	W45	00:59:33	56
380		325	Gardemann, Jürgen	00:59:50	212		TV Germania Nordhe	1960	53	M50	00:59:22	332
381		326	Hanf, Sascha	00:59:50	195			1977	37	M35	00:59:34	350
382		327	Stoll, Oliver	00:59:52	1392			1974	46	M40	00:59:18	331
383		328	Glass, Georg	00:59:56	1325		Langwaden	1957	14	M55	00:59:02	320
384		329	Scharfenberg, Stephan	00:59:56	531		die Rennschnecken	1978	38	M35	00:59:26	338
385		330	Hark, Nico	01:00:02	1247		1. FC Köln	1991	37	M	00:59:40	354
386		331	Nagelschmidt, Achim	01:00:03	999		LLG 80 Nordpark Köl	1956	15	M55	00:59:52	361
387		332	Cakal, Ayhan	01:00:04	724		neuraxpharm Arznei	1980	37	M30	00:59:34	348
388	W	56	Morawitz, Angelika	01:00:04	769		Rücken, Hüfte & and	1966	11	W45	00:59:01	54
389		333	Nellessen, Andreas	01:00:06	1197		SG Neukirchen-Hülch	1963	54	M50	00:59:03	321
390		334	Schlaefke, Dieter	01:00:08	1038		DJK Adler 07 Bottrop	1948	3	M65	00:59:29	340
391		335	Jozwicki, Tomasz	01:00:09	1013		Micros Runs	1979	39	M35	00:59:04	323
392	W	57	Hösterey, Tanja	01:00:10	458		VC Arenberg	1969	12	W45	00:59:41	57
393		336	Harazin, Peter	01:00:10	459		VC Arenberg	1969	87	M45	00:59:41	356
394		337	Paust, Roman	01:00:13	616		Cross-LG Rhein	1981	38	M30	01:00:04	365
395		338	Wollgarten, Hermann	01:00:14	1695		Kölner Ol-Team	1950	10	M60	00:59:36	351
396		339	Zander, Maik	01:00:14	578			1968	88	M45	00:59:31	344
397		340	Ardalan, Markus	01:00:18	92		Randys Road Runner	1967	89	M45	01:00:04	366
398		341	Schulten, Bernd	01:00:18	758		Bayer CropScience	1963	55	M50	00:58:33	306
399		342	Schiffer, Rainer	01:00:19	874			1968	90	M45	00:59:57	364
400		343	Ouayandaran, Sellam	01:00:20	1347		SG Kaarst	1979	40	M35	00:58:26	300
401		344	Wutke, Guido	01:00:21	763		Team Erdinger Alkoh	1973	47	M40	00:59:53	363
402		345	Rolke, Tobias	01:00:22	1233		LC Wuppertal	1984	39	M30	00:58:43	313
403		346	Becker, Walter	01:00:23	996		LLG 80 Nordpark Köl	1944	2	M70	01:00:12	374
404		347	Kruse, Michael	01:00:23	994		LLG 80 Nordpark Köl	1965	91	M45	00:58:59	318
405		348	Kortüm, Ralf	01:00:23	1281		Lauftreff Freidrichsbe	1967	92	M45	00:59:44	358
406		349	Gold, Gernot	01:00:26	95			1953	11	M60	00:59:10	326

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
407		350	Marczinek, Jörg	01:00:26	40		One Unit Remscheid	1971	48	M40	00:59:37	352
408		351	Aksu, Cikan	01:00:28	1509		Bielefeld	1986	38	M	00:59:12	327
409		352	Langen, Arkadius	01:00:31	455			1976	41	M35	00:59:32	345
410		353	Vierbaum, Hans-Günter	01:00:32	835			1951	12	M60	00:59:34	349
411		354	Schneider, Achim	01:00:32	686		TV Frisch Auf Lennep	1965	93	M45	01:00:16	375
412	W	58	Müller, Beate	01:00:33	679		TV Frisch Auf Lennep	1974	10	W40	01:00:16	60
413		355	Schröder, Lothar	01:00:35	888			1963	56	M50	00:59:38	353
414		356	Peters, Piet	01:00:37	149		piet spiet tiem	1956	16	M55	00:59:50	360
415		357	Knögen, Tom	01:00:39	1684		BTV Brühl 1876	1969	94	M45	00:59:30	343
416		358	Ritterbach, Michael	01:00:39	415			1986	39	M	00:59:30	341
417		359	Piontek, Jeffrey	01:00:40	825		WSC Dormagen	1985	40	M	00:58:10	291
418		360	Kollosche, Jens	01:00:40	533			1972	49	M40	01:00:34	379
419		361	Altendorf, Oskar	01:00:41	1540		TV Refrath	1951	13	M60	01:00:35	381
420		362	Riekenbrauk, Thomas	01:00:41	593		LT Delhoven	1962	57	M50	01:00:34	380
421		363	Meurs, Joachim	01:00:42	823			1955	17	M55	01:00:08	369
422		364	Döring, Frank	01:00:42	192			1964	58	M50	01:00:27	377
423		365	Baumeister, Dirk	01:00:43	1145			1967	95	M45	00:59:25	336
424		366	Süß, Alexander	01:00:43	1488			1980	40	M30	00:59:24	334
425		367	Schneider, Paul	01:00:43	1489	RSA		1977	42	M35	00:59:24	335
426	W	59	Dornick,, Sophie	01:00:44	229			1997	4	WJ U18	01:00:16	59
427		368	Cramer, Mathias	01:00:45	97			1969	96	M45	01:00:25	376
428	W	60	Keul, Melanie	01:00:49	27		Hot Socks	1989	12	W	01:00:23	61
429		369	Förster, Jörg	01:00:55	3		VSC Grevenbroich 88	1966	97	M45	01:00:06	367
430		370	Hillermeier, Roman	01:00:58	859			1970	50	M40	00:59:41	355
431		371	Wohler, Stephan	01:01:01	2		TSV Treia	1967	98	M45	01:00:11	372
432		372	Richrath, Martin	01:01:01	32			1972	51	M40	01:00:10	371
433		373	Voigt, Stefan	01:01:03	1069		LG RWE POWER	1982	41	M30	00:59:10	325
434	W	61	Mlinarsky geb. Krüger, Ja	01:01:04	124			1984	6	W30	01:00:27	63
435	W	62	Apel, Susanne	01:01:04	482		Bechener Funrunner	1969	13	W45	01:00:23	62
436	W	63	Gless, Jessica	01:01:07	1378			1994	13	W	00:59:57	58
437		374	Weckes, Mike	01:01:08	296		Jung Welmot 1995	1976	43	M35	00:59:53	362
438		375	Gollan, Christoph	01:01:09	1174		TSV Dieringhausen	1967	99	M45	01:00:59	396
439		376	mai, Harald	01:01:10	842			1964	59	M50	01:00:07	368
440		377	Schwänzl, Daniel	01:01:12	852		TriCologne	1983	42	M30	01:00:51	388
441	W	64	Nolte, Birgit	01:01:19	1416		TSV Dieringhausen	1961	10	W50	01:00:30	64
442		378	Bieber, Michael	01:01:23	428		Team Masterdriverno	1968	100	M45	00:58:49	316
443		379	Rathke, Gerhard	01:01:24	773			1963	60	M50	00:59:44	359
444		380	Bierbaums, Armin	01:01:25	517		Viersener Buschläufe	1965	101	M45	01:00:40	384
445		381	Halle, Jochen	01:01:25	1214			1963	61	M50	01:00:54	392
446		382	Förster, Karsten	01:01:26	73		Karate-Do-Dormagen	1968	102	M45	01:01:10	403
447		383	Gold, Christoph	01:01:26	96			1957	18	M55	01:00:11	373
448		384	Eicker, Peter	01:01:28	505		Viersener Buschläufe	1957	19	M55	01:00:49	386
449		385	Kleibert, Rainer	01:01:30	733		Bayer CropScience	1969	103	M45	00:59:42	357
450		386	Dreismann, Stephan	01:01:37	1118			1967	104	M45	01:00:50	387
451		387	Wipperfürth, Kai	01:01:38	957			1970	52	M40	01:01:28	411
452		388	Thönnessen, Stephan	01:01:39	1711		SJTengin	1960	62	M50	01:00:49	385
453		389	Weyers, Dietmar	01:01:43	794		City Runner 2014	1956	20	M55	01:01:19	406
454		390	Apel, Andreas	01:01:45	483		Bechener Funrunner	1968	105	M45	01:01:03	397
455		391	Haas, Alexander	01:01:45	412			1974	53	M40	01:01:23	410
456		392	Hühn, Oliver	01:01:46	538			1974	54	M40	01:01:05	398
457		393	Kranen, Frank	01:01:47	1101			1966	106	M45	01:01:19	407
458		394	Schwudtke, Dirk	01:01:49	1670		Neuss	1972	55	M40	01:01:33	415
459	W	65	Ruthe, Martina	01:01:51	137			1972	11	W40	01:01:33	72
460		395	Vosdellen, Dirk	01:01:52	504		Viersener Buschläufe	1968	107	M45	01:01:11	404
461		396	Thomas, Dirk	01:01:53	1064			1968	108	M45	01:01:15	405
462		397	Wieneke, Andreas	01:01:53	355			1957	21	M55	01:00:10	370
463		398	Lünendonk, Patrick	01:01:53	417		Team Crazyluenis Ko	1988	41	M	01:01:21	408
464	W	66	Rotering, Gabriele	01:01:55	1163		LC-Wuppertal	1963	11	W50	01:00:38	65



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
465		399	Brauer, Holger	01:02:00	1123		LT Alt-Erkrath	1958	22	M55	01:01:33	414
466		400	Bauer, Christoph	01:02:02	659			1972	56	M40	01:00:33	378
467	W	67	Brinkmann, Monika	01:02:04	1599			1965	14	W45	01:01:14	68
468		401	Reuter, Dominik	01:02:05	119		Chemion Logistik Gm	1973	57	M40	01:00:57	394
469	W	68	Kalkbrenner, Petra	01:02:05	44		LT MG-Volksgarten	1976	6	W35	01:00:58	67
470		403	Krämer, Thomas	01:02:06	946		Diabetes Programm	1970	58	M40	01:00:54	393
471		402	Voll, Harald	01:02:06	488		Diabetes Programm	1959	23	M55	01:00:54	391
472		404	Mimberg, Christian	01:02:08	202			1977	44	M35	01:01:41	419
473		405	Schaul, Markus	01:02:10	1692		VFB Team 99 Remsc	1980	43	M30	01:01:34	416
474		406	Langer, Thomas	01:02:11	139		Hippekuß	1969	109	M45	01:01:35	417
475	W	69	Schmitz, Sabine	01:02:11	1043		Schmitzens	1965	15	W45	01:01:40	74
476		407	Eisermann, Frank	01:02:13	1450			1966	110	M45	01:01:07	399
477	W	70	Ohse-Kramer, Karin	01:02:14	1132			1964	12	W50	01:01:49	78
478	W	71	Ertopcu, Sueda	01:02:15	625			1991	14	W	01:00:58	66
479		408	Böwer, Andreas	01:02:18	1660			1975	45	M35	01:01:08	401
480		409	Raatz, Michael	01:02:18	1181			1981	44	M30	01:00:52	389
481		410	Vieten, Uwe	01:02:18	448		bodyplan	1964	63	M50	01:01:09	402
482		411	Katthöfer, Peter	01:02:18	380		LG Atemlos	1968	111	M45	01:00:38	383
483		412	Graf, Holger	01:02:19	378		LG Atemlos	1969	112	M45	01:00:37	382
484		413	Rizwan, Ul Haq	01:02:19	1037	PAK		1984	45	M30	01:02:01	427
485		414	Gallina, Pasqualino	01:02:20	1180			1979	46	M35	01:00:54	390
486		415	Vering, Wilfried	01:02:23	1407		LT Porz Leidenhause	1958	24	M55	01:00:58	395
487		416	Lentz, Markus	01:02:27	1370		SG Neukirchen - Hülc	1967	113	M45	01:01:23	409
488		417	Tast, Bernd	01:02:28	287		Monheimer Kanu Clu	1969	114	M45	01:01:58	421
489	W	72	Böhnke, Karen	01:02:29	1228		LC Wuppertal	1991	15	W	01:01:30	71
490	W	73	Beckmann, Edith	01:02:30	746		Bayer CropScience	1976	7	W35	01:01:38	73
491	W	74	Kerntke, Alexandra	01:02:30	318		Jung Welmot 1995	1978	8	W35	01:01:15	69
492		418	Berndt, Bodo	01:02:32	1632		TV Witzhelden	1960	64	M50	01:01:07	400
493	W	75	Seeger, Yvonne	01:02:39	707			1975	9	W35	01:02:20	86
494		419	Clauß, Sven	01:02:42	562			1966	115	M45	01:01:52	420
495		420	Werner, Andreas	01:02:43	1315			1971	59	M40	01:01:58	422
496		421	Arendt, Hubert	01:02:44	1301			1963	65	M50	01:01:31	413
497	W	76	Stinnesbeck, Lea	01:02:45	1149			1990	16	W	01:02:03	79
498		422	Grap, Andreas	01:02:45	293		Jung Welmot 1995	1971	60	M40	01:01:30	412
499		423	Schuller, Marc	01:02:46	1565		Lauftreff Sterkrade N	1972	61	M40	01:02:00	425
500		424	Majcenic, Zdravko	01:02:47	125			1969	116	M45	01:02:10	432
501		425	Kuhlmann, Norbert	01:02:48	1605		Lauftreff Sterkrade N	1968	117	M45	01:02:00	426
502	W	77	Stula, Rosel	01:02:48	641		Pulheimer SC	1958	2	W55	01:02:04	80
503		426	Pick, Tobias	01:02:48	123		Allerheiligen Hood	1976	47	M35	01:02:15	434
504		427	Groth, Torsten	01:02:49	1175		Lanxess Roadrunners	1957	25	M55	01:02:03	430
505		428	Kickel, Mathias	01:02:49	232			1965	118	M45	01:02:35	447
506		429	Göbel, Henning	01:02:50	1150		Pulheimer SC	1944	3	M70	01:02:06	431
507		430	Brucks, Ingo	01:02:50	1438		Lauftreff Sterkrade-N	1974	62	M40	01:02:02	429
508	W	78	Wimmel, Heike	01:02:51	408			1964	13	W50	01:01:17	70
509		431	Preuschoff, Winfried	01:02:53	976		Warm Up Fitness	1940	4	M70	01:02:35	448
510	W	79	Patzelt, Petra	01:02:53	1057			1968	16	W45	01:01:41	75
511	W	80	Tillert, Anna-Lena	01:02:53	806			2000	1	WJ U16	01:01:41	76
512		432	Schaffrath, Henry	01:02:54	804			1975	48	M35	01:02:32	443
513	W	81	mai, Susanne	01:02:55	1157			1964	14	W50	01:02:21	87
514		433	Keller, Guido	01:02:57	1288		BTC Laufgemeinschaft	1989	42	M	01:02:41	452
515		434	Wilhelm, Patrick	01:02:58	277		Destination Anywher	1978	49	M35	01:02:24	441
516	W	82	Conen, Nicola	01:02:58	134			1979	10	W35	01:02:06	81
517	W	83	Stich, Pia	01:03:00	1714		TUS 82 Opladen	1994	17	W	01:02:38	92
518	W	84	Pesch, Sabine	01:03:00	857			1974	12	W40	01:01:45	77
519		435	Keller, Thomas	01:03:01	1090			1964	66	M50	01:01:36	418
520	W	85	Kirchhoff, Sabine	01:03:01	1171			1970	13	W40	01:02:25	89
521	W	86	Reichert, Daniela	01:03:01	545		SG Zons/Tennis	1971	14	W40	01:02:34	90
522	W	87	Misch, Christina	01:03:03	1188		Quirinus Runners	1997	5	WJ U18	01:02:08	82



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
523		436	Schelkes, Manfred	01:03:04	506		Viersener Buschläufe	1950	14	M60	01:02:22	439
524		437	Faßbender, Jan	01:03:04	1701		TV Konzen	1984	46	M30	01:02:26	442
525		438	Zölzer, Norbert	01:03:07	1236		LC Wuppertal	1959	26	M55	01:02:39	451
526		439	Hoven, Marc	01:03:09	1666		Mönchengladbach	1974	63	M40	01:01:59	423
527	W	88	Ertz, Kathrin	01:03:09	748		Bayer CropScience	1967	17	W45	01:02:24	88
528		440	Winzen, Dominik	01:03:10	1562			1983	47	M30	01:02:01	428
529	W	89	Terhürne, Ulrike	01:03:11	1390			1974	15	W40	01:02:37	91
530	W	90	Klein, Wiki	01:03:12	1577		Caba Vauten	1961	15	W50	01:02:09	83
531		441	Sroka, Miroslaw	01:03:14	814			1974	64	M40	01:02:54	460
532		442	Wilden, Willi	01:03:17	1018		Impuls-Lauftreff Kerp	1955	27	M55	01:02:17	435
533	W	91	Poth-Thadewald, Anja	01:03:19	1084		TG Neuss	1970	16	W40	01:02:13	84
534	W	92	Ritgens, Christiane	01:03:21	819			1964	16	W50	01:03:03	96
535		443	Mausberg, Jürgen	01:03:22	270			1962	67	M50	01:03:10	469
536		444	Slomkowski, Richard	01:03:28	115		Chemion Logistik Gm	1970	65	M40	01:03:00	465
537		445	Beuten, Ansgar	01:03:29	395			1972	66	M40	01:03:00	464
538		446	Pausch, Armin	01:03:29	1216		Dormagen	1958	28	M55	01:03:02	466
539	W	93	Pausch, Susane	01:03:29	1215		Dormagen	1962	17	W50	01:03:02	95
540		448	Misch, Christian	01:03:29	1187		Quirinus Runners	1970	67	M40	01:02:35	446
541		447	Pütz, Rolf	01:03:29	941		Zurich Runners	1967	119	M45	01:02:33	444
542		449	Heymig, Michael	01:03:30	1251		Arthrose Lauf Club W	1965	120	M45	01:02:50	456
543	W	94	Levy, Daniela	01:03:31	1237		LC Wuppertal	1987	18	W	01:02:18	85
544		450	Odendahl, Peter	01:03:33	802		SC-Lev	1958	29	M55	01:02:49	455
545		451	Pickartz, Nils	01:03:36	678		Krefeld	1981	48	M30	01:02:34	445
546		452	Emsbach, Stefan	01:03:37	297		Jung Welmot 1995	1979	50	M35	01:02:20	437
547		453	Conrady, Christoph	01:03:37	292		Jung Welmot 1995	1979	51	M35	01:02:20	438
548		454	Bremmer, Jan	01:03:37	1294		Bayer CropScience	1949	4	M65	01:01:59	424
549		455	Hermaneck, Andreas	01:03:39	1444			1963	68	M50	01:02:23	440
550	W	95	Cramer, Stephanie	01:03:40	98			1967	18	W45	01:03:20	98
551	W	96	Babilon, Iris	01:03:40	664		TuS 05 Quettingen	1964	18	W50	01:02:56	94
552		456	Neuhoff, Rolf	01:03:43	583		LT MG-Volksgarten	1950	15	M60	01:02:51	458
553		457	Herrmann, Ralf	01:03:43	41		One Unit Remscheid	1971	68	M40	01:02:55	461
554		458	Engelke, Guido	01:03:50	1206			1964	69	M50	01:03:03	467
555		459	may, Marius	01:03:53	1264			1993	43	M	01:02:47	454
556	W	97	Kaulich, Kerstin	01:03:54	536		SV Rosellen	1972	17	W40	01:03:23	101
557		460	Mehl, Jürgen	01:03:54	826		TV Hochneukirch 02	1961	70	M50	01:03:32	478
558		461	Bradatsch, Mike	01:03:59	637			1977	52	M35	01:03:34	480
559		462	Aretz, Peter	01:03:59	104		Flat Land Runners Ko	1961	71	M50	01:02:37	450
560	W	98	Möllhausen, Trixi	01:04:01	513		Skiverein Neiderhein	1971	18	W40	01:03:20	99
561		463	Biederbick, René	01:04:01	5		Die Laufschnecken	1970	69	M40	01:03:28	476
562	W	99	Leisten, Nadja	01:04:01	858			1977	11	W35	01:02:45	93
563		464	Busch, Andreas	01:04:02	400		Walddorf Flitzer	1987	44	M	01:02:12	433
564	W	100	Werner, Jennifer	01:04:02	705		Turnerkreis Nippes	1991	19	W	01:03:35	107
565	W	101	Lindenau, Birgit	01:04:02	1178			1967	19	W45	01:03:22	100
566		465	Gernhardt, Christian	01:04:04	704		BSG RheinEnergie A	1981	49	M30	01:03:39	483
567		466	Misere, Klaus Walter	01:04:06	703		TSV Dieringhausen	1953	16	M60	01:03:17	472
568		467	Barth, Philippe	01:04:07	401		Walddorf Flitzer	1983	50	M30	01:02:17	436
569		468	Krüger, Andreas	01:04:11	1272		ESV Gremberghoven	1958	30	M55	01:03:25	475
570	W	102	Zaum, Caroline	01:04:14	1506		SSG Nievenheim-Del	2000	2	WJ U16	01:03:28	104
571		469	Neziri, Iljmi	01:04:14	1256		Kaefer Construction	1974	70	M40	01:03:45	487
572		470	Wagner, Helmut	01:04:15	855			1956	31	M55	01:03:13	470
573		471	Kamphausen, Michael	01:04:16	1699			1968	121	M45	01:02:43	453
574		472	Westerheide, max	01:04:16	1154		HTB	1992	45	M	01:03:49	494
575		473	Piotrowski-Bölt, Bernhard	01:04:19	1240			1970	71	M40	01:02:56	463
576		474	Eberle, Dirk	01:04:19	1091			1976	53	M35	01:03:34	481
577		475	Uhde, Werner	01:04:23	1554		SV Germania Greifrat	1952	17	M60	01:02:51	459
578		476	Heider, Christoph	01:04:23	1306			1961	72	M50	01:03:41	485
579		477	Klein, Bernd	01:04:30	1418			1972	72	M40	01:03:06	468
580		478	Minas, Ingo	01:04:33	112		Chemion Logistik Gm	1964	73	M50	01:03:47	492



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
581		479	Böhme, Axel	01:04:34	632		LG Neuhäuser Weg	1975	54	M35	01:02:56	462
582		480	Steinke, Gerhard	01:04:35	1707		Köln	1942	5	M70	01:03:52	496
583	W	103	Dicken, Sandra	01:04:39	1080		TG Neuss	1988	20	W	01:03:17	97
584		481	Röhrkasten, Axel	01:04:40	70			1955	32	M55	01:03:45	489
585		482	Erkens, Holger	01:04:40	537			1977	55	M35	01:02:36	449
586		483	Thissen, Thomas	01:04:42	973		Warm Up Fitness	1981	51	M30	01:02:50	457
587		484	Send, Felix	01:04:43	279		Destination Anywher	1981	52	M30	01:04:10	502
588	W	104	Schiffer, Jenny	01:04:43	1553		Dormagen	1979	12	W35	01:03:32	106
589		485	Kirchhoff, Wilhelm	01:04:46	1170			1969	122	M45	01:04:08	500
590		486	Heimann, Georg	01:04:46	1719		Trifun	1968	123	M45	01:04:01	498
591		487	Philipp, Wilfried	01:04:46	1722		Trifun	1962	74	M50	01:04:01	499
592	W	105	Kuypers, Sabine	01:04:50	559			1984	7	W30	01:04:08	110
593		488	Tempel, Guido	01:04:50	560		Lauftreff Sinzig-West	1983	53	M30	01:04:08	501
594		489	Kress, Alexander	01:04:51	317		Jung Welmot 1995	1980	54	M30	01:03:33	479
595	W	106	Deistler, Elke	01:04:51	1661		Neuss	1969	20	W45	01:04:19	113
596	W	107	Mirbach, Simone	01:04:51	1696		Köln	1984	8	W30	01:03:28	105
597	W	108	Schrand, Roswitha	01:04:51	512			1966	21	W45	01:04:11	112
598		490	Hornickel, Stephan	01:04:52	1697		Neuss	1980	55	M30	01:03:29	477
599	W	109	Lüke, Sabine	01:04:57	1050		ESV Gremberghoven	1960	19	W50	01:04:11	111
600		491	Nassiri Abrishamchi, Omi	01:04:58	565		Bergischer Kenianer,	1985	46	M	01:03:38	482
601	W	110	Paffrath, Martina	01:04:58	595		TuS 05 Quettingen	1962	20	W50	01:04:19	114
602		492	Monix, Ingo	01:04:59	1668		Krefeld	1964	75	M50	01:03:22	473
603		493	Heimann, Dirk	01:04:59	1262			1966	124	M45	01:04:16	503
604		494	Winz, Walter	01:04:59	1006		Viersener TV 1848	1944	6	M70	01:03:53	497
605		495	Babic, Daniel	01:05:00	566	RUS	Bergischer Kenianer,	1976	56	M35	01:03:39	484
606		496	Ingrisch, Rainer	01:05:00	1539		Bergisch Gladbach	1966	125	M45	01:03:42	486
607		497	Gierse, Michael	01:05:00	630		LG Neuhäuser Weg	1977	57	M35	01:03:23	474
608	W	111	Ganter, Beate	01:05:01	460			1970	19	W40	01:04:31	116
609	W	112	Rupprecht, Theresia	01:05:02	1442			1982	9	W30	01:03:42	108
610	W	113	Nieslony, Anna	01:05:05	159			1980	10	W30	01:03:57	109
611		498	Eckers, Guido	01:05:06	1265		Betriebssportgemein	1976	58	M35	01:03:17	471
612		499	Brosowski, Frank	01:05:07	1470		SGL	1972	73	M40	01:03:47	491
613		500	Satorius, Marco	01:05:07	1471		SGL	1964	76	M50	01:03:48	493
614		501	Steinigke, Michael	01:05:08	1258			1972	74	M40	01:03:45	488
615		502	Wild, Ulrich	01:05:08	1356		TSV Norf	1967	126	M45	01:04:54	521
616		503	Zaremba, Roland	01:05:13	1261			1974	75	M40	01:03:50	495
617		504	Stübich, Frank	01:05:14	953			1972	76	M40	01:04:37	516
618	W	114	Frohn, Sandra	01:05:19	1706		Pulheim	1982	11	W30	01:04:24	115
619	W	115	Harmsen, Sandra	01:05:19	1345		TSV Jahn 05 Oberkas	1966	22	W45	01:03:25	103
620		505	Burbach, Benjamin	01:05:19	166			1978	59	M35	01:04:26	508
621	W	116	Olms, Anne-Barbara	01:05:19	1106			1980	12	W30	01:03:25	102
622	W	117	Jordan, Lena	01:05:19	1117			1988	21	W	01:04:34	117
623		506	Bockmühl, Bernd	01:05:23	337			1970	77	M40	01:04:46	517
624		507	Schmitt, André	01:05:24	828			1994	47	M	01:05:08	527
625		508	Solida, Ivan	01:05:33	776		neuraxpharm Arznei	1990	48	M	01:05:03	526
626		509	Ruzicka, Andreas	01:05:39	544		Dormagen-Zons	1965	127	M45	01:04:27	509
627		510	Baumgart, Wolfgang	01:05:42	1663		LT MG Volksgarten	1969	128	M45	01:04:50	519
628		511	Schmitt, Stefan	01:05:42	1645		LT MG Volksgarten	1968	129	M45	01:04:50	518
629		513	Wolff, Frank	01:05:48	1725		Pulheim Sinnersdorf	1968	130	M45	01:04:30	513
630		512	Anselm, Norbert	01:05:48	1726		Pulheim Sinnersdorf	1964	77	M50	01:04:29	510
631		514	Lang, Günther	01:05:49	876		EL Randkanal	1970	78	M40	01:04:30	512
632		515	Mengeringhaus, Philipp	01:05:50	570			1982	56	M30	01:03:47	490
633	W	118	Degener, Anja	01:05:50	520		Tri Club Wuppertal	1972	20	W40	01:05:02	120
634	W	119	Becker-Niederacher, Mari	01:05:51	1078		TG Neuss	1958	3	W55	01:05:02	119
635		516	Buschmann, Norbert	01:05:52	1656		Möwe Lürrip -Mönche	1959	33	M55	01:04:18	504
636		517	Steuk, Michael	01:05:52	1720		Nettetal	1968	131	M45	01:04:19	505
637		518	Flechtner, Markus	01:05:52	324			1969	132	M45	01:05:13	530
638	W	120	Hagen, Ute	01:05:53	701		TuS 05 Quettingen	1961	21	W50	01:05:15	122



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
639	W	121	Ruß, Alexandra	01:05:57	101			1983	13	W30	01:05:40	130
640		519	Teves, Ulrich	01:06:00	756		Bayer CropScience	1951	18	M60	01:04:22	507
641		520	Jones, Frank	01:06:01	1369	GBR	GTV	1962	78	M50	01:04:59	522
642		521	Schmidt, Rene	01:06:01	1286			1990	49	M	01:04:53	520
643		522	Tsukuda, Yoshikazu	01:06:01	1728			1967	133	M45	01:05:10	529
644		523	Jungwirth, Guido	01:06:06	509			1969	134	M45	01:04:29	511
645		524	Pielen, Georg	01:06:06	1543		Zons	1973	79	M40	01:04:21	506
646	W	122	Steinhäuser, Ingrid	01:06:10	507		Viersener Buschläufe	1961	22	W50	01:05:26	124
647	W	123	Sander, Tanja	01:06:10	824			1971	21	W40	01:04:58	118
648		525	Lederer, Joachim	01:06:15	1169			1963	79	M50	01:05:02	524
649		526	Schellen, Chistopher	01:06:17	310		Gillbach Boschte	1987	50	M	01:04:36	515
650	W	124	Brüninghaus, Antje	01:06:19	945		ASC Düsseldorf	1966	23	W45	01:05:38	127
651		527	Pallmann, Jens	01:06:19	421			1968	135	M45	01:06:12	550
652	W	125	Menniger, Sabine	01:06:19	1587		Viersen	1964	23	W50	01:05:40	132
653		528	Schielke, Uwe	01:06:20	186		TC Bayer Dormagen	1971	80	M40	01:05:08	528
654	W	126	Schielke, Claudia	01:06:20	187			1975	13	W35	01:05:09	121
655	W	127	Zuhl, Manuela	01:06:21	1250		SG Zons / Tennis	1968	24	W45	01:05:53	135
656		529	Bürger, Heribert	01:06:24	205		Würselener Turnverei	1959	34	M55	01:05:58	547
657		530	Raddatz, Wolfgang	01:06:25	1683		RSC	1957	35	M55	01:05:19	532
658	W	128	Bussmann, Kerstin	01:06:27	200			1971	22	W40	01:05:18	123
659		531	Preussner, Ralf	01:06:27	201			1969	136	M45	01:05:18	531
660	W	129	Pohl, Gudrun	01:06:27	581		Running Mummies	1975	14	W35	01:05:53	136
661		532	Sander, Sven	01:06:27	289			1968	137	M45	01:05:57	546
662		533	Helmerstein, Guido	01:06:28	905		SG-Stern Wuppertal	1966	138	M45	01:05:03	525
663	W	130	Sobieray, Miriam	01:06:28	1067		Running Elements	1986	22	W	01:05:26	125
664		534	Boer, Bodo	01:06:34	854			1965	139	M45	01:04:35	514
665		535	Brinkmann, Martin	01:06:35	1041		DOKO Schlicherum	1967	140	M45	01:05:24	535
666	W	131	Bremer, Ulrike	01:06:35	951		Running Friends Bed	1958	4	W55	01:05:39	129
667	W	133	Bickendorf, Marion	01:06:35	949		Running Friends Bed	1963	25	W50	01:05:39	128
668	W	132	Köhn, Gaby	01:06:35	950		Running Friends Bed	1964	24	W50	01:05:40	131
669	W	134	Elsner, Melanie	01:06:44	1591		SG Zons	1987	23	W	01:06:21	145
670	W	135	Hein, Andrea	01:06:45	1040		pronova BKK	1976	15	W35	01:06:15	141
671		536	Raulfs, Frank	01:06:47	1654			1969	141	M45	01:05:02	523
672		537	Cleven, Sammy	01:06:48	503		LT Vynen	1965	142	M45	01:05:51	542
673		538	Terhorst, Bruno	01:06:48	535		LT Vynen	1964	80	M50	01:05:53	544
674		539	Müdder, Guido	01:06:51	526		die Rennschnecken	1967	143	M45	01:05:22	533
675		540	Kremer, Ralf	01:06:51	445			1961	81	M50	01:06:32	560
676		541	Koch, Peter	01:06:52	579		RWE AG	1957	36	M55	01:06:24	555
677	W	136	Lingk, Iris	01:06:55	1665		Opladen	1974	23	W40	01:05:54	138
678	W	137	Volknandt, Gabi	01:06:59	107		FeG Wuppertal Rons	1962	26	W50	01:05:52	133
679		542	Robens, Hubert	01:06:59	305			1962	82	M50	01:06:04	548
680		543	Hottenbacher, Hans-Erich	01:06:59	105		FeG Wuppertal Rons	1952	19	M60	01:05:52	543
681		544	Gerresheim, Hans	01:07:02	1203			1959	37	M55	01:06:47	569
682		545	Hake, Thomas	01:07:03	1517		Leichlingen	1969	144	M45	01:05:26	536
683		546	Kubitza, Hubert	01:07:04	118		Chemion Logistik Gm	1961	83	M50	01:06:34	562
684	W	138	Göppert, Alexandra	01:07:09	135			1977	16	W35	01:06:16	142
685	W	139	Knebel, Karina	01:07:09	668			1973	24	W40	01:06:36	148
686	W	140	Furch, Doris	01:07:10	446		SSV Strümp	1957	5	W55	01:06:26	147
687	W	141	Becker, Rosi	01:07:11	1398		funlaufen.de	1962	27	W50	01:05:53	134
688	W	142	Fries, Ulrike	01:07:11	1220		Funlaufen.de	1965	25	W45	01:05:54	137
689		547	Robben, Thorsten	01:07:12	16		Hot Socks	1979	60	M35	01:06:45	566
690		548	Brands, Mario	01:07:12	481		Bechener Funrunner	1976	61	M35	01:06:32	561
691		549	Glaser, Thomas	01:07:14	363			1968	145	M45	01:05:34	537
692	W	143	Manstedten, Claudia	01:07:14	179			1973	25	W40	01:05:56	139
693		550	Lüdtke, Niki	01:07:15	1210		LG Neuhäuser Weg	1978	62	M35	01:05:36	538
694		551	Gabel, Uwe	01:07:16	895		Saturn Leverkusen	1963	84	M50	01:05:22	534
695	W	144	Simsek-Kraues, Sebnem	01:07:16	274			1969	26	W45	01:05:37	126
696		552	Schwertmann, Torsten	01:07:17	365			1968	146	M45	01:05:37	539



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
697	W	145	Luberichs-Fauser, Janina	01:07:20	1172			1971	26	W40	01:06:44	151
698	W	146	Reznitschek, Heike	01:07:21	1249		Wuppertaler Running	1961	28	W50	01:06:42	149
699	W	147	Brachthäuser, Katharina	01:07:29	1071		Flinke Füchschen	1989	24	W	01:06:22	146
700		553	Rühlemann, Clemens	01:07:29	1070		Flinke Füchschen	1988	51	M	01:06:22	553
701		554	Domke, Dieter	01:07:29	1007		Viersener TV 1848	1944	7	M70	01:06:25	556
702	W	148	Kaulmann, Nina	01:07:30	374			1978	17	W35	01:07:04	156
703		555	Busch, Stephan	01:07:34	399		Walddorf Flitzer	1991	52	M	01:05:44	540
704		556	Jansen, Thomas	01:07:34	447		bodyplan	1970	81	M40	01:06:26	558
705	W	149	Döring, Nele	01:07:35	1100		LG Remscheid	1998	6	WJ U18	01:06:17	143
706	W	150	Divkovic, Nicole	01:07:37	484		SG Zons	1972	27	W40	01:06:49	153
707		557	Puzicha, Gisbert	01:07:37	772		HTB	1957	38	M55	01:07:00	578
708		558	Klein, Herbert	01:07:39	1257			1961	85	M50	01:05:50	541
709		559	Rudolph, Oskar	01:07:44	690			1963	86	M50	01:06:21	552
710	W	151	Günzel, Josephine	01:07:46	226			1966	27	W45	01:07:18	160
711		560	Keller, Ulrich	01:07:47	360			1967	147	M45	01:07:17	586
712		561	Knaupe, Michael	01:07:49	361			1969	148	M45	01:06:09	549
713		562	Heilmann, Dirk	01:07:52	897			1965	149	M45	01:06:20	551
714	W	152	Degener, Bettina	01:07:53	94		Richrather Rennschn	1963	29	W50	01:06:47	152
715	W	153	Schleenbecker, Linda	01:07:55	890		Tus Bösinghoven	1988	25	W	01:06:12	140
716	W	154	Meyer, Birgit	01:07:56	1155			1968	28	W45	01:07:13	158
717		563	Schmidt, Jens	01:07:58	1619		FC Johheq	1971	82	M40	01:07:26	588
718	W	155	Monser, Stephanie	01:08:01	821			1989	26	W	01:06:18	144
719		564	Meves, Klaus	01:08:06	456		LT Oleander	1961	87	M50	01:06:26	559
720		565	Döring, Norbert	01:08:06	1107			1957	39	M55	01:06:25	557
721		566	Wurda, Werner	01:08:12	795		Diabetes Programm	1960	88	M50	01:05:56	545
722	W	156	Glaschke, Sandra	01:08:12	332			1970	28	W40	01:07:34	161
723	W	157	Hajek, Verena	01:08:13	491		Laufmonster	1952	2	W60	01:07:10	157
724	W	158	Bahls, Roswitha	01:08:14	1209		LSV Porz / Köln	1961	30	W50	01:07:54	171
725		567	Löhrmann, Ingo	01:08:16	224		HAT Köln	1960	89	M50	01:06:50	573
726		568	Döring, Uwe	01:08:16	997		LLG 80 Nordpark Köl	1958	40	M55	01:06:50	572
727	W	159	Ranios, Alexandra	01:08:17	1570		Leverkusen	1968	29	W45	01:07:18	159
728		569	van Holt, Guido	01:08:17	1571		Leichlingen	1966	150	M45	01:07:18	587
729		570	Weingarten, Markus	01:08:25	21		Hot Socks	1970	83	M40	01:06:35	564
730		571	Seedorf, Uwe	01:08:29	1134		DJKNovesia Neuss	1970	84	M40	01:06:59	577
731	W	160	Olschowsky, Anke	01:08:29	1401		Mondscheinrunner on	1969	30	W45	01:07:01	155
732	W	161	Veiser, Anika	01:08:29	321		Glehner TV	1975	18	W35	01:07:00	154
733		572	Olschowsky, Gernot	01:08:29	1400		Mondscheinrunner on	1962	90	M50	01:07:00	579
734		573	Groß, Jörg	01:08:31	432			1971	85	M40	01:07:10	583
735		574	Langer, Peter	01:08:32	431			1958	41	M55	01:07:11	584
736		575	Plum, Marcel	01:08:32	1259			1975	63	M35	01:06:51	574
737		576	Wunder, Andreas	01:08:34	1730		TG Neuss	1962	91	M50	01:06:23	554
738	W	162	Vierbaum, Bärbel	01:08:35	836			1957	6	W55	01:07:38	163
739		577	Klein, Christian	01:08:38	639			1981	57	M30	01:06:50	571
740		578	Sudau, Joachim	01:08:40	1649		Bornheim	1963	92	M50	01:06:35	563
741		579	Hahne, Uwe	01:08:40	14		Rheinländer Düsseld	1961	93	M50	01:06:54	575
742		580	Frunzke, Jan	01:08:41	1447		Bayer CropScience	1973	86	M40	01:06:55	576
743	W	163	Treyße, Michaela	01:08:41	677		Runners High	1977	19	W35	01:06:43	150
744		581	Menden, Heinz	01:08:44	1487		Lauftreff THC Brühl	1964	94	M50	01:06:39	565
745	W	164	Wilden, Brigitte	01:08:45	1020		Impuls-Lauftreff Kerp	1958	7	W55	01:07:44	169
746		582	Retiene, Roman	01:08:45	197			1986	53	M	01:06:45	568
747		583	Retiene, Kurt	01:08:45	198			1953	20	M60	01:06:45	567
748	W	165	Heinen, Angela	01:08:46	343		SG Worringen	1963	31	W50	01:07:56	172
749		584	Grömling, Michael	01:08:46	84			1965	151	M45	01:07:11	585
750		585	Neuwaldt, Volker	01:08:46	72		Pulheim	1965	152	M45	01:07:10	582
751		586	Kling, Ralf	01:08:46	58			1968	153	M45	01:07:10	581
752	W	166	Reyer, Bianca	01:08:47	369			1973	29	W40	01:07:57	173
753	W	167	Bittner, Ursula	01:08:56	832		Brander Turnverein	1971	30	W40	01:08:29	184
754		587	Kielmann, Roland	01:08:58	67		Run4Fun	1965	154	M45	01:07:58	599



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
755		588	Reichert, Jürgen	01:09:01	1372		TV Steinforth-Rubbel	1958	42	M55	01:07:41	592
756		589	Gerhards, Aloys	01:09:01	1177			1958	43	M55	01:06:49	570
757		590	Christie, Andrew	01:09:03	1279	GBR		1965	155	M45	01:07:33	590
758	W	168	Geratz, Pia	01:09:04	1685		Dormagen	1996	2	WJ U20	01:07:40	164
759	W	169	Geratz, Hedda	01:09:04	1686		Dormagen	1961	32	W50	01:07:41	165
760	W	170	Gröger, Beate	01:09:07	1131		LG Gummersbach	1965	31	W45	01:08:50	194
761		591	Sichermann, Manfred	01:09:10	1642		TV-Anrath	1943	8	M70	01:08:13	602
762		592	Moers-Edeling, Dirk	01:09:11	120		Chemion Logistik Gm	1963	95	M50	01:08:40	617
763	W	171	Simon, Kirsten	01:09:13	903		SG-Stern Wuppertal	1967	32	W45	01:07:49	170
764		593	Herbst, Eduard	01:09:15	766		GTV	1948	5	M65	01:07:49	595
765	W	173	Freund, Emily	01:09:15	1079		TG Neuss	1953	3	W60	01:08:26	182
766	W	172	Böhme, Ina	01:09:15	977		Warm Up Fitness	1963	33	W50	01:08:01	174
767		594	Breitmar, Bruno	01:09:16	138			1965	156	M45	01:07:09	580
768		595	Hardt, Georg	01:09:17	1245		LG Gummersbach	1966	157	M45	01:08:00	600
769	W	174	Irmeler, Gudi	01:09:17	1205		TV Hülsenbusch (LG	1968	33	W45	01:09:00	199
770	W	175	Haarer, Britta	01:09:18	605			1971	31	W40	01:07:41	166
771		596	Heinrigs, Bodo	01:09:18	489			1967	158	M45	01:07:41	593
772	W	176	Düsenberg, Susanne	01:09:24	69			1969	34	W45	01:08:24	179
773	W	177	Reuling, Katja	01:09:26	1153			1973	32	W40	01:07:42	168
774		597	Heider, Wolfgang	01:09:29	1308			1964	96	M50	01:08:46	620
775	W	178	Holteppels, Heike	01:09:30	1708		OSC Waldniel	1973	33	W40	01:08:56	197
776	W	179	Erpenbach-Philipp, Marlie	01:09:30	1589		Köln-Worringen	1954	4	W60	01:08:03	175
777		598	Szesny, André	01:09:33	631		LG Neuhäuser Weg	1975	64	M35	01:07:54	596
778	W	180	Roszinsky, Mareike	01:09:34	970		Warm Up Fitness	1980	14	W30	01:08:23	178
779		599	Renner, Oliver	01:09:34	644		Die Renners	1998	6	MJ U18	01:08:36	610
780		600	Filz, Ludwig	01:09:35	971		Warm Up Fitness	1965	159	M45	01:08:22	606
781		601	Schadkami, Sa-San Thom	01:09:35	894			1982	58	M30	01:07:41	594
782		602	Marzari, Kester	01:09:37	964		TSV Dieringhausen	1969	160	M45	01:08:36	611
783		603	uhr, Hermann	01:09:38	822		Lanxess Team MPP	1957	44	M55	01:08:53	623
784		604	Mostert, Michael	01:09:38	312		Gillbach Boschte	1992	54	M	01:07:58	598
785	W	181	Fach, Christina	01:09:39	169		Christinas Fan Club	1966	35	W45	01:08:34	185
786	W	182	Pabst, Monika	01:09:39	168		Christinas Fan Club	1962	34	W50	01:08:34	186
787	W	183	Baumeister, Christa	01:09:39	419		marathonteam-online	1967	36	W45	01:08:55	196
788	W	184	Klein, Sabine	01:09:40	1453		THC Lauftreff Brühl	1967	37	W45	01:07:35	162
789		605	Bäumgen, Guido	01:09:40	1441		Lauftreff Brühl	1963	97	M50	01:07:35	591
790	W	185	Mannaße, Stephanie	01:09:41	598			1984	15	W30	01:08:14	176
791		606	Mannaße, Thilo	01:09:41	597			1983	59	M30	01:08:14	603
792	W	186	Bürgers, Marion	01:09:41	381			1975	20	W35	01:09:06	202
793		607	van Dinter, Michael	01:09:41	382		TV Orken	1974	87	M40	01:09:05	626
794	W	187	Wünsche, Beate	01:09:41	634		SG Zons	1963	35	W50	01:08:26	181
795	W	188	Dies, Andrea	01:09:44	1709		OSC Waldniel	1964	36	W50	01:09:09	203
796		608	Richter, Willi	01:09:46	1568		RS Horrem	1960	98	M50	01:08:48	621
797	W	189	Feeken, Silke	01:09:47	390			1968	38	W45	01:09:12	205
798		609	Frank, Rolf	01:09:48	1254		Kaefer Construction	1966	161	M45	01:07:57	597
799	W	190	Goebbels, Jacqueline	01:09:48	591			1978	21	W35	01:08:51	195
800		610	Luckas, Jan	01:09:48	590			1962	99	M50	01:08:50	622
801		611	Hoh, Wolfgang	01:09:48	1320			1957	45	M55	01:08:38	614
802	W	191	Möller, Geli	01:09:48	1479		LSH Elsdorf	1964	37	W50	01:07:41	167
803	W	192	Schillings, Monika	01:09:52	81		Quasi-Samba	1974	34	W40	01:08:21	177
804		612	Schillings, Sascha	01:09:52	80		Quasi-Samba	1972	88	M40	01:08:21	605
805		613	Pohl, Walter	01:09:57	1244		DARC	1963	100	M50	01:08:40	618
806	W	193	Sandner, Jill	01:09:58	498			1986	27	W	01:08:38	189
807		614	Toporzysek, Thomas	01:09:58	497			1990	55	M	01:08:38	613
808		615	Mundt, Martin	01:09:59	610		slc lauftreff	1988	56	M	01:08:32	607
809	W	194	Baust, Barbara	01:09:59	642			1952	5	W60	01:08:43	192
810	W	195	Hiller, Karin	01:09:59	99			1990	28	W	01:09:25	207
811		616	Blochwitz, Björn	01:10:03	1319			1980	60	M30	01:07:33	589
812		617	Lindwedel, Eckart	01:10:03	68			1959	46	M55	01:08:39	615

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
813		618	Bickendorf, Josef	01:10:05	948		Running Friends Bed	1964	101	M50	01:08:35	608
814	W	196	Frischauf, Heike	01:10:08	1146			1966	39	W45	01:08:36	187
815		619	Boeckel, John	01:10:08	1273			1966	162	M45	01:08:36	609
816		620	Handeck, Stephan	01:10:09	1024		Impuls-Lauftreff Kerp	1983	61	M30	01:09:07	630
817		621	Kubat, Helmuth	01:10:12	674		TV Frisch Auf Lennep	1944	9	M70	01:08:07	601
818	W	197	Eretge, Nadine	01:10:12	902		SG-Stern Wuppertal	1975	22	W35	01:08:48	193
819		622	Netti, Michael	01:10:16	327			1980	62	M30	01:08:16	604
820	W	198	Hemb, Sabine	01:10:18	234			1971	35	W40	01:08:27	183
821	W	199	Hurtz, Katja	01:10:19	1644		Mönchengladbach	1996	3	WJ U20	01:08:26	180
822	W	200	Happe, Nicola	01:10:22	1230		LC Wuppertal	1971	36	W40	01:08:40	190
823		623	Happe, Stephan	01:10:22	1231		LC Wuppertal	1966	163	M45	01:08:40	616
824	W	201	Kumpennass, Susanne	01:10:23	693			1979	23	W35	01:08:58	198
825	W	202	Schmalenberg, Natalie	01:10:23	1017		Micros Runs	1977	24	W35	01:09:02	201
826	W	203	Bohnes, Annette	01:10:24	1227		LC Wuppertal	1968	40	W45	01:08:42	191
827		624	Schönberg, Siegfried	01:10:24	1223		LC Wuppertal	1966	164	M45	01:08:43	619
828	W	204	Kampe, Rosi	01:10:25	635			1985	29	W	01:09:16	206
829		625	Kampe, Artur	01:10:25	352			1983	63	M30	01:09:16	632
830		626	Esser, Tobias	01:10:26	1615		BSG Continentale	1980	64	M30	01:09:19	634
831		627	Zapel, Mario	01:10:27	1016		Micros Runs	1974	89	M40	01:09:06	628
832		628	Kottmann, Wulf	01:10:32	698			1972	90	M40	01:08:37	612
833	W	205	Janiczeck, Tina	01:10:34	1623		Köln	1973	37	W40	01:10:02	220
834		629	Sanli, Cem	01:10:34	251		Run for Jimmy	1996	3	MJ U20	01:09:39	642
835	W	206	Bruchholz, Roswitha	01:10:35	220			1952	6	W60	01:10:06	222
836	W	207	Wahl, Sanne	01:10:39	172		Sannes Nachtschnec	1968	41	W45	01:08:37	188
837		630	Schomers, Torsten	01:10:40	580			1969	165	M45	01:09:05	627
838		631	Bublitz, Roland	01:10:41	1371			1971	91	M40	01:10:05	651
839	W	208	Lenzhölzer, Birgitt	01:10:42	178		TuS Quettingen	1963	38	W50	01:10:01	219
840	W	209	Caspers-Sabel, Angelika	01:10:42	956		City Runner 2014	1955	8	W55	01:09:57	217
841	W	210	Ripp, Bärbel	01:10:47	849		VTC Köln	1965	42	W45	01:10:14	229
842		632	Tröger, Stefan	01:10:48	706			1967	166	M45	01:10:29	656
843	W	211	Zaum, Stefanie	01:10:48	1505		SSG Nievenheim-Del	2000	3	WJ U16	01:10:02	221
844		633	Escher, Christoph	01:10:53	869		Marathonteam-Ratin	1966	167	M45	01:09:49	647
845		634	Meyer, Peter	01:10:55	359		FC Straberg	1987	57	M	01:08:55	624
846		635	Pälmer, Christoph	01:10:57	396			1982	65	M30	01:09:03	625
847	W	212	Görges, Julia	01:10:57	307			1985	30	W	01:09:00	200
848		636	Schlepper, Stefan	01:10:58	1097		Edel-Männer	1966	168	M45	01:09:44	646
849	W	213	Scholten, Angelika	01:10:58	1423		FC Straberg	1965	43	W45	01:10:08	225
850	W	214	Frohn, Monika	01:11:00	1702		Pulheim	1952	7	W60	01:10:06	223
851	W	215	Mex, Isabela	01:11:01	1724		Berg.-Gladbach	1973	38	W40	01:09:56	216
852		637	Rieger, Martin	01:11:03	577			1986	58	M	01:09:06	629
853		638	Standke, Bernd	01:11:07	339		LG Buxedrisser	1970	92	M40	01:09:09	631
854	W	216	Hahn, Nikola	01:11:07	340		LG Buxedrisser	1971	39	W40	01:09:09	204
855		639	Georgoudis, Wassili	01:11:08	474			1978	65	M35	01:10:10	654
856	W	217	Schmidt, Sabrina	01:11:08	214			1980	16	W30	01:10:10	226
857		640	Tontsch, Rüdiger	01:11:11	1165		LC Weilerswist	1960	102	M50	01:09:49	648
858		641	Koch, Gerhard	01:11:12	1298		Turngemeinde Stürze	1942	10	M70	01:10:07	653
859		642	Wahnfried, Uwe	01:11:13	1463		Runningfriends Bedb	1961	103	M50	01:09:40	643
860		643	Bindels, Stephan	01:11:15	613			1966	169	M45	01:10:22	655
861	W	218	Guntermann, Annette	01:11:15	1162		Pulheimer SC	1963	39	W50	01:10:23	231
862	W	219	Vohn, Roswitha	01:11:17	1689		OSC Waldniel	1950	8	W60	01:10:44	238
863	W	221	Gummersbach, Silke	01:11:18	222		marathonteam-online	1972	40	W40	01:09:49	213
864	W	220	Wollny, Katrin	01:11:18	141		Die Erdmännchen	1978	25	W35	01:09:50	214
865		644	Wollny, Johannes	01:11:18	140		Die Erdmännchen	1964	104	M50	01:09:50	649
866	W	222	Rohr, Swantje	01:11:18	57		Pulchra-Amphora Ne	1966	44	W45	01:09:26	208
867		645	Jung, Daniel	01:11:20	901		SG-Stern Wuppertal	1981	66	M30	01:09:53	650
868		646	Kaltwasser, Geert	01:11:21	781			1979	66	M35	01:09:23	635
869		647	Tolksdorf, Markus	01:11:22	306			1985	59	M	01:09:24	636
870	W	223	Kaesmacher, Irmgard	01:11:22	1008		Viersener TV 1848	1943	1	W70	01:10:14	228



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
871	W	224	Unz, Christiane	01:11:22	1538		LC Enskirchen	1955	9	W55	01:09:29	209
872		648	Pust-Beaupoil, Frank	01:11:23	215		Alotto Corre	1961	105	M50	01:09:29	637
873	W	225	Ueberschär, Michaela	01:11:23	606		slc lauftreff	1966	45	W45	01:09:56	215
874		649	Dewies, Dieter	01:11:23	1646		Marathonteam Online	1954	21	M60	01:09:30	638
875		650	Hurtz, Guido	01:11:23	1643		Fit For 10	1962	106	M50	01:09:30	639
876	W	226	Rückheim, Susanne	01:11:26	1625		Diabetes Programm	1965	46	W45	01:09:31	210
877		651	Riedl, Michael	01:11:28	1283			1963	107	M50	01:09:19	633
878		652	Weitz, Matthew	01:11:29	148	GBR		1970	93	M40	01:09:33	641
879	W	227	Lassmann, Christine	01:11:30	1606		Running Friends	1962	40	W50	01:09:58	218
880		653	Oelmann, Philipp	01:11:31	61		PhilEla	1982	67	M30	01:10:39	663
881	W	228	Welting, Manuela	01:11:31	60		PhilEla	1981	17	W30	01:10:39	234
882		654	Cieslik, Jonathan	01:11:33	1569		Dormagen	1993	60	M	01:11:10	672
883		655	Wittemann, Rainer	01:11:34	176		Sannes Nachtschnec	1966	170	M45	01:09:32	640
884	W	229	Christoffel, Karin	01:11:34	174		Sannes Nachtschnec	1967	47	W45	01:09:32	211
885	W	230	Friedrich, Marion	01:11:34	171		Sannes Nachtschnec	1967	48	W45	01:09:32	212
886		656	Närdemann, Dirk	01:11:37	759		LT Vynen	1961	108	M50	01:10:39	662
887		657	Stratmann, Peter	01:11:38	657		Fanta 4	1968	171	M45	01:10:37	659
888	W	231	Böhnke, Susanne	01:11:39	1229		LC Wuppertal	1961	41	W50	01:10:40	235
889	W	232	Hölper, Monika	01:11:39	907			1969	49	W45	01:11:00	242
890	W	233	Peppersack-Weber, Marti	01:11:40	607		slc lauftreff	1960	42	W50	01:10:13	227
891	W	234	Libertus, Birgit	01:11:41	1399		SG zons	1965	50	W45	01:11:00	244
892		658	Schönefeld, Tejas	01:11:44	162		Wassenberg	1965	172	M45	01:10:38	660
893	W	235	Schönefeld, Kathleen	01:11:44	161		Wassenberg	1965	51	W45	01:10:38	233
894	W	236	Potreck, Michaela	01:11:44	1573		PSV Brühl Triathlon T	1974	41	W40	01:10:44	237
895		659	Potreck, Frank	01:11:45	1574		Team Erdinger Alkoh	1971	94	M40	01:10:43	665
896		660	Aleth, Hermann	01:11:46	453			1965	173	M45	01:09:43	644
897		661	Möbus, Frank	01:11:46	511			1966	174	M45	01:09:43	645
898		662	Vorgerd, Wolfgang	01:11:51	294		Jung Welmot 1995	1980	68	M30	01:10:34	658
899		663	Rosenau, Fynn	01:11:52	1638			1982	69	M30	01:10:30	657
900	W	237	Meurer, Anita	01:11:52	786		Laufgemeinschaft Eif	1958	10	W55	01:11:00	243
901		664	Noisten, Heinz	01:11:52	784		Laufgemeinschaft Eif	1965	175	M45	01:10:59	670
902		665	Klinkhammer, Stefan	01:11:52	785		Laufgemeinschaft Eif	1963	109	M50	01:11:01	671
903	W	238	Hildebrandt, Anne	01:11:53	810		TV Witzhelden	1987	31	W	01:10:38	232
904		666	Hildebrandt, Olaf	01:11:53	811		TV Witzhelden	1956	47	M55	01:10:39	661
905		667	Offers, Hugo	01:11:54	745		Bayer CropScience	1964	110	M50	01:10:06	652
906	W	239	Licata, Anja	01:11:54	992			1982	18	W30	01:10:07	224
907	W	240	Renner, Julia	01:11:54	645		Die Renners	1995	4	WJ U20	01:10:55	241
908		668	Renner, Michael	01:11:54	643		Die Renners	1964	111	M50	01:10:55	668
909	W	241	Miggelbrink, Monika	01:11:55	1408			1961	43	W50	01:11:46	253
910	W	242	Nierstenhöfer, Petra	01:11:57	240		TSV Dieringhausen	1975	26	W35	01:11:06	245
911	W	243	Bewersdorf, Ulrike	01:11:59	547			1965	52	W45	01:10:47	239
912	W	244	Fetten, Rosi	01:12:06	1049		LLG 80 Nordpark Köl	1954	9	W60	01:10:41	236
913	W	245	Creutz, Corinna	01:12:08	322		Düsseldorf	1969	53	W45	01:10:49	240
914		669	Creutz, Marcus	01:12:08	323		Düsseldorf	1969	176	M45	01:10:49	666
915	W	246	Clauß, Sara	01:12:14	833			1994	32	W	01:11:26	249
916	W	247	Schlombach, Nadine	01:12:14	1326			1985	33	W	01:11:09	247
917		670	Gromotka, Adrian	01:12:19	1723		Wermelskirchen	1971	95	M40	01:11:14	673
918		671	Stanic, Ivica	01:12:22	1189		Quirinus Runners	1969	177	M45	01:11:26	679
919	W	248	Schimmel, Maike	01:12:26	1673		TS 79 Bergisch Gladb	1969	54	W45	01:11:32	250
920		672	Hachenberg, Hubert	01:12:27	840			1958	48	M55	01:11:23	675
921	W	249	Franzen, Doro	01:12:27	1678		TS1879 Bergisch Gla	1968	55	W45	01:11:32	251
922		673	Todtenhöfer, Klaus	01:12:28	260			1963	112	M50	01:10:42	664
923		674	Liese, Hermann	01:12:28	872		Glückauf Sportskame	1950	22	M60	01:11:27	681
924		675	Kuypers, Klaus	01:12:29	873			1953	23	M60	01:11:27	680
925	W	250	Zimprichova, Dita	01:12:29	1455			1963	44	W50	01:10:22	230
926		676	Frings, Jürgen	01:12:36	525		die Rennschnecken	1965	178	M45	01:11:32	683
927		677	Busse, Alexander	01:12:37	370			1970	96	M40	01:11:47	688
928	W	251	May, Simone	01:12:37	1424		FC Straberg	1968	56	W45	01:11:47	255



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
929		678	Hopp, Marcus	01:12:38	1491			1969	179	M45	01:11:43	684
930		679	Brosig, Horst	01:12:40	847			1944	11	M70	01:11:17	674
931		680	Krumpen, Rolf-Peter	01:12:41	783		Laufgemeinschaft Eif	1950	24	M60	01:11:51	689
932		681	Labjon, Frank	01:12:41	1409		Supportersclub	1964	113	M50	01:10:55	667
933		682	Böker, Peter	01:12:42	1166			1962	114	M50	01:10:55	669
934	W	252	Boland, Kornelia	01:12:55	558		frierichstaetter sv	1960	45	W50	01:11:07	246
935	W	253	Pesch, Inge	01:12:56	264		Lauffreunde Niers	1965	57	W45	01:11:46	254
936		683	Kaender, Johannes	01:12:56	265		Lauffreunde Niers	1963	115	M50	01:11:46	687
937	W	254	Müller, Marianne	01:12:59	37		LTV Remscheid	1951	10	W60	01:12:25	262
938		684	Herrmann, Stephan	01:13:00	375			1961	116	M50	01:11:24	676
939	W	255	Pihan, Simone	01:13:01	1388		Team Otto	1971	42	W40	01:11:50	256
940	W	256	Berger, Claudia	01:13:01	1382		Team Otto	1972	43	W40	01:11:51	257
941		685	Brinkmann, Markus	01:13:04	1598			1964	117	M50	01:11:25	678
942	W	257	Heinrichs, Andrea	01:13:05	1443			1970	44	W40	01:11:43	252
943		686	à Brassard, Stephan	01:13:11	12		Die gestiefelten Musk	1968	180	M45	01:11:25	677
944	W	258	à Brassard, Christine	01:13:11	11		Die gestiefelten Musk	1970	45	W40	01:11:25	248
945		687	Lunau, Frank	01:13:14	792		LT Gruiten-Neandert	1965	181	M45	01:11:32	682
946		688	Hasoon, Karim	01:13:20	1055			1972	97	M40	01:11:44	686
947		689	Abel, Edmund	01:13:20	1051			1951	25	M60	01:11:44	685
948		690	Bartschat, Uwe	01:13:34	1		St.Hub.Sportschütze	1968	182	M45	01:13:26	709
949		691	Flaig, Louis	01:13:38	1655			2001	2	MJ U16	01:12:50	696
950		692	Braun, Marcus	01:13:38	1667		Grevenbroich	1967	183	M45	01:12:51	697
951		693	Schwandrau, Rolf	01:13:41	1703		Remscheid	1958	49	M55	01:12:45	695
952		694	Dorin, Palici	01:13:42	694		LV Bergziegen	1962	118	M50	01:12:03	690
953		695	Harnau, Rolf	01:13:42	1221		Gipfelstuermer Vorge	1961	119	M50	01:12:45	693
954	W	259	Harnau, Angelika	01:13:42	1222		Gipfelstuermer Vorge	1962	46	W50	01:12:44	265
955	W	260	Meyer, Emily Annette	01:13:50	966		Warm Up Fitness	1995	5	WJ U20	01:12:40	263
956	W	261	Jandt, Claudia	01:13:52	1426		FC Straberg	1962	47	W50	01:12:59	268
957	W	262	Clauss, Birgit	01:13:53	1422		FC Straberg	1967	58	W45	01:13:02	269
958	W	263	Winter, Cordelia	01:13:55	1032			1969	59	W45	01:12:06	258
959	W	264	Leudts, Anne	01:13:57	1033			1960	48	W50	01:12:08	259
960	W	265	Becker, Heike	01:13:59	1217		SCB Horrem	1967	60	W45	01:12:44	264
961	W	266	Kleuskens, Iris	01:14:01	1680		Dormagen	1965	61	W45	01:12:54	267
962	W	267	Dellmuth, Sabine	01:14:02	845		LT Alt-Erkrath	1960	49	W50	01:12:24	261
963	W	268	Linden, Renate	01:14:03	699		LT Alt-Erkrath	1971	46	W40	01:12:24	260
964		696	Klein, Martin	01:14:05	1377			1973	98	M40	01:12:15	691
965		697	Frohn, Marcus	01:14:08	25		Hot Socks	1974	99	M40	01:12:19	692
966		698	Schultes, Rainer	01:14:17	548			1964	120	M50	01:13:05	700
967		699	Storz, Ulrich	01:14:20	655		Fanta 4	1969	184	M45	01:13:18	705
968		700	Thelen, Michael	01:14:20	362			1965	185	M45	01:12:45	694
969		701	Hauenstein, Alexander	01:14:24	1066		GTV	1943	12	M70	01:13:20	706
970	W	269	Bornack, Brigitte	01:14:27	299			1981	19	W30	01:12:46	266
971		702	uwe, Eberhardt	01:14:29	188		City Runner	1956	50	M55	01:12:55	698
972	W	270	Kremmel, Fusun	01:14:31	180			1970	47	W40	01:13:12	272
973	W	271	Winz, Gerda	01:14:40	1009		Viersener TV 1848	1946	1	W65	01:13:32	277
974	W	272	Hoffmann, Inge	01:14:43	1704		OSC Waldniel	1969	62	W45	01:14:10	291
975	W	273	Titzer, Lisa	01:14:45	981		Warm Up Fitness	1989	34	W	01:13:31	276
976	W	274	Gehrmann, Marina	01:14:45	1688		OSC Waldniel	1957	11	W55	01:14:10	292
977	W	275	Happekotte, Hannah	01:14:45	980		Warm Up Fitness	1994	35	W	01:13:31	275
978		703	Kragt, Wilfried	01:14:46	1721		SG Neukirchen	1957	51	M55	01:13:06	701
979	W	276	Christmann, Gabi	01:14:52	602		Triathlon Waldfeucht	1969	63	W45	01:13:30	274
980		704	Kosmol, Robut	01:14:54	1584		Köln	1967	186	M45	01:12:56	699
981	W	277	Graf, Eva	01:14:55	379		LG Atemlos	1971	48	W40	01:13:06	270
982		705	Boer, Ralph	01:14:56	1185		LLG 80 Nordpark Köl	1957	52	M55	01:13:32	711
983		706	Selbach, Frank	01:14:57	601		SystemLabs	1964	121	M50	01:13:32	712
984		707	Döbber, Lars	01:15:00	228			1982	70	M30	01:13:25	708
985		708	Busch, Johannes	01:15:00	233			1984	71	M30	01:13:25	707
986	W	278	Wieneke, Monika	01:15:00	358			1974	49	W40	01:13:45	279



Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
987		709	Krämer, Wolfgang	01:15:02	935			1960	122	M50	01:13:07	702
988	W	279	Ritzerfeld-Krämer, Petra	01:15:02	936			1964	50	W50	01:13:08	271
989	W	280	Schwarte, Edda	01:15:04	1485		Wander-Rabe.de	1967	64	W45	01:14:05	286
990		710	Bochmann, Daniel	01:15:06	652			1972	100	M40	01:13:44	713
991	W	281	Hopp, Carina	01:15:11	798			1990	36	W	01:13:43	278
992		711	Gale, Daniel	01:15:12	473		SCB Horrem	1977	67	M35	01:13:57	715
993		712	Jambor, Ernst	01:15:17	1386		Mitläufer	1956	53	M55	01:13:17	703
994		713	Schmitz, Robert	01:15:17	1387		Mitläufer	1994	61	M	01:13:18	704
995		714	Dietzler, Elmar	01:15:20	8		1. FC Spich Lauftreff	1965	187	M45	01:14:06	717
996	W	282	Wilhelm, Anja	01:15:21	7		1. FC Spich Lauftreff	1968	65	W45	01:14:07	289
997	W	283	Bürgel, Sandra	01:15:26	865			1982	20	W30	01:15:19	306
998	W	284	Ishorst, Hanna	01:15:26	864			1983	21	W30	01:15:18	305
999		715	Abratis, Oliver	01:15:29	50			1971	101	M40	01:13:30	710
1000	W	285	Doenni, Nicole	01:15:29	170		SC Bayer 05 Uerding	1967	66	W45	01:13:30	273
1001	W	286	Faber, Elisabeth	01:15:31	326		WSC Bayer Dormage	1958	12	W55	01:13:46	280
1002		716	Faber, Thomas	01:15:31	325		WSC Bayer Dormage	1957	54	M55	01:13:46	714
1003	W	287	Windhausen, Beate	01:15:35	1457		Running Friends Bed	1963	51	W50	01:14:04	285
1004	W	288	Heer, Marianne	01:15:35	1469		Running Friends Bed	1950	11	W60	01:14:03	284
1005	W	289	Halfas, Laura	01:15:37	392			1979	27	W35	01:14:44	301
1006	W	290	Hamm, Marina	01:15:45	991		ESV Gremberghoven	1962	52	W50	01:13:47	281
1007	W	291	Merten, Amelie	01:15:46	599			1987	37	W	01:14:18	295
1008	W	292	Schlinge, Susanna	01:15:49	1192		Team Erdinger Alkoh	1971	50	W40	01:14:49	303
1009	W	293	Marx, Birgit	01:15:50	1608			1966	67	W45	01:14:05	287
1010	W	294	Uphaus, Regine	01:15:51	651			1962	53	W50	01:14:28	299
1011	W	295	Kather, Monika	01:15:53	527		die Rennschnecken	1971	51	W40	01:14:20	296
1012	W	296	Frydrychowicz, Anna	01:15:55	449			1986	38	W	01:14:14	294
1013		717	Tillmann, Hans-Josef	01:15:56	1618			1961	123	M50	01:14:00	716
1014	W	297	Marx, Maria	01:15:57	1528		Bergheim-Rheidt	1980	22	W30	01:13:54	282
1015	W	298	Schmitz, Maike	01:15:57	530		die Rennschnecken	1988	39	W	01:14:22	297
1016	W	299	Grosser, Jessica	01:15:59	223			1998	7	WJ U18	01:13:54	283
1017		718	Becker, Helmut	01:16:01	575			1966	188	M45	01:14:32	720
1018	W	300	Schmitz-Stein, Sandra	01:16:05	303			1974	52	W40	01:14:06	288
1019	W	301	Steinbach, Jennifer	01:16:05	304			1975	28	W35	01:14:08	290
1020		719	Conrad, Felix	01:16:06	165			1982	72	M30	01:14:17	718
1021	W	302	Elle, Regina	01:16:08	529		die Rennschnecken	1963	54	W50	01:14:33	300
1022	W	303	Kaluza, Lavia	01:16:08	1504		SSG Nievenheim-Del	2001	4	WJ U16	01:15:22	307
1023	W	304	Leimbach-Goerlt, Kristina	01:16:11	1355		TSV Norf	1980	23	W30	01:14:14	293
1024		720	Conrad, Oliver	01:16:15	163			1983	73	M30	01:14:27	719
1025	W	305	Conrad, Sarah	01:16:16	164			1982	24	W30	01:14:28	298
1026	W	306	Groß, Helgard	01:16:24	682		TV Frisch Auf Lennep	1968	68	W45	01:14:55	304
1027		721	Brennert, Kurt	01:16:28	1284			1945	6	M65	01:15:03	725
1028		722	Simon, Marcel	01:16:28	1285			1989	62	M	01:15:03	726
1029	W	307	Piepenbrock, Annette	01:16:29	320			1984	25	W30	01:14:48	302
1030		723	Lückger, Klaus	01:16:29	354			1958	55	M55	01:14:50	724
1031		724	Syska, Andreas	01:16:29	353			1958	56	M55	01:14:50	723
1032	W	308	Neugebauer, Gudrun	01:16:40	91			1957	13	W55	01:15:31	310
1033		725	Maier, Roland	01:16:45	688		TV Frisch Auf Lennep	1939	1	M75	01:14:41	722
1034		726	Meyer, Thomas	01:16:48	464			1971	102	M40	01:14:36	721
1035		727	Koch, Sascha	01:16:54	621		fc zons 3	1975	68	M35	01:15:06	727
1036	W	309	Bergner-Döring, Anja	01:16:55	1099		allways3 - Laufen in	1966	69	W45	01:15:30	309
1037	W	310	Wingenbach, Andrea	01:16:57	837		allways3 - Laufen in	1964	55	W50	01:15:33	311
1038	W	311	Buse, Andrea	01:17:00	871		Skiclub Remscheid	1964	56	W50	01:15:35	312
1039		728	Neubert, Eddi	01:17:03	660			1970	103	M40	01:16:56	741
1040		729	Halycz, Dominik	01:17:05	311		Gillbach Boschte	1987	63	M	01:15:23	728
1041	W	312	Becker, Martina	01:17:08	881			1972	53	W40	01:15:48	321
1042	W	313	Gerards, Kathrin	01:17:08	880			1977	29	W35	01:15:48	320
1043	W	314	Kamper, Barbara	01:17:09	427			1977	30	W35	01:15:47	318
1044	W	315	Glymph, Ilona	01:17:09	554			1974	54	W40	01:15:24	308

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1045	W	316	Üffing, Janette	01:17:10	676		TV Frisch Auf Lennep	1973	55	W40	01:15:43	315
1046	W	317	Schlattmann, Alexandra	01:17:12	532		die Rennschnecken	1971	56	W40	01:15:39	313
1047	W	318	Brix, Yvonne	01:17:12	523		die Rennschnecken	1970	57	W40	01:15:39	314
1048	W	319	True, Monika	01:17:22	1716		Rösrath	1963	57	W50	01:15:51	322
1049	W	320	Herten, Simone	01:17:25	636			1977	31	W35	01:16:13	328
1050		730	Noll, Norbert	01:17:28	1690		Zons	1958	57	M55	01:15:51	733
1051	W	321	Plönes, Ulrike	01:17:36	1700		Nettetal	1968	70	W45	01:16:02	323
1052	W	322	Glassmacher, Bianka	01:17:36	1698		LT Wickrath	1967	71	W45	01:16:04	324
1053	W	323	Robben, Diana	01:17:36	15		Hot Socks	1971	58	W40	01:15:45	316
1054		731	Stolpe, Norbert	01:17:40	436			1978	69	M35	01:16:04	735
1055	W	324	Franke, Sarah	01:17:40	1340		SG Kaarst	1986	40	W	01:15:48	319
1056		732	Eppler, Thorsten	01:17:40	433			1964	124	M50	01:16:05	736
1057		733	Herx, Simon	01:17:40	1343		SG Kaarst	1986	64	M	01:15:48	732
1058	W	325	Hähnsen, Claudia	01:17:40	437			1966	72	W45	01:16:04	325
1059	W	326	Schneider, Tanja	01:17:41	1389			1982	26	W30	01:15:45	317
1060		735	Stegemann, Jorge	01:17:41	485			1975	71	M35	01:15:46	731
1061		734	Maas, Andreas	01:17:41	1391			1977	70	M35	01:15:46	730
1062		736	Bloser, Andreas	01:17:42	461		Leve Jonge Nievenhe	1976	72	M35	01:15:46	729
1063		737	Stockmann, Jörg	01:17:50	1027		Impuls-Lauftreff Kerp	1967	189	M45	01:16:48	740
1064	W	327	Ruett, Michaela	01:17:51	30			1968	73	W45	01:16:25	330
1065		738	Vrba, Andreas	01:17:52	1031			1963	125	M50	01:16:01	734
1066		739	Hanster, Christian	01:17:54	1304			1994	65	M	01:16:14	737
1067	W	328	Offers, Anna	01:17:56	1303			1995	6	WJ U20	01:16:16	329
1068	W	329	Meier-Gronenwald, Sigrid	01:17:59	476			1952	12	W60	01:16:11	326
1069	W	330	Goldberg, Kim	01:17:59	475			1986	41	W	01:16:11	327
1070		740	Gehrmann, Reinhard	01:18:06	24		Hot Socks	1967	190	M45	01:16:16	738
1071	W	331	Eisele, Beate	01:18:18	1585		TV Witzhelden	1951	13	W60	01:17:03	335
1072		741	Leismann, Manfred	01:18:18	788		TV Witzhelden	1947	7	M65	01:17:02	742
1073		742	Gundlach, Ulf-Marko	01:18:22	450			1952	26	M60	01:16:23	739
1074	W	332	Hitz-Baldauf, Nina	01:18:22	1717			1981	27	W30	01:16:47	333
1075	W	333	Fenkl, Sandra	01:18:22	290		Jung Weimot 1995	1980	28	W30	01:16:47	334
1076	W	334	Saporito, Gabriele	01:18:25	1648		Mönchengladbach	1965	74	W45	01:16:41	332
1077	W	335	Saporito, Sarah	01:18:25	1647		Mönchengladbach	1987	42	W	01:16:41	331
1078	W	336	Schuster, Brandi	01:18:29	494	USA		1978	32	W35	01:17:37	337
1079		743	Meisenberg, Thomas	01:18:30	574		SG Worringen	1960	126	M50	01:17:11	744
1080		744	Ickert, Manfred	01:18:32	1609		Pulheimer SC	1965	191	M45	01:18:08	750
1081	W	337	Dibke, Dorothea	01:18:32	1634		LVS	1957	14	W55	01:18:08	339
1082		745	Theisen, Markus	01:18:47	1364			1966	192	M45	01:17:40	746
1083		746	Schwabe, Michael	01:18:54	734		Bayer CropScience	1969	193	M45	01:17:11	745
1084	W	338	Koch, Tanja	01:18:54	127			1976	33	W35	01:17:11	336
1085		747	Persé, Jürgen	01:19:02	1207		RTC Frechen 80	1956	58	M55	01:17:06	743
1086		748	Solf, Julian	01:19:31	255			1994	66	M	01:17:59	749
1087		749	Sebastian, Schäfer	01:19:42	1368			1988	67	M	01:17:45	747
1088	W	339	Eckel, Katharina	01:19:43	1324			1988	43	W	01:17:46	338
1089		750	Malcher, Marcel	01:19:50	248			1993	68	M	01:18:19	751
1090		751	Kappel, Günter	01:19:51	429			1953	27	M60	01:19:28	758
1091		752	von Werndorff, Wolfgang	01:20:00	1581		Troisdorf	1965	194	M45	01:17:58	748
1092		753	Göbels, Hans	01:20:06	1620		DJK VFL Forstwald	1938	2	M75	01:19:10	756
1093		754	Oesterschlink, Jürgen	01:20:08	308			1978	73	M35	01:18:27	752
1094	W	340	Zarbo, Angela	01:20:10	1109		SCB Horrem	1960	58	W50	01:18:54	344
1095	W	341	Bannach, Fatma	01:20:19	1190		Veggie Athletes	1975	34	W35	01:18:37	340
1096		755	Smollich, Christoph	01:20:20	414			1987	69	M	01:19:10	757
1097	W	342	Naskret, Sandra	01:20:21	588		Team Erdinger Alkoh	1985	44	W	01:18:37	341
1098		756	Morosan, Thomas	01:20:33	1482		SG Drückeberger	1971	104	M40	01:18:49	755
1099		757	Mohme, Henning	01:20:33	1483		SG Drückeberger	1968	195	M45	01:18:48	754
1100	W	343	Horn, Helena	01:20:41	1346		TSV Jahn 05 Oberkas	1998	8	WJ U18	01:18:39	342
1101	W	344	Harmsen, Luisa	01:20:41	1344		TSV Jahn 05 Oberkas	1997	9	WJ U18	01:18:40	343
1102		758	Grüning, Christoph	01:20:44	175		Sannes Nachtschnec	1959	59	M55	01:18:43	753

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

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1103	W	345	Bleibtreu, Corinna	01:21:01	130			1978	35	W35	01:20:08	348
1104	W	346	Schnitzler, Simone	01:21:01	1318			1990	45	W	01:19:33	346
1105	W	347	Koch, Dimitra	01:21:02	366			1994	46	W	01:19:31	345
1106		759	Oppenberg, Frank	01:21:22	542			1967	196	M45	01:19:51	759
1107	W	348	Oppenberg, Petra	01:21:22	541			1969	75	W45	01:19:51	347
1108		760	Jäger, Jäger	01:21:42	49			1978	74	M35	01:20:05	760
1109		761	Sandmann, Ingo	01:21:42	75			1979	75	M35	01:20:05	761
1110	W	349	Stralkowski, Maria	01:22:16	1459	POR	LT Dünnwalder TV	1953	14	W60	01:20:15	349
1111	W	350	Perschke, Helga	01:22:16	122		Dünnwalder Lauftreff	1963	59	W50	01:20:15	350
1112		762	Jambor, Stefan	01:22:18	596			1973	105	M40	01:20:27	762
1113	W	351	Ritterbach, Sabrina	01:22:19	753		Bayer CropScience	1985	47	W	01:21:48	356
1114		763	Borgmann, Heribert	01:22:19	1580		Neuss	1959	60	M55	01:20:49	763
1115	W	352	Wollgarten, Vera	01:22:40	1694		Kölner OC Team	1988	48	W	01:20:37	351
1116	W	353	Nicolay-Wollgarten, Bianca	01:22:40	1693		Kölner OC Team	1952	15	W60	01:20:38	352
1117		764	Zielony, Kurt	01:22:55	108		FeG Wuppertal Rons	1939	3	M75	01:20:56	764
1118	W	354	Kopotz, Waltraud	01:23:00	1651			1960	60	W50	01:21:15	354
1119	W	355	Petzke, Kirstin	01:23:00	1650		LT Gruiten Neanderta	1966	76	W45	01:21:15	353
1120	W	356	Reinicke, Nadine	01:23:08	346			1978	36	W35	01:21:17	355
1121		765	Teilnehmer, Unbekannt	01:23:22	1710			1994	70	M	01:22:43	768
1122	W	357	Schaffrath, Sandra	01:23:44	803			1978	37	W35	01:21:57	357
1123		766	Gödecke, Uwe	01:23:49	328			1968	197	M45	01:22:19	765
1124	W	358	Palloks, Martina	01:23:49	329			1971	59	W40	01:22:19	358
1125		767	Georg, Goffin	01:23:55	586		SV 1924 Glehn	1971	106	M40	01:22:25	766
1126		768	Birkmann, Markus	01:23:55	584		SV 1924 Glehn	1971	107	M40	01:22:25	767
1127		769	Kalinka, Christian	01:24:26	1297		pronova BKK	1971	108	M40	01:22:58	769
1128	W	359	Kalinka, Bianca	01:24:26	947			1977	38	W35	01:22:58	359
1129	W	360	Abakar Mahamat, Yvonne	01:24:33	1705		Köln-Mülheim	1979	39	W35	01:24:10	364
1130		770	Schulte, Thorsten	01:24:41	1053		BSg Sparkasse Neus	1969	198	M45	01:24:01	771
1131		771	Leifgen, Klaus-Dieter	01:25:00	1492		DJK Novesia Neuss	1954	28	M60	01:23:30	770
1132	W	361	Kempkens, Özlem	01:25:15	462			1975	40	W35	01:23:31	360
1133	W	362	Grosse Böwing, Alexandr	01:25:55	898		Roadies 2014	1977	41	W35	01:23:51	361
1134	W	363	Wenda, Nadine	01:25:56	899		Roadies 2014	1981	29	W30	01:23:51	362
1135	W	364	Kreis, Melanie	01:25:56	900		Roadies 2014	1979	42	W35	01:23:52	363
1136		772	Sanli, Efe	01:26:35	250		Run for Jimmy	1988	71	M	01:25:40	772
1137	W	365	Gralla, Elisabeth	01:26:35	249		Run for Jimmy	1988	49	W	01:25:39	365
1138	W	367	Pack, Anja	01:27:11	83			1971	60	W40	01:26:31	368
1139	W	366	Heckenkemper, Petra	01:27:11	82			1967	77	W45	01:26:31	367
1140	W	368	Bergmann, Bettina	01:27:58	492			1963	61	W50	01:26:06	366
1141		773	Steupert, Klaus	01:27:58	493			1963	127	M50	01:26:06	773
1142	W	369	Sadicu, Nicole	01:29:37	20		Hot Socks	1975	43	W35	01:27:46	369
1143	W	370	Rose, Marion	01:29:44	463			1964	62	W50	01:27:59	370
1144		774	Kleideiter, Ralf	01:30:32	1531		Fight Diabetes	1967	199	M45	01:28:28	774
1145		775	Franzen, Werner	01:30:50	87		Lauftreff Gruiten-Nea	1949	8	M65	01:29:42	775
1146	W	371	Baumgart, Marlene	01:30:50	1664		LT MG-Volksgarten	1939	1	W75	01:29:04	371
1147	W	372	Hober, Silke	01:31:25	1110			1969	78	W45	01:29:38	372
1148	W	373	Mintrop, Annika	01:32:43	438			1998	10	WJ U18	01:30:40	373
1149		776	Mintrop, Klaus	01:32:44	439			1955	61	M55	01:30:41	776
1150		777	Stremmel, Fritz	01:32:52	1456		LT Dünnwalder TV	1935	4	M75	01:30:50	777
1151		778	Nijmeijer, Marten	01:32:55	1454	NED	LT Dünnwalder TV	1958	62	M55	01:30:53	779
1152		779	Moczala, Wolfgang	01:32:56	1727		Lauftreff Dünnwalder	1957	63	M55	01:30:52	778
1153	W	374	Herber, Claudia	01:33:11	1056		ESV Gremberghoven	1966	79	W45	01:31:13	374
1154	W	375	Kirberg-Franzen, Ulrike	01:43:43	86		Lauftreff Gruiten-Nea	1960	63	W50	01:42:35	376
1155	W	376	Haberkost, Natascha	01:43:43	89		LT Gruiten-Neandert	1968	80	W45	01:42:35	375
1156	W	377	Fuchs, Christa	01:44:52	975		Warm Up Fitness	1956	15	W55	01:42:44	377

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

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