

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/Meile
1		1	00:17:53	Schmitz, Markus	1492		TSV Bayer Dormagen	1973	1	M40	05:46,1
2		2	00:18:04	Mock, Samuel	1740		LAV Bayer Dormagen	2002	1	MJ U14	05:49,6
3		3	00:18:47	Skopnik, Manuel	1503		Laufmonster	1972	2	M40	06:03,5
4		4	00:19:29	Arey, Paulos	1759		LG Wuppertal	1969	1	M45	06:17,0
5		5	00:19:52	Gaschler, Joachim	803			1979	1	M35	06:24,5
6		6	00:20:08	Robin, Robin	1463		Stürzelberg	1997	1	MJ U20	06:29,6
7		7	00:20:21	Hecker, Erik	1432		Krefeld	1971	3	M40	06:33,8
8		8	00:20:25	Tibler, Karim	1309		TG Neuss	2002	2	MJ U14	06:35,1
9		9	00:20:48	Dresen, Benjamin	1239			1985	1	M30	06:42,5
10		10	00:20:52	Nussbaum, Alexander	951		TK Grevenbroich	1998	1	MJ U18	06:43,8
11		11	00:20:56	Schwietaller, Maurice	1735		Born-To-Swim	2004	1	MK U12	06:45,1
12		12	00:21:02	Stoll, Konstantin	704		neuraxpharm Arzneimittel	1975	4	M40	06:47,0
13		13	00:21:31	Hake, Thomas	1790		Leichlingen	1969	2	M45	06:56,4
14		14	00:21:32	Seliger, Paul	1255		TSV Dormagen	2002	3	MJ U14	06:56,7
15		15	00:21:35	Stadtler, Michael	1523			1969	3	M45	06:57,7
16		16	00:21:41	Nussbaum, Florian	949		TK Grevenbroich	2000	1	MJ U16	06:59,6
17		17	00:21:50	Ehlert, Maximilian	1408		FC Straberg	2002	4	MJ U14	07:02,5
18		18	00:21:52	Maglione, Gianpaolo	1481			1995	1	M	07:03,2
19		19	00:22:01	Kleinschnittger, Christoph	999		FC Zons 2003	2003	5	MJ U14	07:06,1
20		20	00:22:02	Gronemeyer, Hans-Herm	1085		LC Wuppertal	1948	1	M65	07:06,4
21		21	00:22:07	Rehaag, Dirk	359		3XERCISE	1964	1	M50	07:08,0
22		22	00:22:21	Kluth, Tim	636			2000	2	MJ U16	07:12,5
23		23	00:22:24	Weidle, Justin	1733		FC Zons	2000	3	MJ U16	07:13,5
24		24	00:22:31	Haupt, Anton Paul	24		SG Zons	2004	2	MK U12	07:15,8
25		25	00:22:35	Steinborn, Leonhard	1732		Fc Zons	2001	4	MJ U16	07:17,0
26		26	00:22:41	Zindler, Markus	1490		Düsseldorf	1969	4	M45	07:19,0
27	W	1	00:22:42	Fischer, Ilonka	396		Pulheimer SC	1966	1	W45	07:19,3
28		27	00:22:43	Gusgen, Oliver	1749		FC Zons	2001	5	MJ U16	07:19,6
29		28	00:22:43	Breuer, Bastian	995		FC Zons 2003	2003	6	MJ U14	07:19,6
30		29	00:22:45	Zurmahr, Fynn	1343		ASS-Lauftreff	2004	3	MK U12	07:20,3
31		30	00:22:46	Heck, Julian	1340		ASS-Lauftreff	2004	4	MK U12	07:20,6
32	W	2	00:22:46	Romahn, Aileen	469		Germania Hoisten	2001	1	WJ U16	07:20,6
33		31	00:22:47	Schmitz, Alexander	160		LC Weilerswist	2006	1	MK U10	07:20,9
34		32	00:22:57	Decker, Thomas	1767		Triathlon Team Erdinger	1952	1	M60	07:24,1
35		33	00:23:02	Breidenbach, Sascha	1267		SG Neukirchen-Hülchrath	1973	5	M40	07:25,8
36		34	00:23:23	Kirschbaum, Leon	408		FC Zons	2004	5	MK U12	07:32,5
37	W	3	00:23:27	Stratmann, Hannah	212		LG Monheim Baumberg	2002	1	WJ U14	07:33,8
38		35	00:23:28	Sieber, Stefan	1004			1968	5	M45	07:34,1
39		36	00:23:29	Czarnietzki, Timo	1791		TG Neuss	2005	6	MK U12	07:34,5
40		37	00:23:29	Haack, Mika	1769		SG Zons	2006	2	MK U10	07:34,5
41	W	4	00:23:30	Liegl, Yvonne	1459			1991	1	W	07:34,8
42		38	00:23:34	Stadler, Kevin	974		BvS Dormagen	2004	7	MK U12	07:36,1
43		39	00:23:35	Lenk, Ferdinand	963		BvS Dormagen	2004	8	MK U12	07:36,4
44		40	00:23:38	Geisler, Florian	1102			1990	2	M	07:37,4
45	W	5	00:23:39	Stürtz, Marie-Luise	1353		SFD75 Düsseldorf	1950	1	W65	07:37,7
46		41	00:23:41	Finkelmeier, Mark	998		FC Zons 2003	2003	7	MJ U14	07:38,3
47	W	6	00:23:41	Kallen, Christina	1736		Born-To-Swim	2002	2	WJ U14	07:38,3
48	W	7	00:23:42	Olschowsky, Anna	1455		Bunert Junior Team	2006	1	WK U10	07:38,7
49		42	00:23:42	Bargel, Florian	401		FC Zons	2004	9	MK U12	07:38,7
50		43	00:23:42	Baumgart, Markus	122			1971	6	M40	07:38,7
51	W	8	00:23:43	Baumgart, Hannah	121		TSV Bayer Leverkusen	2003	3	WJ U14	07:39,0
52	W	9	00:23:46	Opdenhövel, Marion	1414		FC Straberg	1960	1	W55	07:40,0
53		44	00:23:47	Etten, Michael	994		FC Zons 2003	2003	8	MJ U14	07:40,3
54		45	00:23:50	Fischer, Andy	504			1976	2	M35	07:41,2
55		46	00:23:55	Malecki, Fabian	623			2006	3	MK U10	07:42,9
56	W	10	00:23:56	Jaquet, Veronique	1274		Mach3 e.V. Köln	1977	1	W35	07:43,2

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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/Meile
57		47	00:23:59	Körner, Finn	1393		FC Straberg	2004	10	MK U12	07:44,1
58		48	00:24:08	Merker, Darius	1226		SV Rosellen	2004	11	MK U12	07:47,0
59		49	00:24:16	Assenime, Leroy	1002		FC Zons 2003	2003	9	MJ U14	07:49,6
60		50	00:24:16	Lüneburg, Nick	1461		Stürzelberg	1999	2	MJ U18	07:49,6
61	W	11	00:24:17	Gottowik, Marie	580		WSC Dormagen	1999	1	WJ U18	07:50,0
62		51	00:24:21	Norbisrath, Gerd	1460		TV Frisch Auf Lennep	1953	2	M60	07:51,2
63		52	00:24:22	Härtel, Nils	491			1979	3	M35	07:51,6
64		53	00:24:22	Stichler, Karsten	1742		Nils Will 25 30	1980	4	M35	07:51,6
65		54	00:24:30	Schäfer, Walter	1457		SG Holzheim	1946	2	M65	07:54,1
66		55	00:24:33	Schönberg, Siegfried	1083		LC Wuppertal	1966	6	M45	07:55,1
67		56	00:24:36	van Straelen, Berno	976		BvS Dormagen	2004	12	MK U12	07:56,1
68		57	00:24:38	Reichel, Reiner	1454		SVR	1956	1	M55	07:56,7
69		58	00:24:39	Bohn, Christofer	957		BvS Dormagen	2004	13	MK U12	07:57,0
70		59	00:24:46	Grabowski, Philipp	1227		SV Rosellen	2004	14	MK U12	07:59,3
71		60	00:24:46	Grabowski, Heinrich	1229		SV Rosellen	1975	7	M40	07:59,3
72	W	12	00:25:01	Nieland, Stefanie	566		SG-Stern Wuppertal/Soling	1979	2	W35	08:04,1
73	W	13	00:25:03	Vogt, Petra	1354		Mach3 Köln	1972	1	W40	08:04,8
74	W	14	00:25:03	Römmen, Sophie	967		BvS Dormagen	2004	1	WK U12	08:04,8
75		61	00:25:04	Fuxen, Lars	1245		TSV Bayer Dormagen	2001	6	MJ U16	08:05,1
76		62	00:25:04	Römmen, Andreas	1007		BvS Dormagen	1968	7	M45	08:05,1
77		63	00:25:11	Gröger, Oliver Thomas	1355		BvS Dormagen	2001	7	MJ U16	08:07,4
78		64	00:25:11	Gehrke, Carsten	1374			1985	2	M30	08:07,4
79		65	00:25:13	Pardo, Antonino	656	SMR	RSM / Rennschnecken 200	1964	2	M50	08:08,0
80		66	00:25:13	Abel, Florian	864			2000	8	MJ U16	08:08,0
81		67	00:25:13	Merker, Julian	1225		SV Rosellen	2004	15	MK U12	08:08,0
82		68	00:25:14	Abel, Johannes	863			2000	9	MJ U16	08:08,3
83		69	00:25:14	Lambert, Niklas	34		SG Zons	2001	10	MJ U16	08:08,3
84		70	00:25:17	Winter, Horst	1792		SG Worringen	1953	3	M60	08:09,3
85	W	15	00:25:20	Niemann, Fabiana	1068		Bayer Dormagen	1994	2	W	08:10,3
86		71	00:25:20	Boeser, Ben	1329		FC Zons	2002	10	MJ U14	08:10,3
87		72	00:25:21	Spieswinkel, Lars	775		FC Zons	1972	8	M40	08:10,6
88		73	00:25:22	Spieswinkel, Luca	411		FC Zons	2004	16	MK U12	08:10,9
89		74	00:25:23	Schlattmann, Luke	754		die Rennschnecken	2005	17	MK U12	08:11,2
90		75	00:25:23	Bröder, Nils	1330		FC Zons	2002	11	MJ U14	08:11,2
91		76	00:25:23	Bayer, Philip	1074		SG Zons Judo-Abt.	2002	12	MJ U14	08:11,2
92		77	00:25:29	Van Baarsen, Eric	1434		TSV Bayer Dormagen	2005	18	MK U12	08:13,2
93		78	00:25:32	Knauff, Julius	1075		SG Zons Judo-Abt.	2006	4	MK U10	08:14,1
94		79	00:25:34	Mucha, Claas	1384		Dormagen	2005	19	MK U12	08:14,8
95		80	00:25:39	Barion, René	356			1968	8	M45	08:16,4
96	W	16	00:25:43	Klein, Wiki	1785		LT Düsseldorf Süd	1961	1	W50	08:17,7
97	W	17	00:25:44	Manzer, Jennifer	853		neuraxpharm Arzneimittel	1980	3	W35	08:18,0
98	W	18	00:25:45	Jansen-Blümel, Ingrid	1413		FC Straberg	1961	2	W50	08:18,3
99		81	00:25:52	Gelber, Paul	1111		BvS Dormagen	2005	20	MK U12	08:20,6
100		82	00:25:52	Bölt, Ben Luca	17		Genießer	2003	13	MJ U14	08:20,6
101		83	00:25:53	Weber, Lars	1129		BvS Dormagen	2005	21	MK U12	08:20,9
102	W	19	00:26:01	Buchartz, Angelina	1006		LAV Bayer Uerdingen/Dor	2003	4	WJ U14	08:23,5
103		84	00:26:05	Körner, Thomas	1392		FC Straberg	1968	9	M45	08:24,8
104	W	20	00:26:05	Villalpando Kosfeld, Lucie	1128		BvS Dormagen	2005	2	WK U12	08:24,8
105		85	00:26:06	Werner, Andreas	1448		Korschenbroich	1971	9	M40	08:25,1
106	W	21	00:26:07	Reichert, Ronja	520		SG Zons	2003	5	WJ U14	08:25,4
107		86	00:26:09	Peifer, Stephan	170		Rennmops Running Crew	1970	10	M45	08:26,1
108		87	00:26:10	Konrad, Marten	626		WSC Bayer Dormagen	2005	22	MK U12	08:26,4
109	W	22	00:26:11	Hillesheim, Nataly	657		Rennschnecken 2000	1966	2	W45	08:26,7
110	W	23	00:26:17	Ehlert, Ulrike	1410		FC Straberg	1978	4	W35	08:28,7
111		88	00:26:19	Samusch, Rene	1234			1973	10	M40	08:29,3
112		89	00:26:20	Menzel, Florian	1137			2004	23	MK U12	08:29,6

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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/Meile
113		90	00:26:21	Schaffrath, Ben	414		Team Turbo	2006	5	MK U10	08:30,0
114	W	24	00:26:22	Pielen, Miriam	1743		SG Zons	2006	2	WK U10	08:30,3
115		91	00:26:23	Pielen, Georg	1747		Zons	1973	11	M40	08:30,6
116		92	00:26:25	Sommerfeld, Timmy	487			1978	5	M35	08:31,2
117		93	00:26:25	Sommerfeld, Felix	488			2004	24	MK U12	08:31,2
118		94	00:26:30	Skirlo, Elias	1224		SV Rosellen	2004	25	MK U12	08:32,9
119		95	00:26:30	Kassing, Benedict	993		FC Zons 2003	2003	14	MJ U14	08:32,9
120		96	00:26:37	Bornebusch, Hinrich	1313		TSV Norf	1964	3	M50	08:35,1
121		97	00:26:40	Keller, Mateusz	839			1984	3	M30	08:36,1
122		98	00:26:42	Wesler, Pascal	991		FC Zons 2003	2003	15	MJ U14	08:36,7
123		99	00:26:44	Gardemann, Jürgen	470		TV Germania Nordhemmer	1960	2	M55	08:37,4
124		100	00:26:47	Schäfer, Rene	1318		FC Zons 2003	2003	16	MJ U14	08:38,3
125		101	00:26:53	Göhringer, Rainer	700		neuraxpharm Arzneimittel	1968	11	M45	08:40,3
126		102	00:26:56	Fuxen, Klaus	1246		TVM Ihr. 1895 Köln-Weide	1968	12	M45	08:41,2
127		103	00:26:58	Herrmann, Leander	1774		Düsseldorf	2001	11	MJ U16	08:41,9
128		104	00:26:59	Renger, Lennart	859			2007	6	MK U10	08:42,2
129		105	00:27:02	Mosmondor, Dennis	1773		Zons	2002	17	MJ U14	08:43,2
130		106	00:27:04	Goerlt, Tayeb	404		FC Zons	2004	26	MK U12	08:43,8
131	W	25	00:27:08	Haupt, Emma Marlene	25		SG Zons	2006	3	WK U10	08:45,1
132		107	00:27:11	Cremer, Andreas	1444		SG Zons	1971	12	M40	08:46,1
133	W	26	00:27:11	Martin Alonso, Esther	360	ESP	3XERCISE	1964	3	W50	08:46,1
134		108	00:27:13	Dömmecke, Andreas	1017			1963	4	M50	08:46,7
135	W	27	00:27:14	Bohnes, Annette	1084		LC Wuppertal	1968	3	W45	08:47,0
136	W	28	00:27:15	Jung, Christina	953			1978	5	W35	08:47,4
137		109	00:27:16	Spillecke, Rainer	233			1948	3	M65	08:47,7
138		110	00:27:24	Hemb, Thorsten	997		FC Zons 2003	2003	18	MJ U14	08:50,3
139		111	00:27:29	Sczakiel, Samuel	1001		FC Zons 2003	2003	19	MJ U14	08:51,9
140	W	29	00:27:31	Konrad, Liv	627		WSC Bayer Dormagen	2002	6	WJ U14	08:52,5
141	W	30	00:27:34	Beduhn, Katharina	495		BvS	2005	3	WK U12	08:53,5
142		112	00:27:35	Schröder, Mark	950		TK Grevenbroich	1996	2	MJ U20	08:53,8
143		113	00:27:35	Riekenbrauk, Thomas	1260		Laufftreff Delhoven	1962	5	M50	08:53,8
144		114	00:27:35	Riekenbrauk, Claas	1259		Laufftreff Delhoven	2008	7	MK U10	08:53,8
145	W	31	00:27:35	Ince, Beyza	1114		BvS Dormagen	2005	4	WK U12	08:53,8
146		115	00:27:36	Schrüper, Norbert	1522		TK Grevenbroich	1963	6	M50	08:54,1
147		116	00:27:38	Höfer, Thomas	961		BvS Dormagen	2004	27	MK U12	08:54,8
148		117	00:27:38	Jonas, Ben	990		FC Zons 2003	2003	20	MJ U14	08:54,8
149		118	00:27:42	Dahlmanns, Simon	1765		FC Zons	2007	8	MK U10	08:56,1
150		119	00:27:44	Breuer, Olaf	1761		Fc Zons	1968	13	M45	08:56,7
151	W	32	00:27:44	Zimmer, Eva	1101			1989	3	W	08:56,7
152		120	00:27:46	Hensel, Lukas	1342		ASS-Laufftreff	2004	28	MK U12	08:57,4
153	W	33	00:27:51	Schmidt, Christiane	1356			1967	4	W45	08:59,0
154		121	00:27:57	Höterkes, Felix	1341		ASS-Laufftreff	2003	21	MJ U14	09:00,9
155		122	00:27:57	Lüneburg, Claus	1479		FF Dormagen	1962	7	M50	09:00,9
156	W	34	00:27:58	Ratter, Julia	629			1982	1	W30	09:01,2
157	W	35	00:28:00	Haack, Michaela	1770		SG Zons	1972	2	W40	09:01,9
158		123	00:28:01	Heller, Peter	1180		Impuls-Laufftreff Kerpen	1951	4	M60	09:02,2
159		124	00:28:03	Freischmidt, Olaf	702		neuraxpharm Arzneimittel	1972	13	M40	09:02,9
160		125	00:28:03	Gahtow, Ole	319		SG Worringen	2004	29	MK U12	09:02,9
161		126	00:28:04	Veiser, Ole Jannis	153		Glehner TV	2005	30	MK U12	09:03,2
162	W	36	00:28:08	Siepen, Anna-Lena	973		BvS Dormagen	2003	7	WJ U14	09:04,5
163	W	37	00:28:08	Nellessen, Kathrin	1270		SG Neukirchen-Hülchrath	1996	1	WJ U20	09:04,5
164		127	00:28:14	Kuhn, Raphael	459			1989	3	M	09:06,4
165	W	38	00:28:14	Stangl, Antonia	458			1991	4	W	09:06,4
166	W	39	00:28:17	Ewelina, Sroka	609			1980	6	W35	09:07,4
167		128	00:28:17	Samusch, Sebastian	1236			2006	9	MK U10	09:07,4
168		129	00:28:17	Bertram, Thorsten	292			1973	14	M40	09:07,4

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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/Meile
169	W	40	00:28:19	Brönnner, Sara	711		neuraxpharm Arzneimittel	1989	5	W	09:08,0
170	W	41	00:28:23	Hake, Gisela	693		Bayer CropScience	1969	5	W45	09:09,3
171		130	00:28:25	Schaffrath, Henry	412		Team Turbo	1975	15	M40	09:10,0
172		131	00:28:30	Winkler, Wolfgang	988			1952	5	M60	09:11,6
173	W	42	00:28:31	Grabowski, Ella	1228		SV Rosellen	1976	7	W35	09:11,9
174		132	00:28:36	Mertens, Luke	1119		BvS Dormagen	2005	31	MK U12	09:13,5
175	W	43	00:28:41	Liountaroglou-Menzel, Ge	1136			1973	3	W40	09:15,1
176	W	44	00:28:42	Bolten, Anna Katharina	1748		WSC Bayer Dormagen	1999	2	WJ U18	09:15,4
177		133	00:28:42	Krekeler, Dirk	1451		Borussia Mönchengladbach	1972	16	M40	09:15,4
178		134	00:28:44	Selbach-Speck, Benjamin	996		FC Zons 2003	2003	22	MJ U14	09:16,1
179		135	00:28:44	Boeser, Thilo	402		FC Zons	2004	32	MK U12	09:16,1
180	W	45	00:28:45	Gutte, Julia	1782		Happy Running Family TEA	1981	2	W30	09:16,4
181	W	46	00:28:48	Müller, Larissa	1731			1991	6	W	09:17,4
182		136	00:28:51	Schröder, Lukas	1000		FC Zons 2003	2003	23	MJ U14	09:18,3
183		137	00:28:51	Rösken, Steve	1754			1975	17	M40	09:18,3
184		138	00:28:52	Rösken, Jonas	968		BvS Dormagen	2004	33	MK U12	09:18,7
185		139	00:28:54	Brüggen, René	1106		BvS Dormagen	2005	34	MK U12	09:19,3
186	W	47	00:28:54	Conca, Julia	1107		BvS Dormagen	2004	5	WK U12	09:19,3
187		140	00:28:57	Frenz, Luis	1108		BvS Dormagen	2005	35	MK U12	09:20,3
188		141	00:28:57	Kather, Aaron	755		die Rennschnecken	2005	36	MK U12	09:20,3
189		142	00:28:59	Sauter, Fabian	410		FC Zons	2004	37	MK U12	09:20,9
190	W	48	00:29:01	Golder, Katrin	1412		FC Straberg	1988	7	W	09:21,6
191	W	49	00:29:03	Breuer, Sandra	1760		Zons	1973	4	W40	09:22,2
192		143	00:29:05	Pick, Kai	409		FC Zons	2004	38	MK U12	09:22,9
193		144	00:29:08	Relovski, Fabian	966		BvS Dormagen	2002	24	MJ U14	09:23,8
194		145	00:29:09	Jansen, Julian	870			1989	4	M	09:24,1
195		146	00:29:09	Jansen, Ulrich	869		SG-Zons	1954	6	M60	09:24,1
196		147	00:29:09	Baum, Andre	774		FC Zons	1972	18	M40	09:24,1
197		148	00:29:15	Gaul, Felix	1110		BvS Dormagen	2005	39	MK U12	09:26,1
198		149	00:29:18	Kather, Theo	753		Die Rennschnecken	1965	8	M50	09:27,0
199	W	50	00:29:19	Rösner, Pakpimol	1123		BvS Dormagen	2003	8	WJ U14	09:27,4
200	W	51	00:29:19	Flosdorf, Isabel	959		BvS Dormagen	2004	6	WK U12	09:27,4
201	W	52	00:29:20	Wendland, Katharina	1471		Nievenheim	1973	5	W40	09:27,7
202		150	00:29:21	Hinrichs, Felix	1113		BvS Dormagen	2005	40	MK U12	09:28,0
203		151	00:29:21	Hinz, Christian	474			1970	14	M45	09:28,0
204	W	53	00:29:22	Ruzicka, Nina	649			2003	9	WJ U14	09:28,3
205	W	54	00:29:23	Dore, Annie	389	FR		1980	8	W35	09:28,7
206		152	00:29:25	Neuenhausen, Nico	1121		BvS Dormagen	2005	41	MK U12	09:29,3
207		153	00:29:25	Gröger, Lukas	960		BvS Dormagen	2004	42	MK U12	09:29,3
208	W	55	00:29:26	Bieniossek, Evelyn	1411		FC Straberg	1973	6	W40	09:29,6
209		154	00:29:27	Conen, Lukas	958		BvS Dormagen	2004	43	MK U12	09:30,0
210		155	00:29:28	Preuss, Nico	1331		FC Zons	2002	25	MJ U14	09:30,3
211	W	56	00:29:34	Grosschmidt, Marianne	838			1985	3	W30	09:32,2
212	W	57	00:29:36	Reuter, Ariane	530		Berches	2001	2	WJ U16	09:32,9
213	W	58	00:29:36	Thamm, Hannah	975		BvS Dormagen	2003	10	WJ U14	09:32,9
214		156	00:29:36	Ridder, Tobias	980		BvS Dormagen	1983	4	M30	09:32,9
215	W	59	00:29:45	Nellessen, Ute	1269		SG Neukirchen-Hülchrath	1966	6	W45	09:35,8
216	W	60	00:29:46	Kresin, Katharina	1750		SportArt	1987	8	W	09:36,1
217		157	00:29:46	Pedicillo, Matteo	555		Active Ladies	1987	5	M	09:36,1
218	W	61	00:29:46	Seliger, Anke	1751		SportArt	1972	7	W40	09:36,1
219	W	62	00:29:46	Pedicillo, Janina	551		Active Ladies	1988	9	W	09:36,1
220	W	63	00:29:48	Tillert, Anna-Lena	415		Team Turbo	2000	3	WJ U16	09:36,7
221	W	64	00:29:56	Kassing, Isabel	1446		FC Zons	2007	4	WK U10	09:39,3
222		158	00:30:00	Schröder, Robert	1552		Zons	1966	15	M45	09:40,6
223		159	00:30:00	Wendland, Jürgen	1473			1965	9	M50	09:40,6
224		160	00:30:03	Mach, Philipp	786			2001	12	MJ U16	09:41,6

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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/Meile
225	W	65	00:30:05	Samusch, Luisa	1237			2007	5	WK U10	09:42,2
226		161	00:30:08	Rudolph, Linus	1124		BvS Dormagen	2004	44	MK U12	09:43,2
227		162	00:30:09	Mach, Michael	788			1968	16	M45	09:43,5
228		163	00:30:15	Kalayli, Faik	1799		Dormagen-Zons	1975	19	M40	09:45,4
229		164	00:30:17	Hasbach, Luca	405		FC Zons	2004	45	MK U12	09:46,1
230	W	66	00:30:19	Wilhelm, Sabine	448		Destination Anywhere	1981	4	W30	09:46,7
231		165	00:30:19	Sich, Rouven	1126		BvS Dormagen	2005	46	MK U12	09:46,7
232		166	00:30:20	Geppert, Mathis	1112		BvS Dormagen	2005	47	MK U12	09:47,0
233		167	00:30:26	Förster, Niki	403		FC Zons	2004	48	MK U12	09:49,0
234		168	00:30:27	Bartolomey, Jakob	1379		TSV-Bayer Dormagen	2000	13	MJ U16	09:49,3
235		169	00:30:28	Mucha, Jannes	1383		Dormagen	2001	14	MJ U16	09:49,6
236	W	67	00:30:29	Plücker, Marie	1787		Dormagen Delrath	2003	11	WJ U14	09:50,0
237	W	68	00:30:29	Bornebusch, Anke	1312		TSV Norf	1967	7	W45	09:50,0
238	W	69	00:30:30	Runkel, Agnes	1358			1959	2	W55	09:50,3
239	W	70	00:30:35	Kleibert, Katja	1357			1969	8	W45	09:51,9
240		170	00:30:47	Heinrich, Dennis	1504		Neuss	1989	6	M	09:55,8
241	W	71	00:30:50	Buchholz, Nadine	1018		Wellenläufer	1979	9	W35	09:56,7
242	W	72	00:30:52	Schneider, Naomi	971		BvS Dormagen	2004	7	WK U12	09:57,4
243		171	00:30:53	Bulla, Winfried	1249		LLG 80 Nordpark Köln	1942	1	M70	09:57,7
244		172	00:30:56	Kirschbaum, Peter	773		FC Zons	1968	17	M45	09:58,7
245		173	00:30:59	Rehmes, Ulrich	1193		BvS Dormagen	1982	5	M30	09:59,6
246	W	73	00:31:01	Dahmen, Bernadette	1452		Köln	1958	3	W55	10:00,3
247		174	00:31:04	Licata, Guiseppe	1081		SG Zons Judo-Abt.	2007	10	MK U10	10:01,2
248		175	00:31:05	Adiele, Samuel	955		BvS Dormagen	2003	26	MJ U14	10:01,6
249		176	00:31:06	Stroben, Florian	1080		SG Zons Judo-Abt.	2008	11	MK U10	10:01,9
250		177	00:31:08	Van Groeningen, Tom	1346		TSV Dormagen	2008	12	MK U10	10:02,5
251		178	00:31:08	Van Groeningen, Reinier	1345			1977	6	M35	10:02,5
252	W	74	00:31:08	Dikmann, Kristina	1766		HSG Neuss	1986	10	W	10:02,5
253		179	00:31:09	Heinen, Frederik	318		SG Worringen	2003	27	MJ U14	10:02,9
254	W	75	00:31:09	Winkler, Nina	450		Destination Anywhere	1982	5	W30	10:02,9
255		180	00:31:10	Bender, Stefan	1009		Euskirchen	1960	3	M55	10:03,2
256		181	00:31:14	Opdenhövel, Reinhold	1417		FC Straberg	1956	4	M55	10:04,5
257	W	76	00:31:15	Messeringer, Samira	1203			2007	6	WK U10	10:04,8
258	W	77	00:31:17	Samusch, Petra	1235			1976	10	W35	10:05,4
259	W	78	00:31:17	Göddertz, Martina	1752		Köln-Worringen	1967	9	W45	10:05,4
260	W	79	00:31:18	Zotter, Heide	376			1968	10	W45	10:05,8
261		182	00:31:23	Solida, Ivan	712		neuraxpharm Arzneimittel	1990	7	M	10:07,4
262	W	80	00:31:27	Breuer, Celina	1762		Zons	1999	3	WJ U18	10:08,7
263		183	00:31:29	Empt, Michael	225			1969	18	M45	10:09,3
264		184	00:31:31	Löper, Veit	855			1974	20	M40	10:10,0
265	W	81	00:31:31	Fernandez, Paula	856			1978	11	W35	10:10,0
266	W	82	00:31:32	Mach, Alexandra	787			1970	11	W45	10:10,3
267	W	83	00:31:35	Klatt, Leonie	1115		BvS Dormagen	2005	8	WK U12	10:11,2
268	W	84	00:31:37	Prins, Marjolein	1278			1990	11	W	10:11,9
269		185	00:31:43	Schmädicke, Lukas	970		BvS Dormagen	2004	49	MK U12	10:13,8
270		186	00:31:43	Veiser, Stefan	152		Glehner TV	1967	19	M45	10:13,8
271	W	85	00:31:45	Irmscher, Regina	568		Active Ladies	1959	4	W55	10:14,5
272	W	86	00:31:46	Beduhn, Theresa	494		BvS	2004	9	WK U12	10:14,8
273	W	87	00:31:47	Prins, Marcella	1284			1966	12	W45	10:15,1
274		187	00:31:50	Veiser, Lasse Finn	154		Glehner TV	2007	13	MK U10	10:16,1
275		188	00:31:52	Breidenbach, Luca	1266		SG Neukirchen-Hülchrath	2003	28	MJ U14	10:16,7
276	W	88	00:31:55	Pielen, Carmen	1745		SG Zons	1974	8	W40	10:17,7
277	W	89	00:31:55	Kassing, Sandra	1445		SG Zons	1976	12	W35	10:17,7
278	W	90	00:31:55	Weber, Jasmin	710		neuraxpharm Arzneimittel	1988	12	W	10:17,7
279	W	91	00:31:56	Di Buo, Katja	701		neuraxpharm Arzneimittel	1972	9	W40	10:18,0
280	W	92	00:31:59	Stoecker, Kira	1265		SG Neukirchen-Hülchrath	2003	12	WJ U14	10:19,0

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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/Meile
281	W	93	00:32:01	Elstermann, Carolin	1268		SG Neukirchen-Hülchrath	2003	13	WJ U14	10:19,6
282	W	94	00:32:02	Schmidt, Eva	1489		Murmelt TV	1969	13	W45	10:20,0
283	W	95	00:32:03	Schmitz, Bruni	767			1965	4	W50	10:20,3
284		189	00:32:05	Redling, Finn	1122		BvS Dormagen	2004	50	MK U12	10:20,9
285	W	96	00:32:06	Porten, Annegret	1319			1959	5	W55	10:21,2
286		190	00:32:06	Wünsche, Bernhard	1768		TC Bayer Dormagen	1963	10	M50	10:21,2
287		191	00:32:06	Kölln, Maximilian	1117		BvS Dormagen	2004	51	MK U12	10:21,2
288		192	00:32:07	Sierra, Tomas	703		neuraxpharm Arzneimittel	1973	21	M40	10:21,6
289	W	97	00:32:08	Lortz-Clasen, Alexandra	262			1969	14	W45	10:21,9
290	W	98	00:32:09	Köhler, Lea	1116		BvS Dormagen	2005	10	WK U12	10:22,2
291		193	00:32:19	Reuter, Jan	529		Berches	2007	14	MK U10	10:25,4
292		194	00:32:19	Reuter, Dominik	68		Chemion Logistik GmbH	1973	22	M40	10:25,4
293	W	99	00:32:23	Schumacher, Svanja	972		BvS Dormagen	2003	14	WJ U14	10:26,7
294	W	100	00:32:25	Bayer, Mary	1073		SG Zons Judo-Abt.	1968	15	W45	10:27,4
295	W	101	00:32:27	Vosen, Eva	1186		Impuls-Lauftreff Kerpen	1990	13	W	10:28,0
296	W	102	00:32:27	Sparwasser, Elke	1189		Impuls-Lauftreff Kerpen	1966	16	W45	10:28,0
297	W	103	00:32:30	Buelow Kliemisch, Vaness	1320			1976	13	W35	10:29,0
298	W	104	00:32:40	Wolf, Maleen	979		BvS Dormagen	2004	11	WK U12	10:32,2
299	W	105	00:32:42	Van de Meer, Anna	770			1987	14	W	10:32,9
300	W	106	00:32:42	Grabowski, Alex	175			1977	14	W35	10:32,9
301	W	107	00:32:42	Wißdorf, Rebecca	174			1977	15	W35	10:32,9
302	W	108	00:32:43	Weis, Silke	329			1968	17	W45	10:33,2
303	W	109	00:32:44	Dahlmanns, Anna	1764		FC Straberg	2009	7	WK U10	10:33,5
304		195	00:32:44	Hufschmidt, Siegbert	124		BGM Bayer Wuppertal	1953	7	M60	10:33,5
305	W	110	00:32:45	Stoecker, Melanie	1264		SG Neukirchen-Hülchrath	1976	16	W35	10:33,8
306		196	00:32:45	Stoecker, Oliver	1263		SG Neukirchen-Hülchrath	1973	23	M40	10:33,8
307	W	111	00:32:45	Sarikaya, Zara	969		BvS Dormagen	2004	12	WK U12	10:33,8
308		197	00:32:48	Kunze, Uwe	1321			1958	5	M55	10:34,8
309		198	00:32:49	Friedrich, Robin	427		Team Rosa Socke	2003	29	MJ U14	10:35,1
310		199	00:32:50	Frütel, Frank	79			1968	20	M45	10:35,4
311		200	00:32:50	Gabriel, Andreas	80			1965	11	M50	10:35,4
312		201	00:32:50	Lippert, Uwe	434			1981	6	M30	10:35,4
313	W	112	00:32:55	Kemper, Sandra	784			1977	17	W35	10:37,0
314	W	113	00:33:03	Mazur, Elke Sophia	1458			1964	5	W50	10:39,6
315	W	114	00:33:05	Braun, Janine	1498		Delrath	2003	15	WJ U14	10:40,3
316		202	00:33:06	Zdziehlik, Tim	1501			2006	15	MK U10	10:40,6
317		203	00:33:11	Rockel, Dirk	1332		FC Zons	1972	24	M40	10:42,2
318		204	00:33:11	Renger, Quentin	1539			2009	16	MK U10	10:42,2
319	W	115	00:33:16	Lahaj, Sigrid	1375			1968	18	W45	10:43,8
320		205	00:33:16	Franz, Noah	1077		SG Zons Judo-Abt.	2008	17	MK U10	10:43,8
321		206	00:33:17	Knauff, Konstantin	1076		SG Zons Judo-Abt.	2008	18	MK U10	10:44,1
322		207	00:33:19	Sparano, Enea	390	SUI		1965	12	M50	10:44,8
323		208	00:33:19	Schmidt, Christian	342			1971	25	M40	10:44,8
324		209	00:33:24	Meisenberg, Thomas	1741		SG Worringen	1960	6	M55	10:46,4
325		210	00:33:26	Filip, Stankovic	1079		SG Zons Judo-Abt.	2007	19	MK U10	10:47,0
326	W	116	00:33:33	Mete, Selin	1120		BvS Dormagen	2005	13	WK U12	10:49,3
327	W	117	00:33:36	Schiffmann, Katrin	569		Rosa Socke	1976	18	W35	10:50,3
328	W	118	00:33:36	Friedrich, Marion	426		Team Rosa Socke	1967	19	W45	10:50,3
329	W	119	00:33:39	Owczarek, Sylvia	521			1971	10	W40	10:51,2
330	W	120	00:33:39	Saemmer, Sandra	522			1976	19	W35	10:51,2
331		211	00:33:44	Empt, Manfred	226			1960	7	M55	10:52,9
332	W	121	00:33:48	Hasselwander, Christina	194		SG Zons Judo	1963	6	W50	10:54,1
333		212	00:33:48	Franz, Silas	1078		SG Zons Judo-Abt.	2006	20	MK U10	10:54,1
334		213	00:33:48	Krätzel, Ralf	1070		SG Zons Judo-Abt.	1965	13	M50	10:54,1
335		214	00:33:51	Steller, Michael	1181		Impuls-Lauftreff Kerpen	1957	8	M55	10:55,1
336	W	122	00:33:51	Gatting, Astrid	1185		Impuls-Lauftreff Kerpen	1958	6	W55	10:55,1

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337	W	123	00:33:54	Butzmann, Maria	893		TV Dünnwald	1971	11	W40	10:56,1
338	W	124	00:33:58	Arey, Destina	1291		Wuppertal	1994	15	W	10:57,4
339	W	125	00:34:05	Skirlo, Gitte	1223		SV Rosellen	1970	20	W45	10:59,6
340	W	126	00:34:07	Berk-Schwanenberg, Hele	1365		Wellenläufer	1958	7	W55	11:00,3
341	W	127	00:34:07	Renger, Nicole	1538			1974	12	W40	11:00,3
342	W	128	00:34:08	Hollatz-Döres, Stefanie	1350			1966	21	W45	11:00,6
343	W	129	00:34:10	Grubusch, Karina	502		Fc Straberg	1983	6	W30	11:01,2
344	W	130	00:34:10	Widmer, Bianca	713		neuraxpharm Arzneimittel	1993	16	W	11:01,2
345	W	131	00:34:11	Kollotzek, Isabell	709		neuraxpharm Arzneimittel	1987	17	W	11:01,6
346	W	132	00:34:11	Fischer, Stefanie	503			1976	20	W35	11:01,6
347		215	00:34:21	Schulze, Willi	1362		Ski Klub Düsseldorf	1936	1	M75	11:04,8
348		216	00:34:23	Grüske, Jörg	1450		WSC Bayer Dormagen	1970	21	M45	11:05,4
349	W	133	00:34:25	Wendel, Petra	1449		WSC Bayer Dormagen	1968	22	W45	11:06,1
350	W	134	00:34:29	Ruzicka, Sabine	648			1969	23	W45	11:07,4
351	W	135	00:34:32	Klein, Jolanta	335			1955	1	W60	11:08,3
352	W	136	00:34:33	Lenzen, Andrea	64		Chemion Logistik GmbH	1984	7	W30	11:08,7
353		217	00:34:41	Galín, Jannes	1109		BvS Dormagen	2005	52	MK U12	11:11,2
354	W	137	00:34:42	Kruska, Samira	1780		GGs Frixheim	2007	8	WK U10	11:11,6
355		218	00:34:45	Högemann, Thorsten Om	876		Muay Thai SG Worringen	1978	7	M35	11:12,5
356	W	138	00:34:45	Heller, Jessica	875		Muay Thai SG Worringen	1982	8	W30	11:12,5
357	W	139	00:34:51	Rempel, Bettina	67		Chemion Logistik GmbH	1968	24	W45	11:14,5
358	W	140	00:34:58	Große Böwing, Alexandra	1240		Clausewitz	1977	21	W35	11:16,7
359		219	00:34:58	Feckler, Christoph	1241		Clausewitz	1976	8	M35	11:16,7
360	W	141	00:35:08	Marzo, Margarete	1086		LC Wuppertal	1961	7	W50	11:20,0
361	W	142	00:35:10	Dines, Patrizia	539			1976	22	W35	11:20,6
362	W	143	00:35:10	Gruhlke, Sonja	540			1972	13	W40	11:20,6
363	W	144	00:35:11	Kruska, Amelie	1118		BvS Dormagen	2005	14	WK U12	11:20,9
364	W	145	00:35:12	Hennenberg, Eva-Maria	1779			1988	18	W	11:21,2
365	W	146	00:35:12	Niederstein, Petra	1257		Wellenläufer	1967	25	W45	11:21,2
366	W	147	00:35:12	Krain, Babsy	532		Berches	1971	14	W40	11:21,2
367		220	00:35:18	Weis, Andreas	330			1970	22	M45	11:23,2
368	W	148	00:35:23	Prinzler, Anke	438		chickenfighter	1971	15	W40	11:24,8
369		221	00:35:26	Dahlmanns, Frank	1763		FC Zons	1966	23	M45	11:25,8
370		222	00:35:32	Dines, Can	541		FC Straberg	2006	21	MK U10	11:27,7
371	W	149	00:35:32	Frey, Franziska	706		neuraxpharm Arzneimittel	1982	9	W30	11:27,7
372	W	150	00:35:44	Bettmann, Kimberley	554		Active Ladies	1992	19	W	11:31,6
373	W	151	00:35:44	Cormann, Denise	552		Active Ladies	1994	20	W	11:31,6
374		223	00:35:53	Schmittwilken, Luis	1125		BvS Dormagen	2003	30	MJ U14	11:34,5
375	W	152	00:35:55	Hirzmann, Davina	1103		BvS Dormagen	1985	10	W30	11:35,1
376	W	153	00:35:56	Stanko, Emily	1127		BvS Dormagen	2005	15	WK U12	11:35,4
377	W	154	00:36:06	Plöger, Cara	650			2002	16	WJ U14	11:38,7
378		224	00:36:10	Mews, Sascha	1132			1981	7	M30	11:40,0
379	W	155	00:36:10	Margreitter, Laura	1131			1993	21	W	11:40,0
380		225	00:36:12	Braun, Harald	1500		Delrath	1970	24	M45	11:40,6
381	W	156	00:36:31	Schlich, Sarah	1190		Impuls-Lauftreff Kerpen	1985	11	W30	11:46,7
382		226	00:36:36	Loaiza, Garzia	682		Bayer CropScience	1979	9	M35	11:48,3
383	W	157	00:36:37	Heller, Gabi	1184		Impuls-Lauftreff Kerpen	1958	8	W55	11:48,7
384	W	158	00:36:38	Rupp, Pia	1029		LLG 80 Nordpark Köln	1961	8	W50	11:49,0
385		227	00:36:38	Wloch, Leon	1786		Dormagen	2000	15	MJ U16	11:49,0
386	W	159	00:36:56	Wa, Ulrike	465		coeo Runners	1968	26	W45	11:54,8
387		228	00:36:57	Paschen, Jan	464		coeo Runners	1981	8	M30	11:55,1
388	W	160	00:36:58	Lentz, Michaela	1272		SG Neukirchen-Hülchrath	1972	16	W40	11:55,4
389	W	161	00:37:05	Braun, Halina	1499		Delrath	1974	17	W40	11:57,7
390	W	162	00:37:05	Zdzieblik, Nicole	549			1969	27	W45	11:57,7
391	W	163	00:37:18	Jahn, Heike	1746		Laufwunder Kölle 60	1965	9	W50	12:01,9
392	W	164	00:37:22	Ermert, Nadine	824			1976	23	W35	12:03,2

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/Meile
393		229	00:37:24	Tschierpe, Frank	1248		Königswinter	1965	14	M50	12:03,8
394	W	165	00:37:29	Wloch, Tatjana	1788		Dormagen-Delrath	1968	28	W45	12:05,4
395	W	166	00:37:41	Golinski Causillas, Natasc	553		Active Ladies	1992	22	W	12:09,3
396		230	00:37:45	Adiele, Raphael	1104		BvS Dormagen	2005	53	MK U12	12:10,6
397	W	167	00:37:47	Böhme, Corinna	560		Active Ladies	1971	18	W40	12:11,2
398	W	168	00:37:50	Dicken, Sabine	1271		SG Neukirchen-Hülchrath	1971	19	W40	12:12,2
399	W	169	00:37:59	Nitsche, Karina	1796		SG Zons	1974	20	W40	12:15,1
400	W	170	00:38:32	Nergiz, Serife	219		Team Maxmo	1972	21	W40	12:25,8
401	W	171	00:38:32	Kämmerling, Andrea	220		Team Maxmo	1967	29	W45	12:25,8
402	W	172	00:38:33	Driewer, Christiane	221		Team Maxmo	1968	30	W45	12:26,1
403	W	173	00:39:07	Winterbach, Maria	441		chickenfighter	1962	10	W50	12:37,0
404	W	174	00:39:07	Bulla, Gisela	1250		LLG 80 Nordpark Köln	1947	2	W65	12:37,0
405	W	175	00:39:12	Neuhaus, Marion	440		chickenfighter	1961	11	W50	12:38,7
406	W	176	00:39:16	Alma-Wentzek, Esmahan	644			1972	22	W40	12:40,0
407	W	177	00:39:16	Kupke, Anne	249			1970	31	W45	12:40,0
408	W	178	00:39:19	Neuhausen, Eva	559		Active Ladies	1987	23	W	12:40,9
409	W	179	00:39:19	Blank, Nicole	567		Active Ladies	1969	32	W45	12:40,9
410	W	180	00:39:36	Messeringer, Lilja	1202			2005	16	WK U12	12:46,4
411	W	181	00:39:36	Messeringer, Alexandra	1204			1982	12	W30	12:46,4
412	W	182	00:39:40	Kuhlmann, Silke	1133			1971	23	W40	12:47,7
413	W	183	00:39:46	Grygier, Claudia	1367			1975	24	W40	12:49,6
414	W	184	00:39:48	Stefanie, Rocholl	1368			1983	13	W30	12:50,3
415	W	185	00:40:13	Timmer, Sabine	1798		SG Zons	1970	33	W45	12:58,3
416	W	186	00:40:16	Bartz, Frida	1105		BvS Dormagen	2005	17	WK U12	12:59,3
417		231	00:40:47	Hannebauer, Pascal	92			2006	22	MK U10	13:09,3
418	W	187	00:40:50	Concit, Julia	1478		BVS Dormagen	2004	18	WK U12	13:10,3
419		232	00:41:08	Schmittner, Werner	91			1959	9	M55	13:16,1
420	W	188	00:41:34	Venn, Tina	825			1976	24	W35	13:24,5
421	W	189	00:42:24	Krüger, Gabriele	1453		LC Wuppertal	1963	12	W50	13:40,6
422	W	190	00:42:25	Hellebrand-Dragon, Petra	315			1968	34	W45	13:40,9
423	W	191	00:44:13	Peltzer, Jutta	662		Active Ladies	1961	13	W50	14:15,8
424		233	00:44:41	Oertel, Wolfgang	74		Chemion Logistik GmbH	1959	10	M55	14:24,8
425	W	192	00:45:25	Reichstein, Andrea	78			1967	35	W45	14:39,0
426	W	193	00:45:26	Nagel, Evelyn	1288		TV Witzhelden	1939	1	W75	14:39,3
427	W	194	00:45:26	Leismann, Brigitte	1285		TV Witzhelden	1950	3	W65	14:39,3
428	W	195	00:45:34	Kluth, Bettina	60			1968	36	W45	14:41,9
429	W	196	00:45:35	Spiwoks, Monika	61			1969	37	W45	14:42,2
430		234	00:46:26	Wirtz, Armin	1072		SG Zons Judo-Abt.	2005	54	MK U12	14:58,7
431	W	197	00:46:26	Wirtz, Sabine	1071		SG Zons Judo-Abt.	1978	25	W35	14:58,7
432		235	00:47:17	Koska, Hans	367		SG Zons	1941	2	M70	15:15,1