

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1		1	Thorwirth, Maximilian	00:35:55	1319		SFD '75 Düsseldorf	1995	1	M	00:35:54	1
2		2	Johnstone, Nikki	00:36:04	1414	GBR	ART-Düsseldorf	1984	1	M30	00:36:03	2
3		3	Tedros, Habtom	00:39:40	1160		TG Neuss	1997	1	MJ U20	00:39:39	3
4		4	Hemkes, Lucas	00:39:45	8002		TuS Köln rrh.	1992	2	M	00:39:44	4
5		5	Kreitner, Max	00:40:03	929		Bunert - Der Kölner L	1994	3	M	00:40:02	5
6		6	Minke, Sebastian	00:40:37	1202		ASC Rosellen	1977	1	M35	00:40:36	6
7		7	Kufferath, Moritz	00:40:48	8085		TV Refrath	1979	2	M35	00:40:47	7
8		8	Skopnik, Manuel	00:41:17	1025		TV Refrath	1972	1	M40	00:41:16	8
9		9	Herberg, Rainer	00:41:29	1136		ASV Duisburg	1984	2	M30	00:41:22	9
10		10	Buch, Reyk	00:41:47	744		Alfterer SC	1966	1	M50	00:41:45	10
11		11	Hohagen, Tobias	00:41:56	1331		Rhein-Berg Runners	1984	3	M30	00:41:54	11
12	W	1	Spill, Tanja	00:42:14	1		LAV Bayer Dormagen	1995	1	W	00:42:13	1
13		12	Czarnietzki, Bernd	00:42:25	1745		DJK-Rheinkraft-Neus	1963	2	M50	00:42:23	12
14		13	Hauptmann, Hendrik	00:42:26	334		SSV Delrath	1990	4	M	00:42:25	13
15		14	Nisius, Joshua	00:42:51	1709			1997	2	MJ U20	00:42:50	14
16		15	Kaiser, Thomas	00:43:12	84		Sebamed Running Te	1989	5	M	00:43:08	15
17		16	Steinmann, Markus	00:43:13	1197		Osterather TV	1982	4	M30	00:43:11	16
18		17	Külgen, Sven	00:43:15	1784		SG Rhein-Wied	1990	6	M	00:43:13	17
19	W	2	Schwartz, Heidi	00:43:26	931		Bunert - Der Kölner L	1989	2	W	00:43:25	2
20		18	Müller, Tobias	00:43:56	751		DJK Kleinenbroich	1995	7	M	00:43:53	18
21		19	Kaczmarczyk, Denis	00:43:59	1165		Köln	1990	8	M	00:43:55	19
22		20	Barbei, Andreas	00:44:11	483		energieversorgung d	1981	3	M35	00:44:11	20
23		21	Bayer, Gerrit	00:44:18	1285		TuS Immekeppel	1994	9	M	00:44:16	21
24		22	Jungbluth, Torsten	00:44:26	8033			1973	2	M40	00:44:24	22
25		23	Ballmann, Kai	00:44:49	749		DJK Kleinenbroich	1989	10	M	00:44:48	23
26	W	3	Wilken, Christin	00:44:49	1404		Ayyo Team Essen	1988	3	W	00:44:47	3
27	W	4	Buch, Thurid	00:44:53	216		Alfterer SC	1971	1	W45	00:44:50	4
28		24	Villalpando, Salvador	00:44:53	1488		FC Straberg	1969	1	M45	00:44:51	24
29		25	Golder, Wolfgang	00:44:53	1478		FC Straberg	1957	1	M55	00:44:51	25
30		26	Kräker, Thorsten	00:45:38	1754		Superpunk	1969	2	M45	00:45:34	26
31		27	Ehlert, Christian	00:45:41	1484		FC Straberg	1977	4	M35	00:45:39	27
32		28	Wenzel, Oliver	00:45:56	730		TV Frisch Auf Lennep	1984	5	M30	00:45:51	29
33		29	Metzler-Nesbeda, Thomas	00:46:00	1418		TSV Bayer 04 Laufre	1968	3	M45	00:45:47	28
34		30	Ortz, Christian	00:46:04	1152		TG Neuss	1978	5	M35	00:45:58	30
35	W	5	Bach, Daniela	00:46:23	1517		1. FC Grevenbroich-S	1975	1	W40	00:46:22	5
36		31	Lüpertz, Stephan	00:46:27	691		SG Holzheim	1982	6	M30	00:46:24	32
37		32	Fischer, Steffen	00:46:31	1154		TG Neuss	1970	4	M45	00:46:23	31
38		33	Olbrich, Rene	00:46:42	471		TuRa Brügggen	1976	3	M40	00:46:36	33
39		34	Lang, Udo	00:46:43	641		Kaarst	1965	3	M50	00:46:38	34
40		35	Blinken, Robert	00:46:55	674		FSG Theo Neuss	1969	5	M45	00:46:49	35
41		36	Wittmer, Peter	00:47:10	352		Neuss	1965	4	M50	00:47:06	38
42		37	Fischermann, Thorsten	00:47:12	753	IRM	DJK Kleinenbroich	1972	4	M40	00:47:09	39
43		38	Welk, Thomas	00:47:20	8057			1968	6	M45	00:47:03	36
44		39	Bonin, Uwe	00:47:26	104		TG Neuss	1957	2	M55	00:47:23	41
45		40	Gombert, Thorsten	00:47:29	1752			1979	6	M35	00:47:27	42
46		41	Brockmeier, David	00:47:31	1042			1987	11	M	00:47:23	40
47		42	Conradi, Oliver	00:47:36	1749		Evonik Creavis GMBH	1971	7	M45	00:47:34	43
48		43	Geilenberg, Mark	00:47:40	8063		Hildener AT	1976	5	M40	00:47:38	45
49		44	Brosy, Frederic	00:47:43	8096		Guapos	1983	7	M30	00:47:05	37
50		45	Schürlein, André	00:47:43	1223		Mönchengladbach	1967	8	M45	00:47:36	44
51		46	Kamper, Michael	00:47:45	756		DJK Kleinenbroich	1977	7	M35	00:47:42	46
52		47	Gora, Stefan	00:47:56	8062			1976	6	M40	00:47:53	48
53		48	Schmitte, Kai	00:48:02	184		TG Neuss	1973	7	M40	00:47:51	47
54		49	Hagemann, Udo	00:48:03	419		TV Witzhelden	1970	9	M45	00:47:57	49
55		50	Beckmanns, Ralf	00:48:09	1710		LT Krefeld-Oppum	1962	5	M50	00:48:05	52

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
56	W	6	Gorla, Dioni	00:48:18	1416		ART-Düsseldorf	1997	1	WJ U20	00:48:17	7
57		51	van Holt, Guido	00:48:22	8035			1966	6	M50	00:48:03	50
58		52	Schäfer, Sören	00:48:25	1153		TG Neuss	1979	8	M35	00:48:03	51
59		53	Schillings, Hubert	00:48:26	1477		FC Straberg	1962	7	M50	00:48:25	57
60		54	Cziommer, Juergen	00:48:27	1475		FC Straberg	1976	8	M40	00:48:20	55
61	W	7	Wagner, Asteria	00:48:28	1361		Alfterer SC	1973	2	W40	00:48:14	6
62		55	Wagner, Jörg	00:48:28	1362		Alfterer SC	1965	8	M50	00:48:14	53
63		56	Holl, Stefan	00:48:29	8034		TV Grevenbroich	1967	10	M45	00:48:26	58
64		57	Siersleben, Oliver	00:48:36	914		Dormagen	1964	9	M50	00:48:24	56
65		58	Hillen, Peter	00:48:47	1340		SG Holzheim	1954	1	M60	00:48:43	59
66		59	Zab, Gunnar	00:48:52	846		LF Hochdahl-Trills 09	1970	11	M45	00:48:19	54
67		60	Schmitz, Willi	00:49:04	1711		LT Krefeld-Oppum	1962	10	M50	00:49:01	61
68		61	Baumhof, Jochen	00:49:09	1572		TV Refrath	1957	3	M55	00:49:08	66
69		62	Ritterbach, Michael	00:49:09	284		Dormagen	1986	8	M30	00:49:06	65
70		63	Hoffmann, Johannes	00:49:10	270		Dormagen	1979	9	M35	00:48:57	60
71		64	Cramer, Friedel	00:49:14	746		Alfterer SC	1960	4	M55	00:49:04	63
72		65	Kohnen, Manfred	00:49:16	88		Skiclub Troisdorf-Sie	1970	12	M45	00:49:08	67
73		66	Rabeneck, Franz-Josef	00:49:17	204		HippeKuss	1970	13	M45	00:49:03	62
74	W	8	Puthe, Tina	00:49:21	8104		ASC Rosellen/Neuss	1977	1	W35	00:49:17	8
75		67	Kaulen, Nils	00:49:26	1249		Neuss	1996	12	M	00:49:22	70
76		68	Karthus, Jan Moritz	00:49:28	447		Funlaufen	1994	13	M	00:49:05	64
77		69	Siebertz, Jan	00:49:33	785		Dormagen	1981	10	M35	00:49:21	69
78	W	9	Lippert, Theresa	00:49:33	1156		TG Neuss	1986	1	W30	00:49:30	9
79		70	Fetten, Heijo	00:49:43	943		LLG 80 Nordpark Köl	1952	2	M60	00:49:42	72
80		71	Guettler, Axel	00:49:46	1474		FC Straberg	1969	14	M45	00:49:40	71
81		72	Buss, Niklas	00:49:53	501			1995	14	M	00:49:51	74
82		73	Meimeke, Ralf	00:49:59	27		Superpunk	1970	15	M45	00:49:54	75
83		74	Kliebe, Bernd	00:50:05	1746			1975	9	M40	00:49:58	76
84	W	10	Elsner, Anna	00:50:11	1320		SFD '75 Düsseldorf	1997	2	WJ U20	00:50:06	10
85		75	Esser, Markus	00:50:15	1483		FC Straberg	1971	16	M45	00:50:00	78
86		76	Schnitzler, Daniel	00:50:17	831		Köln	1977	11	M35	00:49:19	68
87		77	Hagedorn, Ulf	00:50:21	854		Essen	1966	11	M50	00:50:08	79
88		78	Mallwitz, Heiko	00:50:22	892		Kaarst	1972	10	M40	00:49:59	77
89	W	11	Schmitz, Claudia	00:50:25	1238		ASC Rosellen	1972	3	W40	00:50:21	11
90		79	Zimmermann, Uwe	00:50:26	37		Luckauer Läuferbund	1981	12	M35	00:50:17	82
91		80	Heilig, Christian	00:50:27	1730			1971	17	M45	00:50:22	84
92		81	Sonnabend, Thorsten	00:50:29	1480		FC Straberg	1983	9	M30	00:49:46	73
93	W	12	Romahn, Vivien	00:50:30	816		Lauffreunde Hoisten	1996	4	W	00:50:27	12
94		82	Höfker, Johann	00:50:35	1272		Mönchengladbacher L	1952	3	M60	00:50:30	88
95		83	Kaluza, Oliver	00:50:36	1563		Born To Swim	1991	15	M	00:50:08	80
96		84	Weirich, Jan	00:50:47	274		Dormagen	1988	16	M	00:50:29	87
97		85	Müller, Patrick	00:50:48	1553		Born To Swim	1987	17	M	00:50:20	83
98		86	Gierling, Volker	00:50:48	388		TuRa Brüggen 1923	1966	12	M50	00:50:42	91
99	W	13	Korz, Sabine	00:50:49	1138		Eule sei Dank!	1980	2	W35	00:50:38	13
100		87	Kah, Jörn	00:50:50	498		TuRa Brüggen	1979	13	M35	00:50:44	92
101	W	14	Schusters, Katrin	00:50:51	1167		Gerresheimer Turnve	1997	3	WJ U20	00:50:43	14
102		88	Montag, Christian	00:50:53	74		TSV Hochdahl	1973	11	M40	00:50:09	81
103		89	Reimann, Dieter	00:50:56	1412		Dokoteam Rosselen	1969	18	M45	00:50:54	93
104		90	Mähner, Klaus	00:50:56	1341		SG Holzheim	1968	19	M45	00:50:37	89
105		91	Mosmondor, Dean	00:51:06	1222	HUR	Dormagen	1972	12	M40	00:51:04	97
106		92	Kalvza, Robert	00:51:07	1562		Born To Swim	1993	18	M	00:50:40	90
107		93	Winkler-Parciak, Kay	00:51:09	1462		Lukaskrankenhaus N	1976	13	M40	00:51:03	96
108		94	Becker, Matthias	00:51:14	1580			1977	14	M35	00:51:10	99
109		95	Sanden, Dirk	00:51:16	1158		TG Neuss	1971	20	M45	00:51:00	95
110		96	Bell, Mathieu	00:51:17	171			1984	10	M30	00:51:15	106

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
111		97	Mika, Sven	00:51:17	951		Pulheim Sinnersdorf	1971	21	M45	00:51:14	104
112	W	15	Spilles, Annette	00:51:19	1360		Alfterer SC	1986	2	W30	00:51:10	15
113		98	Matschull, Frank	00:51:19	758		für meine Jungs	1967	22	M45	00:51:12	102
114		99	Domgans, Martin	00:51:21	1597		SG Neukirchen-Hülch	1977	15	M35	00:51:13	103
115		100	Georgoudis, Wassilios	00:51:22	678		Mokka Laufhippos	1978	16	M35	00:50:27	86
116		101	Röder, Matthias	00:51:22	1487		FC Straberg	1971	23	M45	00:51:14	105
117	W	16	Jenke, Ute	00:51:22	8003		ASC Rosellen/Neuss	1964	1	W50	00:51:18	16
118		102	Friede, Matthias	00:51:24	1476		FC Straberg	1967	24	M45	00:51:12	101
119		103	Born, Boris	00:51:25	1556		Born To Swim	1996	19	M	00:50:57	94
120		104	Grotenburg, Claus	00:51:26	336		OTV Meerbusch	1966	13	M50	00:51:16	107
121		105	Peerenboom, Klaus	00:51:27	1441		Doppelkopf Schlicher	1963	14	M50	00:51:25	108
122		106	Pfeiffer, Tom	00:51:35	1545		Team Raphael	1983	11	M30	00:50:26	85
123		107	Rath, Frank	00:51:41	611		TV Hochneukirch	1961	5	M55	00:51:11	100
124		108	Mahmens, Timo	00:51:54	1578		Triathlon Stekel Col	1980	17	M35	00:51:08	98
125	W	17	Wilke, Belinda	00:51:56	1155		TG Neuss	1960	1	W55	00:51:49	17
126		109	Schmitz, Steffen	00:52:03	1172		Eschweiler	1998	3	MJ U20	00:51:49	111
127		110	Klem, Marc	00:52:05	369		TSV Bayer Dormagen	1973	14	M40	00:51:59	113
128		111	Schoofs, Günther	00:52:05	361		Chemion Logistik Gm	1961	6	M55	00:51:57	112
129		112	Troisch, Thomas	00:52:06	1440		DJK Hoisten	1959	7	M55	00:52:02	116
130		113	Thomas, Johannes	00:52:07	8049			1993	20	M	00:51:46	110
131		114	Polzin, Sebastian	00:52:07	1456		Warm Up Fitness	1998	4	MJ U20	00:52:00	114
132	W	18	Michel, Monika	00:52:09	1486		FC Straberg	1971	2	W45	00:52:07	18
133		115	Hilgers, Frank	00:52:12	62		Staubwolke	1970	25	M45	00:52:02	117
134		116	Demykin, Sergej	00:52:14	1044		LT Bittermark Dortm	1964	15	M50	00:52:11	120
135		117	Nieke, Timo Mario	00:52:16	1344		Langerwehe	1998	5	MJ U20	00:52:02	115
136		118	Burgund, Michael	00:52:22	8084			1985	12	M30	00:51:42	109
137		119	Ramge, Thomas	00:52:23	1090		Langenfeld	1971	26	M45	00:52:17	121
138		120	Schwendt, Horst	00:52:29	1585		LC Weilerswist	1968	27	M45	00:52:10	118
139		121	Müller, Timo	00:52:36	820		NGK	1972	15	M40	00:52:27	124
140		122	Nußbann, Alexander	00:52:39	8006			1998	6	MJ U20	00:52:37	129
141		123	Stepaniak, André	00:52:40	864		Herne	1974	16	M40	00:52:21	122
142		124	Pelko, Peter	00:52:41	700		Bayer Crop Science	1969	28	M45	00:52:31	126
143		125	Payenberg, Dirk	00:52:43	1451		Hilden	1964	16	M50	00:52:39	131
144	W	19	Kaiser, Christina	00:52:44	1196		ASV Köln Triathlon	1989	5	W	00:52:23	19
145		126	Zindler, Markus	00:52:45	8059			1969	29	M45	00:52:34	127
146		127	Sironic, Christopher	00:52:46	1345		Depotrunners Bracht	1962	17	M50	00:52:30	125
147		128	Mucha, Frank	00:52:49	1363			1970	30	M45	00:52:41	133
148		129	Grabowski, Bert	00:52:51	454		LT Friedrichsberg	1960	8	M55	00:52:38	130
149	W	20	Bürger, Marita	00:52:51	755		DJK Kleinenbroich	1984	3	W30	00:52:27	20
150		130	Husemann, Georg	00:52:54	1274		Käthe Running Team	1968	31	M45	00:52:34	128
151		131	Jurczyk, Norbert	00:52:55	767		SV Glehn	1969	32	M45	00:52:40	132
152		132	Kupke, Volker	00:52:56	269		Willich	1967	33	M45	00:52:25	123
153		133	Richter, Kurt	00:53:04	631		Ineos Styrolution	1962	18	M50	00:52:59	136
154		134	Teusch, Thomas	00:53:05	59		Laufen gegen Leiden	1971	34	M45	00:53:03	140
155		135	Käsbach, Henri	00:53:06	1388		DJK Novesia Neuss	1958	9	M55	00:52:47	134
156		136	Sureth, Christian	00:53:07	405		TV Bad Laasphe	1971	35	M45	00:53:06	141
157		137	Lilienthal, Tomasz	00:53:11	890		Rommerskirchen	1974	17	M40	00:53:01	137
158	W	21	Bornemann, Conny	00:53:13	1779		LT Training By Neiß	1975	4	W40	00:53:07	21
159		138	Schnock, Stefan	00:53:17	613		Flat Land Runners Ko	1979	18	M35	00:52:50	135
160		139	Pietzsch, Hans-Ulrich	00:53:19	765		Neuss	1963	19	M50	00:53:01	138
161	W	22	Klein, Nicole	00:53:37	366		Chemion Logistik Gm	1976	5	W40	00:53:31	23
162		141	Volkman, Simon	00:53:41	1150		TV Frisch auf Lennep	1983	13	M30	00:53:35	146
163		140	Böwer, Andreas	00:53:41	8028			1975	18	M40	00:53:33	145
164		142	Hanf, Marcus	00:53:44	212		Neuss	1974	19	M40	00:52:10	119
165		143	Heimann, Fabian	00:53:46	745		Alfterer SC	1993	21	M	00:53:35	147

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
166		144	Hahn, Andre	00:53:52	880		TSV Norf	1989	22	M	00:53:48	154
167		145	Hahn, Marcel	00:53:52	750		DJK Kleinenbroich	1971	36	M45	00:53:49	155
168		146	Mittasch, Markus	00:53:54	409		Langsam läuft am län	1968	37	M45	00:53:43	150
169		147	Boelter, Thomas	00:53:58	945		LLG 80 Nordpark Köl	1963	20	M50	00:53:46	151
170		148	Piotrowski-Bölt, Bernhard	00:53:58	292		Loofen	1970	38	M45	00:53:54	158
171		149	Brunka, Thomas	00:53:59	1723			1990	23	M	00:53:46	152
172		150	Brinkmann, Lukas	00:53:59	1540		Bochum	1991	24	M	00:53:47	153
173	W	23	Klemmer-Thomas, Corneli	00:54:03	8001			1961	2	W55	00:53:58	24
174		151	Romahn, Norbert	00:54:06	858		Lauffreunde Hoisten	1964	21	M50	00:53:02	139
175		152	Weyand, Marko	00:54:07	1722			1990	25	M	00:53:54	157
176		153	Döring, Uwe	00:54:07	942		LLG 80 Nordpark Köl	1958	10	M55	00:53:57	160
177		154	Dermerth, Marcus	00:54:08	8072		Futterkonzept	1971	39	M45	00:53:36	148
178		155	Walter, Michael	00:54:11	1339		Nacktschneckenjäger	1967	40	M45	00:53:55	159
179		156	Fiegert, Jonte	00:54:12	1059		Dormagen	1999	1	MJ U18	00:53:25	142
180		157	Gülden, Philipp	00:54:12	1211		SG Zons	2000	2	MJ U18	00:53:27	143
181	W	24	Negwer, Ulrike	00:54:13	1221		Die Kampfkunstschul	1972	6	W40	00:53:12	22
182		158	Scheffler, Michael	00:54:15	692		SG Holzheim	1953	4	M60	00:53:54	156
183		159	Poschinski, Fred	00:54:18	311		SG Neukirchen- Hülc	1964	22	M50	00:54:06	166
184		160	Sander, Frank	00:54:18	141		Leverkusen	1968	41	M45	00:54:00	162
185		161	Schneider, Achim	00:54:19	720		TV Frisch Auf Lennep	1965	23	M50	00:54:12	167
186		162	Driesch, Markus	00:54:25	1384		Team Kobolt	1963	24	M50	00:53:43	149
187		163	Grossenbacher, Christoph	00:54:27	1368	SUI	Kerpen	1959	11	M55	00:53:32	144
188		164	Siebertz, Ludger	00:54:28	670		SC Bayer 05 Uerding	1965	25	M50	00:54:05	164
189		165	Ingrisch, Rainer	00:54:28	1736		Box Club Bergisch Gl	1966	26	M50	00:54:24	172
190		166	Bischur, Manfred	00:54:32	1170		Düsseldorf	1949	1	M65	00:54:13	168
191		167	Aretz, Peter	00:54:33	453		Flat Land Runners Ko	1961	12	M55	00:54:05	163
192	W	25	Lehmann, Sarah	00:54:35	136		Bochum	1983	4	W30	00:54:30	26
193	W	26	Rimmel, Miriam	00:54:37	886	USA	Leverkusen	1989	6	W	00:54:27	25
194		168	Torres, Didier	00:54:39	587	Fra	Köln	1964	27	M50	00:54:26	173
195	W	27	Husmann-Zich, Elke	00:54:42	335		OTV Meerbusch	1973	7	W40	00:54:34	27
196	W	28	Fischer, Sabine	00:54:44	1358		Laufmonster	1961	3	W55	00:54:41	28
197		169	Lüdtke, Niki	00:54:46	477		LG Neuhäuser Weg	1978	19	M35	00:53:57	161
198		170	Kruse, Michael	00:54:49	944		LLG 80 Nordpark Köl	1965	28	M50	00:54:18	169
199		171	Behnecke, Marcus	00:54:51	729		TV Frisch Auf Lennep	1969	42	M45	00:54:44	178
200		172	Hecker, Michael	00:54:57	1469		Köln	1972	20	M40	00:54:20	170
201		173	Beitzer, Arnd	00:55:02	1518		allways3 - Laufen in	1969	43	M45	00:54:36	174
202		174	Döring, Stephan	00:55:02	1446		allways3 - Laufen in	1963	29	M50	00:54:37	175
203		175	Wingenbach, Michael	00:55:02	1515		allways3 - Laufen in	1964	30	M50	00:54:37	176
204		176	Schwan, Reimund	00:55:03	1448		Borussia Mönchengla	1964	31	M50	00:55:00	182
205	W	29	Wilbrecht, Susanne	00:55:03	734		TV Frisch Auf Lennep	1969	3	W45	00:54:56	30
206	W	30	Dederichs, Conny	00:55:04	288		TuS 05 Quettingen	1961	4	W55	00:54:49	29
207		177	Leuker, Christoph	00:55:04	1116		Korschenbroich	1966	32	M50	00:54:54	181
208		178	Krause, Ralf	00:55:08	1021		Kaarst	1972	21	M40	00:54:43	177
209		179	Clauß, Maximilian	00:55:12	1576		WSC Bayer Dormage	1999	3	MJ U18	00:55:02	183
210		180	Ribéreau, Kai	00:55:16	895		Stürzelberg	1960	13	M55	00:54:48	179
211		181	Segner, Oliver	00:55:16	679		Mokka Laufhippos	1968	44	M45	00:54:22	171
212		182	Rottmann, Dennis	00:55:18	1485		FC Straberg	1981	20	M35	00:55:10	185
213		183	Heile, David	00:55:21	1264			1976	22	M40	00:54:05	165
214		184	Tiller, Mirko	00:55:22	861		Dormagen	1969	45	M45	00:55:16	186
215		185	Plücker, Marco	00:55:23	248		Arena Laufftreff Lever	1965	33	M50	00:55:09	184
216	W	31	Baikowski, Laura	00:55:27	1774		WSC Dormagen	1999	1	WJ U18	00:55:17	31
217		186	Ehrler, Timo	00:55:35	1043			1981	21	M35	00:55:25	189
218		187	Schwutke, Rainer	00:55:37	950		Blaue Veilchen	1967	46	M45	00:55:23	188
219		188	Rosenau, Fynn	00:55:44	395		Dormagen	1982	14	M30	00:55:34	193
220		189	Schlattmann, Kai	00:55:47	704		Bayer Crop Science	1972	23	M40	00:54:49	180

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
221		190	Bräuninger, Ralf	00:55:49	1337		Neuss	1960	14	M55	00:55:45	196
222		191	Hille, Steffen	00:56:11	1342		Dormagen	1994	26	M	00:55:26	190
223		192	Mispelkamp, Wendel	00:56:15	946		LLG 80 Nordpark Köl	1951	2	M65	00:56:03	200
224	W	32	Voigt, Manuela	00:56:16	934		TSV Bayer 04 Leverk	1971	4	W45	00:56:04	33
225		193	Gottowik, Uwe	00:56:20	849		VdS Nievenheim	1966	34	M50	00:56:16	206
226		194	Werner, Christoph	00:56:21	935		BSG RheinEnergie	1965	35	M50	00:56:02	197
227		195	Els, Jürgen	00:56:21	932		BSG RheinEnergie	1969	47	M45	00:56:02	199
228	W	33	Graf-Weber, Jennifer	00:56:24	1144			1975	8	W40	00:55:59	32
229		196	Gerlach, Klaus	00:56:27	916			1975	24	M40	00:56:09	203
230		197	Clauß, Sven	00:56:29	1570		WSC Dormagen	1966	36	M50	00:56:25	211
231		198	de Graeve, Marcel	00:56:30	226		Blade Runner @ Nigh	1981	22	M35	00:56:28	212
232		199	Lüghausen, Christoph	00:56:30	1438		Kerpen	1984	15	M30	00:55:34	192
233		200	Fuß, Ralf	00:56:35	976			1972	25	M40	00:56:21	208
234		201	Ley, Thomas	00:56:37	819		Lt Rösratherstraße	1965	37	M50	00:56:04	201
235		202	Schaul, Markus	00:56:38	8055		Slos Remscheid	1980	23	M35	00:56:15	205
236		203	Kuhn, Michael	00:56:41	1094		Rhein-Kreis Neuss	1988	27	M	00:55:37	195
237		204	Bongers, Marc	00:56:43	894		Köln	1989	28	M	00:55:28	191
238		205	Kasek, Heinrich	00:56:44	1097		RTB Remscheid	1962	38	M50	00:56:02	198
239		206	Bodynek, Jürgen	00:56:45	1744		SG Zons	1967	48	M45	00:56:13	204
240	W	34	Reslo, Susanne	00:56:45	933		TSV Bayer 04 Leverk	1971	5	W45	00:56:29	35
241		207	Kiefaber, Wolfgang	00:56:45	1350		TV Steinforth -Rubbel	1958	15	M55	00:56:19	207
242		208	Hilden, Jörg	00:56:46	1111		Dormagen	1970	49	M45	00:56:31	213
243		209	Clemens, Detlef	00:56:46	1482		FC Straberg	1957	16	M55	00:56:37	217
244		210	Hempel, Florian	00:56:47	627		Dormagen	1978	24	M35	00:55:36	194
245		211	Kött, Stefan	00:56:48	617		Pulheimer SC	1967	50	M45	00:56:43	220
246	W	35	Holbein, Petra	00:56:49	650		Pulheimer SC	1964	2	W50	00:56:43	38
247		212	Kaspers, Oliver	00:56:53	94		Niederkassel	1964	39	M50	00:56:43	219
248		213	Schönenberg, Thomas	00:56:56	525		Haan-Gruiten	1972	26	M40	00:56:44	221
249		214	Billert, Frank	00:56:59	72		Dormagen	1965	40	M50	00:56:32	214
250	W	36	Alexandre, Teresa	00:57:00	1411	POR	LKD	1970	6	W45	00:56:55	39
251		215	Lüneburg, Heinrich	00:57:00	1727		WF Chempark	1967	51	M45	00:55:18	187
252		216	Köker, Christopher	00:57:02	868		Offenbach	1983	16	M30	00:56:37	218
253	W	37	Schnock, Kristina	00:57:05	612		Flat Land Runners Ko	1980	3	W35	00:56:40	37
254		217	Dingel, Wolfgang	00:57:09	8065			1951	3	M65	00:56:52	227
255		218	Laese, Christian	00:57:10	1410		LKD	1951	4	M65	00:57:04	235
256		219	Schulten, Bernd	00:57:10	695		Bayer Crop Science	1963	41	M50	00:57:01	233
257		220	Kather, Theo	00:57:13	235		Roki Joggers	1966	42	M50	00:56:59	231
258		221	Hünseker, Holger	00:57:13	1761		Team Erdinger Alkoh	1971	52	M45	00:56:24	210
259		222	Heilmann, Dirk	00:57:14	488		Köln	1965	43	M50	00:56:58	230
260		223	Lünendonk, Lothar	00:57:15	177		Team Crazyluenis Kor	1952	5	M60	00:56:05	202
261	W	38	Winkler, Ulrike	00:57:17	747		Alfterer SC	1971	7	W45	00:56:13	34
262		224	Pesch, Claus	00:57:18	8100			1970	53	M45	00:57:04	236
263		225	Boehme, Marc	00:57:19	1419		Ferrenberg-Runners	1963	44	M50	00:56:33	216
264		226	Van Balsfort, Tobias	00:57:19	46		Köln	1988	29	M	00:56:23	209
265		227	Neuland, Ralf	00:57:22	8115			1969	54	M45	00:56:47	222
266		228	Catalfo, Francesco	00:57:24	1020	ITA	Rommerskirchen	1967	55	M45	00:57:05	237
267		229	Hiemer, Matthias	00:57:24	109		Die Lauchigen	1985	17	M30	00:56:49	224
268		230	Sturm, Marius	00:57:24	110		Die Lauchigen	1986	18	M30	00:56:50	225
269		231	Lohmann, Dietrich	00:57:25	8069		TUS 82 Opladen	1962	45	M50	00:57:01	234
270		232	Sobetzko, Martin	00:57:28	724		TV Frisch Auf Lennep	1958	17	M55	00:56:53	228
271		233	Oswald, Gunnar	00:57:30	1755		Round Table 11	1974	27	M40	00:56:51	226
272		234	Kreß, Lothar	00:57:34	8074		ASC Rosellen	1958	18	M55	00:57:00	232
273	W	39	Michel, Anne	00:57:34	1539		ASC Rosellen/Neuss	1985	5	W30	00:57:00	41
274		235	Brinkmann, Markus	00:57:41	1725		LT Oppum Krefeld	1964	46	M50	00:57:11	239
275	W	40	Kaulich, Kerstin	00:57:42	8020			1972	9	W40	00:57:36	44

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
276		236	Wolff, Hans - Peter	00:57:42	8021		TSV Bayer Dormagen	1969	56	M45	00:57:37	241
277		237	Thomas, Dirk	00:57:44	738		Willich	1968	57	M45	00:57:29	240
278	W	41	Frohn, Sandra	00:57:45	8031		Laufen Gegen Leiden	1982	6	W30	00:56:56	40
279	W	42	Wunder, Steffi	00:57:46	375		LT SV Westum	1967	8	W45	00:57:36	45
280		238	Weyen, Torsten	00:57:46	1151		Stärke Boschte Korsc	1973	28	M40	00:56:32	215
281		239	Matas Nobis, José	00:57:47	374		Bonn	1967	58	M45	00:57:37	243
282	W	43	van den Eynden, Britta	00:57:48	251			1978	4	W35	00:57:37	46
283		240	Jung, Christian	00:57:50	1479		FC Straberg	1965	47	M50	00:57:41	246
284		241	Bolten, Stephan	00:57:50	1796			1969	59	M45	00:57:45	247
285	W	44	Longo, Verica	00:57:51	928		Solingen	1973	10	W40	00:56:32	36
286	W	45	Sperlich, Nicole	00:57:53	608		Running Mummies	1970	9	W45	00:57:17	42
287		242	Schreiber, Rudolf	00:57:57	1230		SC Waldshut-Tiengen	1962	48	M50	00:57:49	250
288		243	Stegmann, Thomas	00:57:57	546		LT Altensteiner Park	1972	29	M40	00:56:48	223
289		244	Auer, Bozo	00:58:00	345		TuS 82 Opladen	1957	19	M55	00:57:38	244
290	W	46	Donat, Nicol	00:58:06	71		Pulheim	1968	10	W45	00:57:49	47
291		245	Nußbaum, Florian	00:58:10	8007			2000	4	MJ U18	00:58:08	260
292		246	Dröge, Christian	00:58:10	1738			1971	60	M45	00:57:48	249
293		247	Callejon-Cespedes, Antoni	00:58:11	1189			1958	20	M55	00:58:00	256
294	W	47	Mucha, Andrea	00:58:11	1364			1970	11	W45	00:58:05	49
295	W	48	Lingk, Iris	00:58:11	8070		TUS 82 Opladen	1974	11	W40	00:57:49	48
296		248	Stollwerk, Udo	00:58:15	8053		RTB Marathon Team	1953	6	M60	00:57:52	253
297		249	Beivers, Norbert	00:58:16	1061		Hot socks	1977	25	M35	00:58:03	258
298		250	Sonnabund, Holger	00:58:20	8101			1987	30	M	00:57:37	242
299		251	Nufer, Norman	00:58:23	1232	SUI	rommerskirchen	1980	26	M35	00:57:10	238
300		252	Braun, Bernd	00:58:25	116		sg zons badminton	1967	61	M45	00:58:11	262
301		253	Hilgers, Simeon	00:58:31	937		VR Bank eG	1998	7	MJ U20	00:57:59	255
302		254	Bittner, Frank	00:58:32	994		BSG Vitz	1958	21	M55	00:58:13	264
303		255	Golf, Stefan	00:58:34	703		Bayer Crop Science	1972	30	M40	00:57:55	254
304	W	49	Brinkmann, Monika	00:58:34	1724		LT Oppum Krefeld	1965	3	W50	00:58:07	50
305		256	Ventker, André	00:58:34	39		Engemann u. CO. Ru	1971	62	M45	00:57:50	252
306		257	Sokolowski, Ralf	00:58:35	1435		Rennrad-Akademie	1979	27	M35	00:56:55	229
307		258	Hendricks, Claus Peter	00:58:37	428		Münster	1969	63	M45	00:57:46	248
308		259	Gennermann, Dirk	00:58:41	429		TSV Bayer Dormagen	1969	64	M45	00:57:50	251
309		260	Brintrup, Robert	00:58:41	384		Flat Land Runners Ko	1961	22	M55	00:58:15	266
310	W	50	Gaens, Brigitte	00:58:43	310		SG Neukirchen- Hülc	1960	5	W55	00:58:32	53
311	W	51	Stegmann, Anja	00:58:44	545		LT Altensteiner Park	1973	12	W40	00:57:35	43
312		261	Polenske, Jochen	00:58:45	1316		TSV Dieringhausen	1962	49	M50	00:58:13	265
313		262	Messing, Mark	00:58:48	462		Troisdorf	1971	65	M45	00:58:36	275
314		263	Döring, Norbert	00:58:50	390		LT Oleander	1957	23	M55	00:58:11	263
315	W	52	Gagliardi, Romina	00:58:51	299			1988	7	W	00:58:20	51
316		264	Beckmann, Micha	00:58:51	300			1970	66	M45	00:58:20	268
317	W	53	Ishag, Tina	00:58:52	262		Cool runnings	1971	12	W45	00:58:42	55
318		265	Daschke, Florian	00:58:52	645		SG Worringen	1997	8	MJ U20	00:57:41	245
319		266	Klöcker, Georg	00:58:54	775		Marienburger Sport C	1968	67	M45	00:58:29	272
320	W	54	Wiegand, Ulla	00:58:58	8011		Laufftreff Sterkrade N	1961	6	W55	00:58:31	52
321		267	Arendt, Hubert	00:58:59	787		Neuss	1963	50	M50	00:58:39	277
322		268	Gierse, Michael	00:59:01	475		LG Neuhäuser Weg	1977	28	M35	00:58:09	261
323	W	55	Kallen, Christina	00:59:01	1560		Born To Swim	2002	1	WJ U16	00:58:32	54
324		269	Stölting, Ralf	00:59:03	1778			1969	68	M45	00:58:54	283
325	W	56	Stauten, Sabrina	00:59:10	1514		TG Neuss	1987	8	W	00:58:42	56
326	W	57	Vierbaum, Melanie	00:59:12	830			1985	7	W30	00:58:49	57
327		270	Daschke, Edmund	00:59:14	644		SG Worringen	1967	69	M45	00:58:02	257
328		271	Todt, Mike	00:59:15	414			1977	29	M35	00:58:23	269
329		272	Bloser, Andreas	00:59:16	479			1976	31	M40	00:59:03	286
330	W	58	Dahm, Sabine	00:59:17	52		Spaßläufer	1968	13	W45	00:58:55	59

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
331		273	Schwellinger, Lars	00:59:17	1767		Kanutouren Rheinlan	1980	30	M35	00:58:08	259
332	W	59	Lukaszewska, Ola	00:59:18	1481		FC Straberg	1979	5	W35	00:59:01	60
333		274	Bruchholz, Marian	00:59:18	34		Köln	1982	19	M30	00:59:00	285
334		275	Schiffer, Rainer	00:59:19	1102		Jüchen	1968	70	M45	00:58:50	281
335	W	60	Sauer, Corinna	00:59:19	344		Rommerskirchen	1997	4	WJ U20	00:59:06	61
336		276	Voigt, Manfred	00:59:21	377		Rheinwacht Stürzelbe	1962	51	M50	00:58:55	284
337		277	Jungbluth, Sven	00:59:23	290		Fortuna Düsseldorf	1968	71	M45	00:58:47	279
338	W	61	Hall, Sabine	00:59:24	921		Dormagen	1980	6	W35	00:59:10	63
339		278	Kuhn, Michael	00:59:28	1219		Die Kampfkunstschul	1967	72	M45	00:58:26	270
340		279	Kirberg, Tobias	00:59:28	1352			1981	31	M35	00:59:16	293
341		280	Nertinger, Frank	00:59:28	1351			1968	73	M45	00:59:16	295
342		281	Hesse, Ralf	00:59:28	1089		Tus TD Lank 07	1966	52	M50	00:59:20	299
343		282	Frunzke, Jan	00:59:30	705		Bayer Crop Science	1973	32	M40	00:59:22	302
344		283	Metzinger, Jürgen	00:59:31	362		Chemion Logistik Gm	1967	74	M45	00:59:13	289
345	W	62	Kemmerling, Gudrun	00:59:32	158		SC Bayer 05 Triathlo	1966	4	W50	00:59:09	62
346		284	di Noto, Roberto	00:59:33	1338	ITA	Köln	1982	20	M30	00:59:20	301
347		285	Lambert, Dietmar	00:59:34	58		RSC Nievenheim	1956	7	M60	00:58:53	282
348		286	Schogalla, Herbert	00:59:35	301		LT Gruiten-Neanderta	1958	24	M55	00:58:28	271
349		287	Kukovicic, Fabian	00:59:36	628		Dormagen	2000	5	MJ U18	00:59:09	287
350		288	Heider, Christoph	00:59:36	8032			1961	25	M55	00:59:30	311
351		289	Borsutzky, Simon	00:59:36	1701		PSC Pulheim	1999	6	MJ U18	00:58:37	276
352		290	Baikowski, Christian	00:59:38	1772		TG Stürzelberg	1967	75	M45	00:59:30	310
353		291	Winkler, Moritz	00:59:42	513		Destination Anywher	1980	32	M35	00:59:20	300
354		292	Hartlieb, Mathias	00:59:43	227		HippeKuss	1962	53	M50	00:59:30	309
355		293	Berns, Michael	00:59:44	1390		Neuss	1965	54	M50	00:59:23	304
356		294	Gompert, Klaus	00:59:45	1267		Köln	1952	8	M60	00:59:18	297
357		295	Eckers, Guido	00:59:49	897		DJK Armada Würsele	1976	33	M40	00:58:16	267
358		296	Wunderlich, Marcel	00:59:49	503			1993	31	M	00:59:47	326
359		297	Starker, Daniel Sebastian	00:59:52	1253		Waltherianer - wupp,	1986	21	M30	00:59:23	305
360		298	Kuiper, Volker	00:59:54	8044			1971	76	M45	00:58:41	278
361		299	Chang, Heinam	00:59:55	1757		Horrem In Dormagen	1951	5	M65	00:59:12	288
362		300	Godyla, Vincent	00:59:57	1793		FC Zons 1911	2001	1	MJ U16	00:58:35	273
363		301	Güsgen, Oliver	00:59:57	1794		FC Zons 1911	2001	2	MJ U16	00:58:35	274
364		302	Wipperfürth, Tim	01:00:01	996		Rommerskirchen	2001	3	MJ U16	00:58:48	280
365		303	Grosser-Klumb, Stefan	01:00:02	1201		Kürten	1965	55	M50	00:59:24	306
366		304	Wenkemann, Dirk	01:00:03	1321		LT Alt-Erkrath	1963	56	M50	00:59:14	292
367		305	Butkereit, Andre	01:00:07	1753		Funlaufen.de	1973	34	M40	00:59:23	303
368		306	Külgen, Frank	01:00:07	1785			1964	57	M50	00:59:42	323
369		307	Völker, Thorsten	01:00:07	1385			1972	35	M40	00:59:42	321
370		308	Draser, Caesar	01:00:10	129		Dormagen	1978	33	M35	00:59:33	312
371		309	Schwenner, Oliver	01:00:10	36		Köln	1973	36	M40	00:59:37	316
372	W	63	Weber, Heike	01:00:11	214		Currenta	1977	7	W35	01:00:03	71
373		310	Schmitz, Frank	01:00:11	1245		Jüchen	1963	58	M50	00:59:41	318
374		311	Güttler, Ciuno	01:00:12	8054			1959	26	M55	00:59:16	294
375	W	64	Ritter, Bettina	01:00:12	993		Rösrath	1969	14	W45	00:59:52	68
376		312	Oberhauser, René	01:00:16	92			1979	34	M35	00:59:40	317
377		313	Trapp, Patrick	01:00:18	1205			1983	22	M30	00:59:26	307
378		314	Rapita, Rappi	01:00:18	1139		LT MG-Volksgarten	1963	59	M50	00:59:17	296
379		315	Nocon, Joerg	01:00:21	709		Bayer Crop Science	1984	23	M30	00:59:45	324
380	W	65	Cepok, Claudia	01:00:21	398		Alles aus Liebe	1993	9	W	00:59:41	65
381	W	66	Greiner, Christine	01:00:22	213		Neuss	1977	8	W35	00:58:52	58
382		316	Lentz, Markus	01:00:22	1598		SG Neukirchen-Hülch	1967	77	M45	00:59:14	291
383		317	Abel, Florian	01:00:23	208		Dormagen	2000	7	MJ U18	00:59:42	319
384		318	Abel, Johannes	01:00:23	207		Dormagen	2000	8	MJ U18	00:59:42	320
385	W	67	Fischer, Ilonka	01:00:23	619		Pulheimer SC	1966	5	W50	01:00:19	74

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
386		319	Schusters, Timo	01:00:23	1166		Gerresheimer Turnve	2000	9	MJ U18	01:00:08	339
387		320	Götte, Marco	01:00:28	1204			1980	35	M35	00:59:36	314
388		321	Böckmann, Carsten	01:00:28	1758		LC Duisburg	1970	78	M45	00:59:51	330
389		322	Gallina, Pasqualino	01:00:28	433			1979	36	M35	00:59:59	336
390		323	Thiesen, Carsten	01:00:29	562		Lauf Team Thiesen	1973	37	M40	00:59:51	329
391	W	68	Thiesen, Monika	01:00:29	995	POL	Köln	1974	13	W40	00:59:51	67
392		324	Mosmondor, Dennis	01:00:29	1224		Dormagen	2002	4	MJ U16	01:00:04	338
393		325	Spoerer, Walter	01:00:30	496		Funlaufen.de	1959	27	M55	00:59:47	328
394		326	Gaspers, Klaus	01:00:30	752		DJK Kleinenbroich	1966	60	M50	00:59:46	325
395		327	Boesch, Rudolf	01:00:31	754		DJK Kleinenbroich	1968	79	M45	00:59:47	327
396		328	Meyers, Mike	01:00:33	1409		Haan	1965	61	M50	00:59:14	290
397		329	Simon, Ralf	01:00:34	696		Bayer Crop Science	1968	80	M45	00:59:58	335
398		330	Busch, Johannes	01:00:34	1000		Weilerswist	1984	24	M30	00:59:54	332
399		331	Döbber, Lars	01:00:34	999		LC Weilerswist	1982	25	M30	00:59:54	331
400	W	69	Schäfer, Karin	01:00:35	8023			1961	7	W55	01:00:11	72
401		332	Röhrkasten, Axel	01:00:40	152		Dormagen	1955	9	M60	01:00:29	345
402		333	Sauermann, Torsten	01:00:44	273		TSV Dieringhausen	1970	81	M45	01:00:10	340
403	W	70	Esser, Johanna	01:00:44	1718		TSV Bayer Dormagen	2000	2	WJ U18	01:00:29	77
404	W	71	Schons, Ilona	01:00:45	1716		ESV Gremberghoven	1963	6	W50	01:00:24	75
405		334	Busch, Andreas	01:00:46	1049			1987	32	M	00:59:36	315
406		335	Kostelnik, Ingo	01:00:50	255		Dormagen	1972	38	M40	00:59:33	313
407	W	72	Grossenbacher, Elke	01:00:51	1367		Elke's Runningblog	1960	8	W55	00:59:57	69
408		336	Lemper, David	01:00:52	1050			1988	33	M	00:59:42	322
409	W	73	Hassan, Mira	01:00:53	961		Neuss	1984	8	W30	01:00:00	70
410	W	74	Schulz, Anja	01:00:55	1600		SC Bayer 05	1979	9	W35	01:00:13	73
411		337	Drewniok, Frank	01:00:56	591			1958	28	M55	01:00:17	342
412		338	Pfister, Wilfried	01:00:56	8068		LT MG Volksgarten	1953	10	M60	01:00:20	343
413		339	Hüsges, Frank	01:00:57	1082		SG Kaarst	1971	82	M45	00:59:27	308
414	W	75	Jaquet, Veronique	01:01:01	1434		Rennrad-Akademie	1977	10	W35	00:59:22	64
415		340	Faber, Felix	01:01:06	1333		Dormagen	1990	34	M	00:59:20	298
416	W	76	Ertz, Kathrin	01:01:06	712		Bayer Crop Science	1967	15	W45	01:00:25	76
417		341	Wollgarten, Hermann	01:01:07	564		Pulheimer SC	1950	6	M65	01:00:37	348
418		342	Erfen, Jochen	01:01:10	708		Bayer Crop Science	1984	26	M30	01:00:32	346
419	W	77	Hüsges, Dagmar	01:01:11	1080		vereinslos	1982	9	W30	00:59:44	66
420		343	Lederer, Joachim	01:01:11	1047		KSK Düsseldorf	1963	62	M50	01:00:35	347
421		344	Send, Felix	01:01:14	514		Destination Anywher	1981	37	M35	01:00:51	350
422		345	Voigt, Hermann	01:01:15	911		Pulheim	1954	11	M60	00:59:55	333
423		346	Roth, Manuel	01:01:16	485		energieversorgung d	1986	27	M30	01:01:13	363
424		347	Romeis, Nick	01:01:21	716		Vodafone ECC Nightr	1997	9	MJ U20	00:59:56	334
425		348	Dennis Harazim, Harazim	01:01:23	20		Kanutouren-Rheinlan	1985	28	M30	01:00:15	341
426		349	Raatz, Michael	01:01:36	434			1981	38	M35	01:01:07	357
427		350	Schwudtke, Dirk	01:01:36	246		Vereinslos	1972	39	M40	01:01:27	371
428		351	Güth, Bernd	01:01:36	539		LT Altensteiner Park	1959	29	M55	01:00:26	344
429		352	Thelen, Richard	01:01:37	741		Alfterer SC	1954	12	M60	01:00:00	337
430	W	78	Uhlig, Anja	01:01:37	8012		Laufftreff Sterkrade N	1971	16	W45	01:01:11	83
431	W	79	Patzelt, Petra	01:01:38	1046		Uedesheimer Tennisv	1968	17	W45	01:01:01	79
432	W	80	Krämer, Carmilla	01:01:38	8088			1994	10	W	01:01:09	82
433		353	Krämer, Wolfgang	01:01:38	8071			1960	30	M55	01:01:09	359
434		354	Opitz, Raphael	01:01:39	515		Destination Anywher	1985	29	M30	01:01:17	368
435		355	Hagelkreutz, Thomas	01:01:39	636			1974	40	M40	01:00:42	349
436	W	81	Poth-Thadewald, Anja	01:01:42	1159		TG Neuss	1970	18	W45	01:01:16	84
437	W	82	Sander, Tanja	01:01:43	1512		TG Neuss	1971	19	W45	01:01:02	80
438		356	Stempel, Ulli	01:01:44	8015		Marienburger SC	1962	63	M50	01:01:20	369
439		357	Preussner, Ralf	01:01:44	922			1969	83	M45	01:01:15	367
440	W	83	Bussmann, Kerstin	01:01:45	923			1971	20	W45	01:01:16	85

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
441		358	Grajek, Daniel	01:01:47	1255		Waltherianer - wupp,	1987	35	M	01:01:15	366
442		359	Brücker, Theodor	01:01:47	1329		LT Alt-Erkath	1953	13	M60	01:01:34	374
443	W	84	Conradi, Lena	01:01:47	1271		Mönchengladbach	1990	11	W	01:00:52	78
444		360	Bebber, Jörg	01:01:54	909		Korschenbroich	1965	64	M50	01:01:02	354
445		361	Baader, Tim	01:01:54	8016			1968	84	M45	01:01:31	373
446		362	Dinhof, Hermann Josef	01:01:56	382		Frechen	1963	65	M50	01:01:07	356
447		363	Clemens, Martin	01:02:01	460		Rommerskirchen	1976	41	M40	01:00:54	352
448		364	Bergemann, Udo	01:02:01	1760		Reinshagener TB Re	1950	7	M65	01:01:40	382
449	W	85	Rosendo Firminio, Anke	01:02:06	402			1977	11	W35	01:01:23	86
450		365	Stanisch, Christian	01:02:07	403			1981	39	M35	01:01:25	370
451	W	86	Müller-Zaum, Anke	01:02:10	1162			1993	12	W	01:01:05	81
452		366	Thelen, Christian	01:02:11	404		1. FC VKBR	1968	85	M45	01:01:01	353
453		367	Landa, Robert	01:02:12	8029			1970	86	M45	01:01:06	355
454		368	Jouhar, Bouchaib	01:02:12	683		holiday Inn Düsseldorf	1952	14	M60	01:01:51	385
455		369	Schäfer, Wilhelm	01:02:13	8025			1957	31	M55	01:01:47	384
456		370	Brinkmann, Martin	01:02:17	1582		Doko Schlicherum	1967	87	M45	01:01:35	377
457		371	Haas, Tim	01:02:18	250		Die Laufburschen	2002	5	MJ U16	01:01:13	364
458		372	Haas, Markus	01:02:18	249		Die Laufburschen	1968	88	M45	01:01:13	365
459		373	Maziul, Carsten	01:02:20	463		SG Zons Tennis	1974	42	M40	01:01:36	378
460		374	Wilhelm, Patrick	01:02:22	512		Destination Anywher	1978	40	M35	01:01:58	390
461	W	87	Schattke, Olga	01:02:25	353	NED	Dormagen	1960	9	W55	01:01:54	92
462		375	Demir, Ligur	01:02:26	1573		TSV Dieringhausen	1989	36	M	01:01:52	386
463		376	Lange, Frank	01:02:28	8067		SV Rosellen	1963	66	M50	01:01:55	388
464		377	Falke, Till	01:02:28	835		Dormagen	1972	43	M40	01:01:08	358
465		378	Bollig, Klaus	01:02:29	860		LG RWE Power	1964	67	M50	01:01:41	383
466	W	88	Babilon, Iris	01:02:30	1099		TSV Bayer 04 Leverkus	1964	7	W50	01:01:49	90
467		379	Dasbach, Lars	01:02:31	1270		Essen	1983	30	M30	01:01:12	360
468		380	Rausch, Andreas	01:02:32	768			1978	41	M35	01:01:13	362
469	W	89	Pinsdorf, Sabine	01:02:32	743		Alfterer SC	1966	8	W50	01:01:27	87
470		381	Duckwitz, Michael	01:02:32	769			1965	68	M50	01:01:12	361
471		382	Szesny, André	01:02:34	476		LG Neuhäuser Weg	1975	44	M40	01:01:40	381
472		383	Hagelkreutz, Martin	01:02:35	635			1970	89	M45	01:01:37	379
473		384	Dohmen, Axel	01:02:36	984		Sprintgang Mika & M	1987	37	M	01:01:27	372
474		386	Rausch, Martin	01:02:38	219		HopperCycling	1971	90	M45	01:00:54	351
475		385	Cziumplik, Rafael	01:02:38	906			1979	42	M35	01:02:20	392
476	W	90	Imhof, Petra	01:02:40	1060		Berlin	1972	14	W40	01:01:43	88
477	W	91	Meierhöfer, Stephanie	01:02:44	1406		Neuss	1988	13	W	01:02:34	96
478	W	92	Arendt, Annerose	01:02:45	788		Neuss	1966	9	W50	01:02:24	94
479		387	Kreuchen, Volker	01:02:46	309		Baumberger Spritzer	1964	69	M50	01:01:34	375
480		388	Persicke, Armin	01:02:46	1732			1962	70	M50	01:01:56	389
481	W	93	Licata, Anja	01:02:50	1783			1982	10	W30	01:01:53	91
482	W	94	Schmitz, Sabine	01:02:53	1246		Jüchen	1965	10	W50	01:02:24	93
483		389	Schaffartzik, Pascal	01:02:57	669		INEOS Köln	1981	43	M35	01:01:35	376
484	W	95	Blödorn, Cara	01:02:59	560		Düsseldorf	1991	14	W	01:01:48	89
485	W	96	Goldberg, Sabine	01:03:04	727		TV Frisch Auf Lennep	1970	21	W45	01:02:35	97
486		390	Liese, Andreas	01:03:05	1200			1978	44	M35	01:01:39	380
487		391	Köhler, Mathias	01:03:05	317		SG Zons	1984	31	M30	01:02:24	395
488		392	Schneider, Frank	01:03:07	853		Grevenbroich	1969	91	M45	01:02:33	397
489	W	97	Meyer, Birgit	01:03:07	661		Running Team Grafe	1968	22	W45	01:02:55	100
490		393	Kenter, Sebastian	01:03:15	1394		Willich	1960	32	M55	01:01:52	387
491		394	Kreyer, Jonas	01:03:25	8066			1999	10	MJ U18	01:03:17	410
492		395	Angermann, Jörg	01:03:27	836		Delhoven	1967	92	M45	01:02:08	391
493		396	Herten, Heribert	01:03:30	1336		DJK Kleinenbroich	1961	33	M55	01:02:21	394
494	W	98	Moers, Angelika	01:03:31	383		Flat Land Runners Ko	1968	23	W45	01:03:04	101
495		397	Wanke, Robert	01:03:36	1523		Düsseldorf	1982	32	M30	01:02:40	398

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
496	W	99	Stich, Karin	01:03:36	8076		TUS 82 Opladen	1965	11	W50	01:02:33	95
497	W	100	Petya, Lazarova	01:03:40	1520	BUL	Düsseldorf	1976	15	W40	01:02:48	98
498		398	Weyermann, Uwe	01:03:41	8050			1965	71	M50	01:03:01	404
499	W	101	Nußbaum, Tessa	01:03:43	1108			1993	15	W	01:03:04	102
500	W	102	Schmidtke, Ramona	01:03:43	1107			1982	11	W30	01:03:04	103
501	W	103	Polzin, Kathrin	01:03:44	919		Langenfeld	1978	12	W35	01:03:19	106
502		399	Zwick, Horst	01:03:49	1537		TSV Bayer Dormagen	1963	72	M50	01:02:30	396
503		400	Offers, Hugo	01:03:49	694		Bayer Crop Science	1996	38	M	01:02:51	401
504	W	104	Walter, Simone	01:03:52	411			1992	16	W	01:02:50	99
505		401	Walter, Ralf	01:03:52	410			1965	73	M50	01:02:50	400
506	W	105	Ricso, Andrea	01:03:53	8038			1965	12	W50	01:03:46	112
507		402	Altendorf, Oskar	01:03:54	1737		TV Refrath	1951	8	M65	01:03:51	423
508	W	106	Klein, Bettina	01:03:57	904			1977	13	W35	01:03:38	111
509	W	107	Hess-Knauf, Frauke	01:04:00	425		LT Gruiten-Neanderta	1970	24	W45	01:03:05	104
510		403	Herrmann, Ludger	01:04:01	574		Kempen	1964	74	M50	01:02:54	403
511		404	Klein, Olaf	01:04:01	1393		Düsseldorfer N8Schic	1978	45	M35	01:02:20	393
512		405	Günzel, Torsten	01:04:02	567		SG Zons Tennis	1975	45	M40	01:03:16	408
513		406	Lünendonk, Patrick	01:04:03	178		Team Crazyluenis Kor	1988	39	M	01:02:52	402
514	W	108	Gorselink, Rosa-Maria	01:04:03	737		TV Frisch Auf Lennep	1969	25	W45	01:03:35	109
515		407	Hilgers, Rainer	01:04:07	938		VR Bank eG	1966	75	M50	01:03:32	421
516		408	Krüger, Andreas	01:04:07	959		ESV Gremberghoven	1958	34	M55	01:03:48	422
517		409	Fischer, Jan	01:04:15	1231		Neuss	1973	46	M40	01:03:51	424
518		410	Härtel, Nils	01:04:15	430		Köln	1979	46	M35	01:03:29	417
519		411	Stichler, Karsten	01:04:15	139		ASV Köln Triathlon	1980	47	M35	01:03:28	416
520		412	Sürtenich, Ralf	01:04:16	469		Vodafone ECC Nightr	1959	35	M55	01:02:49	399
521		413	Hoeren, Stefan	01:04:16	243		München	1965	76	M50	01:03:17	409
522		414	Wagner, Thomas	01:04:17	11		Laufanfänger-Mein er	1977	48	M35	01:03:28	415
523		415	Rey, Manfred	01:04:21	974		Kempener TV	1968	93	M45	01:03:14	406
524		416	Jaitner, Georg	01:04:21	1220		Team Himmelgeister	1961	36	M55	01:03:20	411
525	W	109	Thelen, Beate	01:04:22	742		Alfterer SC	1962	13	W50	01:04:09	116
526		417	Fischer, Bernd	01:04:22	67		Dormagen	1964	77	M50	01:03:15	407
527	W	110	Bisanz, Judith	01:04:23	446		Essen	1973	16	W40	01:03:05	105
528		418	Wohlgemuth, Jürgen	01:04:24	8058		LG	1958	37	M55	01:03:54	425
529	W	111	Hajek, Verena	01:04:24	554		Laufmonster	1952	1	W60	01:04:15	118
530		419	Stöter, Dominik	01:04:24	456		Elbseehelden	1986	33	M30	01:03:22	413
531		420	Gensch, Marco	01:04:25	1040			1974	47	M40	01:03:22	412
532		421	Herrmann, Leander	01:04:27	1225		Dormagen	2001	6	MJ U16	01:04:01	427
533	W	112	Beckmann, Edith	01:04:29	714		Bayer Crop Science	1976	17	W40	01:03:30	108
534		422	Pausch, Armin	01:04:29	1506		Dormagen	1958	38	M55	01:03:55	426
535		423	Herzog, Frank	01:04:29	1126		BSG Sparkasse Neus	1975	48	M40	01:03:30	419
536		424	Dörr, Heiko	01:04:30	1739			1969	94	M45	01:03:12	405
537		425	Klahre, Ralf	01:04:31	1093		Rhein-Kreis Neuss	1965	78	M50	01:03:23	414
538		426	Klein, Bernd	01:04:31	903			1972	49	M40	01:04:11	430
539	W	113	Weitz, Kathrin	01:04:36	549		LT Altensteiner Park	1969	26	W45	01:03:27	107
540	W	114	Steigels, Elisabeth	01:04:38	907		Flat Land Runners	1965	14	W50	01:04:11	117
541		427	Caspers, Dieter	01:04:44	8095		Three Lions	1955	15	M60	01:03:30	420
542		428	Kyriakopoulos, Nick	01:04:44	577	GRE	Hülser Lauftreff	1966	79	M50	01:03:30	418
543	W	115	Kruse, Anne	01:04:45	948		LLG 80 Nordpark Köl	1959	10	W55	01:04:34	123
544	W	116	Hallenberg, Silke	01:04:47	732		TV Frisch Auf Lennep	1972	18	W40	01:04:18	119
545		429	Wenke, Patrik	01:04:47	980			1969	95	M45	01:04:32	435
546		430	Eckart, Uwe	01:04:47	981			1966	80	M50	01:04:33	436
547	W	117	Streuer, Bettina	01:04:49	22		Running Team Grafe	1986	12	W30	01:03:53	114
548		431	Hallfeldt, Torsten	01:04:50	1386			1969	96	M45	01:04:24	434
549	W	118	Kumpernaß, Susanne	01:04:51	1263			1979	14	W35	01:03:36	110
550	W	119	Lüke, Sabine	01:04:52	977		ESV Gremberghoven	1960	11	W55	01:04:31	122

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
551		432	Janssen, Wilfried	01:04:52	912		DJK Gillrath	1957	39	M55	01:04:21	432
552		433	Neisius, Joachim	01:04:53	291		ASC Rosellen	1970	97	M45	01:04:05	428
553	W	120	Boettcher, Cornelia	01:04:57	570		SF Ennepetal	1964	15	W50	01:03:59	115
554	W	121	Zaum, Caroline	01:05:00	1561		Born To Swim	2000	3	WJ U18	01:04:31	120
555	W	122	Rupprecht, Theresia	01:05:05	8087			1982	13	W30	01:03:49	113
556		434	Metzmacher, Marc	01:05:06	1391		Köln	1974	50	M40	01:04:11	431
557		435	Schulz, Björn	01:05:12	8089		Incos	1975	51	M40	01:04:11	429
558	W	123	Hoang, Thu-Trang	01:05:20	1226		Dormagen	1967	27	W45	01:04:55	124
559	W	124	Ferfers, Claudia	01:05:22	130		Lauffreunde Niers	1959	12	W55	01:05:06	129
560		436	Ferfers, Norbert	01:05:22	131		Lauffreunde Niers	1957	40	M55	01:05:06	455
561		437	Glen, Andreas	01:05:25	1254		Waltherianer - wupp,	1978	49	M35	01:04:54	444
562		438	Misere,klaus Walter, Walt	01:05:25	884		TSV Dieringhausen	1953	16	M60	01:04:51	442
563	W	125	Fausten, Michelle	01:05:33	1443		Düsseldorf	1989	17	W	01:05:18	130
564		439	Piantek, Jeffrey	01:05:34	8056		WSC Dormagen	1985	34	M30	01:05:04	450
565		440	Volkmer, Hans-Peter	01:05:36	1797		RTB Remscheid	1945	1	M70	01:05:30	466
566		441	Mannheim, Michael	01:05:36	940		LLG 80 Nordpark Köl	1946	2	M70	01:05:05	453
567		442	Smets, Daniel	01:05:36	681		Running Elements	1991	40	M	01:04:22	433
568		443	Prinz, Andreas	01:05:38	33		Alles was Spass mac	1971	98	M45	01:04:48	439
569		444	Erkelenz, Ralf	01:05:41	1215		Lauffreunde Niers	1962	81	M50	01:05:22	462
570	W	126	von Pollak, Ulla	01:05:41	1214		Lauffreunde Niers	1962	16	W50	01:05:23	131
571		445	Sehm, Falk	01:05:44	675		Bergisch Gladbach	1978	50	M35	01:05:03	449
572		446	Kock, Thomas	01:05:45	1464		Bergisch Gladbach	1987	41	M	01:05:04	451
573		447	Henry Schaffrath, Schaffr	01:05:46	956		Team Turbo	1975	52	M40	01:04:48	440
574	W	127	Boehme, Nina	01:05:47	1420		Ferrenberg-Runners	1969	28	W45	01:05:00	125
575	W	128	Rabes, Yvonne	01:05:47	1421		Ferrenberg-Runners	1975	19	W40	01:05:01	126
576		448	Andic, Sonat	01:05:50	905			1978	51	M35	01:05:30	465
577		449	Sander, Sven	01:05:51	8105			1968	99	M45	01:05:01	448
578		450	Ladenbach, Andreas	01:05:55	723		TV Frisch Auf Lennep	1967	100	M45	01:05:22	461
579	W	129	Ganter, Beate	01:05:56	651		BTSC	1970	29	W45	01:05:05	127
580		451	Barion, René	01:05:58	391		Köln	1968	101	M45	01:04:58	445
581		452	Heinrich, Hans-Jürgen	01:05:59	1508		Dormagen	1965	82	M50	01:04:51	441
582		453	Misch, Christian	01:06:00	1568		Quirinus Runners	1970	102	M45	01:05:06	454
583	W	130	Misch, Christine	01:06:00	1569		Quirinus Runners	1997	5	WJ U20	01:05:06	128
584		454	Quijano, Siro	01:06:03	200	ESP	ASC Rosellen	1973	53	M40	01:05:12	457
585		455	Wilde, Uwe	01:06:07	550		LT Altensteiner Park	1966	83	M50	01:04:37	437
586		456	Pohl, Noah	01:06:07	657			1998	10	MJ U20	01:05:04	452
587	W	131	Prenger, Iwona	01:06:09	282		Langenfeld	1973	20	W40	01:05:59	140
588	W	132	Burg, Birgit	01:06:12	668		SC Melle 03	1958	13	W55	01:04:31	121
589		457	Soraruf, Brian	01:06:14	64		Team Bratwurst	1975	54	M40	01:05:00	447
590		458	Winkelbach, Hans	01:06:16	380		Burscheid	1967	103	M45	01:05:00	446
591	W	133	Furch, Doris	01:06:17	379		SSV Strümp - Fondist	1957	14	W55	01:05:37	135
592		459	Wagner, Helmut	01:06:18	869		Dormagen	1956	17	M60	01:05:12	458
593		460	Dönig, Helmut-Jörg	01:06:20	697		Bayer Crop Science	1969	104	M45	01:04:44	438
594		461	Pohl, Andreas	01:06:21	656			1974	55	M40	01:05:19	460
595	W	134	Nilges, Martina	01:06:23	8036			1980	15	W35	01:05:25	133
596		462	Richter, Willi	01:06:23	630		Ineos Styrolution	1960	41	M55	01:05:40	471
597		463	Linke, Frank	01:06:24	1777			1962	84	M50	01:05:12	456
598		464	Bruneau, Andreas	01:06:26	783			1960	42	M55	01:05:27	464
599		465	Weitnauer, Alexander	01:06:32	87		Ergotopia	1992	42	M	01:06:07	479
600		466	Cepok, Theodor	01:06:34	399		Alles aus Liebe	1956	18	M60	01:05:52	474
601		467	Mengeringhaus, Philipp	01:06:34	117		Aachen	1982	35	M30	01:05:38	470
602		468	Tregeiz, Negrúj	01:06:35	8081		Kölner Laufftreff	1964	85	M50	01:05:51	473
603	W	135	Lohrer-Angres, Iris	01:06:36	397		Alles aus Liebe	1971	30	W45	01:05:41	137
604	W	136	Holzborn, Patricia	01:06:36	1509		Dormagen	1979	16	W35	01:05:41	138
605	W	137	Blödorn, Diana	01:06:37	559		Düsseldorf	1968	31	W45	01:05:24	132

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
606		469	Schermann, Manfred	01:06:37	1241		Willich	1943	3	M70	01:06:28	486
607		470	Knüppel, Till	01:06:38	585		INEOS Köln	1991	43	M	01:05:17	459
608		471	MÜLLER, Jörg-Peter	01:06:39	924		BERGISCH GLADBAC	1953	19	M60	01:05:35	469
609		472	Stein, Dominik	01:06:39	8091		FC Zons	1989	44	M	01:04:53	443
610	W	138	Fetten, Rosi	01:06:40	947		LLG 80 Nordpark Köl	1954	2	W60	01:06:29	146
611		473	Zewen, Frank	01:06:40	298		Reisebüro Xtrawell	1971	105	M45	01:05:56	475
612	W	139	Frommann, Katja	01:06:41	1085		Düsseldorf	1993	18	W	01:06:33	147
613	W	140	Pausch, Susane	01:06:41	1507		Dormagen	1962	17	W50	01:06:05	141
614		474	Can, Asim	01:06:42	597		7 Meilen Kojoten	1973	56	M40	01:05:25	463
615	W	141	Schneider, Alexandra	01:06:44	596		7 Meilen Kojoten	1985	14	W30	01:05:29	134
616	W	142	Sawallisch, Jacqueline	01:06:44	413			1980	17	W35	01:05:53	139
617		475	Wipperfürth, Kai	01:06:46	997		Rommerskirchen	1970	106	M45	01:05:34	468
618		476	Schley, Martin	01:06:46	1584		Renndödel	1985	36	M30	01:05:45	472
619		477	Michels, Jürgen	01:06:47	8061			1971	107	M45	01:06:24	485
620		478	Jülicher, Andreas	01:06:49	440		Maus Düsseldorf	1967	108	M45	01:06:10	481
621	W	143	Krol, Liliane	01:06:49	326			1978	18	W35	01:06:11	143
622	W	144	Freund, Emily	01:06:53	1157		TG Neuss	1953	3	W60	01:06:09	142
623		479	Heilmann, Martin	01:06:54	489		Siegen	1975	57	M40	01:06:38	487
624	W	145	Pfahler, Angelika	01:06:55	1002		ESV Gremberghoven	1960	15	W55	01:06:35	148
625	W	146	Wellie, Yvonne	01:06:55	1265			1983	15	W30	01:05:40	136
626		480	Droeger, Norbert	01:06:56	701		Bayer Crop Science	1970	109	M45	01:06:22	484
627		481	Marzari, Kester	01:06:58	870		TSV Dieringhausen	1969	110	M45	01:06:21	483
628		482	Biederbick, Renè	01:06:59	63		Dormagen	1970	111	M45	01:06:39	488
629		483	Gottschick, Dietmar	01:07:00	8086		LT Rennhamster	1958	43	M55	01:06:11	482
630	W	147	Dick, Erika	01:07:00	590		TUS Quettingen	1941	1	W75	01:06:23	145
631		484	Strecha, Lutz	01:07:01	121			1977	52	M35	01:05:33	467
632	W	148	Nellessen, Kathrin	01:07:07	1596		SG Neukirchen-Hülch	1996	19	W	01:06:56	152
633		485	Nellessen, Andreas	01:07:07	1599		SG Neukirchen-Hülch	1963	86	M50	01:06:56	494
634		486	Fitzlaff, Sven	01:07:13	576		Hülser Laufftreff	1966	87	M50	01:06:41	489
635	W	149	Hackenbroich, Birgit	01:07:13	936		Krefeld	1966	18	W50	01:06:41	149
636		487	Schnorz, Dirk	01:07:15	8106			1966	88	M50	01:05:58	476
637		488	Hildebrandt, Lars	01:07:16	8103		Tri Cologne	1977	53	M35	01:05:59	477
638		489	Schneider, Paul	01:07:22	660		SG Worringen	1981	54	M35	01:06:09	480
639		490	Becker, Walter	01:07:22	941		LLG 80 Nordpark Köl	1944	4	M70	01:07:12	499
640	W	150	Teufel, Helen	01:07:23	664		Neuss	1993	20	W	01:06:23	144
641	W	151	Canu, Ramona	01:07:26	1190			1980	19	W35	01:07:15	156
642	W	152	Gundlach, Vanessa	01:07:27	1168		Dormagen	1991	21	W	01:06:48	151
643		491	Ruzicka, Andreas	01:07:28	740		Dormagen	1965	89	M50	01:06:52	492
644		492	Schrank, Cedric	01:07:28	120			1989	45	M	01:06:00	478
645		493	Teusch, Andreas	01:07:33	244			1969	112	M45	01:07:15	503
646		494	Boeckel, John	01:07:34	441		SC Unterbach	1966	90	M50	01:07:13	501
647	W	153	Oliveira, Anabela	01:07:34	53		Spaßläufer	1964	19	W50	01:07:12	155
648	W	154	Teusch, Katja	01:07:36	245			1969	32	W45	01:07:18	158
649	W	155	Nachtigall, Ute	01:07:36	1213		Düsseldorf	1976	21	W40	01:07:22	162
650		495	Jünemann, Christian	01:07:39	1463		Neuss	1985	37	M30	01:07:32	508
651		496	Wild, Ulrich	01:07:42	1106		Meerbusch	1967	113	M45	01:07:32	507
652	W	156	Weber, Maren	01:07:46	493		Dormagen	1997	6	WJ U20	01:07:20	159
653	W	157	Roy, Constanze	01:07:46	859		Düsseldorf	1986	16	W30	01:07:20	160
654		497	Neubauer, Hartmut	01:07:47	1748			1957	44	M55	01:07:09	497
655	W	158	Popp, Anke	01:07:52	412		Dormagen	1982	17	W30	01:06:56	153
656	W	159	Plücker, Heike	01:07:53	918		Dormagen	1971	33	W45	01:07:44	171
657		498	Burtscheidt, Franz	01:07:55	505		Düsseldorf	1960	45	M55	01:07:07	496
658	W	160	Clauß, Sara	01:07:59	1574		WSC Bayer Dormage	1994	22	W	01:07:45	172
659		499	Walenczak, Sandro	01:08:00	312			1993	46	M	01:07:42	513
660	W	161	Marx, Jil	01:08:00	908		Dormagen	1993	23	W	01:07:40	169

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
661	W	162	Krumm, Lisa	01:08:00	313			1999	4	WJ U18	01:07:43	170
662	W	163	Sobieray, Miriam	01:08:01	682		Running Elements	1986	18	W30	01:06:46	150
663		500	Neugebauer, Robin-Linus	01:08:02	605		FC Delhoven Spirit Li	1993	47	M	01:06:54	493
664		501	Schmiedel, Michael	01:08:02	598		7 Meilen Kojoten	1962	91	M50	01:06:46	491
665	W	164	Clauß, Birgit	01:08:05	1575		FC Straberg	1967	34	W45	01:07:50	175
666	W	165	v. Scheidt, Kerstin	01:08:06	275		TV Hülsenbusch	1966	20	W50	01:07:35	167
667	W	166	Krüll, Rebecca	01:08:06	322		TTC Wuppertal	1993	24	W	01:07:52	176
668		502	Garbe-Immel, Jan	01:08:07	342		Wuppertal	1968	114	M45	01:07:16	504
669	W	167	Stoffel, Heike	01:08:07	323		TTC Wuppertal	1970	35	W45	01:07:52	178
670		503	Dust, Michael	01:08:08	1536		Korschenbroich	1974	58	M40	01:07:03	495
671		504	Krille, Jan	01:08:10	722		TV Frisch Auf Lennep	1981	55	M35	01:07:35	511
672		505	Roske, Olaf	01:08:14	1583		Renndödel	1956	20	M60	01:07:13	500
673	W	168	Goebbels, Jacqueline	01:08:14	531			1978	20	W35	01:07:12	154
674		506	Luckas, Jan	01:08:14	532			1962	92	M50	01:07:11	498
675		507	Führes, Hauke	01:08:17	435		galaxy	1980	56	M35	01:06:44	490
676	W	169	Linden, Renate	01:08:17	1325		LT Alt-Erkrath	1971	36	W45	01:07:28	163
677		508	Palici, Dorin	01:08:18	900		TOW	1962	93	M50	01:07:28	505
678		509	Wollny, Johannes	01:08:19	256		Die Erdmännchen	1964	94	M50	01:07:52	518
679	W	170	Wollny, Katrin	01:08:20	257		Die Erdmännchen	1978	21	W35	01:07:53	179
680		510	Abel, Michael	01:08:20	209		Dormagen	1971	115	M45	01:07:38	512
681	W	171	Schroeder, Anne	01:08:22	680		Köln	1976	22	W40	01:07:50	173
682	W	172	Jankel, Karen	01:08:22	1592			1961	16	W55	01:07:17	157
683	W	173	Dahlhaus-Weitz, Christina	01:08:22	1328		LT Alt-Erkrath	1965	21	W50	01:07:32	165
684		511	Breuer, Christoph	01:08:22	1327		LT Alt-Erkrath	1965	95	M50	01:07:32	509
685	W	174	Möller, Tanja	01:08:23	725		TV Frisch Auf Lennep	1971	37	W45	01:07:52	177
686	W	175	Ritterbach, Caroline	01:08:26	676		Dormagen	1981	22	W35	01:07:32	164
687	W	176	Gerlach, Vanessa	01:08:29	917			1978	23	W35	01:08:12	184
688	W	177	Liountaroglou-Menzel, Ge	01:08:34	1127		BSG Sparkasse Neus	1973	23	W40	01:07:34	166
689		512	Kerber, Alfred	01:08:43	1769			1955	21	M60	01:07:34	510
690		513	Mehl, Jürgen	01:08:46	123		TV Hochneukirch 02	1961	46	M55	01:07:50	516
691		514	Schnabel, Dominic	01:08:46	770		Jüchen	1981	57	M35	01:07:50	517
692		515	Anselm, Norbert	01:08:48	8013		Eiserne Lunge Randk	1964	96	M50	01:08:17	532
693	W	178	Rein-Schaefer, Melanie	01:08:48	279		TSV Dieringhausen	1982	19	W30	01:08:14	186
694		516	Lang, Günter	01:08:48	8014		Eiserne Lunge Randk	1970	116	M45	01:08:15	530
695		517	Oberlack, Klaus	01:08:51	579		Dormagen	1972	59	M40	01:08:01	526
696	W	179	Hagen, Ute	01:08:52	8037		Tus 05 Quettingen	1961	17	W55	01:08:36	188
697		518	Goertz, Andreas	01:08:56	839			1979	58	M35	01:07:46	514
698		519	Jeschak, Patrick	01:08:58	451		love2runhappy / SF E	1986	38	M30	01:07:32	506
699		520	Hengvoß, Thorsten	01:08:58	652		Neuss	1986	39	M30	01:07:14	502
700		521	Bublitz, Roland	01:09:00	1096		Sonntagsläufer	1971	117	M45	01:07:50	515
701	W	180	Hemb, Sabine	01:09:00	329		runningfrog	1971	38	W45	01:07:36	168
702		522	Burkhardt, Marco	01:09:01	61		Grevenbroich	1982	40	M30	01:08:10	528
703	W	181	Boland, Kornelia	01:09:01	490		friedrichstätter turnv	1960	18	W55	01:07:54	180
704	W	182	Caspers-Sabel, Angelika	01:09:03	964		ASC Rosellen	1955	4	W60	01:08:13	185
705		523	Beivers, Willi	01:09:07	1405		Dormagen	1960	47	M55	01:08:01	525
706	W	183	Nickel, Judith	01:09:08	1335		Dormagen	1993	25	W	01:07:21	161
707		524	Schleifer, Daniel	01:09:09	49		Team Bratwurst	1974	60	M40	01:07:55	521
708		525	Kirchhoff, Wilhelm	01:09:11	1098		Sonntagsläufer	1969	118	M45	01:08:01	524
709	W	184	Nowak, Simone	01:09:12	203			1975	24	W40	01:08:27	187
710		526	Nowak, Ingo	01:09:12	202			1976	61	M40	01:08:27	536
711		527	Koenzen, Christopher	01:09:14	848		Kaarst	2001	7	MJ U16	01:07:53	519
712		528	Müller, Thomas	01:09:16	615		LG Neuhäuser Weg	1968	119	M45	01:08:23	535
713	W	185	Möllenberg, Julia	01:09:19	8080			1988	26	W	01:08:50	192
714	W	186	Baginski, Jutta	01:09:20	1408		LG Gummersbach	1962	22	W50	01:08:53	194
715		529	Vogt, Josef	01:09:23	728		TV Frisch Auf Lennep	1952	22	M60	01:08:58	549

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
716	W	187	Groß, Helgard	01:09:23	726		TV Frisch Auf Lennep	1968	39	W45	01:08:59	195
717	W	188	Szuka, Sabine	01:09:24	328		Dormagen	1970	40	W45	01:07:50	174
718		530	Wolff, Frank	01:09:26	393		Eiserne Lunge Randk	1968	120	M45	01:08:53	546
719	W	189	Wolff, Sandra	01:09:26	392		Eiserne Lunge Randk	1971	41	W45	01:08:52	193
720		531	Einfeldt, Alexander	01:09:27	533		INEOS Köln	1984	41	M30	01:08:14	529
721		532	Berg, Jochen	01:09:30	847		Kaarst	1968	121	M45	01:08:08	527
722		533	Sticker, Benedikt	01:09:30	963		Düsseldorf	1965	97	M50	01:07:54	520
723	W	190	Märkle, Katharina	01:09:30	872		Düsseldorf	1985	20	W30	01:07:55	182
724	W	191	Köhler, Anja	01:09:30	305			1986	21	W30	01:07:55	181
725		534	Noiron, Maik	01:09:32	145		Team Raphael	2000	11	MJ U18	01:07:57	522
726	W	192	Von Der Linden, Yvonne	01:09:32	385		Dormagen	1971	42	W45	01:07:57	183
727		535	Von Der Linden, Holger	01:09:32	386		Dormagen	1965	98	M50	01:07:57	523
728	W	193	Goeddertz, Martina	01:09:36	979		3xercise	1967	43	W45	01:08:37	189
729	W	194	Theunißen, Tanja	01:09:37	833		LC Duisburg	1974	25	W40	01:08:59	196
730		536	Wollenweber, Olaf	01:09:38	885		Inden	1968	122	M45	01:08:46	540
731		537	Sheridan, Joseph	01:09:38	1473	IRL	Erkrath-Hochdahl	1960	48	M55	01:08:31	537
732		538	Gabriel, David	01:09:40	363		Chemion Logistik Gm	1985	42	M30	01:08:38	538
733	W	195	Günther, Ann Kathrin	01:09:41	975			1979	24	W35	01:09:28	202
734		539	Rotthoff, Frank	01:09:47	1407		Dormagen	1969	123	M45	01:08:41	539
735		540	Hahne, Uwe	01:09:49	8019		Rheinläufer Düsseldo	1961	49	M55	01:08:55	547
736		541	Lehmann, Hans	01:09:49	8018		Rheinläufer Düsseldo	1964	99	M50	01:08:56	548
737		542	Koch, Peter	01:09:55	8042		RWE AG	1957	50	M55	01:09:35	561
738		543	Di Pace, Chris	01:10:01	1258			1989	48	M	01:09:18	556
739		544	Goertz, Gregor	01:10:02	840			1977	59	M35	01:08:52	544
740		545	Schäfer, Michael	01:10:03	766		CurObi	1964	100	M50	01:08:52	545
741		546	Esters, Marco	01:10:03	8041			1973	62	M40	01:08:21	533
742		547	Wurda, Werner	01:10:04	764		Diabetes Programm -	1960	51	M55	01:08:15	531
743		548	Dewies, Dieter	01:10:06	8040		Marathon Team-Onlin	1954	23	M60	01:08:23	534
744		549	Dornieden, Tim	01:10:09	114		Dormagen	1986	43	M30	01:09:17	554
745		550	Uhlenbrock, Hans	01:10:09	308		Köln	1960	52	M55	01:08:58	550
746	W	196	Pawlowski, Sigrid	01:10:09	781			1963	23	W50	01:09:10	199
747	W	197	Meiers, Petra	01:10:09	784		TVG	1958	19	W55	01:09:10	198
748	W	198	Cohaus, Nicole	01:10:10	75		Stadtlohn	1975	26	W40	01:09:28	201
749	W	199	Vissel, Ines	01:10:11	134		Leverkusen	1976	27	W40	01:09:33	205
750	W	200	Hölmann, Sabine	01:10:11	148		Leverkusen	1977	25	W35	01:09:33	204
751		551	Sczakiel, Tobias	01:10:11	1800			2000	12	MJ U18	01:08:46	541
752	W	201	Herwartz, Alena	01:10:16	1389		Sankt Augustin	1993	27	W	01:08:39	190
753		552	Vornefeld, Mark	01:10:16	97			1975	63	M40	01:09:31	558
754	W	202	Warnecke, Claudia	01:10:16	96			1977	26	W35	01:09:31	203
755		553	Marx, Martin	01:10:20	1459		Sg zons Badminton	1973	64	M40	01:10:00	566
756	W	203	Remde, Annette	01:10:21	542		LT Altensteiner Park	1965	24	W50	01:10:09	217
757	W	204	Klin, Silvia	01:10:22	992		SV Rosellen	1981	27	W35	01:08:45	191
758		554	Blume, Jens	01:10:22	1427			1981	60	M35	01:08:51	542
759	W	205	Pfeiffer, Miriam	01:10:23	8102			1985	22	W30	01:10:09	216
760		555	Karrasch, Christian	01:10:23	1428			1982	44	M30	01:08:52	543
761		556	Merta, Noe	01:10:23	144		Team Raphael	1999	13	MJ U18	01:10:09	570
762		557	Peters, Markus	01:10:24	356		Neuss	1971	124	M45	01:09:04	551
763		558	Drewitz, Helmut	01:10:24	837		Marathonteam online	1952	24	M60	01:09:20	557
764	W	206	Schiwek, Nadine	01:10:25	1210		Kaarst	1975	28	W40	01:10:05	214
765		559	Schyra, Oliver	01:10:25	1212		Kaarst	1980	61	M35	01:10:03	568
766	W	207	Taylor, Lucy	01:10:27	426	GBR	Köln	1970	44	W45	01:09:05	197
767		560	Neubert, Lutz	01:10:28	427		Neukirchen-Vluyn	1969	125	M45	01:09:06	552
768	W	208	Wunsch, Vera	01:10:28	1742		Lauftreff Hoisten	1969	45	W45	01:09:42	206
769		561	Zarembowicz, Matthias	01:10:30	258		Dormagen	1982	45	M30	01:09:35	560
770		562	Makselon, Michael	01:10:30	259		Dormagen	1983	46	M30	01:09:35	559

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
771	W	209	Willeke, Julia	01:10:37	927		Erkrath	1983	23	W30	01:10:18	220
772		563	Schmidt, Jens	01:10:37	8004		FC Jahher	1971	126	M45	01:09:50	564
773		564	Noll, Norbert	01:10:38	8099			1958	53	M55	01:10:19	571
774	W	210	Jungbluth, Maren	01:10:40	289		Düsseldorf	1972	29	W40	01:10:03	213
775	W	211	Sauermann, Alexandra	01:10:45	272		TSV Dieringhausen	1971	46	W45	01:10:10	218
776		565	Lapa, Collins William	01:10:45	1137		Leverkusen	1979	62	M35	01:09:14	553
777	W	212	Kalbe, Elke	01:10:45	592			1970	47	W45	01:09:13	200
778		566	Samusch, Rene	01:10:51	534		INEOS Köln	1973	65	M40	01:09:17	555
779	W	213	Caspers, Eva	01:10:58	1740		Lauftreff Hoisten	1970	48	W45	01:10:12	219
780	W	214	Frings, Connie	01:11:05	231		Roki Joggers	1972	30	W40	01:10:08	215
781		567	Raffel, Christian	01:11:06	286		Dormagen	1984	47	M30	01:09:39	562
782	W	215	Dörpfeld, Rieke	01:11:07	373		Solingen	1981	28	W35	01:09:44	208
783		568	Dörpfeld, Björn	01:11:08	372		Solingen	1980	63	M35	01:09:46	563
784	W	216	Ueberschär, Michaela	01:11:11	595		7 Meilen Kojoten	1966	25	W50	01:09:56	209
785		569	Caspers, Joachim	01:11:12	1741		Lauftreff Hoisten	1964	101	M50	01:10:25	572
786		570	Bindels, Stephan	01:11:12	838		Aachen	1966	102	M50	01:10:07	569
787		571	Krämer, Rudolfo	01:11:14	857		TTG Radevormwald	1949	9	M65	01:10:01	567
788	W	217	Pesch, Yasmin	01:11:17	1256			1990	28	W	01:10:33	222
789	W	219	Scheeren, Ricarda	01:11:21	588		mönchengladbach	1972	32	W40	01:10:44	226
790	W	218	Matschke, Yvonne	01:11:21	464		VfS Büttgen	1975	31	W40	01:10:47	227
791	W	220	Walter, Claudia	01:11:23	325			1975	33	W40	01:10:43	224
792	W	221	Zietlow, Susanne	01:11:23	1433		Sprockhövel	1973	34	W40	01:09:57	210
793		572	Hasenclever, Sebastian	01:11:23	658		Pace Pack Runners	1983	48	M30	01:09:57	565
794	W	222	Baumann, Bianca	01:11:23	1382		love2runhappy	1971	49	W45	01:09:57	211
795	W	223	Reissel, Carina	01:11:26	711		Bayer Crop Science	1963	26	W50	01:09:42	207
796		573	Uhlhorn, Kurt	01:11:28	1045		Rosemaries Liebling	1961	54	M55	01:10:49	581
797	W	224	Sichelschmidt, Sarah	01:11:31	1192		Wermelskirchen	1989	29	W	01:09:58	212
798		574	Poniecki, Thomas	01:11:32	1091		Rhein-Kreis Neuss	1952	25	M60	01:10:28	573
799	W	225	Himmelreich, Melanie	01:11:35	8039		TSV-Dieringhausen	1979	29	W35	01:11:07	233
800	W	226	Beyert-Lasberg, Martina	01:11:35	8060		LG Gummersbach	1971	50	W45	01:11:06	232
801	W	227	Hengstebeck, Bettina	01:11:39	197			1967	51	W45	01:10:53	229
802		575	Hengstebeck, Ralf	01:11:39	196			1961	55	M55	01:10:55	584
803		577	Jansen, Julian Lukas	01:11:40	510			1989	49	M	01:10:34	575
804		576	Jansen, Ulrich	01:11:40	509		SG Zons	1954	26	M60	01:10:35	576
805		578	Vollmer, Nicholas	01:11:41	1591			1968	127	M45	01:10:35	577
806	W	228	Held, Karolin	01:11:41	634			1992	30	W	01:10:44	225
807		579	Lambert, Martin	01:11:43	511		SG Zons	1988	50	M	01:10:37	579
808		580	Gasten, Matthias	01:11:43	1161			1989	51	M	01:10:37	578
809		581	Hinz, Christian	01:11:46	295		Xtrawell	1970	128	M45	01:11:02	588
810		582	Kunschke, Thorsten	01:11:49	118		Grevenbroich	1971	129	M45	01:10:53	583
811	W	229	Porath, Susanne	01:11:50	520		Lauftreff Gruiten-Nea	1973	35	W40	01:10:56	230
812		584	Dierich, Hartmut	01:11:50	965		LT Gruiten-Neanderta	1952	27	M60	01:10:55	585
813		583	Lunau, Frank	01:11:50	188		Lauftreff Gruiten-Nea	1965	103	M50	01:10:57	586
814	W	230	Köker, Michaela	01:11:51	867		Offenbach	1985	24	W30	01:11:25	236
815	W	231	Nierstenhöfer, Petra	01:11:53	263		TSV Dieringhausen	1975	36	W40	01:11:16	234
816	W	232	Bertham, Ina	01:11:58	1759		Reinshagener TB Re	1964	27	W50	01:11:01	231
817	W	233	Zaum, Stefanie	01:12:00	1564		Born To Swim	2000	5	WJ U18	01:11:32	238
818	W	234	Klee, Ulrike	01:12:00	68		Köln	1967	52	W45	01:10:48	228
819		585	Wunnenberg, Lars	01:12:01	589			1973	66	M40	01:10:30	574
820	W	235	Rieger, Anke	01:12:05	825		WSC Bayer Dormage	1965	28	W50	01:11:32	239
821	W	236	Reck, Nicole	01:12:05	1194		HC Wermelskirchen	1977	30	W35	01:10:32	221
822	W	237	Konrad, Ute	01:12:05	823		WSC Bayer Dormage	1971	53	W45	01:11:33	240
823	W	238	Hasebrink, Silke	01:12:06	126		Dormagen	1968	54	W45	01:11:43	244
824		586	Weber, Thorsten	01:12:06	125		Dormagen	1963	104	M50	01:11:44	601
825		587	Ünal, Selcuk	01:12:13	1101	TUR	Leverkusen	1977	64	M35	01:11:04	589

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
826		588	Kuhstoss, Norman	01:12:15	731		TV Frisch Auf Lennep	1948	10	M65	01:11:36	599
827		589	Flechtner, Markus	01:12:15	458		Hilden	1969	130	M45	01:11:17	591
828	W	239	Glaschke, Sandra	01:12:15	457		Hilden	1970	55	W45	01:11:17	235
829	W	240	Buchhofer, Isabell	01:12:16	8047		Lauftreff Sterkrade N	1993	31	W	01:11:48	245
830	W	241	Heinen, Angela	01:12:16	494		SG Worringen	1963	29	W50	01:12:09	251
831		590	Meves, Klaus	01:12:21	381		LT Oleander	1961	56	M55	01:10:41	580
832	W	242	Mallwitz, Kathi	01:12:22	891		Kaarst	1973	37	W40	01:10:41	223
833		591	Görres, Hans-Gerd	01:12:23	28		Windhagen	1968	131	M45	01:10:51	582
834		592	Skoczinski, Hans-Georg	01:12:29	626		INEOS Köln	1962	105	M50	01:11:34	598
835		593	Weitz, Andreas	01:12:30	548		LT Altensteiner Park	1975	67	M40	01:10:59	587
836		594	Bienert, Harald	01:12:32	146			1972	68	M40	01:11:08	590
837		595	Hardt, Georg	01:12:37	1450		LG Gummersbach	1966	106	M50	01:12:07	608
838	W	243	Gröger, Beate	01:12:37	1425		LG Gummersbach	1965	30	W50	01:12:09	250
839	W	244	Benk, Stefanie	01:12:41	616			1978	31	W35	01:11:49	246
840	W	245	Pohl, Juliana	01:12:49	889		Kürten	1987	32	W	01:11:35	241
841	W	246	Hohagen, Melina	01:12:50	856			1986	25	W30	01:11:36	243
842		596	Dr. Storz, Ulrich	01:12:51	143			1969	132	M45	01:11:27	595
843		597	Pries, Dominique	01:12:52	8082			1985	49	M30	01:11:27	596
844	W	247	Grasmück, Sonja	01:12:52	8083			1982	26	W30	01:11:28	237
845	W	248	Rezler, Bianca	01:12:53	8026		PSV Köln	1987	33	W	01:11:36	242
846		598	Barth, Philippe	01:12:54	1052			1983	50	M30	01:11:45	602
847		599	Kleinrensing, Oliver	01:12:55	1581		SG Zons Tennis	1966	107	M50	01:11:43	600
848		600	Klein, Alexander	01:13:01	855			1986	51	M30	01:11:47	603
849		601	Badtke, Roman	01:13:01	888		Kürten	1985	52	M30	01:11:47	604
850		602	Schmitz, Raoul	01:13:03	318		MTV Mülheim	1957	57	M55	01:11:27	594
851		603	Schmitz, Christian - morit	01:13:04	319		Hennef 05	1985	53	M30	01:11:28	597
852	W	249	Hamm, Marina	01:13:04	1717		ESV Gremberghoven	1962	31	W50	01:12:43	259
853		604	Demirci, Yavuz	01:13:04	220		Köln	1979	65	M35	01:12:03	607
854		605	Seeber, Gerd	01:13:04	1787			1958	58	M55	01:11:26	592
855	W	250	Fühser, Christiane	01:13:04	230		Roki Joggers	1978	32	W35	01:12:08	248
856		606	Kampmeier, Raphael	01:13:05	1786			1971	133	M45	01:11:26	593
857	W	251	Kather, Monika	01:13:05	234		Roki Joggers	1971	56	W45	01:12:08	249
858	W	252	Offers, Anna	01:13:06	1123		Dormagen	1995	34	W	01:12:02	247
859	W	253	Deutzmann, Katharina	01:13:13	1551		Southern Oregon Run	1989	35	W	01:12:20	254
860		607	Scharf, Erich	01:13:17	733		TV Frisch Auf Lennep	1951	11	M65	01:12:34	614
861		608	Spitzer, Jürgen	01:13:21	17		SLC Solingen	1955	28	M60	01:12:32	613
862	W	254	Heyer, Petra	01:13:21	12		Dormagen	1975	38	W40	01:12:32	257
863		609	Malek, Jacek	01:13:30	1461	POL	Düsseldorf	1990	52	M	01:12:21	611
864		610	Robben, Thorsten	01:13:35	507		Hot Socks	1979	66	M35	01:12:16	610
865		611	Schöbel, Heinz	01:13:36	455		Wuppertal	1946	5	M70	01:12:40	616
866		612	Houtermann, Michael	01:13:36	702		Bayer Crop Science	1970	134	M45	01:12:01	606
867		613	Schmidt, Mirko	01:13:36	1756		Delhoven	1970	135	M45	01:12:00	605
868		614	Böttger, Sven	01:13:38	487		Vodafone ECC Nightr	1966	108	M50	01:12:10	609
869		615	Büttgen, Dirk	01:13:43	8017		Malterser Dormagen	1967	136	M45	01:12:40	617
870	W	255	Fenkl, Sandra	01:13:45	1519		TSV Bayer Dormagen	1980	33	W35	01:12:10	253
871	W	256	Werner, Christine	01:13:45	81		Dormagen	1974	39	W40	01:12:09	252
872	W	257	Köhncke, Claudia	01:13:50	578		SF Ennepetal	1967	57	W45	01:12:52	263
873	W	258	Preuss-Schmidt, Claudia	01:13:51	639		SF Ennepetal	1969	58	W45	01:12:53	264
874	W	259	Marquardt, Kirsten	01:13:51	586		SF Ennepetal	1970	59	W45	01:12:53	265
875	W	260	Gompert, Monika	01:13:52	1268		LLG 80 Nordpark Köl	1955	5	W60	01:13:25	268
876	W	261	Frohn, Monika	01:13:53	8030			1952	6	W60	01:12:41	258
877		616	Kemmerling, Frank	01:13:53	159		SC Bayer 05 Triathlo	1968	137	M45	01:13:29	627
878	W	262	Friebel, Jenny	01:13:56	1023		JEST	1986	27	W30	01:12:31	255
879	W	263	Gerbitz, Stefanie	01:13:56	1024		JEST	1982	28	W30	01:12:32	256
880		617	Thiel, Klaus	01:13:56	593			1968	138	M45	01:12:26	612

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881		618	Reh, Klaus	01:14:03	883		Dormagen	1962	109	M50	01:13:08	621
882	W	264	Reh, Stefanie	01:14:03	882		Dormagen	1991	36	W	01:13:08	266
883		619	Thomy, Daniel	01:14:05	423		Rommerskirchen	1979	67	M35	01:12:38	615
884		620	Derhardt, Gerd	01:14:07	530		LT Zu den Höfen	1957	59	M55	01:13:21	624
885	W	265	Fesser, Ines	01:14:08	108			1968	60	W45	01:12:50	262
886	W	266	Stechow, Katja	01:14:08	107		LC Duisburg	1973	40	W40	01:12:50	261
887		621	Hohn, Bernd	01:14:09	526		LT Zu den Höfen	1970	139	M45	01:13:23	625
888		622	Busmann, Thomas	01:14:09	527		LT Zu den Höfen	1967	140	M45	01:13:23	626
889		623	Kunze, Roland	01:14:11	113		Leverkusen	1967	141	M45	01:13:11	622
890	W	267	Bartels, Miriam	01:14:11	112		Köln	1974	41	W40	01:13:10	267
891		624	Assenmacher, Klaus	01:14:11	8090		Wellenläufer	1973	69	M40	01:12:55	620
892		625	Koch, Gerhard	01:14:27	822		Turngemeinde Stürze	1942	6	M70	01:12:50	619
893	W	268	Piepel-Redenz, Thea	01:14:27	1036		SV Gladbeck 13	1959	20	W55	01:12:49	260
894		626	Piepel, Herbert	01:14:27	1035		SV Gladbeck 13	1940	1	M75	01:12:49	618
895	W	269	Ehrich, Vanessa	01:14:32	23		Happy Running Famil	1985	29	W30	01:13:38	270
896	W	270	Giering, Ina	01:14:32	643		Düsseldorf	1987	37	W	01:13:38	269
897		627	Eberhardt, Uwe	01:14:36	165		Cityrunner 2013	1956	29	M60	01:13:13	623
898	W	271	Dopatka, Sabine	01:14:37	633			1980	34	W35	01:13:39	271
899		628	Kukovicic, Thorsten	01:14:38	8075		Mario Party Crew	1986	54	M30	01:13:36	630
900		629	Odelga, Dominik	01:14:38	54		Dormagen	1986	55	M30	01:13:34	629
901	W	272	Bruchholz, Roswitha	01:14:38	35		Köln	1952	7	W60	01:13:55	274
902	W	273	Kohnen, C.	01:14:42	1243			1974	42	W40	01:13:58	275
903		630	Schaffmeister, Ulrich	01:14:42	1415		LT-Alt-Erkrath	1958	60	M55	01:13:40	631
904	W	274	Lewke, Meta	01:14:43	1242			1988	38	W	01:14:00	276
905	W	275	Schaffmeister, Nicole	01:14:44	1417		LT-Alt-Erkrath	1964	32	W50	01:13:42	272
906		631	Kreutner, Walter	01:14:45	899		Rote Laterne Bilk	1950	12	M65	01:14:28	638
907		632	Dries, Michael	01:14:52	486		energieversorgung d	1976	70	M40	01:13:30	628
908		633	Fleuth, Ulrich	01:15:00	415			1963	110	M50	01:13:44	633
909	W	276	Fleuth, Anke	01:15:00	416			1969	61	W45	01:13:45	273
910		634	Schorr, Christian	01:15:06	371		Grevenbroich	1969	142	M45	01:14:00	635
911		635	Neumaier, Christian	01:15:12	181	AUT	Happy Running Famil	1971	143	M45	01:13:54	634
912		636	Mews, Sascha	01:15:15	296		Dormagen	1981	68	M35	01:14:29	639
913		637	Hornung, Erich	01:15:27	1751			1958	61	M55	01:13:42	632
914		638	Reimann, Frank	01:15:34	736		TV Frisch Auf Lennep	1967	144	M45	01:14:54	642
915		639	Führes, Steffen	01:15:35	439		Dormagen	1983	56	M30	01:14:02	636
916		640	Hankammer, Thomas	01:15:36	898		Ohligser TV	1974	71	M40	01:14:08	637
917		641	Schon, Herbert	01:15:36	1322		LT Alt-Erkrath	1971	145	M45	01:14:48	641
918	W	278	WeBelowski-Schon, Maike	01:15:36	1323		LT Alt-Erkrath	1976	44	W40	01:14:48	278
919	W	277	WeBels, Anika	01:15:36	1324		LT Alt-Erkrath	1973	43	W40	01:14:49	279
920		642	Minnich, Holger	01:15:49	30		Erdinger Alkoholfrei	1969	146	M45	01:15:01	643
921		643	Claus, Georg	01:15:54	1357		TTC Dormagen 1955	1972	72	M40	01:14:32	640
922	W	279	Kutz, Tina	01:15:55	29		Erdinger Alkoholfrei	1969	62	W45	01:15:02	281
923	W	280	Heller, Jessica Krümel	01:16:08	718		Muay Thai SG Worrin	1982	30	W30	01:15:44	290
924		644	Högemann, Thorsten Om	01:16:08	719		Muay Thai SG Worrin	1978	69	M35	01:15:45	649
925	W	281	Langner, Sylwia	01:16:09	1284		Go Go Girls	1985	31	W30	01:14:41	277
926		645	Schwarz, Peter	01:16:09	44		SCD	1981	70	M35	01:15:36	648
927	W	282	Wolter, Katrin	01:16:10	1199			1991	39	W	01:15:51	291
928		646	Fröhke, Tim	01:16:10	1198			1989	53	M	01:15:51	653
929	W	283	Beck, Jacqueline	01:16:16	537		LT Altensteiner Park	1968	63	W45	01:15:07	283
930	W	284	Trimborn, Silvia	01:16:20	25		Team Erdinger	1975	45	W40	01:15:03	282
931	W	285	Block, Diana	01:16:22	1283		Go Go Girls	1984	32	W30	01:14:54	280
932	W	286	Rabenstein, Judith	01:16:22	952		Tönisvorst	1992	40	W	01:15:32	285
933	W	287	Klein, Kerstin	01:16:35	1019		TSV Dieringhausen	1981	35	W35	01:16:01	293
934	W	288	Hilden, Miriam	01:16:36	1112		Dormagen	1995	41	W	01:15:39	288
935		647	Kruse, Jens	01:16:36	1442		Running Gag	1967	147	M45	01:15:11	644

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
936	W	289	Hilden, Ute	01:16:36	1110		Dormagen	1970	64	W45	01:15:40	289
937	W	290	Darmann, Birgit	01:16:37	757		Remscheid	1962	33	W50	01:15:56	292
938		648	Wieners, Andre	01:16:44	242		Duisburg	1976	73	M40	01:16:05	655
939	W	291	Dominicus, Sonja	01:16:44	128		Korschenbroich	1978	36	W35	01:16:05	294
940		649	Lüsebrink, Ralf	01:16:54	161		Die Rundalen	1977	71	M35	01:15:25	646
941	W	292	Tront, Isabel	01:16:54	1370		SV 13 Gladbeck	2000	6	WJ U18	01:16:05	295
942		650	Berger, Philipp	01:16:54	966		Fat Fighters Köln	1978	72	M35	01:15:12	645
943	W	293	Blümcke, Annette	01:16:54	967		Fat Fighters Köln	1975	46	W40	01:15:13	284
944	W	294	Lelittko, Alexandra	01:16:54	1369		SG Zons	1967	65	W45	01:16:07	296
945		651	Lorenzen, Uli	01:16:58	1018		TSV Dieringhausen	1966	111	M50	01:16:23	658
946	W	295	Sternkopf, Marion	01:16:59	772		BSG Stadtverwaltung	1966	34	W50	01:16:18	301
947	W	296	Kleinschmidt, Vanessa	01:17:03	1171		RTB Remscheid	1987	42	W	01:16:16	299
948	W	297	Kamp, Susanne	01:17:03	491		RTB Remscheid	1964	35	W50	01:16:16	298
949		652	Fischer, Jens	01:17:08	8052			1978	73	M35	01:16:09	656
950		653	Braun, Ulrich	01:17:11	8097			1968	148	M45	01:15:35	647
951		654	Schaefer, Guido	01:17:11	280		TSV Dieringhausen	1976	74	M40	01:16:35	662
952		655	Freund, Andre	01:17:13	247		Rommerskirchen	1971	149	M45	01:15:50	650
953	W	298	Verhoeven, Sara	01:17:14	443		Dormagen	1990	43	W	01:15:35	286
954	W	299	Jehmlich, Ramona	01:17:14	444		Dormagen	1987	44	W	01:15:35	287
955		656	Plieth, Jens	01:17:14	1392		Essen	1971	150	M45	01:15:51	652
956		657	Dohmen, Björn	01:17:14	879		Essen	1981	74	M35	01:15:51	654
957		658	Fischer, Jochen	01:17:19	8051			1951	13	M65	01:16:20	657
958	W	300	Leers, Claudia	01:17:21	721		TV Frisch Auf Lennep	1960	21	W55	01:16:40	307
959	W	301	Müller, Marianne	01:17:21	378		LTV Remscheid	1951	1	W65	01:16:59	316
960		659	Persé, Jürgen	01:17:22	614		RTC Frechen 80	1956	30	M60	01:15:50	651
961		660	Lieven, Mario	01:17:28	647			1980	75	M35	01:17:07	671
962	W	302	Lieven, Kerstin	01:17:28	646			1985	33	W30	01:17:07	319
963	W	303	Schwarte, Edda	01:17:30	8073		Wander Rabe.de	1967	66	W45	01:16:17	300
964	W	304	Niemann, Kerstin	01:17:36	1195		SV Rosellen	1963	36	W50	01:16:15	297
965		661	Karthaus, Jürgen	01:17:42	445		DJK Kleinenbroich	1963	112	M50	01:16:32	659
966	W	305	Karthaus, Maren	01:17:43	449		Team Karthaus	1995	45	W	01:16:32	304
967	W	306	Szepan, Doris	01:17:46	844			1972	47	W40	01:16:20	302
968		662	Juschka, Tim	01:17:47	551		SG Zons	1996	54	M	01:16:34	661
969	W	307	Happekotte, Elena	01:17:47	552		Rommerskirchen	1996	46	W	01:16:35	306
970	W	308	Kamper, Barbara	01:17:48	1269		funlaufen.de	1977	37	W35	01:16:42	310
971	W	309	Fries, Ulrike	01:17:48	1516		funlaufen	1965	37	W50	01:16:41	309
972		663	Ardalan, Markus	01:17:54	642		Randys Road Runner	1967	151	M45	01:16:52	667
973		664	Schmitz, Friedo	01:17:55	8043		Randy Road Runners	1965	113	M50	01:16:51	664
974	W	310	Huber, Gisela	01:17:55	602		Randys Road Runner	1966	38	W50	01:16:52	313
975		665	Voger, Matthias	01:17:55	1719			1975	75	M40	01:16:52	666
976	W	311	Baur, Sonja	01:17:55	817		Lauftreff Turner Bund	1957	22	W55	01:16:34	305
977		666	Huber, Rüdiger	01:17:55	603		Randys Road Runner	1961	62	M55	01:16:52	665
978		667	Böhnke, Frank	01:17:55	818		Lauftreff Turner Bund	1948	14	M65	01:16:33	660
979	W	312	Thomy, Patricia	01:17:56	461		Rommerskirchen	1980	38	W35	01:16:32	303
980	W	313	Tilly, Sandra	01:18:01	1236		TuS 05 Quettingen	1983	34	W30	01:16:41	308
981		668	Langner, Robert	01:18:07	1119		Wellenläufer	1979	76	M35	01:16:51	663
982	W	314	Buchholz, Nadine	01:18:08	1120		Wellenläufer	1979	39	W35	01:16:53	314
983	W	315	Ober-Schell, Andrea	01:18:08	659		Hückeswagen	1970	67	W45	01:16:42	311
984	W	316	Reiß, Katja	01:18:08	333		Wuppertal	1975	48	W40	01:16:42	312
985	W	317	Neumann, Tatjana	01:18:17	343		Wuppertal	1964	39	W50	01:17:28	324
986		669	Belzer, Markus	01:18:18	420		Düsseldorf	1970	152	M45	01:16:58	668
987	W	318	Garbe, Andrea	01:18:18	341		Wuppertal	1975	49	W40	01:17:29	325
988	W	319	Wiegand, Linda	01:18:19	8048		LAV Oberhausen	1997	7	WJ U20	01:17:52	333
989	W	320	Keim, Claudia	01:18:19	508		Hot Socks	1972	50	W40	01:16:59	315
990		670	Stoermer, Magnus	01:18:20	786		LC Schokokuchen	1975	76	M40	01:16:59	670

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
991		671	Barcons, Edgar	01:18:20	774		Laufftreff TB Hassels	1972	77	M40	01:16:58	669
992	W	321	Srebny, Claudia	01:18:22	523		Essen	1973	51	W40	01:17:03	318
993	W	322	Brauer, Sabine	01:18:22	522		Essen	1968	68	W45	01:17:02	317
994		672	Wiegand, Bernd	01:18:25	8046		Laufftreff Sterkrade N	1959	63	M55	01:17:55	681
995	W	323	Cepok, Ingrid	01:18:26	396		Alles aus Liebe	1959	23	W55	01:17:45	330
996	W	324	Robben, Clarissa	01:18:29	506	NED	Hot Socks	1986	35	W30	01:17:09	320
997	W	325	Anlage, Sabine	01:18:30	65		Team Bratwurst	1973	52	W40	01:17:16	321
998	W	326	Schleifer, Antje	01:18:30	48		Team Bratwurst	1975	53	W40	01:17:17	322
999	W	327	Schlombach, Nadine	01:18:35	939		Dormagen	1985	36	W30	01:17:34	327
1000	W	328	Hoogstra, Roswitha	01:18:35	1169		Dormagen	1974	54	W40	01:17:34	328
1001	W	329	Busch, Claudia	01:18:41	556		Lauffreunde Niers	1973	55	W40	01:18:25	336
1002	W	330	Rieger, Melanie	01:18:41	132		Lauffreunde Niers	1974	56	W40	01:18:25	335
1003		673	Kloeters, Michael	01:18:41	1092		Rhein-Kreis Neuss	1963	114	M50	01:18:25	682
1004	W	331	Bader, Claudia	01:18:41	442		Mönchengladbach	1967	69	W45	01:18:26	337
1005	W	332	Hobert, Tanja	01:18:41	969		Lauffreunde Niers	1975	57	W40	01:18:25	334
1006	W	333	Weidmann, Edith	01:18:47	1355		Köln	1960	24	W55	01:17:41	329
1007		674	Stochay, Hans-Peter	01:18:47	1356		Köln	1958	64	M55	01:17:41	675
1008		675	Sparano, Enea	01:18:49	303	SUI	INEOS Köln	1965	115	M50	01:17:47	678
1009	W	334	Grobholz, Melanie	01:18:50	845			1973	58	W40	01:17:24	323
1010		676	Beisheim, Gerhard	01:18:50	8094			1996	55	M	01:17:27	673
1011		677	Karlowski, Dietmar	01:18:51	1460		Düsseldorf	1966	116	M50	01:17:42	676
1012		678	Lambertz, Jürgen	01:18:52	357		Chemion Logistik Gm	1965	117	M50	01:17:12	672
1013	W	335	Kautz, Clarissa	01:18:53	1237		TuS 05 Quettingen	1983	37	W30	01:17:33	326
1014	W	336	Dore, Annie	01:18:54	304	Fra	INEOS Köln	1980	40	W35	01:17:51	332
1015		679	Schmidt, Christian	01:18:54	221		INEOS Köln	1971	153	M45	01:17:50	680
1016	W	337	Henkel, Katrin	01:18:56	338		Krefeld	1978	41	W35	01:17:49	331
1017		680	Pickartz, Nils	01:18:57	337		Graßhüpfer	1981	77	M35	01:17:50	679
1018		681	Dembski, Patrick	01:19:07	160		Die Rundalen	1989	56	M	01:17:38	674
1019		682	Maier, Roland	01:19:14	748		TV Frisch Auf Lennep	1939	2	M75	01:17:42	677
1020		683	Rimmel, Thomas	01:19:20	887		Leverkusen	1989	57	M	01:19:09	688
1021		684	Schwabe, Michael	01:19:34	698		Bayer Crop Science	1969	154	M45	01:18:57	686
1022	W	338	Koch, Tanja	01:19:34	182		Dormagen	1976	59	W40	01:18:57	338
1023		685	Koehler, Matthias	01:19:49	38		Engemann u. CO. Ru	1970	155	M45	01:18:51	684
1024	W	339	Schulte, Christina	01:19:49	271		LG Gummersbach	1953	8	W60	01:19:18	342
1025		686	Kraff, Torsten	01:20:14	211		Neuss	1972	78	M40	01:18:45	683
1026		687	Strohe, Thomas	01:20:22	424		Köln	1979	78	M35	01:18:55	685
1027	W	340	Heiligtag, Sabine	01:20:27	163		Die Rundalen	1977	42	W35	01:18:57	339
1028	W	341	Neuhaus, Jennifer	01:20:31	618		Leichlingen	1969	70	W45	01:19:04	340
1029		688	Reiß, Andreas	01:20:31	332		Radiergummiliga	1963	118	M50	01:19:03	687
1030	W	342	Schwarzkopf, Katja	01:20:46	66		Herzlauf-Hilden	1967	71	W45	01:19:54	349
1031	W	343	Havemann, Birgit	01:20:46	24		Team Erdinger Alkoh	1971	72	W45	01:19:53	348
1032	W	344	Domski, Martina	01:20:48	915		Dormagen	1980	43	W35	01:19:14	341
1033		689	Borsutzky, Joachim	01:20:50	1702		PSC Pulheim	1962	119	M50	01:19:16	689
1034		690	Geusen, Ulrich	01:20:55	217		City Runner 2014	1957	65	M55	01:19:31	690
1035	W	345	Hetger, Manuela	01:20:58	127		pulheim	1967	73	W45	01:19:19	343
1036	W	346	Pohl, Maria	01:20:58	179		Bergheim	1980	44	W35	01:19:19	344
1037	W	347	Schuster, Brandi	01:21:03	320	USA	Dormagen	1978	45	W35	01:19:32	345
1038	W	348	Clemens, Sandra	01:21:03	459		Rommerskirchen	1980	46	W35	01:19:39	346
1039	W	349	Voss, Melanie	01:21:09	254		TSV Dieringhausen	1979	47	W35	01:20:34	352
1040	W	350	Buse, Andrea	01:21:12	852		Skiclub Remscheid	1964	40	W50	01:19:40	347
1041	W	351	Lentz, Michaela	01:21:15	982		SG Neukirchen- Hülc	1972	60	W40	01:20:07	350
1042		691	Egerland, Wilfried	01:21:24	468		Röntgenknacker	1942	7	M70	01:20:45	695
1043		692	Hoppe, Andreas	01:21:35	331		Düsseldorf	1971	156	M45	01:20:18	691
1044	W	352	Geilenberg, Silke	01:21:47	8064			1977	48	W35	01:20:22	351
1045		693	Wittenberg, Peter	01:21:53	913		Solingen	1974	79	M40	01:20:50	696

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1046		694	Jerusel, Luke	01:21:58	147		Team Raphael	2001	8	MJ U16	01:20:24	692
1047	W	353	Zuleger, Nicole	01:22:06	735		TV Frisch Auf Lennep	1968	74	W45	01:21:25	356
1048		695	Göbels, Hans	01:22:09	632		DJK VfL Forstwald	1938	3	M75	01:22:02	701
1049	W	354	Nessler, Katharina	01:22:10	1454		Warm Up Fitness	1987	47	W	01:20:41	353
1050		696	Caricato, Nino	01:22:10	1452		Warm Up Fitness	1986	57	M30	01:20:41	693
1051	W	355	Meurer, Caroline	01:22:11	1455		Warm Up Fitness	1985	38	W30	01:20:42	354
1052		697	Neumann, Joschka	01:22:11	1453		Warm Up Fitness	1984	58	M30	01:20:43	694
1053	W	356	Haagen, Linda	01:22:16	150		Leverkusen	1969	75	W45	01:21:52	358
1054		698	Süßbeck, Frank	01:22:16	358		Chemion Logistik Gm	1964	120	M50	01:21:52	699
1055	W	357	Boldt, Carina	01:22:42	624		Dormagen	1987	48	W	01:21:15	355
1056		699	Boldt, Patrick	01:22:42	625		Dormagen	1989	58	M	01:21:15	697
1057	W	358	Neumann, Tanja	01:22:51	376		Pulheim	1969	76	W45	01:21:44	357
1058		700	Devine, Dave	01:23:05	142	USA	Köln	1964	121	M50	01:21:43	698
1059	W	359	Haarhaus, Edeltrud	01:23:06	954		Hatzfelder Turnverein	1951	2	W65	01:22:50	367
1060	W	360	Schlattmann, Alexandra	01:23:07	233		Roki Joggers	1971	77	W45	01:21:55	359
1061	W	361	Brix, Yvonne	01:23:08	229		Roki Joggers	1970	78	W45	01:21:55	360
1062		701	Caputo, Giuseppe	01:23:11	8098			1965	122	M50	01:22:01	700
1063	W	362	Clemens, Sabrina	01:23:40	851		Düsseldorf	1983	39	W30	01:22:02	361
1064	W	363	Stamm, Daniela	01:23:43	1088		Duisburg	1969	79	W45	01:22:30	363
1065		702	Bliesner, Friedhelm	01:23:43	1383		DSV 98	1948	15	M65	01:22:30	702
1066	W	364	Broeking, Gundula	01:23:54	930		Ennepetal	1964	41	W50	01:22:24	362
1067	W	365	Vanov, Gloria	01:24:01	8079			1982	40	W30	01:22:41	365
1068	W	366	Carta, Sara	01:24:01	1095		Köln	1978	49	W35	01:22:41	366
1069	W	367	Liese, Nicole	01:24:05	8045			1972	61	W40	01:22:38	364
1070	W	368	Fiedler, Lena	01:24:51	667		Happy Running Famil	1977	50	W35	01:23:57	369
1071	W	369	Michel, Natalia	01:25:07	302		Düsseldorf	1987	49	W	01:23:29	368
1072		703	Stoll, Eugen	01:25:08	261		Düsseldorf	1987	59	M	01:23:30	703
1073	W	370	Müller, Birgit	01:25:13	1436		Goldenberger TV Re	1949	3	W65	01:24:50	370
1074		704	Rasselberg, Daniel	01:25:38	8107		Fc SG Zons	1983	59	M30	01:25:29	705
1075	W	371	Kiel, Gerlinde	01:25:46	955		LC-Wuppertal	1951	4	W65	01:25:30	374
1076	W	372	Schmitte, Nicole	01:26:05	183		DJK Kleinenbroich Vol	1976	62	W40	01:24:54	371
1077		705	Beck, Mario	01:26:15	538		LT Altensteiner Park	1965	123	M50	01:24:44	704
1078	W	373	Ebert, Enola	01:26:24	224			1996	50	W	01:25:30	375
1079	W	374	Van Cuijck, Rosanne Marti	01:26:24	828	NED	Grevenbroich	1985	41	W30	01:25:30	376
1080		706	Ebert, Eckhard	01:26:24	223			1964	124	M50	01:25:31	706
1081	W	375	Ern, Sigrid	01:26:43	920		BSG Delphi Wupperta	1936	1	W80	01:26:11	379
1082	W	376	Oberhauser, Angéla	01:26:45	93			1985	42	W30	01:25:19	372
1083		707	Kanters, Burkhard	01:26:53	355		Lauffreunde Niers	1962	125	M50	01:26:36	709
1084	W	377	Köhler, Helga	01:26:53	199		Lauffreunde Niers	1963	42	W50	01:26:37	382
1085	W	378	Hormel, Ramona	01:26:56	225			1996	51	W	01:26:04	378
1086	W	379	Messeringer, Alexandra	01:27:04	137		Leverkusen	1982	43	W30	01:25:27	373
1087	W	380	Tekook, Stephanie	01:27:32	176		Dormagen	1971	80	W45	01:26:03	377
1088	W	381	Kaumanns, Maike	01:27:33	55			1980	51	W35	01:26:16	380
1089	W	382	Berthold, Vanessa	01:27:58	56			1974	63	W40	01:26:40	383
1090		708	Oprée, Stephan	01:28:01	348		Aachen	1952	31	M60	01:26:30	707
1091	W	383	Oprée-Debets, Monika	01:28:01	346		Aachen	1983	44	W30	01:26:34	381
1092		709	Opre, Pierre	01:28:01	8027			2000	14	MJ U18	01:26:31	708
1093	W	384	Schlaß, Kerstin	01:29:04	666			1970	81	W45	01:27:57	384
1094		710	Dörenkamp, Albert	01:29:04	665			1960	66	M55	01:27:57	710
1095	W	385	Senger, Simone	01:30:29	205		Köln	1980	52	W35	01:28:57	386
1096	W	386	Weth, Felicitas	01:30:29	95		Hürth	1970	82	W45	01:28:56	385
1097		711	Schulze, Klaus	01:30:37	1750			1940	4	M75	01:28:56	711
1098		712	Kruse, Frank	01:32:15	180		Happy Running Famil	1974	80	M40	01:30:58	712
1099	W	388	Hammer, Catrin	01:32:15	401		Krefeld	1980	53	W35	01:31:13	387
1100	W	387	Rente, Alexandra	01:32:15	400		LT Alt-Erkrath	1971	83	W45	01:31:14	388

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1101	W	389	Brüggemann, Nicole	01:33:18	1014		LC Duisburg	1964	43	W50	01:32:06	390
1102		713	Binias, Jürgen	01:33:19	1015		LC Duisburg	1960	67	M55	01:32:06	713
1103	W	390	Heiligtag, Dörte	01:33:26	162		Die Rundalen	1980	54	W35	01:31:54	389
1104	W	391	Schell, Christiane	01:33:54	47		Dormagen	1983	45	W30	01:32:55	392
1105		714	Steinbrock, Marcus	01:34:21	583			1967	157	M45	01:32:36	714
1106	W	392	Sattler, Ute	01:34:22	584			1961	25	W55	01:32:37	391
1107	W	393	Ermert, Nadine (Naddel)	01:35:47	555		Dormagen	1976	64	W40	01:34:57	393
1108	W	394	Hengstebeck, Anna Lena	01:35:59	194			1995	52	W	01:35:12	394
1109	W	395	Hengstebeck, Katharina	01:36:39	195			1997	8	WJ U20	01:35:52	395